



Calendar of Events

April

- 1: Horse Possession Date
- 2: LSU AgCenter Office Closed
- 7: Jr. Leader Club Meeting
- 12-18: State 4-H Shooting Sports Match
- 26: 4-H University Meeting
- 26-30: 4-H Week of Achievement

May

- 5: 4-H Jr. Leader Club Meeting
- 11: 4-H Southeast Regional Culinary Arts Contest
- 26: 4-H Day at the Capitol (Virtual)

June

- 9: 4-H Camp
- 8-30: 4-H University
- 29-30: 4-H Southeast District Horse Show

July

- 6-9: 4-H State Horse Show

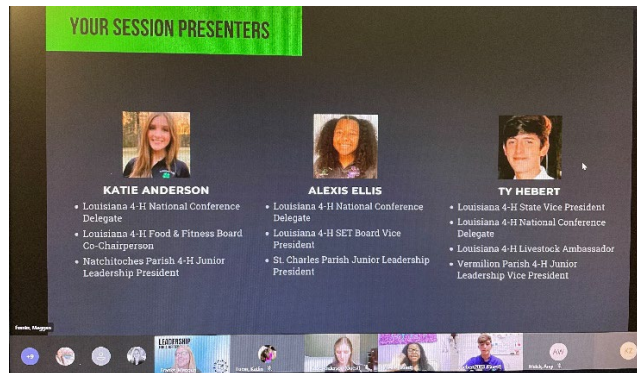


Newsletter

April 2021 Edition

Achieve with 4-H All Year!

Congratulations, 4-H'ers! I want to thank you for such a job well done this year as you have shown great effort in participating in all that 4-H has to offer. Now it is time to be rewarded for all your hard work in 4-H throughout the year. 4-H Camp, 4-H University, and 4-H Week of Achievement are just around the corner, so be sure to read and show this newsletter to your family as the opportunities in 4-H do not end with the school year—the opportunities in 4-H last all year!



Mrs. Kali Zammit

St. Charles Parish 4-H Agent

**Pictured participating in virtual Louisiana 4-H Professional Development Conference workshop session presented by St. Charles Parish 4-H Jr. Leader President, Alexis Ellis*

Vote for the LA 4-H Service-Learning Focus!

All 4-H members and volunteers are encouraged to vote to help identify the Louisiana 4-H Service-Learning focus for the next 2 years. Complete the [Louisiana 4-H Service-Learning Project Focus Area Survey](#) by April 30, 2021. When casting your vote, here are some questions to consider:

- What do you believe to be the greatest need?
- Which area do you think 4-H can make the greatest impact throughout the state?
- Would people in your parish benefit from this project?

4-H'ers Live Colorful, Healthy Lives with 4-H!

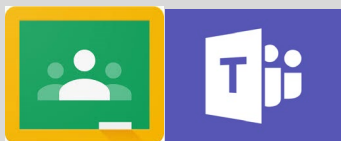
Check out some of our 4-H'ers who participated in the 4-H Color Me Healthy Week!



Encouraging healthier living • Building healthier communities • Eating healthier snacks • Dancing to healthier fun

Stay Updated with St. Charles Parish 4-H News

As many 4-H opportunities have gone virtual, communication is key to keeping up-to-date. This year St. Charles Parish 4-H is providing several venues for 4-H members and families to stay updated with 4-H News. Click on the link for each to access our different methods of communication.



[St. Charles Parish 4-H General Information](#)
[Google Classroom](#) or
[Microsoft Team](#)

For 4-H updates information, complete the form for access by clicking the link above. We highly recommend for all 4-H members to complete this form to have access to 4-H resources through one or both of these formats.



[St. Charles 4-H Facebook Page](#)

Like or Follow this page for daily posts, updates, and resources



[St. Charles Parish](#)

[LSU AgCenter Website](#)

Visit website for all LSU AgCenter Program Resources



[St. Charles 4-H Instagram @scp4h](#)

Follow us on Instagram for highlights and announcements

Upcoming 4-H Events for St. Charles Parish

4-H Week of Achievement

In lieu of our traditional 4-H Achievement Day, this year we will be hosting a 4-H Week of Achievement, which includes a virtual awards ceremony on **April 26 – 30, 2021**. 4-H members will be recognized for outstanding achievement throughout this year. Members are encouraged to check out our [St. Charles Parish 4-H Facebook Page](#) for all award recognition during this week. All awards will be distributed to schools following this week.

4-H Day at the Capitol

This year we are inviting all 4-H members to join us for a Virtual 4-H Day at the Capitol, which is scheduled for **Wednesday, May 26, 2021**. Registered 4-H members will receive a free "Day at the Capitol in a Box" kit. To guarantee a free kit, complete the [Virtual 4-H Day at the Capitol Registration Form](#) by May 1, 2021. As the event gets closer, all streaming times and opportunities will be announced on our [St. Charles Parish 4-H Facebook Page](#).

4-H Camp

This year 4-H Camp (for current 4th-6th graders) will be coming to a town near you! St. Charles Parish will be partnering with Ascension, St. James, and East Baton Rouge parishes to host a 4-H Summer Day Camp on **June 9, 2021** at the Lamar Dixon Expo Center in Gonzales, La. The day camp will be a fun, one-day, in-person, and mostly outdoor experience. Snacks and meals will be provided. Transportation to and from camp will not be provided. All COVID guidelines will be followed, including wearing masks and social distancing. Limited space is available. Pre-registration is now open through **April 15, 2021** on a first-come, first-serve basis. Contact the 4-H Agent (Kali Zammit) at stcharles@agcenter.lsu.edu to receive an application. All applications along with the \$10 deposit must be submitted to the 4-H Office by April 15, 2021.



