

Nutrition Facts

1 servings per container
Serving size
1 cup (110g)

Calories
per serving

90

Amount/serving	% Daily Value*	Amount/serving	% Daily Value*
Total Fat 0g	0%	Total Carbohydrate 20g	7%
Saturated Fat 0g	0%	Dietary Fiber 1g	4%
Trans Fat 0g		Total Sugars 12g	
Cholesterol 0mg	0%	Includes 0g Added Sugars	0%
Sodium 55mg	2%	Protein 2g	

Vitamin D 0mcg 0% • Calcium 20mg 2% • Iron 0.5mg 2%
Potassium 440mg 10% • Vitamin A 380mcg 40% • Vitamin C 13mg 15%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.