

# Louisiana Farm to School Conference 2020

Virtually Everywhere



September 30, October 1, 7 & 8  
Online & Free on Zoom

# Welcome Attendees!

The Louisiana Farm to School team is thrilled to welcome you to the fifth annual Louisiana Farm to School conference! The “Virtually Everywhere” conference will occur in 2- hour sessions from 10 a.m. to 12 p.m. on September 30th, October 1st, 7th and 8th. This year’s virtual conference will have the same great content attendees have come to expect from our annual event – inspiring sessions, abundant resources, and knowledgeable speakers. We’re grateful we can continue to connect with our stakeholders and bring them this conference in a new format.

Sessions will include farm to school during COVID-19, local success stories, garden sustainability, farm to school education, Louisiana food heritage, and discovering your role in the food system.

## What is Farm to School?

Farm to school programs increase student access to healthy, locally grown products, link schools and farmers, and increase student awareness of the importance of agricultural activities through active learning opportunities such as farm visits, cooking demonstrations, food tastings, school gardens, and nutrition and agricultural education in the school curriculum.

The goal of farm to school is to connect students with healthy local food, strengthen the local economy, and enrich local communities through:

- Procurement: purchasing local food to serve in the school as a snack, menu item, or taste test
- School gardens: engaging in hands-on growing activities
- Education: teaching about agriculture, nutrition, food, and health

## Using the Program

Check out this year’s interactive program! Using the “Virtually Everywhere” Conference Table of Contents, you can click on the day and/or a specific session. Each session is broken down into a link to join, description of the session, speakers and their contact information, and resources to further your conference experience! The resources for each session include websites, activities you can do from home, more information on farm to school, and how you can get involved in your community food system.

### Can’t Attend All Sessions?

No problem. Recorded versions of every sessions will be available at the end of the full conference. Check the @LouisianaFarmtoSchool Facebook page and website [www.lsuagcenter.com/louisianafarmtoschool](http://www.lsuagcenter.com/louisianafarmtoschool).

## Troubleshooting

We recommend you log in 15 minutes before the session start time to test your system. Be sure to Unmute your computer speakers if necessary. If you are joining from your workplace, you may need to contact your IT department or Internet service provider to make sure access to the website is enabled.

### How to Join a Zoom Session

Before joining a Zoom meeting on a computer or mobile device, you can download the Zoom app from the [Download Center](#). Otherwise, you will be prompted to download and install Zoom when you click a join link. You can also [join a test meeting](#) to familiarize yourself with Zoom.

Use the link to find how to Join a Zoom meeting based on your device  
<https://support.zoom.us/hc/en-us/articles/201362193-Joining-a-meeting>



### Continuing Education Credits: 7.5 Hours

1 Hour for each session (Excluding taste test)  
0.5 for Keynote Address

USDA Professional Standards Area: 1000 (Nutrition)  
Learning Objective: 1130 (Farm to School)



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# Wednesday, September 30

**10:00 - 10:55 AM**

## Welcome Address & Keynote

Join us as we kick off the 2020 Louisiana Farm to School “Virtually Everywhere” Conference with a welcome from our local and national partners who share our passion and dedication for moving farm to school forward in Louisiana.

- **Dr. Carl Motsenbocker** — *Louisiana Farm to School Program Executive Director — LSU AgCenter*
- **Melissa Campbell, MS, RDN, LDN** — *Farm to School Liaison — Louisiana Department of Education*
- **Dr. Gina Eubanks** — *Associate Vice President — LSU AgCenter*
- **Helen Dombalis, MPH, MSW** — *Executive Director — National Farm to School Network*

**10:55 - 11:05 AM**

## Break

Take a quick break to reset for the next session!

**11:05 - 11:55 AM**

## COVID-19 & Farm to School

When the COVID-19 emergency closed schools across Louisiana, child nutrition programs responded by instantly pivoting their practices to ensure children and families continued to have access to nutritious food. This session will showcase Child Nutrition Program Directors from two districts. Participants will identify strategies to incorporate farm to school practices and local foods in school nutrition programs during public health emergencies and natural disasters.

- **Sommer Purvis** — *Administrator of Special Programs, Child Nutrition Department — Livingston Parish Public Schools*
- **Stephanie Weaver** — *Child Nutrition Director — Monroe City Schools*
- **Melissa Campbell** — *Farm to School Liaison — Louisiana Department of Education*

**11:55 - 12:00 PM**

## Closing

Connect the dots of the day’s session!

# Welcome Address & Keynote

Wednesday, September 30 — 10:00 a.m. - 10:55 a.m.

[Click Here to Join](#)

Join us as we kick off the 2020 Louisiana Farm to School “Virtually Everywhere” Conference with a welcome from our local and national partners who share our passion and dedication for moving farm to school forward in Louisiana.

