

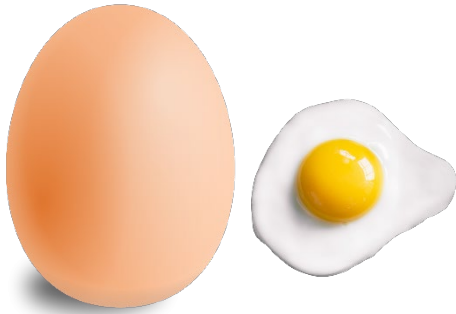
November 2021

What's on your plate?

This year, our lessons are all about food science! What is food science? Food science studies the basic elements of food. Through a series of experiments this year, we will explore the chemical components of food including proteins, carbohydrates, fats, and water as well as the reactions they undergo during processing and storage.

Last month, we explored the science behind gluten by making a ball of dough with just two basic ingredients: flour and water. The starch was rinsed away from the dough and revealed a lump of sticky gluten which serves as the basic structure of all baked goods that use wheat flours.

This month, we will look at how "Eggs are Exceptional." Students will explore why so many recipes contain eggs. We will also observe what happens when cooking scrambled and boiled eggs and why the liquid mixture becomes solid.



Fall Fest: Virtual Edition

The weather is getting cooler, the days are getting shorter, fall has arrived! And with the arrival of fall comes the arrival of our annual Lafayette Parish 4-H Fall Fest! This year, as with many events, Fall Fest will occur virtually.

Fall Fest entries are due Monday, November 30th at midnight! Send entries to Mrs. Nicole at ngerard@agcenter.lsu.edu. Results will be announced in the following weeks! See attached revised rules for complete contest details. Good luck to all competitors!



LSU AgCenter
1010 Lafayette St., Ste. 325
Lafayette, LA 70501
337-291-7090; 337-291-7099 (Fax)
www.lsuagcenter.com

Dates to Remember

November 2021

- 1 First Day of Club Meetings
- 1 Commodity Sale Order Deadline, 4-H Office
- 8 Validation Kits Due and Possession Deadline for all Market: Goats, Lambs, Commercial Does, Ewes, Heifers and Exhibition Poultry Possession Date
- 11 Commodity Sale Pickup, Second Harvest Food Bank
- 16 Poultry Clinic
- 17 Junior Leader Meeting
- 17 Office Hours for Volunteer Leaders
- 23 Cookery Contest Drop-Off at Sts. Peter & Paul School
- 30 Fall Fest Submissions Due

December 2021

- 1 First Day of Club Meetings
- 3 Validation Kits and Possession Deadline for all Market, Commercial, and Breeding Swine
- 7 Parish Broiler Pick-Up, TBA
- 15 Southwest Region Ag Career Day
- 15 Junior Leader Meeting
- 15 Golden Clover Awards Due, 4-H Office
- 15 Emerald Achievement Awards Due, 4-H Office
- 15 Honor Cord Applications Due, 4-H Office
- 15 Office Hours for Volunteer Leaders
- 17 Cookie Decorating Contest Entries Due, 4-H Office
- 21 Record Book Workshop
- TBA Hoof Trimming Clinic

Cookery Contest

Entries for the Cookery Contest should be dropped off in front of Sts. Peter & Paul School between 9-9:30 AM on Tuesday, November 23, 2021. Please make sure all students interested in competing have been provided with a copy of event rules. Dishes must be dropped off in disposable containers and register at a temperature of 40° F or below. A copy of the updated rules including the drop-off time and location address have been sent out to club leaders. Please make sure that members competing have the most up-to-date information.

Record Book Workshops

Get a head start on project/record books this year by taking part in the 4-H Record Book Workshops. We are offering two workshops this year on the same day, at different times.

The first session is for 6th-12th grade members that will be completing the 4-H Portfolio that includes the leadership and citizenship portions of the project along with their 4-H story and will be held on December 21st from 9:00 a.m. until 11:00 a.m. at the Lafayette Parish Extension office.

The second session will be held for members in 4th and 5th grades working on Discovering the World of 4-H and Exploring the World of 4-H projects from 2:00-4:00 p.m. at the Lafayette Parish Extension office located at 1010 Lafayette Street, Suite 325. If you would like assistance with your project books, you should make an effort to attend the workshop sessions.

