



2013 4-H Achievement Day Rules & Regulations
Saturday, March 16, 2013 – Kaplan High School
Assembly starts at 8:00 a.m.

General Rules: To view rules online visit our website at:

http://www.lsuagcenter.com/en/our_offices/parishes/Vermilion/Features/4-H/ or see your club leader.

1. 4-H clubs will compete in 5 different divisions:

Division 1 (4th-5th)

Arch 4-5
Dozier 4-5
Eaton Park 4
Eaton Park 5
F.I.E.B. 4-5
Herod 4-5
Indian Bayou 4-5
Jesse Owens 4-5
Kaplan 4
LeBlanc 4-5
Maltrait Memorial 4-5
Meaux 4-5
Mt. Carmel 4-5
Picard Elem. 4-5
Rene Rost 5
St. Peter's 4-5
Seventh Ward 4-5

Division 2 (6th)

Erath Middle 6
F.I.E.B. 6
Picard Elem. 6
Meaux 6
Rene Rost 6

Division 3 (7th-8th)

Erath Middle 7-8
F.I.E.B. 7-8
North Vermilion 7-8
Rene Rost 7-8

Division 4 (9th-12th)

Abbeville High
Erath High
Kaplan High
North Vermilion High
Vermilion Catholic

Division 5 (Multi-Level)

Arch 6-12
Gueydan High 6-12
Indian Bayou 6-8
J.H. Williams 6-8
Maltrait 6-8
Mt. Carmel 6-8
St. Peter 6-8

2. 4-H members will compete by grade level: 4-5; 6; 7-8; 9-12.

3. Contests will be judged by qualified people and awards made on merit:

- Exhibits must receive placings even if they are the only ones entered in the category
- 1st, 2nd, 3rd, 4th & 5th place ribbons and five blue ribbons will be awarded in 7-8th, & 9-12th grade divisions
- 1st, 2nd, 3rd, 4th & 5th place ribbons and blue, red and white ribbons will be awarded in 6th grade divisions
- Blue, Red & White ribbon placings will be awarded in the 4-5th grade division

4. Club awards — 1st place trophies will be awarded to the top clubs in each division. Points will be based on club placings from Achievement Day, Demonstration Day, Personal Development Contest and Record Book competition.

5. **All Exhibits** must be entered at Kaplan High on Friday afternoon, March 15 (3:30-6:00 p.m.) including CRD, Secretary & Reporter's books. ***No books or exhibits will be accepted Saturday!!!!***

6. **All exhibits must be picked up by the 4-H'er on Achievement Day. *Agents are not responsible for exhibits that are left.***

7. Any 4-H'ers defacing or destroying school property or opening student lockers will be disqualified from all contests.

8. ***Exhibits must have been made within the last year.***

Guidelines for 4-H University Selection: (8-12th graders only)

1. You must qualify by taking part in the parish contest at Pre-Achievement Activities or Achievement Day.
2. Priorities will be given in order of placing in that contest.
3. If no one is eligible from those who participated in a particular contest, then contestants will be selected from those who have participated in Pre-Achievement Day or Achievement Day.
4. Some 4-H University events are open to 13 year olds and up and others are open to 14 year olds and up — agents have details.

EXHIBITS: (ALL GRADES)

Birdhouse — Birdhouses judged by specifications in the forestry project book for specific birds (ie. Wrens, Martins, etc.). Pick up a handout at the 4-H office.

4-5th grade only - Button Exhibit: Exhibit button sewn on square piece of fabric; use information from Discovering 4-H project book

Child Development — Exhibit any educational toy, must be made by 4-H'er.

Clothing — Four categories: 1 — garment or outfit; 2 — sewing craft (not a garment); 3 — decorated t-shirt/sweatshirt; 4 -- apron

CRD Book — [Only for the CRD Chairman for each club (1 book per club)]. Exhibit the "CRD Activity Report Form" describing your club's CRD activities from the book entitled Community Resource Development — A 4-H Guide.

Electricity — May exhibit one electrical project. Categories: 1 — lamp; 2 — extension cord **Note:** All items must be in safe working condition.

4-5th Grade Only - Foods & Nutrition Exhibit - (You may enter only 1 of the following categories: 1- any kind of cookie (exhibit 4 cookies, made from scratch and include recipe); 2 - brownies (exhibit 4 brownies, made from scratch and include recipe)

6th Grade Only - Favorite Food Exhibit — Food entry may be main dish, vegetable dish, fruit dish, salad or snack. Recipe must be turned in with dish.