## Speakers

**Dr. Carl Motsenbocker** — Louisiana Farm to School Program Executive Director — LSU AgCenter

- [cmotsenbocker@agcenter.lsu.edu](mailto:cmotsenbocker@agcenter.lsu.edu)

**Melissa Campbell, MS, RDN, LDN** — Farm to School Liaison — Louisiana Department of Education

- [melissa.campbell@la.gov](mailto:melissa.campbell@la.gov)

**Dr. Gina Eubanks** — Associate Vice President — LSU AgCenter

- [GEubanks@agcenter.lsu.edu](mailto:GEubanks@agcenter.lsu.edu)

**Helen Dombalis, MPH, MSW** — Executive Director — National Farm to School Network

- [helen@farmtoschool.org](mailto:helen@farmtoschool.org)

## Resources

**National Farm to School Network (NFSN)**, <http://www.farmtoschool.org/>

- **NFSN Fact Sheets and Resources**, <http://www.farmtoschool.org/resources-main/nfsn-fact-sheets-and-outreach-materials>
- **NFSN COVID-19 Resources**, <http://www.farmtoschool.org/covid19>

**LSU AgCenter**, <https://www.lsuagcenter.com/>

**Louisiana Farm to School Program**, <http://www.lsuagcenter.com/louisianafarmtoschool>

**Louisiana Believes (Louisiana Department of Education)**, <https://www.louisianabelieves.com/>

# COVID- 19 & Farm to School

Wednesday, September 30 — 11:05 a.m. - 11:55 a.m.

[Click Here to Join](#)

When the COVID-19 emergency closed schools across Louisiana, child nutrition programs responded by instantly pivoting their practices to ensure children and families continued to have access to nutritious food. This session will showcase Child Nutrition Program Directors from two districts. Participants will identify strategies to incorporate farm to school practices and local foods in school nutrition programs during public health emergencies and natural disasters.

## Speakers

**Sommer Purvis** — Administrator of Special Programs, Child Nutrition Department — Livingston Parish Public Schools

- [sommer.purvis@lpsb.org](mailto:sommer.purvis@lpsb.org)

**Stephanie Weaver** — Child Nutrition Director — Monroe City Schools

- [stephanie.weaver@mcschools.net](mailto:stephanie.weaver@mcschools.net)

**Melissa Campbell, MS, RDN, LDN** — Farm to School Liaison — Louisiana Department of Education

- [melissa.campbell@la.gov](mailto:melissa.campbell@la.gov)

## Resources

**Livingston Parish Public Schools Department of Child Nutrition**, [http://lpsb.org/parents/child\\_nutrition](http://lpsb.org/parents/child_nutrition)

**Child Nutrition Program - Monroe City Schools**, <https://bit.ly/2EJbl68>

**Child Nutrition - Louisiana Department of Education**, <https://bit.ly/30fGK7w>

**Cleaning and Disinfection of Food-Contact and Touch Surfaces for the COVID-19 Virus**, <https://www.lsuagcenter.com/profiles/aiverson/articles/page1584982539502>

**LA FitKids**, <https://www.louisianafitkids.com/>

**Food Safety from Delivery to Plate Video**, <https://www.facebook.com/watch/?v=340800430412472>

**Farm to Early Care and Education in the Context of COVID-19**, <https://bit.ly/30i7RiB>

**National Farm to School Network Local Food in COVID-19 Response and Recovery**, <https://bit.ly/3i88st6>



# Thursday, October 1

10:00 - 10:55 AM

## A Story of Local Procurement

We will discuss a basic overview of procurement principles and regulations as they relate to Louisiana and identify areas of flexibility to target local products. Celeste Finney will share her story of local procurement in Lafayette with Lester Williams (Farmer) and Crystal Besse (Louisiana Farm to School Program). This session will explain how a child nutrition director begins buying from a local farmer, the farm tour process, what to look for, and the procurement process.

- **Crystal Besse, MPH** — Louisiana Farm to School Program Director — LSU AgCenter
- **Celeste Finney, MS, RDN, CDE, LDN** — Nutrition Program Coordinator — Lafayette Parish School System
- **Lester Williams** — Farmer & Owner — Williams Produce

10:55 - 11:05 AM

## Break

Take a quick break to reset for the next session!

11:05 - 11:55 AM

## Farm to School Garden Sustainability

Learn how to start and maintain a successful school garden from three non-profits through generating buy-in, building a team, finding funding and support, gaining growing know-how, and using your garden to involve students. Also learn how to use and maintain your gardens during a pandemic!

- **Margee Green** — Executive Director — SPROUT NOLA
- **Lauren Jones** — Urban Farm Director — Shreveport Green
- **Emilie Harmeyer** — ShreveCorps Program Director — Shreveport Green
- **Frances Boudreaux** — Director — Good Food Project

11:55 - 12:00 AM

## Closing

Connect the dots of the day's session! Stay tuned for a special Harvest of the Month taste test session!

12:00 - 12:30 PM

## Harvest of the Month Taste Test

Join us for a lunch prep featuring a Louisiana Harvest of the Month, Sweet Potatoes. The taste test will showcase how to make Sweet Potato and Black Bean Quesadillas and will include tips and tricks on cooking, planting and caring for Louisiana sweet potatoes.

# A Story of Local Procurement

Thursday, October 1 — 10:00 a.m. - 10:55 a.m.

