

March 1, 2015

Dear Jr. Leader,

This letter contains important information about 4-H University (4-H U). Please read it carefully. **Also, it is important that you respond by the deadlines given because there are state deadlines that we need to adhere to.**

This year's 4-H U will be held on the LSU Campus June 23, 24, 25 and 26. We will be leaving from the 4-H Office, Government Complex Parking Lot at 9:30 A.M. on Tuesday, June 23 and will return on Friday, June 26 at approximately 11:30 A.M.

This year we have received a grant to cover the cost of the 3 night dorm stay (\$93.00) and transportation. Therefore, the cost for each delegate attending 4-H U will require a \$30.00 deposit/registration fee. This registration fee will be returned to you if you attend 4-H University. A 4-H University T-shirt is optional at a cost of \$10.00. **You will also need to bring meal money for the four-day stay.** There is no refund of the registration fee or the T-shirt fee if you do not attend 4-H University. **Your money and registration forms are due Friday, May 22, 2015.**

You may choose to participate in Clover College or a Contest. If you choose Clover College you will attend workshops on the topic you choose on Wednesday and Thursday. If you choose a Contest you will need to prepare for that contest in advance of 4-H U. Trainings for contests will be held in June. I will let you know if you are in a contest that will be represented at a training. 4-H U Records, Power Points, and Garment Data Sheets are due in Baton Rouge Wednesday June 3, 2015. If your contest requires records be sent in we will help you submit that information.

We have included a copy of the Pre 4-H University Instructions for Delegates and dress code. Please review. The following list of attached forms needs to be returned to our office **no later than Friday, May 22, 2015**. It is important that we receive your forms and money by this date. We will need to forward these forms to the state office. We cannot send the forms in late.

1. 4-H University Registration Form
2. Signed permission slip for 4-H University June 23-26, 2015
3. Educational Program Ranking Form (only if you are going in a contest)
4. Signed Health Statement
5. Signed Louisiana 4-H Conduct
6. A check or money order payable to "St. Bernard Parish 4-H"

Please mail or bring these items to the 4-H office by May 22, 2015.

Lauren Faust
St. Bernard Parish Government Complex
8201 West Judge Perez Drive
Chalmette, LA 70043

Sincerely,

Lauren Faust
Assistant Extension Agent
4-H Youth Development
St. Bernard Parish

Wayne Burgess
Associate County Agent
4-H Youth Development
St. Bernard/Plaquemine Parish



4-H University Registration Form

4-H University Delegate Name _____

School Attending _____ Grade Completed _____

Date of Birth _____ 4-H Member Cell Phone # _____

_____ I will be competing in the _____ Contest
at 4-H University.

Or

_____ I will be attending **Clover College**.

Please rank your choices from 1 (first choice) to 9 (last choice):

_____ *Bioproducts: Clean & Green*

_____ *Fitness Frenzy*

_____ *K-9 Connections*

_____ *Project Runway*

_____ *Tiger Chef Program*

_____ *Forensics: The First 48*

_____ *Lights, Camera, Action!*

_____ *The A-Team Makes a Plan*

_____ *Health Professionals 101: So Much More than Doctors and Nurses!*

_____ *Louisiana Lagniappe – A work of art*

Each dorm room will house two delegates. Please indicate who you would like to room with at 4-H University. _____

4-H University Dormitory Fee for 3 nights at \$31.00. There is no charge for the Dorm Fee because we have received a grant to pay for the dorm fee and transportation.

Registration Fee \$30.00

\$ 30.00 Refunded if you attend

Optional T-Shirt Cost \$10.00:

\$ _____

Total Cost

\$ _____

**Please remit a check to “St. Bernard 4-H” for
total amount by Friday, May 22, 2015.**

Please indicate t-shirt size you would like to order:

Adult Small _____ Adult Medium _____ Adult Large _____

X-Large _____ XX-Large _____ XXX-Large _____

St. Bernard Parish 4-H Clubs
FIELD TRIP PERMISSION FORM



Your child can attend a field trip to:
4-H University, LSU Campus, Baton Rouge, LA

Date:	Tuesday, June 23-Friday, June 26, 2015
Time:	Leaving: 9:30 A.M. Returning: 11:30 A.M.
Bus Location:	Government Complex Parking Lot

Cost:	\$30.00 Registratin Fee + \$10.00 for t-shirt Meal Money for 4 Days
Transportation:	St. Bernard Parish School Bus
Notes:	Mr. Wayne's cell 908-9709 Ms. Lauren's 908-9711

➔ **Please return this permission slip by: Friday, May 22, 2015.**

I give permission for my child, _____, to attend the field trip to the 4-H University, LSU Campus Baton Rouge, LA.

Enclosed is \$ 30.00 to cover the cost of the trip. (Exact cash or check made payable to the St. Bernard Parish 4-H.)