Leaf/Forestry Collection — **4-5th Grade: Leaf collection.** Exhibit no less than 10 different species of leaves on a poster. **Forestry Collection-6th, 7-8th, 9-12th grades:** Exhibit wood, leaf or fruit collection on posters. Collection must include no less than 10 different species of wood, leaves or fruit. More information may be picked up at the 4-H office.

Home Environment — Exhibit an item you made for your room or home from the following categories: (**limit 3, only 1 per category**)
1 — Art; 2 — Bulletin Board; 3 — Holiday Item; 4 — Jewelry; 5 — Needlework; 6 — Ceramics; 7 — Wall Hanging; 8 — Scrapbook; 9 — Leatherwork; 10 --Any Other Item.

Insect Collection — Follow directions in Insect Project book for size of box & mounting procedures. Collection must consist of no less than 10 insects.

Management Exhibit — Two categories: 1 — Storage item (shoe bag, drawer dividers, etc.); 2 — Kit (shoe care, mending, house cleaning, etc.)

Photography Exhibit — Exhibit 1 single photo (mounted or unmounted) of anything (scenery, people, etc.) Photo must be taken by 4-H'er.

Reporter's Scrapbook — Only for the 4-H club reporter from each club. Exhibit a scrapbook or notebook of newspaper clippings that the reporter wrote and submitted to a local and/or school paper. Include the name of the newspaper and the date the article appeared. Include the 4-H Reporter's record sheet from "4-H Reporters Handbook" No. 1 or No. 2.

Secretary's Book — Only the 4-H secretary from each club. Exhibit the "Record Book for Secretary" or a similar book. Book should include a membership list and minutes of all regular and special 4-H club meetings.

Woodworking — Two categories: 1 — large woodcraft (over 12"); 2 — small woodcraft (under 12")

4TH, 5TH AND 6TH GRADE TESTS Test questions will be taken from the project books which are listed below.

Discovering 4-H

Learning More About You and Citizenship

You and the Environment

See Them Sprout (Gardening)

Growing With Others (Child Development)

Six Easy Bites (Foods)

Magic of Electricity

Bicycle

Creepy Crawlies (Insects)

Lift-Off (Aerospace)

First Aid in Action (Health)

Play the Role (Theatre Arts)

Follow the Path (Forestry)

Take the Bait (Sports-fishing)

7-12th Grade Tests & Judging Contests. 6th Grade members are also allowed to take these tests.

Child Development — Take a written test from project book and judge 2 classes of items related to child development.

Citizenship — Take a written test from project book.

Clothing Consumer Judging — Judge 2-3 classes of garments with 4 garments per class (skirts, shirts, accessories) & write one set of reasons.

Consumer Decision Making — Judge 2-3 classes of items and write one set of reasons. Classes may include, but are not limited to: cell phones, TV's, stereos, video game systems, etc.

Consumer Foods Judging — Judge 4 classes of food & food products with 4 items per class. Write one set of reasons.

Dog Care/Vet Science — Take a written test. Identify 15 AKC dog breeds from pictures. Possible breeds:

English Bull Dog	Beagle	Chow Chow
Greyhound	Boston Terrier	Cocker Spaniel
Irish Setter	Boxer	Collie
Pomeranian	Bull Terrier	Dalmation
Poodle	Chihuahua	Dachshund
Pug	Labrador Retriever	German Shepherd
Yorkshire Terrier	Great Dane	

Foods & Nutrition — Take a written test on basic principles of foods and nutrition from information found in project book.

Forestry Identification — Identify 20 La. trees from leaves, branches, pictures or dried specimens & take a written test from information in “Forestry & Woodworking” & “Forestry II” project book.

American Holly	River Birch	Cow Oak
Baldcypress	Green Ash	Water Oak
Black Cherry	Flowering Dogwood	Southern Red Oak
Eastern Red Cedar	Mockernut Hickory	Sweet Pecan
Hackberry	Sweetgum	Loblolly Pine
Black Willow	Sycamore	Slash Pine
American Elm	Red Maple	Yellow Poplar
Winged Elm	Southern Magnolia	Chinese Tallowtree
Red Mulberry	Live Oak	

Horticulture Judging — Take a multiple choice test from the LA Vegetable Planting Guide & judge class of horticulture products. Identify 30 specimens of branches, leaves, fruits, nuts, or seeds. Possible specimens to identify:

