

4-H Leader Update

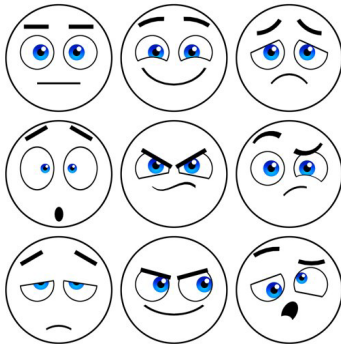
February 2023

Nonverbal Communication

Many people believe what they say is all they are saying. In actuality, your body language can say more than the words that are being spoken. According to www.businessdictionary.com the definition of nonverbal behavior is, "Behavior and elements of speech aside from the words themselves that transmit meaning." Non-verbal communication includes pitch, speed, tone and volume of voice, gestures, facial expressions, body posture, stance, and proximity to the listener, eye movement and contact, and dress and appearance. Research suggests that only 5 percent effect is produced by the spoken word, 45 percent by the tone, inflexion, and other elements of voice, and 50 percent by body language, movements, eye contact, etc.

At this month's club meetings, we will put this theory to the test as members will experiment with different nonverbal communication cues and reflect on the reactions they get.

The content of this lesson will be mirroring the Reading Comprehension and Written Expression tasks for LEAP testing.

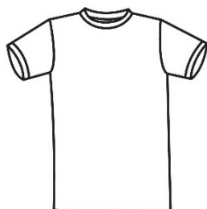


Lafayette 4-H Parish Pride T-Shirts

We are on the hunt for a new design and slogan for the Lafayette Parish 4-H t-shirt. We are looking for ideas that describe 4-H in Lafayette Parish that represents the entire program. The contest is open to all 4-H Club members. The winning slogan will be one that is brief and "catchy", capturing the spirit of 4-H. Submissions must also include the following:

- 1- Full name and age of member,
- 2- School Club,
- 3- Complete mailing address and
- 4- Telephone number.

The deadline is **Friday, May 5, 2023**. After final selection the winner will be notified and asked to sign a release for the slogan of the T-shirt.



Dates to Remember

February 2023

- | | |
|-------|-----------------------------------|
| 1 | First Day of Club Meetings |
| 11-18 | State Livestock Show |
| 14 | Valentine's Day |
| 15 | Junior Leader Meeting |
| 17 | State Rabbit Show Entries Due |
| 21 | Mardi Gras Day, 4-H Office Closed |
| 24 | Scholarship Deadline, 4-H Office |
| 24 | Project Books Due, 4-H Office |

March 2023

- | | |
|----|---------------------------------------|
| 1 | First Day of Club Meetings |
| 4 | Lafayette Parish Fashion Show |
| 4 | State Rabbit Show, Alexandria, LA |
| 6 | Talent and Art Entries Due |
| 11 | Parish Shooting Sports Tournament |
| 15 | Junior Leader Meeting |
| 25 | Achievement Day, David Thibodaux STEM |

Fashion Show

This year Lafayette Parish 4-H will host the 2023 Fashion Show on Saturday, March 4th at the 4-H Office, 1010 Lafayette Street, Suite 325. Prejudging of all garments being entered will begin at 9 a.m. with the show beginning at 11 a.m. Members who would like to participate must contact Mrs. Nicole at ngerard@agcenter.lsu.edu or 337-291-7090 to receive more information about the rules. Registration is required by February 24th, 2023 in order to participate. If any 4-H Leaders are interested in being a judge for this event, please contact Mrs. Nicole.

4-H Talent and Art Show

Have a talent you want to share with others? Created art that you want to display? The 2023 Lafayette Parish 4-H Talent and Arts Show planning is underway! All 4-H Members are invited to participate. You will need to contact Mrs. Nicole at ngerard@agcenter.lsu.edu or 337-291-7090 to receive more information about the rules.

