



Calendar of Events

October

- 4-10:** National 4-H Week
- 9:** Live 4-H Update Podcast
(For Elementary and Middle School)
- 14:** 4-H Jr. Leader Club Meeting
- 19-23:** 4-H Wetland Week
- 21:** Live 4-H Update Podcast
(For High School)
- 22:** 4-H Officer and Member Training

November

- 11:** Live 4-H Update Podcast
(For High School)
- 13:** Live 4-H Update Podcast
(For Elementary and Middle School)
- 26-27:** LSU AgCenter (4-H) Office Closed
- 30:** 4-H Week of Service

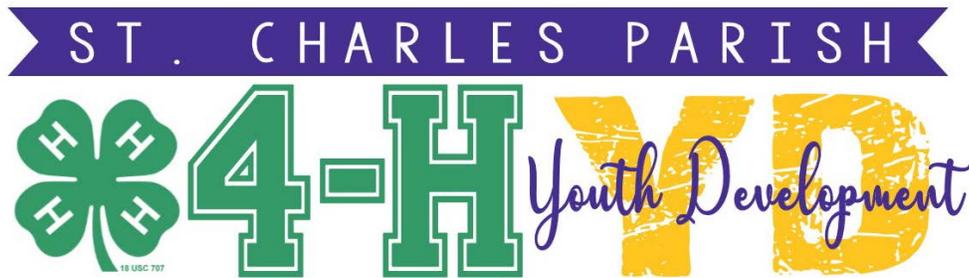
December

- 1-4:** 4-H Week of Service
- 5:** 4-H Regional Challenge Day
- 24-Jan. 1:** LSU AgCenter (4-H) Office Closed



The St. Charles Parish 4-H Program is a partner agency of the United Way of St. Charles

#PleaseDontForgetAboutUs



Newsletter

October 2020 Edition

4-H Grows Here in St. Charles Parish!

I hope that you are ready to get growing with 4-H! That's right! Get ready to learn new things and participate in new projects through your involvement in the 4-H Youth Development Program. Be on the lookout for news on project clubs, fun activities, and more. Remember to mark all those special dates on your calendar at home before they pass you by. If you have any questions or would like additional information on any of the programs listed in the newsletter, please feel free to contact me at 985-785-4473 or kzammit@agcenter.lsu.edu. I look forward to working with you this year and seeing you **grow** into the best version of **you** through 4-H!



Mrs. Kali Zammit
St. Charles Parish 4-H Agent

**Pictured following safety guidelines wearing 4-H mask made by 4-H Volunteer*

4-H: New Look. Same Great Program.

We are always proud to call 4-H the nation's largest youth development organization, and even during the COVID-19 pandemic, we are committed to continuing to provide our youth and families with the same great program. Safety is always our #1 concern with 4-H, and to continue to keep our 4-H members, families, and volunteers safe, our 4-H program may look a little different this year.

In following LSU AgCenter, Louisiana 4-H, St. Charles Parish, and CDC guidelines, we are committed to providing a safe, fun, and educational 4-H program this year. Many club meetings, contests, and programs have converted to virtual formats. As we continue to monitor the pandemic situation and consider the safety of all those involved in our 4-H program, please read the newsletters carefully for changes.

For questions, contact the 4-H Office. You may also visit our social media platforms and websites for the latest updates and resources. All 4-H members are highly encouraged this year to request access to our **St. Charles Parish 4-H General Information Google Classroom** and/or **Microsoft Teams Channel**. Once members are granted access to these formats, they will be provided with additional 4-H updates, resources, and opportunities.

Visit us at: www.lsuagcenter.com/stcharles • www.facebook.com/scp4h • Instagram @scp4h
St. Charles Parish 4-H Youth Development Newsletter • October 2020 Edition

Stay Updated with St. Charles Parish 4-H News

As many 4-H opportunities have gone virtual, communication is key to keeping up-to-date. This year St. Charles Parish 4-H is providing several venues for 4-H members and families to stay updated with 4-H News. Click on the link for each to access our different methods of communication.



[St. Charles Parish 4-H
General Information
Google Classroom or
Microsoft Team](#)

For 4-H updates information, complete the form for access by clicking the link above. We highly recommend for all 4-H members to complete this form to have access to 4-H resources through one or both of these formats.