I understand that reasonable measures will be taken to safeguard the health and safety of participants and that I will be notified as soon as possible in case of an emergency. However, in the event of sickness or accident, I will not hold the volunteer leaders, 4-H agents or the La. Cooperative Extension Service of the LSU AgCenter responsible.

In case of an emergency, sickness or accident I give permission for my child to receive medical treatment or other necessary medical services at my expense. In case of such an emergency, please contact:

Parent Information

Parent Name:

Phone #:

Cell Phone#:

Signature:

Additional Contact Information:

Name:

Phone #:

Cell Phone#:

Date:

Explain any "Yes" items and list any other problems, including the diagnosis, date of injury or illness, hospital, length of hospitalization, name of doctor, etc. List any exposure to infectious disease in the two weeks prior to event. _____

(Attach a page if extra space is needed for explanation)

Immunizations (latest date): Tetanus _____ Hepatitis _____

Special or Prescription Medications:

Please list any special medication being taken including the name and phone number of the prescribing physician, dosage, consumption rate and interval.

<u>Name of Medication</u>	<u>Dosage</u>	<u>Frequency</u>	<u>Prescribing Physician & Number</u>
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____

Special Restrictions:

Chronic or recurring illness and treatment which may be needed _____

Dietary modifications require physician's written instructions be given to 4-H staff two (2) weeks prior to the event.

Statement of Health:

To my knowledge, I have no health problems, unless stated earlier, and can SAFELY PARTICIPATE in this event. I would rate my health as: *(please circle one)*

POOR FAIR GOOD EXCELLENT.

I have no contagious or communicable disease and have had no illness within 30 days that would preclude me from participating in this event. If I do have any health problems or illnesses, they are explained in the space provided on page one.

Insurance Information:

LSU AgCenter insures all participants while they attend 4-H sponsored events. This insurance is limited to \$3,000 and does not cover crutches. Remaining medical bills are the responsibility of the participant and his/her parent or guardian.

It is the policy of the Louisiana Cooperative Extension Service that no person shall be subjected to discrimination on the grounds of race, color, national origin, gender, religion, age, or disability.

Parent Permissions Page

PERMISSION FOR: _____

Child's Name

Parent/Guardian Authorization for Medical Care:

I, the undersigned parent/guardian, understand that although the 4-H staff closely supervises the participants, the 4-H staff is not responsible in cases of accidental injury or illness. In the event first aid is necessary; it will be available on site. I give permission to the physician selected by the 4-H staff to order x-rays, routine tests and treatment for the health of my child, and in the event I cannot be reached in an emergency, I give permission to secure proper treatment for (hospitalize, order injections and/or anesthesia and/or surgery) my child.

I (parent) hereby give permission for Louisiana 4-H to administer the following over-the-counter medications if the nurse/med tech deems it necessary. Dosages will be administered according to directions on the bottle unless a parent or physician directs otherwise. **Circle any item(s) you do NOT want administered to your child.**

Aleve	Benzocaine swabs	Ibuprofen	Pamprin
Antibiotic ointment	Caladryl Lotion	Laxative	Sinus/Cold Medications
Anti-diarrheal medicine	Calamine Lotion	Lip Balm	Sunburn Lotion
Antihistamine liquid or pill	Eardrops	Midol	Swimmer's Ear Drops
Aspirin	Eye Wash	Milk of magnesia	Throat spray or lozenges
Bismuth subsalicylate (stomach relief liquid)	Hydrocortisone cream	Muscle Rub	Tylenol

Parent/Guardian Authorization to participate or exclude participation in event activities:

I give permission for my child to participate in all event activities with the following exceptions:

Membership and participation in activities and events are open to all citizens without regard to race, color, nationality, origin, gender, religion, age, veteran status, or disability. *If you have a disability that requires special accommodation for your participation in this event, please contact your parish 4-H agent two (2) weeks prior to your participation in this event.*

Indicate if your child has special requirements for travel/lodging or dietary needs due to disability or medical restrictions. _____

For an optimum experience for your child and to safe guard all campers, please evaluate if your child should attend camp if they are exhibiting these symptoms: (List of symptoms including fever, lice, ring worms, etc.). For the health and welfare of all campers, if you're child exhibits these symptoms while at camp, you will be contacted to pick your child up from camp.

Persons designated to take child from event: _____

Persons not permitted to take child from event: _____

Note: Your child may be photographed or videotaped for promotional or educational purposes.

I understand my child may participate in and/or complete surveys and evaluations that will be used to determine 4-H program effectiveness or to promote the program. Youth will be asked their consent before completing a survey or evaluation. Participation in surveys and evaluations is voluntary and does not affect eligibility to participate in the 4-H program. ☐ I DO NOT agree to these terms.

By my signature I am verifying that all the above information on the Louisiana 4-H Overnight Event Permission/Health Form is true and accurate.

