Sweet Potato Activity Sheet

Word search

S W E E T P O T A T O W O Z Y
R O O T T U B E R Y L X A C H
C U L T U R E W Y L T O U W F
K P W E Y X O F F N Z S C L V
Y W B N K M S G M J P Z A A H
X D H W Z Y H T L A E H E T L
E L B A T E G E V H A Z V V Q

Helping in the Kitchen!
It is fun to taste food that you helped to make! You can help prepare sweet potatoes in the kitchen by:

• Scrub sweet potatoes under cool running water.
• Prick whole sweet potatoes with a fork before baking or microwaving.
• Mix sweet potato cubes with oil and seasoning before roasting.

Take a Guess!
In the U.S., about how many pounds of sweet potatoes are eaten?

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