We are planning for a virtual contest again this year. All contest entries will be submitted electronically using photographs and videos. Registration and entries are due electronically by midnight on Monday, March 6th.

State Rabbit Show

The LSU AgCenter will be hosting a State Rabbit Show on March 4th at the State Evac Shelter in Alexandria, LA. All rabbits must be entered as animals in 4-H Online. All show entries must be entered in FairEntry at <https://www.fairentry.com/Fair/SignIn/17825>; the link will open on January 3, 2023. Entry confirmation/invoice with check payable to “Livestock Show Office” will be due to the Lafayette Parish Extension Office by February 17th, 2023, at 4:00 p.m.

Entry information has been sent out to 4-H Members in the rabbit project. For more information, contact Mr. Paul at 337-291-7090.



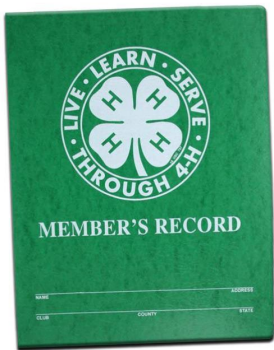
Project Books Due!

How are those project books coming along? At this time, they should be close to completion (or completed!). **All record/project books are due to the Lafayette 4-H Office on Friday, February 24th.** Here are a few things to remember when working on record books:

- Put your name, grade, and school on the outside cover of your book (there may already be a sticker in place with this info; if not, please make sure to write it).
- **4th and 5th graders-** your entire book, including the projects in it, should be as complete as possible. Make sure to complete the end of the book and the questions that are asked there!
- **6th-12th graders-** make sure you turn in a portfolio with your record book. Your record book may be an entire book, or it may be an activity guide (smaller paper pamphlet).
- Awards at the parish level include ribbons and/or cash prizes. If your record book is chosen for the state competition, you can win award trips!

Please call the 4-H Office at (337)291-7090 with any questions concerning record books. Good luck to all!

Leaders: you may wish to collect record books from your club and then deliver them to the office. You are welcome to set a due date prior to ours if you choose.



Calling ALL Superheroes in Training!

Join the Louisiana 4-H Citizenship Board on a top-secret mission to conquer your inner villains. Journey through the valleys and mountains of feelings- the highs of joy, the lows of sadness, the raging rivers of anger, and much more. You'll experience it all in the Louisiana 4-H Mental Health Retreat sponsored by the State 4-H Citizenship Board.

Registration will open February 13, 2023, on 4-H Online under the title - *Mental Health Retreat - presented by the State 4-H Citizenship Board.*

Two event options to choose from:

- **March 20, 2023 – Natchitoches, LA (10:00am-3:00pm)** Lunch will be provided
- **April 5, 2023 – Port Allen, LA (10:00am-3:00pm)** Lunch will be provided

Registration Fee - \$15 per person - This fee must be submitted to complete registration.

Please submit the registration fee to:

Michelle Dry
Attn: Citizenship Board Retreat
159 Knapp Hall
Baton Rouge, LA 70803.
Registration deadline is March 3, 2023.



Achievement Day 2023

It is not too early to start making plans for the upcoming 4-H Achievement Day, Saturday, **March 25**, at David Thibodaux STEM Magnet Academy. It is our BIGGEST contest day of the entire year! For those members or parents not familiar with Achievement Day, it is the culminating event of the year. It is an opportunity for members to give demonstrations, showcase exhibits, take test, and participate in workshops.

All 4-Her's should receive a copy of the rules this month and start preparing. Make plans now to participate in Achievement Day and earn points for Outstanding 4-H'er of the year!

Summer Camp Update

Camp applications are being sent out this month to all 4th-6th graders enrolled in 4-H Online. Applications are due to Leaders by **Friday, February 17th**.

Each child must have an administrator from the school sign on the back of the form verifying that the student has no major discipline issues. Before any applications are turned in from your club, a leader will need to rank their members based on involvement and participation in the 4-H program. A space is available on the back of the application for your signature and ranking. This is based on how active the members have been beginning from “1” through the total applications received. We will continue taking applications through March or until we reach our quota.