Parent/Guardian

Parent Permissions Form

Date

Revised 03/29/11



Code of Conduct for 4-H Events



Rules and regulations governing 4-H events will be discussed by agents and leaders with 4-H'ers before the event.

4-H'ers are under the supervision of all Extension personnel and other adults helping with the event. Each club member will be expected to participate fully in all programs and uphold exemplary standards of behavior.

The following are grounds for sending 4-H'ers home at their parents' expense and may be grounds for suspension in district, regional and state events for up to 12 months.

- Possession or use of illegal drugs, alcoholic beverages, tobacco products, pocket-hunting knives, fireworks or firearms.
- Misuse or abuse of public or personal property. (Individuals responsible will also be required to pay for damages).
- Disrespect for the authority of agents, leaders and specialists (such as failing to follow specific rules or instructions for the event or using abusive language).
- Unauthorized absence from the premises of the event.
- Unauthorized use of vehicles during the event.
- Unauthorized possession of firearms and other weapons.
- Breaking curfew or disturbing the peace (for example, being late for dormitory checks or disturbing others after lights out).
- Unauthorized presence in room of a member of the opposite gender without permission of agent or leader.

Realizing these guidelines are not all inclusive, the LSU AgCenter reserves the right to adjust these policies. Decisions on discipline will be the responsibility of the Extension agent(s) supervising the event in consultation with others designated as supervisors.

Date

Signature of 4-H'er

Signature of Parent/Guardian

2015 Clover College Descriptions

Bioproducts: Clean and Green for the Future This session will provide an overview of renewable energy resources, feedstock varieties, and biomass conversion technologies used to produce biofuels. This session will be held at the LSU AgCenter's Audubon Sugar Institute and the LSU AgCenter's Sugar Research Station in St. Gabriel. A tour of the LSU AgCenter's pilot plant that is used to produce biofuels and biochemicals from agricultural crops, and a visit to the greenhouse where plants are bred to produce energy crops participants. Participants will also learn about careers associated with the bioproducts industry.

Fitness Frenzy Let's get physically fit! In Fitness Frenzy, youth will participate in exercise sessions, all while learning about the different components of fitness and a well-rounded exercise program. Youth will learn about different types of physical activities and how they can advocate for physical activity in their communities.

Forensics: The First 48 Hours The first forty-eight hours of an investigation are key in determining the answers to the Who? What? When? Where? How? This workshop will offer a Forensics Frenzy of information, activities, games, crime scene mysteries and more. Youth will use their investigative and problem-solving skills to solve crime scene mysteries. Local law enforcement agencies will offer opportunities to learn the methods of observing, gathering and analyzing physical evidence to solve mysteries. Have you ever wondered how long it takes for a body to decompose? Or maybe you've been interested in body composition and bone structure used to identify individuals. Well, take a peek in our Forensics Anthropology corner. Also find out information about other career fields in Forensic Science.

Health Professions 101 Do you want to work in healthcare. This activity-filled day offers students who have an interest in health careers the opportunity to explore the role of various health professions. Participants will take part in learning experiences associated with Radiologic Technology, Respiratory Therapy, Physician Assistant, Clinical Laboratory Science, Health Services Administration, Physical Therapy Assisting, Microbiology, and more! Presenters will also discuss career opportunities.

K-9 Connections Make connections with man's best friend during this clover college session. Young dog-lovers will learn detailed information regarding dog breeds, health, and nutrition education. Choosing dog food for your puppy or dog is an important part of your dog's health and care, but may be one of the most confusing and conflicting areas of dog ownership. Ensuring proper nutrition is one the most important things you can do to positively impact your dog's health and well-being.

Lights, Camera, Action! Want to learn more about video production and editing? Want to create your own TV public service announcements as a 4-H service-learning project? If you answered yes to any of these questions, this is the Clover College session for you! Have fun creating, writing, directing, videotaping, and starring in your own Public Service Announcement. Learn skills, tools and tips to effectively get your important message out to the community.

Louisiana Lagniappe – A Work of Art Do you want to express your creativity? During this hands-on session participants will learn about the customs and cultures of Louisiana by creating a scrapbook depicting the various traditions set in our state. Participants will paint a pelican with actual Louisiana mud, use the famous Avery Island Tabasco Sauce to create a replica of the Tabasco Sauce bottle, and construct an origami crawfish, just to name a few of the activities that will be used to complete their Louisiana scrapbook. The entire scrapbook will be handmade by the participant giving them a chance to use their imagination while learning "a little extra" about Louisiana.

Project Runway Do you love clothing, design and shopping? Are you interested in putting your creativity and skills to work? During this experience, participants will develop concepts, sketch designs and transform a t-shirt into something new. Participants will head to the mall to uncover the world of apparel merchandising and personal shopping. Finally participants will explore the world of costumes!

