

When to Plant

LOUISIANA GARDEN PLANTING CHART FOR VEGETABLES, HERBS AND FRUITS



Vegetables & Herbs	Jan.	Feb.	Mar.	April	May	June	July	Aug.	Sept.	Oct.	Nov.	Dec.
Day of the Month (1-14; 15-31)	1 15	1 15	1 15	1 15	1 15	1 15	1 15	1 15	1 15	1 15	1 15	1 15
Artichokes												
Arugula												
Asparagus												
Basil												
Beans (butter, lima)												
Beans (fava)												
Beans (green, snap, string)												
Beans (yardlong)												
Beets, Beet Greens												
Broccoli												
Brussels Sprouts												
Cabbage												
Cabbage (Chinese)												
Carrots												
Cauliflower												
Celery												
Cilantro												
Collards												
Corn (sweet)												

Vegetables & Herbs	Jan.		Feb.		Mar.		April		May		June		July		Aug.		Sept.		Oct.		Nov.		Dec.	
Day of the Month (1-14; 15-31)	1	15	1	15	1	15	1	15	1	15	1	15	1	15	1	15	1	15	1	15	1	15	1	15
Cucumbers																								
Eggplant																								
Endive, Escarole																								
Fennel																								
Garlic																								
Kale																								
Kohlrabi																								
Leeks																								
Lettuce (head/leaf)																								
Mirliton																								
Mustard																								
Okra																								
Onion (bulb-transplants)																								
Onion (bunching green-transplants)																								
Parsley																								
Peas (green/English)																								
Peas (southern)																								
Peppers (hot)																								
Peppers (sweet)																								
Potatoes (Irish)																								
Potatoes (sweet)																								
Pumpkin																								
Radish (daikon)																								
Radish (salad)																								
Shallots																								

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Spinach												
Squash (summer)												
Squash (winter)												
Swiss Chard												
Tomatoes (field)												
Turnip												
Fruits	Jan.	Feb.	Mar.	April	May	June	July	Aug.	Sept.	Oct.	Nov.	Dec.
Day of the Month (1-14; 15-31)	1 15	1 15	1 15	1 15	1 15	1 15	1 15	1 15	1 15	1 15	1 15	1 15
Fruit Trees (all except citrus)												
Citrus (not recommended for north Louisiana)												
Blackberries												
Blueberries												
Grapes												
Melon (Cantaloupe)												
Strawberries												
Watermelon												

Note that the information for this chart is based on the Louisiana Sustainable Planting Guide for School and Home Gardens that is available for download on lsuagcenter.com. More information on planting is available in the Planting Guide as well as for individual crops in the Sustainable Gardening for School and Home Garden series.

 North Louisiana (Zone 8)  South Louisiana (Zone 9)

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The U.S. Department of Agriculture (USDA) meal patterns for the National School Lunch Program and School Breakfast Program include five subgroups of vegetables that count toward daily and weekly vegetable requirements. These subgroups are based on the recommendations of the 2010 Dietary Guidelines for Americans. The subgroups are dark green, red/orange, beans and peas (legumes), starchy and other.