Christmas Cookie Contest

The 4-H Christmas Cookie Contest will be held during the month of December. Certificates will be awarded to all winners and participants. The three categories will be:

1. Most 4-H Spirit
2. Prettiest Christmas Cookie
3. Most Unusual Christmas Cookie

Pictures of all entries must be emailed to Mrs. Nicole at ngerard@agcenter.lsu.edu by midnight on December 17th.

Remember:

- No store-bought cookies can be entered. Should be homemade!
- You may enter more than one category. One cookie can be entered in only one category.

Congratulations & Good Luck!

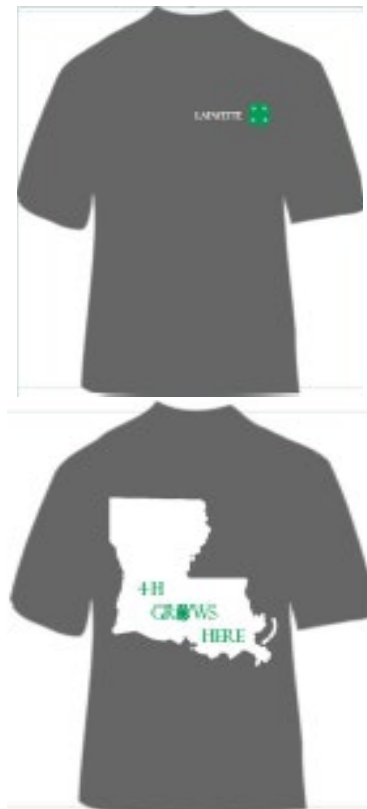
Good Luck to the Lafayette Parish Dairy team consisting of **Shaohannah Martin**, **Lane Johnson**, and **Luke Domingue** who will be participating in the National Dairy Judging contest in Louisville, Kentucky in November!

Annaclaire Zerangue and **Laila Horton** will be spending five days in Atlanta, Georgia on the National 4-H Congress Trip that they won for their State Winning Record Books!

Lafayette 4-H Parish Pride T-Shirts

4-H members, volunteers, alumni, and families are invited to join the excitement and purchase your 4-H Pride T-Shirt! These shirts can be worn in the Lafayette area to promote our local program, to 4-H club meetings, 4-H contest days and even at 4-H Summer Camp. Don't miss out on this opportunity!

If you wish to order the LAFAYETTE PARISH PRIDE shirt, please indicate your intentions on the order form that is attached. The T-shirt color is dark gray. The front has 'Lafayette 4-H' and a clover as a pocket logo. The back displays the silhouette of Louisiana with the words "4-H Grows Here" with the clover over Lafayette Parish. Shirts are \$10.00 each for sizes Youth Medium, Youth Large, Adults Small, Adult Medium, Adult Large, Adult Extra Large. All Adult XX will be \$13.00 each. The Lafayette Parish 4-H Pride shirt is pictured below.



Shooting Sports Update

A couple reminders to all 4-H members who are enrolled in the shooting sports project. There must be a certified instructor from your school to participate. Be on the lookout for information from Mr. Charles by mid-November with workshops, safety training, and practices if there is a certified instructor at your school. All participants must be at least 10 years old by 12/31/21 and have completed the Louisiana Department of Wildlife and Fisheries' Hunter Education program to participate in the shooting sports program.

Southwest Region Ag Career Day

Join us for the annual LSU AgCenter Southwest Region Agricultural Career Day at the H. Rouse Caffey Rice research Station in Rayne, LA. The Agricultural Career Day offers youth from Southwest Louisiana in grades 8-12 a unique opportunity to learn more about agricultural careers, research and production. Youth will experience firsthand the basics behind agricultural production. In addition, participants will learn about potential agricultural related careers from university, research and

extension leaders. Registration is limited to 10 students in 8th-12th grade from Lafayette Parish. Career Day programs will take place at 9:15 am – 3:00 pm with lunch provided. Participants will be responsible for their own transportation to and from the Rice Research Station. Members interested in participating should contact Mr. Paul at pbongarzone@agcenter.lsu.edu in order to receive a registration form. Registration is due by November 17, 2021.

