

4-H Leader Update

October 2021

4-H Online Enrollment

Thank you to our leaders who have completed the enrollment process in the new 4-H Online system. We would like for you to continue working to get all your students and families to complete their enrollments online as well. Our target date for enrollment is October 15th so that we may begin to deliver project books to you for students to begin their work.

We are continually approving enrollments as they are submitted in the system. Club member list will be emailed to leaders the last week in September. Invoices for membership dues will be sent to schools on November 1st for all students currently enrolled.

Celebrate National 4-H Week!

Your club can help celebrate 4-H week by having special programs at school, making and displaying 4-H posters, wear green and white day, or preparing a 4-H exhibit in your school library or school website for EVERYONE to see.

October 3rd – 9th is National 4-H Week. The purpose of this week is to let everyone around you know what 4-H is about. 4-H Grows Here can be used to give your 4-H club visibility. Here are a few more ideas you might want to use.

1. Display 4-H facts on a Google Classroom.
2. Display a 4-H flag in the hallway.
3. Be kind to everyone around you!



Letter of Authorization

The Letter of Authorization ensures that the 4-H Clubs are committed to following the rules and regulations set forth by the Louisiana 4-H Youth Development Program. The letter also certifies that the 4-H Club or Group is open to all people regardless of race, color, sex, religion, national origin or disability, and that the 4-H Club or Group supports the goals of leadership, character, and life skills development for all 4-H members. The letter is now due to the 4-H Office.

LSU AgCenter
1010 Lafayette St., Ste. 325
Lafayette, LA 70501
337-291-7090; 337-291-7099 (Fax)
www.lsuagcenter.com

Dates to Remember

October 2021

- 1 First Day of Club Meetings
- 3-9 National 4-H Week
- 4 Livestock Advisory Board Meeting, 4-H Office
- 15 Deadline for Enrollment Submitted in 4-H Online
- 20 Junior Leader Meeting
- 28-11/14 Louisiana State Fair, Shreveport
- 31 Pumpkin Decorating Submissions Due

November 2021

- 1 First Day of Club Meetings
- 1 Commodity Sale Order Deadline, 4-H Office
- 8 Exhibition Poultry Possession Date
- 8 Validation Kits Due and Possession Deadline for all Market: Goats, Lambs, Commercial Does, Ewes, and Heifers
- 8 Possession Deadline for Breeding: Beef, Dairy, Sheep, and Goats
- 11 Commodity Sale Pickup, Second Harvest Food Bank
- 17 Junior Leader Meeting
- 23 Fall Fest Cookery Contest Drop-off
- 30 Fall Fest Virtual Submissions Due



Pumpkin Decorating Contest

We are thrilled to announce our annual pumpkin decorating contest! If you have attended 4-H Fall Fest in the past, you know our pumpkin decorating contest is one of our most popular events. This year, we will once again have a special virtual edition of the contest!

Pumpkin pictures will be due by midnight on Sunday, October 31st! Send pictures of pumpkins to Mrs. Nicole at ngerard@agcenter.lsu.edu. Results will be announced the following week! See attached rules for complete details.



4-H Lights, Camera, Fashion

The 2022 State 4-H Fashion Camp will be held on January 21-23 at Camp Grant Walker. If you want to learn more about fashion in a fun and friendly atmosphere, this camp is for you! Applications will be available for 4-H members ages 10-13. Space is limited so please request an application from our office as soon as possible. Contact Mrs. Nicole at ngerard@agcenter.lsu.edu for more information.



Monthly Lesson Focus

Our monthly lesson focus for this year will help guide our youth in discovering the science of what's on your plate. For schools that will have in-person meetings, this will include a live demonstration for the lesson. Schools running micro and macro clubs may utilize the link provided each month for a video of the lesson content. We will also provide a student activity guide for members to follow along with the lesson video and summarize information presented.

October's lesson will look at the secrets of baking and how gluten holds our baked good together. The lesson demonstration video can be found here: <https://youtu.be/WR0jRrj9-c>

Junior Leader Club

Lafayette's Junior Leader 4-H Club is made up of older 4-H'ers from across Lafayette Parish who are in grades 8th-12th. Do you have teens that would like to be involved in the community in a leadership role, but just not sure how to go about it?