The A-Team Makes a Plan Join the team of ex-Cited youth on the road to learning how to 'adapt' homes and offices to survive and be less damaged by hurricanes and other storms. Our primary threats in Louisiana are flooding or high winds, and there are lots of ways to prevent damage. Participants will assess vulnerability of buildings on campus, learn strategies to reduce damage in future disasters and develop a plan to protect a specific building. Participants will also visit the Governor's Office of Homeland Security and Preparedness (GOHSEP) and tour the state's Emergency Operations Center (EOC).

Tiger Chef Program Do you love food and want to learn more about creating delicious dishes? The Clover College Tiger Chef Program is designed to teach culinary skills from chopping to preparing full meals. Participants will gain confidence in the kitchen and learn how to prepare a recipe just like a TV chef. Participants will learn to cook and record your own food preparation in the new LSU food demonstration lab. Whether you're new to culinary arts or consider yourself a seasoned professional, Tiger Chef is open to all skill levels. Just bring your appetite and come ready to be filmed under the lights!

4-H University Contests

1. 4 H Has Talent – Contest will allow 4-H'ers to display their talent as an individual or up to a group of 8. All groups will be judged in 1 category. Acts may be vocal, dance, drama, instrument, etc.
2. Agriculture Demonstration Team – A method demonstration about an agricultural practice or practices relating to agriculture. Agriculture includes the following areas: livestock and crop production, conservation of natural resources, wildlife management, marine science, poultry science, agricultural engineering, forestry, horticulture, aquaculture and apiculture.
3. ATV – This contest will consist of three parts: 1) written test; 2) parts identification and troubleshooting; 3) ATV safety and skill driving.
4. Automotive – Must be 14 and possess a valid Louisiana Drivers License or Learners Permit. The 4-H Automotive Contest will include: a written exam, parts identification, safety & maintenance, and skill driving exercise.
5. Career Preparation Interview – This contest emphasizes career preparation. Contestants will be required to complete a Resume, 4-H Story and participate in an interview.
6. Child Development – Contestants will participate in educational experiences that will conclude with a judging contest that will focus on the subject matter presented during the educational experience as well as prior knowledge.
7. Compact Tractor – Contestant must be 14. This contest will consist of three parts: parts ID, written exam, driving test.
8. Computer Simulation – A team of two from each parish will participate in the development of a virtual city utilizing SimCity 4 by Electronic Arts. Each parish may bring 2 teams. Teams will have free creativity to design their city in any way that they wish. Teams will be scored on various aspects of the game such as finance, rating polls, and quantity of inhabitants.
9. Consumer Decision Making – Teams of two (2) or three (3) 4-H members will judge six classes of consumer products or services and prepare one set of written reasons. Classes may include financial products or services, repeat purchase items, big ticket items, or contractual services.
10. Consumer Foods Judging – A team of 2 or 3 contestants will work cooperatively to place four choices (best to worst) of each of 9 classes, using one standard judging card per team. Situations include school lunch options, fast food restaurant, grocery store, family medical problems, etc. Choices could be individual foods, packaged food products, complete meals, a day's menu plan etc. Give written reasons for judging.
11. Dairy Judging – Contestants must be 14. Contestants must judge 6 classes of dairy cattle with no more than 3 and no less than 2 classes being heifers. Contestants must give 3 sets of oral reasons.
12. Diesel Equipment and Operations – The Diesel Equipment Operations contest will consist of a 25 Question Written Exam and a hands-on mower component. The ten contestants with the lowest combined scores on the written exam and two-wheel trailer driving portion of the contest will then compete in the mower tractor safety event.
13. Dog Science – Each parish may enter 2 contestants. Contestants will take a written exam of general questions and a topic exam. 1) Dog Breeds; 2) Behavior and Training; 3) Dog Care; 4) Canine Connection. Also, present a 6 minute talk on some topic of dog care.
14. Entomology Demonstration Team – 2 teams of 2. Give a demonstration on any topic relating to entomology. This can include insect control, rodent control, mite control, millipede control, insecticide mixing, pesticide safety, pest management or sustainable agriculture.
15. Environmental Threat Resolution – 2 teams of 2. Problem solving activity on invasive species. They will be assigned an issue to write a paper about documenting what they have learned, outline how they would resolve the threat and give a persuasive presentation from the paper to judges.
16. Family & Consumer Science Demo Team – Must be a method demonstration, not an illustrated lecture. Family & Consumer Science areas include the following: clothing, family life, family resource management, health and safety, housing and house furnishings, and foods and nutrition. (Cooking or preparation of a food dish recipe is excluded. Acceptable food and Nutrition topics include food storage, menu planning, grocery shopping, food labeling, etc.).
17. Fashion Revue – There are four separate contests.
(1) Casual Outfit – includes constructed outfit (dress, skirt, shorts, pants, jumpsuits, skirt, blouse, etc.), personal data packet and appearance judging.
(2) Creative Choice – includes constructed outfit which may be any type of garment for any occasion, personal data packet and appearance judging
(3) Designers Choice – includes outfit put together to create a signature outfit (a "look" or line of clothing), a personal data packet and a designer's portfolio.
(4) Ready-to-Wear – includes outfit suitable for any occasion purchased for no more than \$100. The outfit pieces may be all ready-to-wear or a combination of home sewn and ready-to-wear.