Volunteer Leader Office Hour

We will be hosting a monthly **office hour** of questions and answers for all leaders to inquire about program question and to share what you are doing. This will be conducted monthly on the 3rd Wednesday of the month from 4:00-5:00 pm. Our next office hour session will be held on Wednesday, November 17th. A link to the Parish Leader TEAMS site will be emailed to all on the morning of the meeting times.

It is the policy of the LSU AgCenter, Louisiana Cooperative Extension Service that no person shall be subjected to discrimination on the grounds of race, color, national origin, gender, age, religion, or disability. If you have a disability which requires special assistance to participate in any aforementioned activity, please contact the 4-H office at (337)291-7090.



Like us on Facebook: www.facebook.com/lafayette4h



Follow us on Instagram: [@lafayette4h](https://www.instagram.com/lafayette4h)

Sincerely,

Paul Bongarzone

Paul Bongarzone
Assistant Extension Agent, 4-H Youth Development
Lafayette Parish

Nicole Gerard

Nicole Gerard
Assistant Extension Agent, 4-H Youth Development
Lafayette Parish

CHARLES HEBERT

Charles Hebert
County Agent, 4-H Youth Development
Lafayette Parish

November 2021 Meeting Schedule

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|---|--|---|---|---|
| 1 (In-Person) 1:15-2:05 Sts. Peter & Paul | 2 (In-Person) 2:45-3:30 STM (Micro) 4:00-4:45 Edgar Martin | 3 (In-Person) 7:30-8:15 Cathedral-Carmel (Micro) 2:10-3:00 Woodvale (In-Person) 4:00-4:45 Westminster Christian Lower | 4 (Micro) 8:00-8:30 Acadiana High (Macro) 2:00-3:00 Westside (Micro) 3:50-4:30 Scott Middle | 5 |
| (In-Person) 11:30-12:30 Westminster Christian Upper (In-Person) 3:00-4:00 Acadiana Renaissance Charter Academy | (In-Person) 2:00-3:00 First Baptist Christian | (Micro) 1:20-2:20 CPL Middlebrook (Micro) 2:45-3:45 Lafayette High | (Micro) 8:00-9:00 C. Burke (Micro) 9:53-10:23 Carencro High (In-Person) 2:45-3:45 Acadiana Christian Homeschool | (In-Person) 10:00-11:00 ACH |
| 8 | 9 (Micro) 2:00-2:45 L. Leo Judice (In-Person) 3:30-4:30 Lafayette Renaissance Charter Academy | 10 (In-Person) 12:40-1:30 Lafayette Christian Academy (Micro) 2:45-3:30 David Thibodaux STEM (Macro) 4:00-4:45 Ernest Gallet Elem. | 11 (In-Person) 10:35-11:25 Carencro Catholic (Micro) 2:35-3:15 Southside High | 12 (Micro) 2:15-3:00 LJ Alleman |
| (In-Person) 3:00-3:45 Fatima | (Micro) 2:16-3:00 Youngsville Middle | (Micro) 2:24-3:10 Milton Middle (In-Person) 3:00-4:00 St. Cecilia | (In-Person) 2:45-3:30 St. Genevieve Elem./ Middle (2-5 PM) Commodity Sale Pick-Up at Second Harvest | (Micro) 2:18-3:03 Judice Middle |
| 15 | 16 Lafayette Poultry Clinic 5:30-7 PM 4-H Office | 17 (4-5 PM) Office Hours for Volunteer Leaders via TEAMS (In-Person 6:00-7:30 PM) Junior Leader Monthly Meeting | 18 | 19 |
| 22 | 23 Cookery Contest Drop- Off at Sts. Peter & Paul School in Scott 9-9:30 AM | 24 | 25 | 26 |
| 29 | 30 Fall Fest Virtual Event submissions due by midnight | | | |

Club List Updated as of
10/15/2021

4-H Clubs using Macro Method
(2)

- E. Gallet Elem.
- Westside Elem

4-H Schools using Micro Method
(21):

