Strawberry Salsa

Home Recipe

Serves: 9
Prep Time: 15 minutes
Cook Time: 0 Minutes

Ingredients

- 1 pint strawberries, hulled and finely diced
- 1 jalapeno, stem and seeds removed, finely diced
- half of a small red onion, peeled and finely diced (about ½ cup)
- ⅔ cup finely-chopped fresh cilantro, loosely-packed
- juice of 1 lime, about 2 tablespoons
- pinch of salt and black pepper

Cooking Instructions

1) Toss all ingredients together until combined. Season with extra salt and pepper, if needed.

Nutrients Per ¼ Cup Serving

- Calories: 16
- Total Fat: 0.13 g
- Saturated Fat: 0.01 g
- Cholesterol: 0 mg
- Sodium: 33.72 mg
- Carbohydrates: 3.8 g
- Dietary Fiber: 1 g
- Protein: 0.42 g
- Calcium: 43.8 mg
- Iron: 0.18 mg
- Vitamin C: 24.7 mg

For More Information

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