[Click Here to Join](#)

We will discuss a basic overview of procurement principles and regulations as they relate to Louisiana and identify areas of flexibility to target local products. Celeste Finney will share her story of local procurement in Lafayette with Lester Williams (Farmer) and Crystal Besse (Louisiana Farm to School Program). This session will explain how a child nutrition director begins buying from a local farmer, the farm tour process, what to look for, and the procurement process,.

## Speakers

**Crystal Besse, MPH** — Louisiana Farm to School Program Director — LSU AgCenter

- [cbesse@agcenter.lsu.edu](mailto:cbesse@agcenter.lsu.edu)

**Celeste Finney, MS, RDN, CDE, LDN** — Nutrition Program Coordinator — Lafayette Parish School System

- [chfinney@lpssonline.com](mailto:chfinney@lpssonline.com)

**Lester Williams** — Farmer & Owner — Williams Produce

- [williamsproduce\\_05@yahoo.com](mailto:williamsproduce_05@yahoo.com)

## Resources

**\*NEW\* School Guide for Local Food Purchasing**, <https://bit.ly/2S2KKDO>

**Louisiana Farm to School Resources- In the Cafeteria**, <https://bit.ly/3i4jRKD>

**Lafayette Parish School System Child Nutrition Services**, <https://lpssonline.com/site214.php>

**Williams Produce MarketMaker Profile**, <https://la.foodmarketmaker.com/business/4915903-williams-produce>

**Louisiana MarketMaker**, <https://la.foodmarketmaker.com/>

**Supreme Rice**, <http://www.supremerice.com/>

**Farmer Checklist and Conversation Guide**, <https://bit.ly/30bEwWR>

**“School gardens open doors to learning, and fun, at nine Lafayette schools”**, <https://bit.ly/3icYfeW>

# Farm to School Garden Sustainability

Thursday, October 1 — 11:05 a.m. - 11:55 a.m.

[Click Here to Join](#)

Learn how to start and maintain a successful school garden from three non-profits through generating buy-in, building a team, finding funding and support, gaining growing know-how, and using your garden to involve students. Also learn how to use and maintain your gardens during a pandemic!

## Speakers

**Margee Green** — Executive Director — SPROUT NOLA

- [margee@sproutnola.org](mailto:margee@sproutnola.org)

**Lauren Jones** — Urban Farm Director — Shreveport Green

- [ljones@shreveportgreen.org](mailto:ljones@shreveportgreen.org)

**Emilie Harmeyer** — ShreveCorps Program Director — Shreveport Green

- [eharmeyer@shreveportgreen.org](mailto:eharmeyer@shreveportgreen.org)

**Frances Boudreaux** — Director — Good Food Project, Food Bank of Central Louisiana

- [fboudreaux@fbcenla.org](mailto:fboudreaux@fbcenla.org)

## Resources

**SPROUT NOLA**, <https://www.sproutnolafarm.org/>

**Shreveport Green**, <http://www.shreveportgreen.org/>

**Organic Gardening 101 (Shreveport Green) PowerPoint**, <https://bit.ly/30b1yxb>

**Good Food Project**, <https://www.goodfoodprojectcenla.org/>

**Good Food Project Community Garden Application**, <https://bit.ly/3mLLVps>

**Good Food Project Videos available to the public on Food Bank of Central Louisiana YouTube channel**, <https://www.youtube.com/user/lindahutsonfb>

**Good Food Project Facebook**, <https://www.facebook.com/goodfoodproject/>

**Good Food Project Monthly Newsletter- Sprout**, <https://bit.ly/338baL1>

**Food Bank of Central Louisiana**, <https://www.fbcenla.org/>

**A Compendium of Activities & Lessons on Louisiana Food Products**, <https://bit.ly/2HyFje7>

Use this collection of lessons, books, and videos connected to Louisiana Student Standards to teach your students about Harvest of the Month items.

**The Junior Master Gardener Program**, <https://imgkids.us/virtualLGEG/>

The program is piloting a 10-week series of virtual lessons (Learn, Grow, Eat and Go). If you sign up for the pilot, your class can participate for FREE.

# Harvest of the Month Taste Test

Thursday, October 1 — 12:00 p.m. - 12:30 p.m.

[Click Here to Join](#)

Sweet Potatoes are in season! Let's highlight them this week with a lunch prep featuring local sweet potatoes and Louisiana Harvest of the Month. The taste test will showcase how to make Sweet Potato and Black Bean Quesadillas and will include tips and tricks on prepping and cooking Louisiana sweet potatoes. Get your local ingredients together and join us in a healthy lunch as we learn more about this wonderful root!

