



## Celebrate National 4-H Week October 1-7

### What is 4-H?

In 4-H we believe in the power of young people. We see that every child has valuable strengths and real influence to improve the world around us. We are America's largest youth development organization – empowering nearly six million young people across the U.S. with the skills to lead for a lifetime.

### 4-H is a Community

4-H is delivered by Cooperative Extension – a community of more than 100 public universities across the nation that provides experiences where young people learn by doing. Members complete hands-on projects in a positive environment where they receive guidance from adult mentors and are encouraged to take on proactive leadership roles. They experience 4-H in every county and parish in the country through in-school and after-school programs, school and community clubs and 4-H camps.

### National Reach, Local Programs

4-H's reach and depth is unmatched. 4-H reaches kids in every corner of America – from urban neighborhoods to suburban schoolyards to rural farming communities. Our network of 500,000 volunteers and 3,500 4-H professionals provides caring and supportive mentoring to all 6 million 4-H'ers, helping them grow into true leaders today and in life.

### State Beef Poster and Dairy Billboard Contests

Winning entries in the 2016-2017 Dairy Billboard and Beef Poster contests submitted in January and February were sent to Baton Rouge to be entered into the state Dairy Billboard and state Beef Poster contests. Congratulations to Emma Reitzell who placed second in the State Dairy Billboard Contest. Blue ribbon winners were Logan Tarver and Annelise Delancy for Dairy Billboard and Addie Reitzell, Abbie McCann and Jackson McCann for Beef Poster.

### Louisiana Art and Folk Festival

The 62<sup>nd</sup> Louisiana Art and Folk Festival will be held Saturday, **October 14** in Columbia. Make plans to visit the 4-H Children's Tent and Mini-farm located on the Riverwalk. Members of the Junior Leader Club will be assisting with activities in the children's area.

### Junior Leader Club

4-H members in grades 7-12 are invited to join the Caldwell 4-H Junior Leader Club, an after-school project club in which members are active with service learning projects, assist with 4-H and community activities, serve as camp counselors and have lots of fun! We hope you will join us for our first meeting of the 2017-2018 school year on Wednesday, **October 4** from 4:15 – 5:15 p.m. at the Prekindergarten Center. Club dues which includes a t-shirt are \$25 for an individual membership or \$40 for a family membership of two 4-H'ers.

### Meet the 2017-2018 4-H Club Officers

4-H club officer elections are being held for the 2017-2018 club year. The Homeschool 4-H Club elected Emma Reitzell as President, Graci Dunn as Vice President, Lillie Gowan, Secretary and Avery Dumas, Reporter. The Caldwell Parish High School Club elected Jackson McCann as President, Erin Finley as Vice President, Abbie McCann, Secretary and Brady May, Reporter. Old Bethel Christian Academy 9-12 Grade Club elected Addie Barnhill as President, Elizabeth Jolly as Vice President, Rowdy J. Michaud, Reporter and Dalton Meredith, Secretary.

### Shooting Sports Meeting

Attention all 4-H members who are interested in participating in archery, shotgun or rifle activities! Caldwell 4-H Shooting Sports will meet at 6:00 p.m. on Tuesday, **October 3** at First Baptist Church in Columbia. This will not only be an informational meeting, it will also be the sign-up meeting for the 2017-2018 Shooting Sports year for 4-H members. If you are interested in joining Caldwell 4-H Shooting Sports, you must attend this meeting with a parent or guardian. 4-H Shooting Sports is a program that strives to teach 4-H'ers the safe and responsible use of firearms and archery equipment and promote the highest standards of safety, sportsmanship and ethical behavior. Members will have practice sessions at a local shooting range with certified instructors. Members will also have the opportunity to compete in regional and state competitions to be held in 2018. If you have questions, please contact 4-H agent Jana Bennett at 318-649-2663 or [jbennett@agcenter.lsu.edu](mailto:jbennett@agcenter.lsu.edu)

### Caldwell 4-H Reminder Texts

Caldwell 4-H reminders and updates can be sent to your phone by following the directions below. Don't have a mobile phone? Go to [rmd.at/62ecd](http://rmd.at/62ecd) on a desktop computer to sign up for email notifications.

- Text the message @62ecd to the number 81010
- If you're having trouble with 81010, try texting @62ecd to (281) 394-4246

If you have a disability which requires assistance for your participation in a meeting, please contact Jana Bennett at 318-649-2663.

————— I pledge —————

my *head* to clearer thinking,  
my *heart* to greater loyalty,  
my *hands* to larger service,  
my *health* to better living,  
for my club, my community,  
my county, and my world.

NEARLY  
**6M** TOTAL PARTICIPANTS

URBAN 1.8M  
SUBURBAN 1.6M  
RURAL 2.6M

4-H'ers participate in

5M ANNUALLY SCIENCE PROJECTS  
2.5M ANNUALLY HEALTHY LIVING PROJECTS  
2.5M ANNUALLY CITIZENSHIP PROJECTS

4-H'ers are...