18. Forestry Study – Contestant must be 14. Contestant will be required to: 1) identify 20 trees, 2) Measure designated trees to determine the board foot volume, 3) Take a written test, 4) measure the distance and azimuth or bearing for five lines, 5) identify 10 insects and 10 plant diseases.
19. Fishing Sports - The contestant will be required to take part in performance challenges (casting, fish id, knot tying and fishing gear id). They will be required to take a test related to fishing (rules, limits, safety, ethical issues, etc). Contestants (team) will be required to show their fishing skills. They will be required to write a brief paper on a real-life situation involving a fishing adventure.
20. Horticulture Judging Contest – Contest consists of three sections. 1) Judging of 4 classes of specimens composed of vegetable, fruit or nut, flower, woody ornamental, each to be judged on the basis of quality and condition. 2) 20 true/false, multiple choice questions dealing with horticultural topics taken from 4-H project books. 3) Identification of 40 specimens of vegetables, fruits, flowering annuals, perennials, pot plots, and woody ornamentals.
21. Horticultural Demonstrations – May be a team or individual demonstration.
Division I – Horticulture General – A demonstration including any or all of the following four areas of production, marketing, artistic arrangements and/or landscaping.
Division II – Horticulture Use – Preparing vegetables, herbs or fruits for table use, cooked or raw or for canning, freezing or dehydration.
22. Insect Identification – Contestant will be required to identify 25 insects. Answer questions of a practical nature regarding the habits, foods, etc., of all insects in a written exam. Reference is the Golden Nature Guide to "Insects".
23. Louisiana Chef – Individual demonstration preparing a dish with one of the following Agriculture Commodities –Rice, Sugar, Beef, Wheat, Poultry, Egg, Louisiana Seafood, Dairy, and Soybeans.
24. Meat Evaluation, Judging and Identification – Contestants must be 14. Team contestants will be required to identify up to 30 retail cuts of meat from beef, lamb and pork. Contestants will be required to judge 3 or 4 meat classes.
25. Next Healthy 4-H Food Star – A team of 2-4. This is a team food preparation/presentation is a contest using Louisiana Seafood to prepare a dish that must contain 500 calories or less. The team will also present an informal speech on how the dish was prepared, importance of Louisiana seafood and the nutritional value of the dish.
26. Outdoor Skills Triathlon – 2 teams of 3. The contestant will be required to take part in a performance challenge trail that involves shooting and orienteering challenges. They will take a test related to ethical and environmental decisions in the outdoors. Contestants (team) will be required to give a 5-7 minute oral presentation on a real-life situation involving an outdoor adventure
27. Photography – Contestants will submit a 10-page portfolio of photographs taken throughout the year with a short story, and take a written exam.
28. Plant Science – Teams of contestants will compete in five areas: soils judging, seed identification, weed identification crop identification and a test.
29. Poultry Judging – Contestants must be 14. Teams will judge poultry in three classes 1) Egg Production Class, 2) Market Class, 3) Egg Class.
30. Public Speaking
Cooperative Speeches – Contestant must give a speech of 5-7 minutes on cooperatives.
Any Other Subject – Contestants must research and write a 5-7 minute speech on any topic they choose.
31. Solutions Unlimited - Team of two or three working together to formulate a solution to a problem given to them at 4-H U. The contest will consist of the team receiving a scenario. They must research, write an abstract, & make a power point presentation on day one. On day two they will give a 5-7 minute presentation.
32. Soybean Illustrated Talk – Contestants must give a 5-8 minute talk on any phase of the soybean industry.
33. Sports Broadcasting Team – A team of two will broadcast a sporting event selecting from baseball, football or basketball. One contestant will broadcast the play by play; the other will be the color commentator. Teams will pick a sport from which to call the game. General information about the team will be given out one week before 4-H University. Teams will call about 8 minutes of a game.
34. Teens Driving Teens to Safety - This contest is for teams of two (2) or three (3) members. Contestants will present a 5 – 7 minute presentation using format or audio visuals of choice on the topic of safe driving. Safe Driving topics include, but are not limited to: distracted driving (texting); drinking; wreckless; sleepy; road rage. The emphasis will be on young drivers, influencing other young drivers.
35. Wildlife Habitat Judging Contest – Contestants must be 14. Contestants will be required to identify the needs of wildlife in the southeast mixed and outer coastal plains forests habitat and make recommendations on wildlife management practices that will improve the habitat for certain wildlife species. Contestants will be required to identify certain wildlife species and take a written test dealing with species habitat needs and general species information. Contestants must give on-site recommendations for various wildlife management practices, prepare a written wildlife management plan and give an oral defense of this written plan.