Campers needing financial assistance are encouraged to take advantage of the 4-H Camper Assistance Program. This assistance program is available to members on free or reduced lunch.

4-H Camp will be held **July 24th– July 27th, 2023**. Parents, please look at your summer schedule to see if there is a possibility you can attend as an overnight chaperone! Overnight Chaperone training takes about an hour and is good for five (5) years.



Strawberry and Fern Sale

The Lafayette Junior Leader Club and Lafayette 4-H Foundation are currently conducting their Louisiana strawberry flat and fern sale. Fresh Louisiana Strawberries are projected to be sold for \$25.00 per flat. Boston Ferns are being sold for \$25.00 per fern.

We are still working to confirm dates with the farm to make sure we have the freshest strawberries available. More information will be released as soon as it is available.

Profits (for the Strawberry and Fern sale) can be split between the 4-H Club and Lafayette Parish 4-H if the club is indicated on the order form. Please call the 4-H Office with questions.

Best Wishes to Mr. Paul

February marks a new beginning for Lafayette Parish 4-H! While it has been an honor for Mr. Paul to serve our community through 4-H since last academic year, he is transitioning to horticulture in Acadia Parish to continue to serve our region.

Every club meeting, contest, trip, and camp was a transformative experience for him. Our 4-H’ers are remarkable people and he so values every interaction.

He thanks all of you and hopes that you will join him in welcoming the new 4-H Agent to team up with Mrs. Nicole and Mr. Charles in the near future!

Old and New Business

As a reminder, it is not mandatory that you use the attached old and new business forms. These are used as a guideline as to what old and new business in your club could be. It is important that old and new business is announced- it can hold important information for your 4-H club members!



It is the policy of the LSU AgCenter, Louisiana Cooperative Extension Service that no person shall be subjected to discrimination on the grounds of race, color, national origin, gender, age, religion, or disability. If you have a disability which requires special assistance to participate in any aforementioned activity, please contact the 4-H office at (337)291-7090.



Like us on Facebook: www.facebook.com/lafayette4h



Follow us on Instagram: [@lafayette4h](https://www.instagram.com/lafayette4h)

Sincerely,

Paul Bongarzone

Paul Bongarzone
Assistant Extension Agent, 4-H Youth Development
Lafayette Parish

Nicole Gerard



Nicole Gerard
Assistant Extension Agent, 4-H Youth Development
Lafayette Parish

CHARLES HEBERT

Charles Hebert
County Agent, 4-H Youth Development
Lafayette Parish

LSU AgCenter
1010 Lafayette St., Ste. 325
Lafayette, LA 70501
337-291-7090; 337-291-7099 (Fax)
www.lsuagcenter.com