**4X** more likely to give back to their communities

**2X** more likely to make healthier choices

**2X** more likely to participate in STEM activities

## 2017 Caldwell 4-H T-Shirts

Time is running out to place your order for a 2017 Caldwell 4-H T-Shirt. The short sleeve, heather blue shirt with the design shown in the picture on the right will be \$15. You must pay for your shirt when you place your order. Make checks payable to Caldwell 4-H. To place your order, contact a 4-H Junior Leader, your 4-H club leader or the 4-H office located at 106 Jackson Street in Columbia. Deadline to order is October 16. Youth sizes are S-XL; adult sizes are S-3XL. Shirts will be delivered to students at school.



## Leaf Identification Contest

Entries for the 2017 Leaf ID contest are due to the 4-H office on Friday, **November 3**. Participants will submit a binder of 15 pages of leaves, one leaf per page, which have been collected during the current school year. Tape each leaf on a separate piece of construction or copy paper and identify the leaf using a pen or marker. Be specific when identifying leaves. For example, if a leaf is from a Southern Red Oak, write *Southern Red Oak*, not just *Oak*. If a leaf is from a Long Leaf Pine, write *Long Leaf Pine*, not just *Pine*. Remember to write your **name, school** and **grade** on the front cover of your binder. Entries submitted after November 3 will not be eligible for cash prizes. Contest divisions will be Grades 4-5, Grades 6-8 and Grades 9-12.

## Fall Foods Festival

The 4-H Fall Foods Festival will be held on Monday, **November 13** at Union Central Elementary School. Registration will begin at 8:45 a.m. with judging beginning at 10:00 a.m. Dish setup must be completed by 9:45 a.m. You must preregister for this contest by calling the 4-H office at 649-2663 stating your name, dish category, school, grade and/or Consumer Foods Judging Contest by Wednesday, **November 8**. Dish categories are Quick-n-Easy Ground Beef, Heart Healthy Ground Beef, Chicken, Egg, Rice Main Dish, Rice Any Other Dish, Pecan and Sweet Potato. Each 4-H'er may enter one dish per category. Dishes that won first place in last year's contest (Nov. 2016) cannot be entered in this year's contest. Dishes must be already prepared and ready to serve. All dishes must be chilled (cold to the touch) and transported in an insulated ice chest with ice. No insulated totes or bags will be allowed. Dishes not properly chilled or transported will be disqualified. Serving dish size can be no larger than 11x16 or 12-inch round. Recipes should be submitted on the recipe form available at the 4-H office or from the Caldwell 4-H website. Bring two copies of your recipe to the contest.

Members who do not want to prepare a dish can still participate in this event by entering the Consumer Foods Judging Contest. Participants will rank classes of food items from restaurants, grocery stores and/or vending machines based on factors such as health, cost, lifestyle or other requirements in a given situation and give written reasons for rankings. For complete contest rules, dish category requirements and recipe form contact the 4-H office, your 4-H leader or visit the Caldwell 4-H website at [lsuagcenter.com/caldwell](http://lsuagcenter.com/caldwell).

## 4-H Fashion Revue and Consumer Decision Making Contest

Handmade garments, shirts and data forms for the 2017 4-H Fashion Revue are due to the 4-H office on Monday, **November 27**. Appearance Judging is scheduled for 9:00 a.m., Monday, **December 4** at Grayson Elementary School. The 4-H Fashion Revue consists of Clothing Construction, Decorated Shirt, Ready-to-Wear and Consumer Decision Making contests. Remember to submit a data form if you are planning to enter the Ready-to-Wear contest. The Best of Show Cotton Award will be given to the best garment made of 100% cotton regardless of category entered. Entries submitted after November 27 will not be eligible to place first, second or third or win cash prizes.

Members not interested in creating a garment can still participate by entering the Consumer Decision Making Contest. Contestants will judge classes of consumer products or services, rank each class by choice and give written reasons for rankings. Ranking will be based on product labels, warranties, cost, durability, workmanship, environmental impact, maintenance, etc. For complete contest rules, contact the 4-H office or your 4-H leader.

## Upcoming Events

- Oct. 3** Shooting Sports meeting
- Oct. 5-7** Challenge Camp at Camp Grant Walker
- Oct. 14** Louisiana Art and Folk Festival
- Oct. 28** Louisiana State Fair opens
- Nov. 3** Leaf ID contest entries due
- Nov. 8** Deadline to preregister for Fall Foods Festival
- Nov. 13** Fall Foods Festival, Union Central Elementary
- Nov. 27** Garments and forms due for Fashion Revue
- Dec. 4** 4-H Fashion Revue, Grayson Elementary
- Dec. 8** 4-H Hamburger Lunch
- Dec. 15** Photography contest entries due

## 4-H Club Meeting Schedule for November

- |                |  |
|----------------|--|
| <b>Nov. 1</b>  | CPHS 9:47 - 10:17 AM                     |
|                | CPJHS 10:30 - 11:30 AM                   |
|                | OBCA 12:20 - 3:00 PM                     |
|                | Junior Leader Club 4:15 - 5:15 PM        |
| <b>Nov. 2</b>  | Grayson Elementary 1:15 - 2:40 PM        |
|                | Union Central Cloverbuds 3:20 - 3:50 PM  |
| <b>Nov. 6</b>  | Homeschool Club 2:00 - 2:45 PM           |
| <b>Nov. 14</b> | Columbia Cloverbuds 1:00 - 1:30 PM       |
|                | Columbia Elementary 2:00 - 3:45 PM       |
| <b>Nov. 17</b> | Union Central Elementary 9:10 - 11:00 AM |



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