2015 4-H UNIVERSITY EDUCATIONAL PROGRAMS

Rank	Wednesday Morning	Rank	Wednesday Afternoon	Rank	Thursday Morning
	LSU Admissions Capacity: 100		Bio- Engineering Capacity: 35		All About Equine Capacity: 25
	LSU Natural Science Museum Capacity: 30		Choose your Own Destiny Capacity: 100		Bioengineering Capacity: 35
	Mud, Horse Duds, and Soapsuds Capacity: 25		Dairy Tour Capacity: 50		Digital Media Tour Capacity: 200
	PERTT Lab Capacity: 20		Engineering 101 Capacity: 50		Dairy Tour Capacity: 50
	Show Me the Money Capacity: 100		Geauxing to College Capacity: 100		Gator School Capacity: 125
			Have a Heart: Give the Gift of Life Capacity: 50		Geauxing to College Capacity: 100
			LSU Athletic Tour Capacity: 50		Have a Heart: Give the Gift of Life Capacity: 50
			LSU Veterinary School Tour Capacity: 30		LaHouse Capacity: 30
			Ochsner Hospital Tour Capacity: 14		LSU Athletic Tour Capacity: 50
			Our Lady of the Lake Hospital Tour Capacity: 14		LSU Natural Science Museum Capacity: 30
			Show Me the Money Capacity: 100		LSU Veterinary School Tour Capacity: 30
			Whooping Cranes in Louisiana Capacity: 50		PERTT Lab Capacity: 20
					Show Me the Money Capacity: 100
					Whooping Cranes in Louisiana Capacity: 50

Educational Program Descriptions – Contest Participants Only!

All About Equine – Learn about Horses Enjoy an interactive program on horses from state horse specialist Dr. Neely Walker. Learn about, communication, health care, and management. You will have an opportunity to interact with horses.

Bio-Engineering Participants would physically take part in a walking impact test. This device provides direct feedback on walking impacts when using no supports, leg braces, crutches, etc. 4-H members would also take part in the rice milling operation of separating bran and grain and how they are used.

Choose Your Own Destiny The I CARE Program provides prevention education to students in the areas of alcohol, tobacco, other drugs, violence, crisis response and management.

Dairy Tour Explore the world of the LSU Dairy Farm. Tour the milking parlor, pastures, and the cow herd on the LSU Dairy Farm. Participants will learn the latest in nutrition, milking procedures, and milk production.

Engineering 101: Design, create & test- Do you have what it takes? Come learn about the various disciplines in the College of Engineering, what courses to take to prepare for college and participate in a hands-on project. Current student mentors and a mechanical engineer with the college of engineering will guide the high school students through the engineering design process using spaghetti, marshmallows, and VEX robots.

Gator School Learn about the value and life of alligators in Louisiana and experience holding one during the class. This interactive program will cover the many uses and values of alligators in Louisiana and also destroy many myths held about alligators.

Geaux'ing to College Do you know what you need to geaux to college? This workshop will go over all the basics of college life, dorm life, school spirit, Greek organizations, and class scheduling. This workshop will give you the knowledge that you need for starting college because it comes from LSU recruiting services personnel who deal with these questions and circumstances on a daily basis.

Have a Heart: Give the Gift of Life Where can a profound tragedy bring new life? Hear first-hand personal stories about the experience of a second chance at life, of giving a loved one's organs to save the life of a stranger. Learn what you can do to help save lives.

LaHouse Resource Center Tour LaHouse is a demonstration home that showcases green, sustainable and durable home building and design principles. It is built to be the ideal Louisiana home, capable of withstanding hurricanes flood damage and other common problems that Southern homes experience.

LSU Admissions Come find out all that LSU has to offer. LSU Admissions counselors will give detailed information that will cover all things related to applying to LSU. Topics covered will include admissions requirements, deadlines, scholarships, and what makes LSU such a great place!

LSU Athletic Tour Come check out LSU Tiger Stadium also known as Death Valley! Receive the latest information on the construction project on Tiger stadium, Assembly Center, and Mike the Tiger's Habitat.

LSU Natural Science Museum The LSUMNS is a highly productive research museum that houses one of the largest vertebrate tissue collections in the world and is among the top university based research museums in the nation. The public exhibit area highlights displays of mammals, birds, reptiles, amphibians, and fish; and exhibits like the first Mike the Tiger, Experience Antarctica, and Louisiana Native Americans.

LSU Veterinary School Tour A rare opportunity is provided to tour all of the facilities of the LSU Veterinary School, including the animal hospital, clinic, school, and diagnostic laboratory. Learn the latest information on caring for animal and the future of veterinary medicine in providing the best possible care for animals. The tour will also include the surgery suites, radiology suites, and intensive care units.

Mud, Horse Duds, and Soapsuds The 90 minute session will provide basic safety, rescue, and first-aid information for animal care responders when dealing with stranded and injured horses involving mud, ponds, and floods. Student participants will learn about high risk situations, techniques for being able to effectively participate in rescue of horses.

