

Watermelon Cucumber Salad

Vegetable					
Ingredients	50 Servings		100 Servings		Directions
	Weight	Measure	Weight	Measure	
Watermelon, diced	7 lbs.	2 qt., 2 ½ cups	14 lbs.	5 qt., 1 cup	1. Dice the watermelon, cucumbers and bell peppers and place in a large mixing bowl
Cucumbers with peel, diced	4 lbs.	2 qt., 2 cups	8 lbs.	5 qts.	
Red bell peppers	2 lbs.	1 qt., 1 cup	4 lbs.	2 qt., 2 cup	
Lime juice		2/3 cup		1 1/3 cup	2. Gently mix in remaining ingredients being careful not to mash fruits and vegetables
Red Wine Vinegar		2/3 cup		2/3 cup	
Granulated sugar		2 tsp.		4 tsp	
Fresh Basil		¼ cup		½ cup	
CCP: Refrigerate until served CCP: Hold for cold service at 41°F or lower					

Serving	Yield	Volume
½ cup of salad (1 serving provides ¼ cup serving of fruit, 1/8 cup serving of red/orange vegetable, and 1/8 cup serving of other vegetable)	50 Servings: 25 cups	50 Servings: 2 steamtable pans (12" x 20" x 2 ½")
	100 Servings: 50 cups	100 Servings: 4 steamtable pans (12" x 20" x 2 ½")

Nutrients Per Serving			
Calories	21	Saturated Fat	0.03 g
Protein	0.6 g	Cholesterol	0 mg
Carbohydrate	5.08 g	Vitamin A	699 IU
Total Fat	0.14 g	Vitamin C	23.64 mg
		Iron	0.27 mg
		Calcium	10.10 mg
		Sodium	1.97 mg
		Dietary Fiber	0.64 g