The next Junior Leader meeting will be held on Wednesday, October 20th at 6:00 p.m. All 4-H'ers in grades 8th to 12th are invited to attend. They should contact Mrs. Nicole at ngerard@agcenter.lsu.edu if they are interested in attending the Junior Leader meeting. Space is limited, so RSVP is a must!

Fall Fest

The weather is getting cooler, the days are getting shorter, fall has arrived! And with the arrival of fall comes the arrival of our annual Lafayette Parish 4-H Fall Fest! This year, as with many events, most Fall Fest will occur virtually. The Cookery Contest will be held separately as a drop off event on Tuesday, November 23, 2021. This will allow contestants to have their dishes evaluated on taste and not just appearance.

All other Fall Fest entries are due Monday, November 30th at midnight! Send entries to Mrs. Nicole at ngerard@agcenter.lsu.edu. Results will be announced in the following weeks! See attached rules for complete contest details. Good luck to all competitors!

Statewide Service-Learning Focus

Last summer, 4-H'ers throughout Louisiana voted mental health as the service-learning focus of the year. Join the Louisiana State 4-H Citizenship Board in supporting their campaign. The goal of the project is to educate 4-H members across the state about mental health.

Mental Health is defined as a person's condition with regards to their psychological and emotional wellbeing. Simply put, it's the wellness of the mind. Mental Health affects everything from the way we act and react to how we feel and think. It determines how we cope with stress and different struggles daily life throws our way.

There are several different reasons why our mental health can be affected negatively, making our minds sick, including biological factors, life experiences, and family history. Mental health can decline at any age, and it's important that you not only take care of your physical body, but also your psychological and emotional body. When your mental health declines in different directions, it is called mental illness.

Louisiana Commodity Sale

Just in time for the holidays, the Lafayette Parish 4-H Foundation will be sponsoring a Louisiana Sweet Potato, Rice, and Pecan Sale! Prices are as follows:

- Orange or White Sweet Potatoes (10 lbs.): \$10.00
- Orange Sweet Potatoes (40 lbs.): \$25.00
- Peeled Pecans (1 lb. bag): \$12.00
- Peeled Pecans (3 lbs. box): \$30.00
- Aromatic Rice (2 lbs. bag): \$5.00
- Aromatic Rice (5 lbs. bag): \$10.00
- Aromatic Rice (20 lbs. bag): \$25.00
- LSU AgCenter Gardening Calendar: \$12.00

All checks should be made payable to the 'Lafayette 4-H Foundation' and can be mailed, along with an order form, to the Lafayette 4-H Office:

Lafayette 4-H Office
1010 Lafayette St. Suite #325
Lafayette, LA 70501

Order deadline: Friday, November 1st

Pickup date: Friday, November 11th

Pickup location/directions: Second Harvest Food Bank: 215 E Pinhook Rd: Head east on Pinhook toward the Evangeline Thruway, take left on East Vermilion, then left on Forrest St, and then left on Refinery Street. Line up on right hand side of road closest to Second Harvest. Turn in gate and drive through.

Pickup time: 2:00 p.m. to 5:00 p.m.



Lafayette 4-H Parish Pride T-Shirts

4-H members, volunteers, alumni, and families are invited to join the excitement and purchase your 4-H Pride T-Shirt! These shirts can be worn in the Lafayette area to promote our local program, to 4-H club meetings, 4-H contest days and even at 4-H Summer Camp. Don't miss out on this opportunity!

If you wish to order the LAFAYETTE PARISH PRIDE shirt, please indicate your intentions on the order form that is attached. The t-shirt color is dark gray. The front has 'Lafayette 4-H' and a clover as a pocket logo. The back displays the silhouette of Louisiana with the words "4-H Grows Here" with the clover over Lafayette Parish. Shirts are \$10.00 each for sizes Youth Medium, Youth Large, Adults Small, Adult Medium, Adult Large, Adult Extra Large. All Adult XX will be \$13.00 each. The Lafayette Parish 4-H Pride shirt is pictured below.