Ochsner Hospital Tour Tour Ochsner Health Center in Baton Rouge and view the latest in research and development. Ochsner is one of the largest non-university based physician training center in the nation with over 600 medical students and 400 allied health students annually.

Our Lady of the Lake Children's Hospital Visit Visit to Our Lady of the Lake Children's Hospital where you will have the opportunity to bring a smile to a child during a difficult time. Get a first-hand look at how a Child Life Specialist deals with the everyday happenings within the children's ward.

PERTT Lab Tour LSU is home to the only educational well training facility in America where students can gain real, hands-on experience working on a live well. We invite you for a "hands on" tour of this truly unique facility.

Ready, Set, Drive This workshop is designed to test your driving skills. Join this interactive workshop where you'll use your phone and our new driving simulator to test reaction times and more.

See YOUR Future Today at the Digital Media Center Come and visit Louisiana's most advanced inventive space and find out about the intersection between science, business and art. Take a glimpse at the creative process that goes on behind the scenes of your favorite video games and movies. Join the LSU Digital Media Arts & Engineering Center and EA's North American Test Center where AAA titles like Madden Football, The Sims, Dragon Age and The Simpsons Tapped Out are analyzed and tested. Hear from EA professionals as they share their expertise on how to crack into the industry and start a career in video games. This is where you begin your journey in media arts madness!

Show Me the Money Learn how to establish and use credit wisely. It's very easy to establish credit, but utilizing and maintaining that privilege is another issue. Blaine Grimes, with LSU Campus Federal Credit Union will walk you through the credit procedure and also how to establish a savings account, more importantly, how to maintain and increase your savings account.

Whooping Cranes in Louisiana Whooping Cranes have a rich history in Louisiana but were absent for nearly sixty years. Because of recent efforts by the Louisiana Department of Wildlife and Fisheries (LDWF), the whooping cranes are being reintroduced to Louisiana! Come learn about this amazing animal and their reintroduction into Louisiana with this presentation.

PRE 4-H UNIVERSITY INSTRUCTIONS FOR DELEGATES

Welcome to the LSU Campus, Louisiana's Land-Grant University. You will have an exciting week on this premier campus of more than 30,000 students. Prepare for both an educational and fun experience.

Considering the size of the campus and the number of 4-H members visiting the campus along with summer school students and other activities, certain rules are necessary to make your week more pleasant.

Each of you will be representing your parish and the 4-H program. Please be aware of this as you make decisions while on campus. Review the following items so you will know what is acceptable behavior.

1. You are responsible to all agents and leaders, regardless of whether you are from their parish.
2. You are not allowed to bring automobiles onto the campus during 4-H University.
3. For safety reasons do not ride in the back of a pick-up truck.
4. Cross streets only at crosswalks or intersections.
5. Cars have the right-of-way at crosswalks.
6. 4-H members must wear name tags to be admitted to the dances each night. The 4-H members name must be printed on the tag and no one will be admitted without a name tag.
7. See "Appropriate Dress" handout for Dress Code. Anyone not well-groomed and following dress rules will return to the dormitory to dress appropriately.
8. Please extend respect and attention to speakers at all general assemblies, contests, and educational programs. Please remain seated unless absolutely necessary to be excused. Artificial noise-makers will not be allowed. Standing on or jumping over seats will not be allowed.
9. Off Campus: Once you are checked into the dormitory you are not to leave the LSU Campus unless you are under the supervision of your own agent or an official 4-H University contest. Anyone who must leave for other reasons must have an approved parental permission form. You may go to Tigertown during the day but it is OFF LIMITS during and after the evening programs. Everyone is restricted to the Assembly Center during evening events for safety reasons.
10. You are required to check in with your agent each night as specified in the program.
11. You will be allowed to enter your room at the discretion of your agent and the housing supervisor for your dormitory.

Residence Hall Guidelines

You will be expected to inventory your room and hall floor with your agent to check for existing damages.

1. You will be responsible for the cost of any damage in your room unless said damage is reported on the inventory sheet. You will also be jointly responsible for the cost of any damage to halls and bath facilities in the particular section in which you are housed.