[St. Charles 4-H Facebook Page](#)

Like or Follow this page for daily posts, updates, and resources



[St. Charles Parish](#)

[LSU AgCenter Website](#)

Visit website for all LSU AgCenter Program Resources



[St. Charles 4-H Instagram
@scp4h](#)

Follow us on Instagram for highlights and announcements

Upcoming 4-H Events for St. Charles Parish

National 4-H Week

National 4-H Week is **October 4-10, 2020**. During National 4-H Week, there will be trivia and photo challenges on our [St. Charles Parish 4-H Facebook page](#). Stay tuned for different challenges related to the themes each day:

- **Monday, October 5, 2020** – *Make an Impact Monday*
- **Tuesday, October 6, 2020** – *Green Team Tuesday*
- **Wednesday, October 7, 2020** – *Willing to Serve Wednesday*
- **Thursday, October 8, 2020** – *Throwback Thursday*
- **Friday, October 9, 2020** – *Family Friendly Friday*

4-H Portfolios

Throughout this year 4th – 12th grade 4-H members are encouraged to complete a 4-H Portfolio, which focuses on record-keeping skills and is helpful when completing award, scholarship, and future job applications. Prizes or opportunities will be awarded to top members who complete the 4-H Portfolio. In addition to completing your 4-H Story and the other sections of the 4-H Portfolio, read the newsletter for opportunities to list in your 4-H Portfolio this year. Download a [Digital Version of the 4-H Portfolio](#) to begin working.

4-H Leadership Opportunities

St. Charles Parish 4-H is offering the following leadership opportunities this month. List your participation in these activities in the **4-H Leadership** (Section 2) of your 4-H Portfolio.

4-H Officer and Member Training *Live 4-H Update Podcast*
Getting to Know St. Charles Parish Field Study *4-H Jr. Leader Club*

4-H Citizenship/Community Service Projects

Use your hands to larger service by participating in 4-H Service Projects. List your participation in the **4-H Citizenship/Community Service** (Section 3) of your 4-H Portfolio.

4-H School Supply Drive *4-H Trash Bash*

Read the newsletter for more details on each of these projects. If you need verification of service hours for another organization, contact the 4-H Agent.

4-H Awards and Recognition

There are several award opportunities this month for 4-H members. List your participation in the **4-H Awards and Recognition** (Section 3) of your 4-H Portfolio.

4-H Pumpkin Decorating Contest *4-H Costume Contest*
4-H Senior Honor Cord and Senior Jacket *State 4-H Fashion Camp*

Live 4-H Update Podcast

Join the 4-H Agent and other 4-H'ers throughout St. Charles Parish in a Live Virtual Meeting Update Podcast through Microsoft Teams. The Live 4-H Update Podcast will be held on St. Charles Parish Public Schools early dismissal days. A link to join the meeting will be posted in the St. Charles Parish General Information Google Classroom and Microsoft Teams Channels, so be sure to complete the form to have access. A recording of the meetings will be uploaded to these formats. The Live 4-H Update Podcast Dates are as follows:

- **Friday, October 9, 2020 at 1:30 p.m.** (For Elementary & Middle School students)
- **Wednesday, October 21, 2020 at 1:30 p.m.** (For High School Students)

Getting to Know St. Charles Parish Field Study

This year the 4-H Program will feature a "Getting to Know St. Charles Parish" Field Study, which includes virtual tours of various aspects of St. Charles Parish. Videos will be posted on the St. Charles Parish General Information Google Classroom and Microsoft Teams Channel. For each tour you view, there will be a quiz that you can take for a chance to win prizes. Enjoy learning more about our beautiful community!

How do I join the St. Charles Parish 4-H Program?

All students K-12th grade have an opportunity to join a 4-H Club. You may join your school club and/or a community club. Yes, you can be a member of more than one 4-H club. These are a few tips on how to join a 4-H club.



Complete and submit a 4-H Enrollment Form

See 4-H Club Leader for Form.



Pay 4-H Club Dues

See 4-H Club Leader for club dues amount and payment methods.



Submit Any Other Forms

See 4-H Club Leader for any additional forms needed to join

What happens after I join 4-H?

Attend Monthly Meetings

Participate in meetings (face-to-face or virtually)

Read 4-H Newsletters

Bring the newsletters home or show your parents online for more opportunities, contests, and more!

Participate in 4-H Activities

Participate in 4-H activities within your club, community, country, and world

Communicate with 4-H Leader

Stay updated with meeting dates and 4-H activities and opportunities

Join a St. Charles Parish 4-H Community Club

For more information or to join any of the project clubs listed below, please contact the St. Charles Parish LSU AgCenter (4-H) Office at 985-785-4473 or stcharles@agcenter.lsu.edu. Additional fees may apply.