- Acadiana High
- CPL Middlebrook Elem
- Carencro High
- Charles Burke
- Christian Home School
- David Thibodeaux STEM
- Edgar Martin Middle
- G. T. Lindon Elem
- Judice Middle
- LJ Alleman
- L. Leo Judice
- Lafayette High
- Milton Elem/Middle
- Myrtle Place Elem.
- Paul Breaux Middle
- Ridge Elem
- **Scott Middle**
- Southside High
- Teurlings High
- Youngsville Middle
- Woodvale

In- Person Schools (15)

- Acadian Christian Homeschool
- Acadiana Community Homeschool
- Acadiana Renaissance Charter
- Carencro Catholic
- Cathedral-Carmel
- First Baptist
- Lafayette Christian Academy
- Lafayette Renaissance Charter
- Our Lady of Fatima
- St. Cecilia
- St. Genevieve Elem./Middle
- St. Thomas More
- Sts. Peter & Paul
- Westminster Christian Lower
- Westminster Christian Upper

Schools we haven't heard from
regarding 4-H this year (26):

- Acadian Middle
- Alice Boucher
- Ascension Episcopal School
- Sugar Mill Pond
- Baranco Elem
- Billeaud Elem
- Broussard Middle
- Carencro Heights Elem
- Comeaux High
- Carencro Middle

- Duson Elementary
- Evangeline Elementary
- Holy Family
- Katherine Drexel Elementary
- JW Faulk Elementary
- JW James Elementary
- John Paul the Great
- Lafayette Middle
- Live Oak Elementary
- Northside High
- Prairie Elem
- Philadelphia Christian
- S. J. Montgomery
- St. Pius
- St. Leo-Seton
- Lafayette Virtual Academy
- Westminster Christian Academy

NO CLUB (2)

- Broadmoor Elem.
- Ossun Elementary



Lafayette 4-H Parish Pride T-Shirt Club Order Form



Name of Club: _____
 Leader Name: _____
 Leader's Email: _____

Youth Medium _____

Youth Large _____

Adult Small _____

Adult Medium _____

Adult Large _____

Adult X-Large _____

Adult XX-Large _____

Adult XXX-Large _____

Total Shirts ordered: _____

Total Owed: _____

Check #: _____



T-Shirts are \$10.00 each. Sizes YM though XL and \$13.00 for XXL-3XL.

Please make check payable to: Lafayette 4-H Foundation NO CASH ACCEPTED.

Please return order form and check to:

Lafayette 4-H Office
 Parish Pride T-Shirt
 1010 Lafayette St., STE 325
 Lafayette, LA 70501

Old and New Business: November 2021

Cut and have several non-officer members read these slips during the meeting (you can also send these out virtually).

Pledge of Allegiance (Read this after the president asks for everyone to rise to say the Pledge of Allegiance.)

“I pledge allegiance to the flag...”

4-H Pledge (Read this after the Pledge of Allegiance.)

“I pledge my head to clearer thinking...”

(Read this after the secretary reads the minutes and the president asks for a motion to accept the minutes as read.)

“I move to accept the minutes as read.”

(Read this after a member makes the motion to accept the minutes)

“I second that Motion.”

OLD BUSINESS #1

The following members from our club participated in the pumpkin decorating contest: _____. Great job everyone!

OLD BUSINESS #2

National 4-H Week was October 3rd to October 9th. Our club celebrated that by _____.

NEW BUSINESS #1

Attention 4-H'ers! Fall Fest is going to be virtual again this year! Entries are due on Tuesday, November, 30th to Mrs. Nicole at ngerard@agcenter.lsu.edu. See full rules for details.

NEW BUSINESS #2

All 7th and 8th Graders should be receiving the application for the Golden Clover award. Please do your best to complete and return your application to the 4-H Office by December 15th, 2021.

NEW BUSINESS #3

All 11th and 12th Graders should be receiving letters and applications for the Emerald Achievement award and seniors should have received the application for the Honor Cord. Please do your best to complete and return to the 4-H Office by December 15th, 2021.

(Read this after the president asks for a motion to adjourn—at the end of the meeting.)

“I move to adjourn the meeting.”

(Read after the motion is made to adjourn the meeting).

“I second the Motion.”

Note: Add any old or new business that is pertinent to your club.



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Lafayette Parish Office
1010 Lafayette St., Suite 325
Lafayette, LA 70501