## Agenda

**Tips and Tricks for Sweet Potatoes** — Judy Myhand, Senior Instructor- LSU School of Nutrition & Food Science

**Louisiana Harvest of the Month Sweet Potato and Black Bean Quesadilla Recipe Video**

**The Sweet Truth About Sweet Potatoes in Louisiana**

## Resources

**Harvest of the Month Sweet Potato Poster**, <https://bit.ly/343i17J>

**Sweet Potato and Black Bean Quesadilla Home Recipe**, <https://bit.ly/369rzjZ>

**Watch it Again and Share with Friends — Sweet Potato and Black Bean Quesadilla Recipe Video**, [https://youtu.be/W-\\_Lv1HaYcQ](https://youtu.be/W-_Lv1HaYcQ)

**Harvest of the Month Sweet Potato Resources**, <https://bit.ly/334l66Q>

**What is Louisiana Harvest of the Month?**, <https://bit.ly/2RYNxhp>

**Louisiana Seasonality Chart**, <https://bit.ly/3j3Vo9B>

**Find Local Sweet Potatoes — Louisiana MarketMaker Sweet Potato Growers**, <https://bit.ly/368Wr4c>

**Louisiana Sweet Potato Breeding: From Seed to Variety (Don LaBonte)**, <https://www.youtube.com/watch?v=xlvzRPms15E>





# Wednesday, October 7

**10:00 - 10:55 AM**

## Farm to School Education at Home

With COVID-19, many schools have gone partially or fully virtual this school year. In this session, you'll learn about the farm to school resources and activities available for education at home! Thus, helping to ensure that even from home, agriculture is incorporated into the classroom.

- **Johannah Frelier, MPH** — Louisiana Farm to School Program Manager — LSU AgCenter
- **Mary Legoria, PhD** — Science Specialist — East Baton Rouge Public School System
- **Jen Duhon, MS, RDN, LDN** — Program Coordinator, Health & Wellness and School Marketing — Dairy MAX
- **Denise Hymel** — Executive Director — Fast Food Farms

**10:55 - 11:05 AM**

## Break

Take a quick break to reset for the next session!

**11:05 - 11:55 AM**

## Farm to School Success Stories

Are you considering incorporating farm to school in your area but are not sure what to do? This session will highlight how others around the state have gotten involved to share some inspiration and motivation to get you started!

- **Betsy D. Jeansonne** — Technology Coordinator, 4-H Club Sponsor — St. Mary's Assumption School
- **Kathryn Fontenot, PhD** — Associate Professor — LSU AgCenter-School of Plant, Environmental and Soil Sciences, Vegetable Crops
- **Ainsley Hebert** — PK/K Teacher — Iberville Elementary School: A Montessori Program
- **Angelina Harrison** — Director of Markets — Market Umbrella

**11:55 - 12:00 PM**

## Closing

Connect the dots of the day's session!

# Farm to School Education at Home

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## Speakers

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- [jfrelier@agcenter.lsu.edu](mailto:jfrelier@agcenter.lsu.edu)

**Mary Legoria, PhD** — Science Specialist — East Baton Rouge Public School System

- [mlegoria@ebrschools.org](mailto:mlegoria@ebrschools.org)

**Jen Duhon, MS, RDN, LDN** — Program Coordinator, Health & Wellness and School Marketing — Dairy MAX

- [duhonj@dairymax.org](mailto:duhonj@dairymax.org)

**Denise Hymel** — Executive Director — Fast Food Farms

- [scraph@bellsouth.net](mailto:scraph@bellsouth.net)

## Resources

**Seeds to Success**, [www.seedstosuccess.com](http://www.seedstosuccess.com)

The Seeds to Success project is part of the LSU AgCenter's Louisiana Farm to School Program. The goal of this collaborative effort is to support the implementation of farm to school programming around the state and support farm to school opportunities while increasing food literacy and access to fresh, locally grown food for the youth of Louisiana. The Seeds to Success website houses all you need to know about how to grow fruits and vegetables in Louisiana at your school or home, how to apply those skills to learning, and then how to turn your interests into a budding career. Create an account to save crop guides and lesson plans, add places, events, and organizations to the Louisiana resource page, and request free growing materials (for Louisiana teachers only).

*Contact:* Johannah Frelier, MPH  
Louisiana Farm to School Program Manager  
[JFrelier@agcenter.lsu.edu](mailto:JFrelier@agcenter.lsu.edu)

**Louisiana Harvest of the Month**, <http://www.lsuagcenter.com/LouisianaFarmtoSchool>

If you are looking for a way to engage your school or the community, the Louisiana Harvest of the Month program is a great complement to Seeds to Success. Another program within the Louisiana Farm to School Program, Louisiana Harvest of the Month can help launch or grow a farm to school program, as it provides an easy-to-follow framework and ready-to-use materials. It showcases locally grown foods each month through beautifully designed marketing materials such as posters, and activities such as serving local items in a taste test, meal, or snack. Participating sites will receive a free packet of materials as well as guides and additional resources.

*Contact:* Crystal Besse, MPH  
Louisiana Farm to School Program Director  
[CBesse@agcenter.lsu.edu](mailto:CBesse@agcenter.lsu.edu)

## Dairy Max and Dairy Discovery Zone

Dairy MAX is a nonprofit Dairy Council representing more than 900 dairy farm families across eight states. We're a connected group of experts in dairy farming, education, health and wellness, and business, who are fanatical about the power of dairy. In 2019, Dairy MAX and the Louisiana Dairy Industry Promotion Board confirmed a partnership to engage in dairy promotion in Louisiana together. We work for dairy farmers – building understanding around dairy as a healthy, beneficial, everyday food choice; connecting the role of the dairy farmer to American tables; and driving an increase in dairy consumption.

