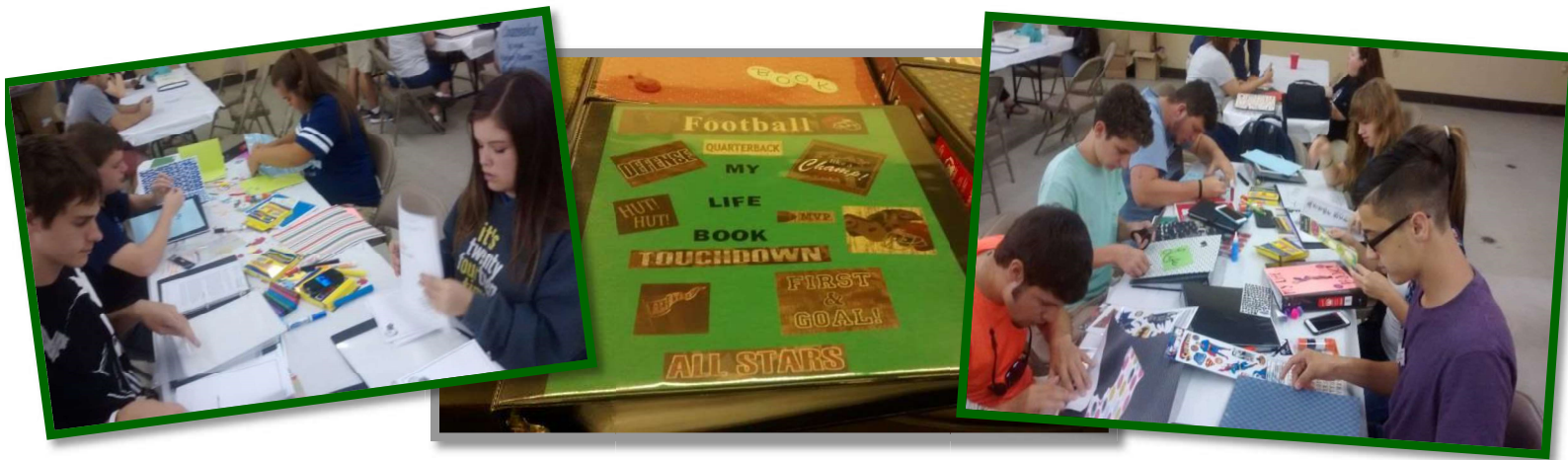


Creating a Life Book

Materials Needed

- 1 ½" binder (with clear pocket on front cover)
- 24 clear heavyweight sheet protectors
- Life Book Template pages, printed single-sided (available from Kim Jones in the State 4-H Office)
- Cardstock for the cover
- Include 5-10 sheets of colored heavy paper or construction paper in the back pocket.
- Include a 1-inch spiral notebook in the front pocket.



To assemble the book:

1. Select a binder.
2. Place 24 clear heavyweight sheet protectors in the binder.
3. Insert printed Life Book Template pages into the sheet protectors so that the pages appear two-sided. Continue until the entire template has been added.
4. Design a creative cover sheet and insert in the clear pocket on the outside front cover of the binder.
5. Place spiral notebook in the front pocket of the binder.
6. Place extra colored paper in the back pocket of the binder.

*Life Books are a great project to collaborate with Braveheart, Children in Need, Inc.
Together, we can Be The Change!*