African Violet	Flowering Dogwood	Live Oak	River Birch
Almond, nut only	Indian Hawthorne	Magnolia	Rose
Globe Artichoke	Nandina	Maple	St. Augustine grass
Asparagus	Carpet grass	Onion	Snapbean
Azalea	Fig	Mustard	Strawberry
Bermuda grass	Gladiolus	Kale	Tomato
Blackberry	Grape	Kohlrabi	Viburnum
Boxwood	Grapefruit, fruit only	Endive	Persimmon
Cabbage	Holly	Orange, fruit only	Escarole
Camellia	Juniper	Pear	Lirioppe
Celery	Lemon, fruit only	Pecan	Monkey grass
Beet	Ligustrum	Periwinkle	Asiatic Jasm
Cucumber	Lima Bean	Plum	
Eggplant	Lime, fruit only	Potato (Irish & Sweet)	

Insect Identification — Answer 10 questions from a golden guide to insects and identify 20 insects by their common name and tell if they are beneficial (B) or pests (P). Possible insects to identify:

Black carpenter ant (P)	Convergent ladybug (B)	Monarch butterfly (P)
Bumble bee (B)	Rice weevil (P)	German cockroach (P)
Honey bee (B)	Chinch bug (P)	Mole cricket (P)
Imported fire ant (P)	Rice stink bug (P)	Praying mantis (B)
Yellow jacket (P)	Green stink bug (P)	Grasshopper (P)
Deer fly (P)	Hog louse (P)	Field cricket (P)
Horn fly (P)	Earwig (P)	Chicken louse (P)
Horse fly (P)	Flea (P)	Leaf hopper (P)
House fly (P)	Silverfish (P)	Lace bug (P)
Tarnished plant bug (P)	Termite (P)	June bug (P)
Striped cucumber beetle (P)	Spotted cucumber beetle (P)	Paper wasp (B)
Colorado potato beetle (P)	Cabbage loop, adult (P)	
Black blister beetle (P)	Ground beetle (B)	
Assassin bug (B)	Mosquito (P)	

Leadership — Take a written test from project book.

Meat Identification — Identify 20 different retail cuts of beef, pork and lamb.

Beef

Rib Steak
Rib Eye Steak
Rib Eye Roast
T-Bone Steak
Porterhouse Steak
Chuck Blade Steak
Chuck 7-Bone Steak
Round Steak
Top Round Steak
Bottom Round Steak
Eye Round Steak
Ground Beef
Beef for Stew

Pork

Blade Chops
Rib Chops
Loin Chops
Slab Bacon
Sliced Bacon
Ham Whole
Sausage
Pork Shoulder Arm Picnic
Smoked Loin Chop
Smoked Rib Chop
Pork Center Slice
Smoked Pork Center Slice
Smoked Pork Jowl

Lamb

Shoulder Blade Chop
Shoulder Arm Chop
Neck Slices
Loin Chops
Rib Chops
Loin Double Chops
Leg Center Slice

Variety Cuts (Beef, lamb)

Heart
Kidney
Tongue
Sweetbreads (Thymus)
Liver

Outdoor Skills — Take a written test from project books.

Photography — Take a written test about photography from information in project book.

Plant Science — Contest will consist of seed identification; weed identification (study weed list in 7-9 grade agronomy book); written test from information in the agronomy project book.

Theatre Arts — Take a written test from project book.

Wildlife Habitat — Take a written test from project book.

YELL CONTEST — PLEASE READ CAREFULLY!!

1. Clubs participating in the contest must register in the office **before** the opening assembly on Achievement Day, and turn in a copy of the yell.
2. Music is acceptable if leaders make their own arrangement.
3. Yell should not exceed 2 minutes.
4. Clubs will compete as schools. A first place trophy will be presented to the top club. Ribbons will be presented to all participants (1st - 5th; Blue, Red and White Ribbons).
5. All yells must be original (not used in previous years by any club).
6. Props are acceptable.
7. No "Rap" songs or music is allowed.
8. *Clubs will receive points for participating or placing in the Yell Contest. Points for placing or participating will be added to your clubs' total points for the current year. Points will be awarded on the following scale:*
 - 1st Place — 1,000 Club Points*
 - 2nd Place — 800 Club Points*
 - 3^d Place — 600 Club Points*
 - 4th Place — 400 Club Points*
 - 5th Place — 200 Club Points*
 - Participation — 150 Club Points (participation points will only be given if your club **DOES NOT** receive a 1st-5th placing)*