Dairy MAX Resources:

- [Adopt a Cow](#) A year-long experience in your classroom. Forget the guinea pig. How about adopting a 1,500-pound dairy cow for your classroom mascot? Don't worry about finding a pen big enough to hold her. The photos and stories we'll send you about her life on the farm will make her "come alive" for your students!
- [Fuel Up to Play 60](#) The leading in-school health and wellness program empowers students and educators to work together to build healthier schools and create healthy, high achieving students. The program offers a variety of opportunities for adults, students and schools: from in-school wellness initiatives to funding opportunities, there is something for everyone!
- [Farm 2 School Curriculum](#)
- [Dairy MAX](#)
- [Dairy Discovery Zone](#)

*Contact:* Jen Duhon, MS RDN, LDN  
Program Coordinator, Heath & Wellness and School Marketing  
[duhonj@dairymax.org](mailto:duhonj@dairymax.org)

**Fast Food Farms**, <https://www.facebook.com/educationalfarm/>

["Grab & go" activities](#) are free gardening activities including: Recycling Seed Pots, My Little Sprouthouse, Sprouting Fingers, Grow Gardens, Mini Greenhouse, and What's in My Lunchbox. There are also classroom kits of the activities all put together for your class available for a small fee.

*Contact:* Denise Hymel  
Executive Director Fast Food Farm  
[scrapp@bellsouth.net](mailto:scrapp@bellsouth.net)

## American Farm Bureau

Our mission is to build awareness, understanding, and a positive public perception of agriculture through education. We create games, lesson plans, activities, and videos about agriculture. Our resources are well researched, written by education specialists, and reviewed by subject matter experts so you can be confident in their relevance and accuracy. We offer educational opportunities through trainings, farm tours, grants and scholarships to attend the National Ag in the Classroom Conference.

- [American Farm Bureau Free Resources & Lesson Plans](#) Downloadable activities and lesson plans about agriculture and links to more agricultural education materials.
- [On the Farm STEM](#) Experience STEM and health concepts brought to life by American beef cattle ranchers, researchers, nutritionists and veterinarians. The On the Farm program features free lessons, activities, online learning tools and enriching professional development events.
- [My American Farm](#) An educational game platform used to engage pre-K through fifth grade learners. Today the free site offers agriculturally-themed games and more than 100 free educator resources such as ag lesson plans, activity sheets and comics.

- [Purple Plow Challenge](#) Encourage students grades 5-12 to research scenarios related to food, hunger and sustainability and build their own prototypes to solve the defined problem. Resources provided for facilitators, students and volunteers are written by teachers, aligned to national learning standards and reviewed by industry experts.
- Agricultural [Grants](#) and [Scholarships](#)

**Contact:** Denise Hymel  
Executive Director Fast Food Farm  
[scraph@bellsouth.net](mailto:scraph@bellsouth.net)

Lynda Danos  
Louisiana Farm Bureau Ag in the Classroom Coordinator  
[lyndad@lfb.org](mailto:lyndad@lfb.org)

### **National Agriculture in the Classroom, <https://agclassroom.org/index.cfm>**

National Agriculture in the Classroom supports state programs by providing a network that seeks to improve agricultural literacy — awareness, knowledge, and appreciation — among PreK-12 teachers and their students. The mission is to “increase agricultural literacy through K-12 education.” Agriculture in the Classroom (AIRC) programs seek to improve student achievement by applying authentic, agricultural-based content as the context to teach core curriculum concepts in science, social studies, language arts and nutrition. By encouraging teachers to embed agriculture into their classroom, AIRC cultivates an understanding and appreciation of the food and fiber system that we all rely on every day. AIRC is unique within the agricultural education community as the lead organization to serve the full spectrum of K-12 formal education.

- [National Ag Literacy Curriculum Matrix](#) A searchable and standards-based curriculum map for K-12 teachers. The Matrix contextualizes national education standards in science, social studies, and nutrition education with relevant instructional resources linked to Common Core Standards.
- [eLearning](#) These learning activities have been adapted from the National Agricultural Literacy Curriculum Matrix and are ready for student eLearning engagement.
- [School Garden Center](#) This School Garden Center offers practical information about gardening with children and provides engaging lesson plans and activities that integrate gardening themes into core curriculum.
- [State Ag Facts](#) Download state PDFs with agricultural facts covering climate, soil, crops, livestock, and more.
- [AgroWorld](#) Subscribe to this National Ag in the Classroom E-zine which covers topics in science, technology, engineering, social studies, food and nutrition.
- [Grants and Scholarships](#)

**Contact:** Denise Hymel  
Executive Director Fast Food Farm  
[scraph@bellsouth.net](mailto:scraph@bellsouth.net)

Lynda Danos  
Louisiana Farm Bureau Ag in the Classroom Coordinator  
[lyndad@lfb.org](mailto:lyndad@lfb.org)

## **Louisiana Ag in the Classroom**, <https://aitcla.org/>

Agriculture in the Classroom (AITC) is a distinctly focused, uniquely structured grassroots program coordinated by the United States Department of Agriculture (USDA). Our goal is to help students gain a greater awareness of the role agriculture plays in the economy and society, so that they may become citizens who support wise agricultural policies. AITC is carried out in each state, according to state needs and interests, by individuals representing farm organizations, agribusiness, education and government. Our state program is coordinated by the Louisiana Farm Bureau Federation. Louisiana Ag in the Classroom provides resources and training for teachers to integrate agriculture across their curriculum. We provide free, comprehensive ag-themed lessons that support core subjects and align with Louisiana Student Standards.