- **4-H Cloverbud Community Club** - for all K-3rd grade students
- **4-H CHEF (Cooking, Healthy Eating, & Fitness) Club** - for all 4th-6th grade students
- **4-H Shooting Sports Club** – for students 10 years old - 12th grade
- **4-H Jr. Leader Club** – for all 7th – 12th grade students
- **4-H Fashion Club** - for all 4th-12th grade students

4-H Cloverbuds Community Club

All St. Charles Parish students in Kindergarten through 3rd grade are invited to join the 4-H Cloverbud Community Club. **This year we will be offering 4-H Cloverbud virtual activities each month. There will be no fee to join this club this year.** Please contact the 4-H Agent Kali Zammit at kzammit@agcenter.lsu.edu to register and receive access to monthly activities.

4-H CHEF Club

The 4-H CHEF (Cooking, Healthy Eating, and Fitness) Club is for any St. Charles Parish student in 4th – 6th grade. **This year each registered 4-H CHEF Club Member will receive a bag of cooking supplies, utensils, and recipes to use for the year. Members will be expected to purchase their own ingredients to make at-home meals while following along videos of cooking demonstrations and fitness activities. Members who submit photos or videos of finished dishes and complete the end of the year evaluation will receive an additional award at the end of the year!** To register for the 4-H CHEF Club, contact 4-H Agent Kali Zammit at kzammit@agcenter.lsu.edu. Deadline to register: **November 6, 2020.**

4-H Shooting Sports Club

The St. Charles Parish 4-H Shooting Sports Club is open to all students at least 10 years old by January 1, 2020. Members must complete their Hunter's Education certification in order to participate in 4-H Shooting Sports practices. **Due to safety measures, this year all members, families, and instructors will be required to wear a mask and practice social distancing until further notice. Masks may only be taken off when at the firing line after instructed to do so. Members will be required to attend a safety training to learn club rules, including new safety precautions due to COVID-19.** For questions or interest in the 4-H Shooting Sports Club, contact 4-H Agent Kali Zammit at kzammit@agcenter.lsu.edu.

4-H Jr. Leader Club

The 4-H Jr. Leader Club is for any student in St. Charles Parish who is in 7th – 12th grade. This club focuses on leadership development through teambuilding and leadership activities, service projects, and much more! This club offers great opportunities to build leadership skills while meeting new friends in St. Charles Parish and beyond. **This year the cost to join the 4-H Jr. Leader Club is \$20, which includes the cost of the parish 4-H T-shirt. Members will meet at least once a month through a virtual format until further notice.** Please contact the 4-H Agent Kali Zammit at kzammit@agcenter.lsu.edu to register and receive access to monthly activities.

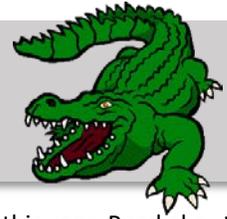
4-H Fashion Club

The St. Charles Parish 4-H Fashion Club is for any student in St. Charles Parish who is in 4th – 12th grade. **This year we are unable to provide face-to-face instruction at this time and will have to delay 4-H Fashion Club activities until further notice. However, new and former members may request a 4-H Fashion Project Book and a supplemental 4-H Fashion Club Activity Packet to work independently.** To request a 4-H Fashion Project Book or 4-H Fashion Club Activity Packet, contact 4-H Agent Kali Zammit at kzammit@agcenter.lsu.edu.

St. Charles Parish 4-H Wetland Week

October 19-23, 2020

A Science, Engineering, and Technology 4-H Youth Development Program of the LSU AgCenter



In lieu of our annual parish 4-H Wetland Weekend event, we are hosting a virtual 4-H Wetland Week event this year. Read about each of the activities that will be held during the week of October 19-23, 2020.

Wetland Animal and Adventure Presentations

Join us for video presentations featuring wetland animals and adventures each day. Videos will be posted daily on our [St. Charles Parish 4-H Facebook Page](#) and in our St. Charles Parish 4-H General Information Google Classroom and Microsoft Teams Channel.

Pumpkin Decorating Contest

Monday, October 19, 2020

All St. Charles Parish 4-H members (K-12th grade) are encouraged to submit a picture of your decorated pumpkin. Contest rules are:

- The pumpkin must be decorated by the 4-H member. The pumpkin may be real or fake. No store bought decorated pumpkins. Pumpkin must not be larger than 8" x 11". 1 entry per person.
- Take a picture of your pumpkin with a paper near the pumpkin that says "4-H Wetland Week 2020." Submit the photo along with required information using this [4-H Wetland Weekend: Pumpkin Contest Form](#). **Entries are due on October 19, 2020.**
- Ribbons will be awarded to all participants. A door prize winner will be selected at random from all completed entries.