Make a Difference Day

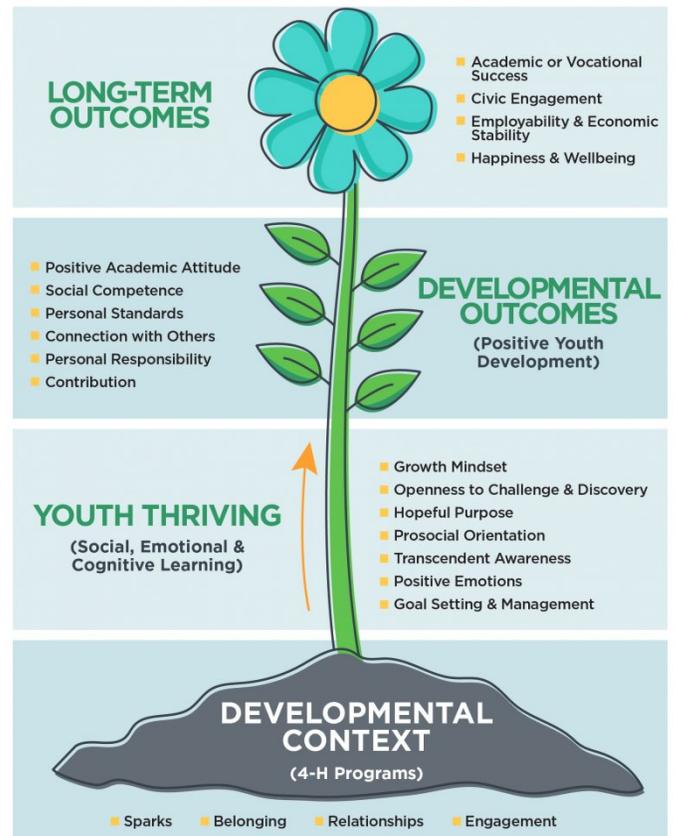
Slated on October 23rd, 2021, 'Make A Difference Day' is the largest national day of helping others. Make A Difference Day is a celebration of the power of neighbors helping neighbors. Created by USA WEEKEND Magazine in partnership with Points of Light, this international day of service is held every year on the fourth Saturday of October. More than three million people volunteer, making a difference in communities around the world.



4-H Thriving Model

Challenging 4-H members in supportive and helpful ways teaches them that they can learn, grow, and get better through effort. Encouraging youth to take positive risks, like speaking in front of others, helps develop confidence and a growth mindset. Youth have a growth mindset when they believe that they can get better at things by working hard and putting in effort. Research shows that a growth mindset is an important quality for thriving and future success.

Learn more about the 4-H Thriving Model at <https://helping-youth-thrive.extension.org>



Old and New Business

In each issue of the Leader Update, you will find slips of old and new business which can be used during your meetings. You can cut them out and ask members to volunteer to read them during the business part of the meeting (this is possible if your club meets in person, if they do not meet in person, they could be sent out virtually for members to report on over video calls). This gives members who are not officers the opportunity to stand up and report on 4-H happenings. You can find these old and new business slips towards the end of your Leader Update.



Project Books Arriving Soon!

Each 4-H member who enrolled and paid their dues should receive either a project book or an activity guide. We will begin delivering these to school leaders in October. All members that enrolled and completed their enrollment in the 4HOnline system in September will receive their project books and/or leaflets in October. If members join after October 1, they will not receive their books until November. 4-H members should start reading and working in their booklets today. Record sheets located in each book should be completed over the next five (5) months. These record sheets will be incorporated into the overall 4-H Record Book that 4-H'ers are to turn in on February 25th.

How to complete a 4-H record book will be discussed at a special **Record Book Workshop** that is scheduled for Tuesday, December 21st. The workshop will be held at the Lafayette Extension Office with more details to be provided in the November Hotline.

Officer Training

Officer Training will take place virtually this year. The Junior Leaders have produced videos explaining the important role each officer plays in conducting a 4-H club meeting. Each club officer will receive a digital copy of the roles and responsibilities of your elected office along with any forms that may help you to carry out your job duties from your school leader. We will begin judging club meetings starting next month, so make sure to review all materials shared so that your meetings will run smoothly!