- [Louisiana Commodities](#) Learn more about the individual commodities that comprise Louisiana agriculture.
- [Louisiana Commodity Map](#) The top commodities produced in each parish, based on the 2017 gross farm value.
- [Lesson Plans](#) Incorporate agriculture into your classroom with lesson plans written for teachers by teachers. Louisiana Ag in the Classroom helps teachers integrate agriculture into existing curriculum by offering free educational resources aligned to Louisiana Student Standards.
- [Make & Takes](#) Fun, hands-on activities used to reinforce educational concepts with the help of agriculture. Learn about plants and animals, the economy, the environment, ag careers and nutrition through science experiments, tasty recipes, arts and crafts, creative writing and more.

*Contact:* Denise Hymel  
Executive Director  
[scraph@bellsouth.net](mailto:scraph@bellsouth.net)

## **Nutrients for Life Foundation**, <https://nutrientsforlife.org>

The Nutrients for Life Foundation is a global organization consisting of members and collaborative partners that develops and distributes science-based materials to improve plant nutrient literacy, soil health knowledge and promotes fertilizer's role in sustaining a growing population. Plant nutrients, especially nitrogen, phosphorus and potassium, are also required to keep our parks, gardens, playgrounds, sports fields and golf courses green and healthy in communities from coast to coast. All information developed by our Foundation is science-based and supported by nationally accredited agronomists. All materials are free and can be ordered at <https://nutrientsforlife.org/for-teachers/educator-resources>. Interactive games, virtual field trips and other activities can be found on the website.

*Contact:* Tiffany Ballow  
Program Manager & Louisiana Regional Representative  
[tballow@nutrientsforlife.org](mailto:tballow@nutrientsforlife.org)

## **Other Resources:**

### **[Community Food Systems Fact Sheets](#)**

USDA'S Office of Community Food Systems (OCFS) seeks to increase the availability of local foods in child nutrition programs, promote hands-on learning activities such as gardening, farm visits, and culinary classes, and encourage the integration of food related education into regular, standards-based curriculum to help children make lifelong healthy eating choices. Fact sheets available on the OCFS website provide information on these topics and others related to Farm to School programs.

### **Growing Fit Together and Eat Move Grow**

Donna Newton  
[donna@eatmovegrow.us](mailto:donna@eatmovegrow.us)

# Farm to School Success Stories

Wednesday, October 7 — 11:05 a.m. - 11:55 a.m.

[Click Here to Join](#)

Are you considering incorporating farm to school in your area but are not sure what to do? This session will highlight how others around the state have gotten involved to share some inspiration and motivation to get you started!

## Speakers

**Betsy D. Jeansonne** — Technology Coordinator, 4-H Club Sponsor — St. Mary's Assumption School

- [betsy@stmaryscottonport.com](mailto:betsy@stmaryscottonport.com)

**Kathryn Fontenot, PhD** — Associate Professor — LSU AgCenter- School of Plant, Environmental and Soil Sciences, Vegetable Crops

- [kkfontenot@agcenter.lsu.edu](mailto:kkfontenot@agcenter.lsu.edu)

**Ainsley Hebert** — PK/K Teacher — Iberville Elementary School: A Montessori Program

- [ainsleyhebert@ipsb.education](mailto:ainsleyhebert@ipsb.education)

**Angelina Harrison** — Director of Markets — Market Umbrella

- [angelina@marketumbrella.org](mailto:angelina@marketumbrella.org)

## Resources

**RESEARCH BRIEF: Implementation of a K-12 School Garden Leadership Workshop**, <https://bit.ly/3jaoy6G>

**“Over \$5 Million in Farm to School Grants Awarded”**, <https://bit.ly/36dc7mY>

**USDA Farm to School Grant Program**, <https://www.fns.usda.gov/cfs/farm-school-grant-program>

**Farm to School in Louisiana**, <https://bit.ly/2RWnmrK>

**Benefits of Farm to School**, <https://bit.ly/3cyjXZl>

**Louisiana Resources**, <https://bit.ly/3cxAHjG>



# Thursday, October 8

**10:00 - 10:55 AM**

## Louisiana Heritage in the Cafeteria

Welcome to the final day of the “2020 Louisiana Farm to School Conference - “Virtually Everywhere!” In this session, we’ll discuss the importance of carrying on our Louisiana culture through our cuisine and explore the practical ways to select and incorporate foods that reflect Louisiana heritage in the cafeteria.

- **Pepper Roussel** — Director — *Culinaria Center for Food Law, Policy, and Culture*
- **Hardette Harris** — Chef & Owner — *Us Up North*
- **Pat Farris, RD, LDN** — Instructor — *Southeastern Louisiana University*
- **Joannie Miller, MS** — Consultant/Trainer — *Institute of Child Nutrition*

**10:55 - 11:05 AM**

## Break

Take a quick break to reset for the next session!