Family Fun SET Night Workshop

Tuesday, October 20, 2020

Enjoy a Family Fun Night by participating in some fun SET (Science, Engineering, and Technology) activities presented by two of our St. Charles Parish 4-H members who are also members of the Louisiana 4-H SET Board. The SET Activities will be provided in a video format and uploaded to our [St. Charles Parish 4-H Facebook Page](#) as well as our St. Charles Parish 4-H General Information Google Classroom and Microsoft Teams Channel. Complete the [4-H Wetland Week: SET Workshop Quiz](#) by October 25, 2020 for a chance to win a door prize.

School Supply Drive & Trash Bash

Wednesday, October 21, 2020 (Supply Drop Off from 4:30 p.m. – 6:00 p.m.)

Participate in one or both service projects this month! To support the schools and students that suffered during the hurricanes, 4-H is hosting a **4-H School Supply Drive** during 4-H Wetland Week (October 19-23, 2020). There are two options for supply drop off: (a) Wednesday Evening Drop-off or (b) Scheduled Appointments. Supplies may also be dropped off on Wednesday, October 21, 2020 from 4:30 p.m. – 6:00 p.m. at the St. Charles Parish LSU AgCenter Office located at 1313 Paul Maillard Road, Suite E. On Wednesday evening, a box will be outside of the door labeled "4-H School Supply Drive." Simply place your donated items in the box during that designated time. Some examples of school supplies to be donated include but are not limited to notebooks, pens, pencils, rulers, markers, and erasers. If you are unable to drop off supplies during this time, please contact the 4-H Office at 985-785-4473 to schedule an appointment to drop off items during the hours of 8:00 a.m. – 4:30 p.m. during this week. To help protect our wetlands and environment, we are also hosting a **4-H Trash Bash** during 4-H Wetland Week. Throughout the week of October 19-23, 2020, take time to clean up your environment by picking up trash. Take a picture of you picking up trash and/or donating school supplies and complete the [4-H Wetland Week: Service Project Form](#) by October 25, 2020 for a chance to win a door prize for participating.

4-H Officer & Member Training

Thursday, October 22, 2020 (Live Virtual Meeting at 5:00 p.m.)

Join us for a Live Virtual Meeting to learn more about how to be successful in your role as a 4-H club officer or 4-H member. The meeting will be conducted through Microsoft Teams. Select the link to [Join the 4-H Officer and Member Training Virtual Meeting](#). If you are unable to attend the Live Virtual Meeting, a video recording will be uploaded to the St. Charles Parish 4-H General Information Google Classroom and Microsoft Teams Channel. After participating in the meeting or watching the video, complete the [4-H Wetland Week: Officer and Member Training Quiz](#) by October 25, 2020 for a chance to win a door prize.

Costume Contest

Friday, October 23, 2020

Dress in your favorite costume or swamp gear for a chance to win a prize. Submit a picture of you wearing your favorite costume by completing the [4-H Wetland Week: Costume Contest Form](#) by **8:00 a.m. on Friday, October 23, 2020** to be eligible for the costume contest. All costumes must be appropriate for all 4-H audiences.

Things to do for 4-H in October

Each month 4-H'ers will be provided with a list of upcoming opportunities on a parish, regional, state, and/or national level. Contact the 4-H Agent or visit the [St. Charles Parish LSU AgCenter Website](#) under "4-H Youth Development" for all rules, applications, and more information.

4-H Senior Honor Cord and Senior Jacket Awards – Awards for current 12th grade members

Current graduating senior 4-H members may apply to receive a 4-H honor cord to wear for graduation and a 4-H senior jacket to wear to show off their 4-H accomplishments. Jackets will be awarded in the winter. 4-H Honor Cords will be awarded in spring. There are two separate applications for these awards. **Application deadline: November 13, 2020**

State 4-H Fashion Camp – Overnight adventure for 10-13 year old members

\$80.00 fee

This trip is held on January 22-24, 2020 at Camp Grant Walker in Pollock, La. Selected campers will learn basic sewing skills and enjoy sewing various projects. Refunds available if trip is cancelled. **Application deadline: November 13, 2020**

Livestock and Horse Shows

If you have livestock animals or horses and are interested in participating in this year's LSU AgCenter Livestock and/or Horse Shows, please contact 4-H Agent Kali Zammit to receive information, rules, and regulations for participation.