Policy Information

In order to keep the 4-H program active and fair to all involved, we find it necessary to clarify some of our policies so that everyone involved is aware of how our program runs. Please take note of the following:

- Once a 4-H'er enrolls in the online system, they are required to pay membership dues and are a bonified 4-H'er member for one (1) year. No 4-H'er will be deleted from our files once they join 4-H.
- Until a member has completed **both** the online enrollment **and** has paid dues, they are not considered a 4-H member. Both must be completed for membership to be confirmed.



Monthly Office Hour

We will be a monthly office hour of questions and answers for all leaders to inquire about program question and to share what you are doing. This will be conducted monthly on the 3rd Wednesday of the month from 4:00-5:00 pm. Our first office hours session will be held on Wednesday, October 20th. A link to the Parish Leader TEAMS site will be emailed to all on the morning of the meeting times.



Welcome Paul!

Please welcome Paul Bongarzone as our newest 4-H Agent in Lafayette Parish. Paul will join the LSU AgCenter on October 1, 2021. He is a proud native of New Jersey where he completed his undergraduate studies at Rutgers University. He decided to continue in a warmer climate and decided to move to South Florida to continue his education at the University of Miami. He has been a professional in education for fifteen years, including previous service to our LSU community. While proud of his Garden State roots, he is equally proud of those which he is forming with his wife and daughter in Lafayette. He is fluent in Portuguese, conversational in Spanish, and committed to improving his French with the aid of Acadiana. He prizes the opportunity to facilitate the transforming of the lives of our youth in the role of 4-H Agent in the Lafayette Parish Extension office.

It is the policy of the LSU AgCenter, Louisiana Cooperative Extension Service that no person shall be subjected to discrimination on the grounds of race, color, national origin, gender, age, religion, or disability. If you have a disability which requires special assistance to participate in any aforementioned activity, please contact the 4-H office at (337)291-7090.



Like us on Facebook: www.facebook.com/lafayette4h



Follow us on Instagram: [@lafayette4h](https://www.instagram.com/lafayette4h)

Sincerely,

Nicole Gerard

Nicole Gerard
Assistant Extension Agent, 4-H Youth Development
Lafayette Parish

CHARLES HEBERT

Charles Hebert
County Agent, 4-H Youth Development
Lafayette Parish

October 2021 Meeting Schedule

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1 (In-Person) 10:00-11:00 ACH
4 (In-Person) 1:15-2:05 Sts. Peter & Paul (In-Person) 3:00-4:00 Acadiana Renaissance Charter Academy	5 (In-Person) 2:45-3:30 STM (Micro) 4:00-4:45 Edgar Martin	6 (In-Person) 7:30-8:15 Cathedral-Carmel (Micro) 2:10-3:00 Woodvale	7 (Micro) 8:00-9:00 C. Burke (In-Person) 2:45-3:45 Acadian Christian Homeschool	8 (Micro) 2:15-3:00 LJ Alleman
(Macro) 3:00-4:00 St. Genevieve Middle	(In-Person) 2:00-3:00 First Baptist Christian	(Micro) 1:20-2:20 CPL Middlebrook (Micro) 2:45-3:45 Lafayette High	(Micro) 8:00-8:30 Acadiana High (Micro) 9:53-10:23 Carencro High (Macro) 2:00-3:00 Westside (Micro) 3:50-4:30 Scott Middle	<u>(Micro) 2:18-3:03 Judice Middle</u>
11 In-Person) 3:00-3:45 Fatima	12 (Micro) 2:00-2:45 L. Leo Judice (In-Person) 3:30-4:30 Lafayette Renaissance Charter Academy	13 (In-Person) 12:40-1:30 Lafayette Christian Academy (Micro) 2:45-3:30 David Thibodaux STEM	14 (In-Person) 10:35-11:25 Carencro Catholic (Micro) 2:35-3:15 Southside High	15
	(Micro) 2:16-3:00 Youngsville Middle	(Micro) 2:24-3:10 Milton Middle (In-Person) 3:00-4:00 St. Cecilia	(Macro) 2:45-3:30 St. Genevieve Elem. (Macro) 4:00-4:45 Ernest Gallet Elem.	