**11:05 - 11:55 AM**

## Farm to School in the Food System

This session will be about the role of Farm to School in the Food System and show how different parts of the food system affect others.

- **Dr. Carl Motsenbocker** — *Louisiana Farm to School Program Executive Director — LSU AgCenter*
- **Sunny Baker** — *Co-Director — Mississippi Farm to School Program*

**11:55 - 12:00 AM**

## Closing

Connect the dots of the day’s session! Stay tuned for a special Harvest of the Month taste test session and don’t forget to complete the Online survey to share your conference experience!

**12:00 - 12:30 PM**

## Harvest of the Month Taste Test

Join us for a lunch prep featuring a Louisiana Harvest of the Month, Broccoli. The taste test will showcase how to prepare Roasted Broccoli and will include tips and tricks on cooking, planting and caring for Louisiana broccoli.

# Louisiana Heritage in the Cafeteria

Thursday, October 8 — 10:00 a.m. - 10:55 a.m.

[Click Here to Join](#)

In this session, we'll discuss the importance of carrying on our Louisiana culture through our cuisine and explore the practical ways to select and incorporate foods that reflect Louisiana heritage in the cafeteria.

## Speakers

**Pepper Roussel** — Director — Culinary Center for Food Law, Policy and Culture

- [pepper@southernfood.org](mailto:pepper@southernfood.org)

**Hardette Harris** — Chef & Owner — Us Up North

- [usupnorth318@gmail.com](mailto:usupnorth318@gmail.com)

**Patricia Farris, RD, LDN** — Instructor — Southeastern Louisiana University

- [patfarris1@gmail.com](mailto:patfarris1@gmail.com)

**Joannie Miller** — Consultant/Trainer — Institute of Child Nutrition

- [millerjoannie@gmail.com](mailto:millerjoannie@gmail.com)

## Resources

**Us Up North**, <https://usupnorth.com/>

- North LA Cuisine Menu, <https://bit.ly/2G758BI>

**Culinary — Food Blog: Southern Food and Beverage Museum**, <https://southernfood.org/news/tag/Culinary>

**LSU AgCenter Farm to School Program Harvest of the Month Recipe Box**, <https://bit.ly/2FYw2M2>

**ICN, Healthy School Meals Resource System, and Team Nutrition from USDA/FNS**, <https://www.fns.usda.gov/tn>

**What's Cooking? USDA Mixing Bowl: A Collection of Recipes for Schools and Child Care Centers**, <https://bit.ly/2GersZE>

**Recipes for Healthy Kids (R4HK) in the Team Nutrition Resource Library**, <https://bit.ly/36cmHLh>

**"Louisiana's Food Traditions: An Insider's Guide,"** By Maida Owens, <https://bit.ly/343sUGH>

**The Southern Foodways Alliance documents, studies, and celebrates the diverse food cultures of the changing American South**, <https://www.southernfoodways.org/>

# Farm to School in the Food System

Thursday, October 8 — 11:05 a.m. - 11:55 a.m.

[Click Here to Join](#)

This session will be about the role of Farm to School in the Food System and show how different parts of the food system affect others.

## Speakers

**Carl Motsenbocker** — Louisiana Farm to School Program Executive Director — LSU AgCenter

- [cmotsenbocker@agcenter.lsu.edu](mailto:cmotsenbocker@agcenter.lsu.edu)

**Sunny Baker** — Co-Director — Mississippi Farm to School Program

- [edufoodsunny@gmail.com](mailto:edufoodsunny@gmail.com)

## Resources

**Mississippi Farm to School Network**, <https://www.mississippifarmtoschool.org/>

**Louisiana Southern Sustainable Agriculture Research and Education (SARE)**, <https://southern.sare.org/sare-in-your-state/louisiana/>

**Slow Food USA Farm to School Network and Resources**, <https://slowfoodusa.org/school-gardens/>

Slow Food USA's School Garden Network aims to reconnect youth with their food by teaching them how to grow, cook and enjoy real food. The goal of the Slow Food School Garden Network is to support educators, volunteers, garden leaders and local Slow Food chapters become more effective in sustaining school garden programs in their community.

**Community Food System Fact Sheets**, <https://www.fns.usda.gov/cfs/fact-sheets>

USDA'S OFFICE OF COMMUNITY FOOD SYSTEMS (OCFS) seeks to increase the availability of local foods in child nutrition programs, promote hands-on learning activities such as gardening, farm visits, and culinary classes, and encourage the integration of food related education into regular, standards-based curriculum to help children make lifelong healthy eating choices. Fact sheets available on the OCFS website provide information on these topics and others related to Farm to School programs.

**Five Reasons Why You Should Celebrate Farm to School Month**, <https://bit.ly/2Sco1Wl>

**Mississippi Food Justice Collaborative**, <https://msfoodjustice.ncat.org/>

**Article “Our Food System Is Very Much Modeled on Plantation Economics”**, <https://bit.ly/330h1BQ>

**Article “The most nutritious meal they’ll get’: How Mississippi districts are feeding kids in a pandemic”**, <https://bit.ly/3cuJa7a>

**Collective Impact**, <https://www.collectiveimpactforum.org/what-collective-impact>

**SoulFire Farm**, <https://www.soulfirefarm.org/>

**The Biggest Little Farm movie (available on Hulu!)**, [www.biggestlittlefarmmovie.com](http://www.biggestlittlefarmmovie.com)

# Harvest of the Month Taste Test

Thursday, October 8 — 12:00 p.m. - 12:30 p.m.