St. Charles Parish 4-H Spotlight

2020 4-H Achievement Day Results

Best Club Meeting:

1st: Lakewood

2nd: R. J. Vial

3rd: Norco

Outstanding Club:

1st: Lakewood

2nd: Hahnville

3rd: R. J. Vial

Outstanding Project Club Member:

CHEF: Brian Childs, Naomi Roberts

Fashion: Naomi Roberts, Madelyn Williams

Shooting Sports: Autumn Beckemeyer, Ethan Kidd

Elizabeth Hughes, Tristan Kaltenhouser, Remi Mato, Ryli Mato, Cheyenne Naquin, Persephone White, Nathan Young-Jourdain

Outstanding 4-H Members:

Aylin Alvarez, John Badgerow II, Ethan Bellanger, MacKenzie Bellanger, Nathanael Celestine, Brian Childs, Melia Clement, Riley Dempster, Sophia Distefano, Kadence Dufrene, Tatum Dugas, Claire Green, Sarah Green, Jaselyn Guidry,

Elizabeth Hughes, Tristan Kaltenhouser, Remi Mato, Ryli Mato, Cheyenne Naquin, Persephone White, Nathan Young-Jourdain

Outstanding Jr. Leaders:

*Tatum Dugas, Sophia Distefano, Alexis Ellis, Indra Escobar, Jaselyn Guidry, *Remi Mato, *Ryli Mato, Braeden Orgeron, David Tullier, Madelyn Williams (*Top Jr. Leader Award)

4-H Senior Award:

Brennen Allen, Sophia Distefano, **Tatum Dugas, Dylan Jacob, Mandi LeBlanc, **Remi Mato, **Callie Naquin, **Madelyn Williams, John Zeringue (4-H Honor Cord)

4-H Scholarships: Tatum Dugas (A. J. Melancon Memorial, St. Charles 4-H Foundation, and Scott Foundation Scholarships), Remi Mato (Scott Foundation Scholarship), Madelyn Williams (LA 4-H Foundation Scholarship)

4-H State Board: Tatum Dugas (Citizenship Board), Alexis Ellis (SET Board), Remi Mato (Executive Board, National 4-H Conference Delegate)

4-H Citizenship Ambassadors: Alexis Ellis, Jaselyn Guidry, Emma Zammit

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2020 4-H University Results

National 4-H Conference Delegate: **Alexis Ellis**

Louisiana 4-H SET Board Member: **Alexis Ellis, Jaselyn Guidry**

1st place Environmental Conservation Illustrated Talk: **Alexis Ellis**

5th place Upcycled Fashion Contest: **Madelyn Williams**

Blue Ribbon Public Speaking (Any Other Subject): **Remi Mato**

Monthly Safety Lesson: Internet Safety

This month we will focus on **internet safety**. Either at your club meeting or at home, try the activity below to learn more.

Safety Activities

1. Click on the link to take the [Internet Safety Quiz](#). Submit then review your answers.
2. What are some situations you may encounter that is unsafe when talking to others on the internet? How should you respond in those scenarios?
3. Create a set of Rules for your 4-H Club or home for being safe while on the internet.

Reflect on Internet Safety

Things to remember:

- Never give out personal information on the internet unless you have parent approval. Beware if someone asks for this.
- Don't talk to strangers. Predators may try to trick you.
- Don't open e-mails, files, or links from people you don't know.
- Tell a trusted adult if something happens that upsets you while on the internet.



For more information, contact your local
St. Charles Parish LSU AgCenter Office
Location: 1313 Paul Maillard Road, Suite E in Luling, La.
Mailing Address: P.O. Box 1766, Luling, LA 70070
Office Hours: Monday – Friday
8:00 a.m. – 4:30 p.m.; Closed 12:30 p.m. – 1:00 p.m.
Phone: 985-785-4473; Fax: 985-785-4475
4-H Agent Contact Information:
Kali Zammit – kzammit@agcenter.lsu.edu



Visit us at: www.lsuagcenter.com/stcharles • www.facebook.com/scp4h • Instagram @scp4h

The LSU AgCenter and LSU provides equal opportunities in employment and programs.

Should you need an ADA accommodation, please contact the St. Charles Parish LSU AgCenter Office at least two weeks prior to the event

St. Charles Parish 4-H Youth Development Newsletter • October 2020 Edition