**Club List Updated as of
9/22/2021**

**4-H Clubs using Macro Method
(4)**

- E. Gallet Elem.
- St. Genevieve Elem.
- St. Genevieve Middle
- Westside Elem

**4-H Schools using Micro Method
(21):**

- Acadiana High
- CPL Middlebrook Elem
- Carencro High
- Charles Burke
- Christian Home School
- David Thibodeaux STEM
- Edgar Martin Middle
- G. T. Lindon Elem
- Judice Middle
- LJ Alleman
- L. Leo Judice
- Lafayette High
- Milton Elem/Middle
- Myrtle Place Elem.
- Paul Breaux Middle
- Ridge Elem

- **Scott Middle**
- Southside High
- Teurlings High
- Youngsville Middle
- Woodvale

In- Person Schools (12)

- Acadian Christian Homeschool
- Acadiana Community Homeschool
- Acadiana Renaissance Charter
- Carencro Catholic
- Cathedral-Carmel
- First Baptist
- Lafayette Christian Academy
- Lafayette Renaissance Charter
- Our Lady of Fatima
- St. Cecilia
- St. Thomas More
- Sts. Peter & Paul

**Schools we haven't heard from
regarding 4-H this year (26):**

- Acadian Middle
- Alice Boucher
- Ascension Episcopal School
- Sugar Mill Pond
- Baranco Elem

- Billeaud Elem
- Broussard Middle
- Carencro Heights Elem
- Comeaux High
- Carencro Middle
- Duson Elementary
- Evangeline Elementary
- Holy Family
- Katherine Drexel Elementary
- JW Faulk Elementary
- JW James Elementary
- John Paul the Great
- Lafayette Middle
- Live Oak Elementary
- Northside High
- Prairie Elem
- Philadelphia Christian
- S. J. Montgomery
- St. Pius
- St. Leo-Seton
- Lafayette Virtual Academy
- Westminster Christian Academy

NO CLUB (2)

- Broadmoor Elem.
- Ossun Elementary



Lafayette 4-H Parish Pride T-Shirt Club Order Form



Name of Club: _____
 Leader Name: _____
 Leader's Email: _____

Youth Medium _____

Youth Large _____



Adult Small _____

Adult Medium _____

Adult Large _____

Adult X-Large _____

Adult XX-Large _____

Adult XXX-Large _____

Total Shirts ordered: _____

Total Owed: _____

Check #: _____

T-Shirts are \$10.00 each.

Please make check payable to: Lafayette 4-H Foundation NO CASH ACCEPTED.

Please return order form and check to:

Lafayette 4-H Office
 Parish Pride T-Shirt
 1010 Lafayette St., STE 325
 Lafayette, LA 70501

Old and New Business: October 2021

Cut and have several non-officer members read these slips during the meeting (you can also send these out virtually).

Pledge of Allegiance (Read this after the president asks for everyone to rise to say the Pledge of Allegiance.)
“I pledge allegiance to the flag...”

4-H Pledge (Read this after the Pledge of Allegiance.)
“I pledge my head to clearer thinking...”

(Read this after the secretary reads the minutes and the president asks for a motion to accept the minutes as read.)
“I move to accept the minutes as read.”

(Read this after a member makes the motion to accept the minutes)
“I second that Motion.”

OLD BUSINESS #1

Our leader(s), Mr./Ms. _____ attended the parish-wide 4-H leader training held at the end of August. Thank you Mr./Ms. _____ for being our leader!

NEW BUSINESS #1

Attention 4-H'ers! The first contest of the year is right around the corner! The pumpkin decorating contest, which will once again be virtual, will be held during the month of October. 4-H'ers can send pictures of their decorated pumpkins to Ms. Nicole at ngerald@agcenter.lsu.edu until October 31st at midnight! See attached rules for more details.

NEW BUSINESS #2

Make sure to submit your enrollment online as soon as possible, this way, we can make sure you are a registered 4-H member who can participate in all that 4-H has to offer!

(Read this after the president asks for a motion to adjourn—at the end of the meeting.)
“I move to adjourn the meeting.”

(Read after the motion is made to adjourn the meeting).
“I second the Motion.”

Note: Add any old or new business that is pertinent to your club.



LSU AgCenter
Lafayette Parish Office
1010 Lafayette St., Suite 325
Lafayette, LA 70501