February 2023 Meeting Schedule

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|---|---|--|---|--|
| | | 1 <div>7:30-8:00 Cathedral-Carmel (Independent)</div> <div>2:40-3:30 St. Thomas More (Independent)</div> | 2 | 3 <div>10:00-11:00 Acadiana Community Homeschool (Independent)</div> |
| | | <div>10:09-10:37 Youngsville Middle</div> <div>1:00-2:00 Ridge Elem.</div> <div>4:00-4:45 Edgar Martin</div> | <div>8:00-8:30 Acadiana High</div> <div>2:45-3:45 Acadiana Christian Homeschool</div> | <div>2:45-3:30 J W James Elem.</div> |
| 6 <div>10:30-11:15 Broadmoor (Independent)</div> <div>1:15-2:00 Sts. Peter & Paul (Independent)</div> <div>3:00-3:45 Fatima (Indeendent)</div> | 7 <div>8:50-9:30 Comeaux High (Independent)</div> | 8 <div>12:40-1:30 Lafayette Christian Academy</div> <div>2:20-3:00 Carencro Heights Elem</div> | 9 <div>10:05-10:35 Lafayette Middle</div> <div>2:45-3:15 Southside High</div> <div>3:45-4:45 Ernest Gallet Elem</div> | 10 <div>2:00-3:00 L. Leo Judice</div> |
| <div>8:30-9:30 Prairie Elementary</div> <div>3:00-4:00 Acadiana Renaissance Charter Academy</div> | <div>9:31-9:56 Milton Middle</div> <div>2:15-2:50 Live Oak Elem.</div> <div>3:30-4:30 Lafayette Renaissance Charter Academy</div> | <div>10:10-10:45 Ossun Elem.</div> <div>2:00-3:00 First Baptist Christian</div> <div>3:30-4:14 St. Pius Elem</div> | <div>8:15-9:15 Westside</div> <div>10:15-11:00 Carencro Catholic</div> <div>2:45-3:30 *St. Genevieve Middle</div> <div>4:00-4:45 Paul Breaux Middle</div> | <div>8:25-9:00 L. J. Alleman</div> <div>2:45-3:45 Myrtle Place Elem.</div> |
| 13 <div>2:45-3:45 Carencro High</div> | 14 <div>9:00-9:45 Charles Burke</div> <div>2:45-3:45 David Thibodaux STEM</div> | 15 <div>10:00-10:45 Acadian Middle</div> | 16 <div>2:00-2:45 Woodvale</div> | 17 |
| <div>2:45-3:45 Lafayette High</div> | <div>1:40-2:30 Green T. Lindon Elem.</div> <div>3:00-4:00 St. Cecilia</div> | | | |
| 20 | 21 <div> Mardi Gras- 4-H Office Closed</div> | 22 | 23 <div>3:15-4:15 Northside High</div> | 24 <div>2:18- 3:03 Judice Middle</div> <div>Record Books Due! </div> |
| 27 | 28 <div>2:45-3:45 Teurlings High</div> | | | |

Old and New Business- February 2023

Cut and have several non-officer members read these slips during the meeting.

Pledge of Allegiance (Read this after the president asks for everyone to rise to say the Pledge of Allegiance.)
“I pledge allegiance to the flag...”

4-H Pledge (Read this after the Pledge of Allegiance.)
“I pledge my head to clearer thinking...”

(Read this after the secretary reads the minutes and the president asks for a motion to accept the minutes as read.)
“I move to accept the minutes as read.”

(Read this after a member makes the motion to accept the minutes)
“I second that Motion.”

OLD BUSINESS #1

The Parish and District livestock shows were held in January. The 4-Hers from our club who participated were:
_____.

OLD BUSINESS #2

Everyone should be finishing up their record books. Remember, record books are due to the 4-H Office on Friday, February 24th, but record books are due to our leader on _____.

NEW BUSINESS #1

Set Saturday, March 25th aside on your calendar because that is our 4-H Achievement Day—the biggest contest day of the year! Contests will be held at David Thibodaux STEM Magnet Academy. Check the Lafayette 4-H Website for the full list of contests and rules.

NEW BUSINESS #2

Attention 6th and 8th graders: The LA State 4-H Citizenship Board will be hosting a “Superheroes in Training” workshop on March 20th in Natchitoches and April 5th in Port Allen. See this month’s Hotline for more information and the registration link.

NEW BUSINESS #3

Lafayette Parish 4-H is kicking off the annual spring strawberry and fern sale this month. This is a great way for us to raise funds for our club as all profits made by orders from our members will be split with us! See this month’s Hotline for more information.

(Read this after the president asks for a motion to adjourn—at the end of the meeting.)
“I move to adjourn the meeting.”

(Read after the motion is made to adjourn the meeting).
“I second the Motion.”

Note: Add any old or new business that is pertinent to your club.



LSU AgCenter
Lafayette 4-H Office
1010 Lafayette St., Suite 325