PRE 4-H UNIVERSITY INSTRUCTIONS FOR DELEGATES

2. You will be responsible for the cleanliness of your room. No janitorial service will be offered except in the halls and bath. Your agent will inspect your room. You should bring plastic trash bags for trash.
 3. Removing screens from the windows or opening sealed windows in dormitories will be considered a serious violation of the rules.
 4. Boys will be allowed to enter only the lobby area of the girls' dorms.
 5. Do not move furniture from one room to another in the dormitories.
 6. Stay in the room assigned you. This is necessary for checking at night.
 7. Be careful with irons. Use them only in the rooms for ironing. Do not iron on furniture in rooms.
 8. Food should not be left in rooms. Be sure any food taken into the dormitory and not eaten is wrapped and put in garbage containers. Please clean up any mess made in kitchens.
 9. Please close the blinds to the windows in your rooms each night. Remember you are in a public building.
 10. Use only the entrance doors to your dormitory. Do not use the fire escape for leaving or entering the building. Other Exit doors should be used for emergencies only. In some of the dormitories, the fire alarm goes off when door is opened from the inside. The emergency exits and fire escapes are to be used only in case of emergencies.
 11. Pulling fire alarms is against the law and will be handled by the police.
 12. Bring your own sheets, towels, pillow, alarm clock, toilet articles, plastic trash bag, etc. A light blanket or spread is usually desirable since dorms are air-conditioned. You might need an umbrella.
 13. Note: Effective January 1, 2000, each trip participant will be required to submit a minimum deposit of \$50 to reserve a place on an award trip. This deposit will be returned to the participant on the departure date of the trip. If a 4-H award winner cancels less than five days prior to the departure of the trip, he or she will forfeit the deposit with the following exceptions: illness under the care of a physician or a death in the immediate family. A \$100 deposit will be required for the National 4-H Congress trip to Atlanta.
 14. Telephone numbers:
 - 4-H Office – (225)578-2196
 - LSU Police – (225)578-3231
- Dorms:
- (225) 334-1134 – Miller
 - (225) 334-1084 – North and West Hall
 - (225) 578-6881 – Kirby Smith Hall
 - (225) 334-5510 – Herget

2015 4-H University Dress Code

Knowing what to wear is always a challenge. Appropriate dress is expected as outlined below:

General Rules:

- Participants are expected to dress in a manner that is neat and appropriate
- Clothing size should be appropriate (not too tight or too baggy)
- Clothing should be in good shape without holes or tears
- Clothing should not bear any logos or insignia that is inappropriate, vulgar, sexually suggestive, or have any connotations of drugs, alcohol, or tobacco.
- All tops (shirts and blouses) must cover the top of the shoulder and completely cover the stomach, chest, and bare back. No see-through shirts, halter tops, tank tops/tube tops, "wife beaters", undershirts, muscle shirts, or other tops that expose the midriff.
- Shorts and skirts must be size appropriate (when your arm is extended at your side, the short or skirt bottom must reach or exceed your fingertips); tight fitting shorts, short shorts, and cutoffs are prohibited.
- Athletic wear such as gym shorts, tank tops, yoga pants, etc. is not appropriate for events outside of the residential halls.

Awards Night Assembly:

- Girls:
 - Appropriate attire includes items such as dresses, suits with skirts or pants, or other dressy attire.
 - Jeans or athletic shoes should not be worn.
 - Dresses and skirts should be of appropriate length (when your arm is extended at your side, the dress or skirt bottom must reach or exceed your fingertips)
 - Dresses should have straps. If a strapless dress is being worn, it must be accompanied by a jacket, sweater, or cardigan.
 - Dresses should not expose cleavage, bare backs, midriffs, or have cutouts.
- Boys:
 - Appropriate attire is dress slacks with a shirt and tie, or jacket and sweater
 - Jeans or athletic shoes should not be worn
 - Attire should be neat and appropriate

To help you, here are categories of clothing you will need.

	Casual	Professional Casual	Awards Night Assembly
For guys	Jeans, khakis, shorts, t-shirts, tennis shoes. Does not include cut-offs or worn jeans with holes.	Slacks, shirts without ties, dress shoes, boots, clean tennis shoes.	Appropriate attire is dress slacks with a shirt and tie, or jacket and sweater. Jeans or athletic shoes should not be worn
For girls	Jeans, khakis, shorts, t-shirts, tennis shoes. Does not include cut-offs or worn jeans with holes.	Skirts or slacks with an appropriate blouse or shirt. Dress denim (denim skirts* and pressed jeans) and khakis are appropriate. Clean tennis shoes are allowed.	Appropriate attire is items such as dresses, suits with skirts or pants, or other dressy attire. Jeans or athletic shoes should not be worn.

The following chart will help you know what is appropriate for each activity. Appropriate dress is critical. Anyone not well-groomed and following dress rules will be asked to return to the dormitory to dress appropriately.

DAY	ACTIVITY	APPROPRIATE DRESS
Tuesday	Travel to LSU	Casual
Tuesday	Free time on campus	Casual
Tuesday	Evening Assembly	Casual – Parish Pride Night
Wednesday/ Thursday	Contests	Professional casual, as specified by the superintendent or casual depending on format of the contest.
Wednesday/ Thursday	Educational Program	Professional casual or casual.
Wednesday/ Thursday	Free time on campus	Casual
Wednesday	Evening Assembly	Casual – LSU Night – suggested attire Purple & Gold
Thursday	Evening Assembly	Awards Night Assembly Attire
Friday	Travel home	Casual