[Click Here to Join](#)

Broccoli is in season! Let's highlight it this week with a lunch prep featuring local broccoli and Louisiana Harvest of the Month. The taste test will showcase how to make roasted broccoli and will include tips and tricks on cooking, storing, and growing this cold season crop. Get your local ingredients together and join us in a healthy lunch!

## Speaker

**Tips and Tricks for Broccoli** — Judy Myhand, Senior Instructor- LSU School of Nutrition & Food Science

**Louisiana Harvest of the Month Roasted Broccoli Recipe Video**

**Broccoli Basics with Anna and Chris**

## Resources

**Harvest of the Month Broccoli Poster**, <https://bit.ly/3i3feAg>

**Roasted Broccoli Recipe**, <https://bit.ly/2FU7Vy2>

**Watch it Again and Share with Friends — Roasted Broccoli Recipe Video**, <https://youtu.be/7TliS5znEpk>

**Harvest of the Month Broccoli Resources**, <https://bit.ly/334l66Q>

**What is Louisiana Harvest of the Month?**, <https://bit.ly/2RYNxhp>

**Louisiana Seasonality Chart**, <https://bit.ly/3j3Vo9B>

**Find Local Broccoli — Louisiana MarketMaker Broccoli Growers**, <https://bit.ly/333ucSz>





## Special Thanks to the Conference Steering Committee:

### LSU AgCenter Louisiana Farm to School Team

Carl Motsenbocker - Executive Director

Crystal Besse - Program Director

Johannah Frelier- Program Manager

Jacey Armand - Communications Coordinator

Alessandro Holzapfel - Louisiana MarketMaker/MarketReady

Sydney Melhado - Conference Coordinator/Program Assistant

### Community Partners

Frances Boudreaux - Good Food Project, Food Bank of Central Louisiana

Chiquita Briley - LSU AgCenter

Melissa Campbell - Louisiana Department of Education

Cathy Carmichael - Pennington Biomedical Research Center

Angela Chalk - Healthy Community Services

Catherine Champagne - Pennington Biomedical Research Center

Sharman Charles - LSU AgCenter

Dan Davenport - LSU AgCenter

Jennifer Duhon - Dairy MAX Louisiana

Celeste Finney - Lafayette Parish Public School System

Kathryn Fontenot - LSU AgCenter/LSU SPESS

Stuart Gauthier - LSU AgCenter

Angelina Harrison - Market Umbrella

Charles Hebert- LSU AgCenter

Denise Hymel - Fast Food Farms

Lauren Jones - Shreveport Green

Fatemeh Malekian - Southern University AgCenter

Judy Myhand - LSU School of Nutrition and Food Science

Pepper Roussel - Culnaria Center for Food Law, Policy, and Culture

Anna Timmerman- LSU AgCenter, Jefferson Parish

Chelsea Triche - Southern University

**Additional thanks to the farmers and producers who feed our communities every day!**

2020

# Great Louisiana Satsuma Peel and Louisiana Farm to School Challenge

In Honor of October's National Farm to School Month!

## Take the Louisiana Farm to School Challenge!

We want YOU to celebrate National Farm to School Month with us! Show that you value healthy children, local food producers, and your community by taking the Louisiana Farm to School Challenge. All you have to do is sign the pledge, do at least one farm to school activity in October, then share your experience!

## How the Challenge Works

Once you sign the pledge, you will receive a tool kit with ready-to-use social media images, virtual backgrounds, newsletter and blog content, and a sample press release. The tool kit also includes great ideas to help you choose your activity. If you need help deciding where to start, reach out to us at [louisianafarmtoschool@agcenter.lsu.edu](mailto:louisianafarmtoschool@agcenter.lsu.edu). Help us celebrate and spread the word about farm to school in our state! Sign the pledge at <https://bit.ly/3gF7bc8>

## The Great Louisiana Satsuma Peel

We're all familiar with delicious Louisiana satsumas. They're easy to peel, tasty, and nutritious. This delectable citrus fruit is typically in season from October through January making it an ideal local product to feature for the Louisiana Farm to School Challenge!

Join the fourth annual Great Louisiana Satsuma Peel, where Louisianans of all ages come together to enjoy peeling and eating fresh, Louisiana satsumas. You can incorporate satsumas into your farm to school celebration this October by participating in the Great Louisiana Satsuma Peel!

**TAKE THE CHALLENGE!**  
<https://bit.ly/3gF7bc8>



**For More Information:**  
[www.LSUAgCenter.com/LouisianaFarmtoSchool](http://www.LSUAgCenter.com/LouisianaFarmtoSchool)  
[louisianafarmtoschool@agcenter.lsu.edu](mailto:louisianafarmtoschool@agcenter.lsu.edu)