4-H University

4-H University is open to (8th-12th grade) 4-H members. This year 4-H University will offer some in-person and some virtual contest opportunities. Sign up by contacting 4-H Agent (Kali Zammit) at stcharles@agcenter.lsu.edu with your name, grade, school, e-mail address and phone number by **April 15**. By signing up, you will receive a link to join us for our virtual 4-H University Information Meeting scheduled for April 26, 2021 at 5:00 p.m. To learn more, visit the [4-H University Website](#).



Things to do for 4-H in April

Each month 4-H'ers will be provided with a list of upcoming opportunities on a parish, regional, state, and/or national level. Contact the 4-H Agent or visit the [St. Charles Parish LSU AgCenter Website](http://St.Charles Parish LSU AgCenter Website) under "4-H Youth Development" for all rules, applications, and more information.

4-H Camp – Day camp adventure for current 4th-6th grade 4-H members Fee: \$10; Applications due April 15, 2021

St. Charles Parish will be partnering with Ascension, St. James, and East Baton Rouge parishes to host a 4-H Summer Day Camp on **June 9, 2021** at the Lamar Dixon Expo Center in Gonzales, La. The day camp will be a fun, one-day, in-person, mostly outdoor experience. Snacks and meals will be provided. Transportation to and from camp **will not** be provided. All COVID guidelines will be followed, including wearing masks and social distancing. Limited space is available. Contact the 4-H Agent at stcharles@agcenter.lsu.edu for an application. Applications and the deposit are due to the 4-H Office by **April 15, 2021**.

4-H University – Hybrid adventure for current 8th-12th grade 4-H members Fees to be determined

4-H University features state-wide contests and more for 8th-12th grade 4-H members. 4-H University will have a hybrid schedule (some face-to-face and some virtual contests). If interested in participating, contact the 4-H Office at 985-785-4473 or stcharles@agcenter.lsu.edu to provide your **name, grade, school, e-mail address, and phone number** by **April 15, 2021**.

4-H State Board Applications – LA 4-H State Board membership for current 8th-11th graders See application for fees

4-H members (current 8th-11th graders) interested in applying to become a member of a Louisiana 4-H State Board should contact the 4-H Agent (Kali Zammit) at kzammit@agcenter.lsu.edu for an application and more information by **April 15, 2021**.

4-H Emerald Achievement Award – Award for members at least 15 years of age

Current 4-H members at least 15 years of age may apply for this award, which will be recognized for the virtual 4-H Week of Achievement. Contact 4-H Agent at kzammit@agcenter.lsu.edu for application. **Application deadline: April 15, 2021.**

4-H Golden Clover Award – Award for members 14 years of age or younger

Current 4-H members 14 years old and younger may apply for this award, which will be recognized for the virtual 4-H Week of Achievement. Contact 4-H Agent at kzammit@agcenter.lsu.edu for application. **Application deadline: April 15, 2021.**

St. Charles Parish 4-H Spotlight

Parish 4-H Awards

People's Choice Photo Contest:

MacKenzie Bellanger (LWE)

4-H Field Study Winner:

Kayla Dupre (JBM)

Color Me Healthy Door Prizes:

Ethan Bellanger (JBM)

MacKenzie Bellanger (LWE)

Claire Green (MAL)

Elizabeth Hughes (ESE)

Jordyn Lewis (RKS)

Rhyan Rodriguez (ESE)

4-H Culinary Arts Contest:

(*denotes outstanding winner)

Ethan Bellanger (JBM)

• 1st Beef One Dish Meal

• 1st Bento Box*

• 1st Egg Dessert*

• 1st Poultry Chicken*

• 1st Seafood Shrimp

• 1st Sugar Cookies

MacKenzie Bellanger (JBM)

• 1st Beef Quick & Easy*

• 2nd Bento Box

• 1st Egg Appetizer/Salad

• 2nd Poultry Chicken

• 1st Seafood Crab*

• 2nd Sugar Candy

Claire Green (MAL)

• 1st Sugar Candy*

Monthly Lesson: Water Safety

This month we will focus on **water safety**. Either at your club meeting or at home, try the activity below to learn more.

Water Safety Activity

One of the most important things that you can do when boating, canoeing, or swimming in a pond or lake is wearing a life jacket!

General Rules for Life Jackets:

- Check the label to make sure that it is the proper device for your height and weight.
- Make sure it is properly fastened. Hold hands above your head and ask someone to pull up on it. If properly fastened, it will not come off.



Reflect on Water Safety

When wanting to save someone from drowning, remember:

Reach or Throw. Don't Go!

- Reach: Lend something to the person drowning in the water that they can reach while bracing yourself. Examples: hand, leg, stick, paddle, rope, belt, pool noodle
- Throw: If you cannot reach the person, consider throwing them something that floats. Examples: pool noodle, ice chest, beach ball, basketball, inner tube, ring buoy.



For more information, contact your local
St. Charles Parish LSU AgCenter Office
Location: 1313 Paul Maillard Road, Suite E in Luling, La.
Mailing Address: P.O. Box 1766, Luling, LA 70070
Office Hours: Monday – Friday
8:00 a.m. – 4:30 p.m.; Closed 12:30 p.m. – 1:00 p.m.
Phone: 985-785-4473; Fax: 985-785-4475
4-H Agent Contact Information:
Kali Zammit – kzammit@agcenter.lsu.edu



Visit us at: www.lsuagcenter.com/stcharles • www.facebook.com/scp4h • Instagram @scp4h

The LSU AgCenter and LSU provides equal opportunities in employment and programs.

Should you need an ADA accommodation, please contact the St. Charles Parish LSU AgCenter Office at least two weeks prior to the event