Fun Facts About Shrimp!

• Like fish, shrimp travel, breed and eat in schools.
• Shrimp protect coral reefs and clean parasites from fish.
• Female shrimp can lay up to 1 million eggs in a mating season.
• There are only 84 calories in a 3-ounce serving.

Shrimp are Nutritious and Good for You!

• Excellent source of vitamin B12.
• Excellent source of protein.
• Good source of iron.