



4-H Leader Update



October 2022

4-H Online Enrollment

Thank you to our leaders who have completed the enrollment process in the 4-H Online system. We would like for you to continue working to get all your students and families to complete their enrollments online as well. Our target date for enrollment is October 14th so that we may begin to deliver project books to you for students to begin their work.

We are continually approving enrollments as they are submitted in the system. Club member list will be emailed to leaders the last week in September. Invoices for membership dues will be sent to schools on November 1st for all students currently enrolled.

Celebrate National 4-H Week!

Your club can help celebrate 4-H week by having special programs at school, making and displaying 4-H posters, wear green and white day, or preparing a 4-H exhibit in your school library or school website for EVERYONE to see.

October 2nd – 8th is National 4-H Week. The purpose of this week is to let everyone around you know what 4-H is about. Opportunity4All can be used to give your 4-H club visibility. There are resources posted on the National 4-H website at <https://4-h.org/professionals/marketing-resources/4-h-week-toolkit/> which you can use. Here are a few more ideas you might want to use.

1. Display 4-H facts on a Google Classroom.
2. Display a 4-H flag in the hallway.
3. Be kind to everyone around you!



Letter of Authorization

The Letter of Authorization ensures that the 4-H Clubs are committed to following the rules and regulations set forth by the Louisiana 4-H Youth Development Program. The letter also certifies that the 4-H Club or Group is open to all people regardless of race, color, sex, religion, national origin or disability, and that the 4-H Club or Group supports the goals of leadership, character, and life skills development for all 4-H members. The letter is now due to the 4-H Office.

LSU AgCenter

1010 Lafayette St., Ste. 325

Lafayette, LA 70501

337-291-7090; 337-291-7099 (Fax)

www.lsuagcenter.com

Dates to Remember

October 2022

- 3 First Day of Club Meetings
- 2-8 National 4-H Week
- 3 Livestock Advisory Board Meeting, 4-H Office
- 14 Deadline for Enrollment Submitted in 4-H Online
- 25 Officer Training Workshop, Lafayette Middle
- 26 Junior Leader Meeting
- 27-11/13 Louisiana State Fair, Shreveport

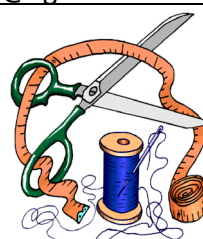
November 2022

- 1 First Day of Club Meetings
- 2 Commodity Sale Order Deadline, 4-H Office
- 5 Fall Fest, Live Oak Elementary
- 7 Exhibition Poultry Possession Date
- 7 Validation Kits Due and Possession Deadline for all Market: Goats, Lambs, Commercial Does, Ewes, and Heifers
- 7 Possession Deadline for Breeding: Beef, Dairy, Sheep, and Goats
- 9 Commodity Sale Pickup, Second Harvest Food Bank
- 15-16 Challenge Camp, Acadian Baptist Center
- 16 Junior Leader Meeting
- 17 Poultry Clinic, Lafayette 4-H Office



Spice It Up! ... with 4-H Fashion

The 2023 State 4-H Fashion Camp will be held on January 20-22, 2023 at Camp Grant Walker. If you want to learn more about fashion in a fun and friendly atmosphere, this camp is for you! Applications will be available for 4-H members ages 10-13. Space is limited so please request an application from our office as soon as possible. Registration will close November 30th. Contact Mrs. Nicole at ngerard@agcenter.lsu.edu for more information.



Monthly Lesson Focus

Communication is listed as one of the skills necessary for success in the 21st Century Workplace. Additionally, it is an important life skill that will benefit children and teens as they grow into competent, caring adults.

Many people think of communication as just speaking; however it works best when it is a two-way street. Listening and asking questions are also important in the communication process.

At our club meetings this month, we will practice sending and receiving messages and learn the importance of cooperative communication.



Junior Leader Club

Lafayette’s Junior Leader 4-H Club is made up of older 4-H’ers from across Lafayette Parish who are in grades 8th-12th. Do you have teens that would like to be involved in the community in a leadership role, but just not sure how to go about it?

The next Junior Leader meeting will be held on Wednesday, October 26th at 5:00 p.m. All 4-H’ers in grades 8th to 12th are invited to attend. They should contact Mrs. Nicole at ngerard@agcenter.lsu.edu if they are interested in attending the Junior Leader meeting. Space is limited, so RSVP is a must!

Fall Fest

One of our biggest contest days is 4-H Fall Fest which will be held at Live Oak Elementary School on Saturday, **November 5th**.

The 4-H contests will include the Bicycle Rodeo, Poster Contest, Pumpkin Decorating Contest, Rabbit Show, Pet Show, Foods Illustrated Talks and the Commodity Cookery contests. Rules for these contests will be given to all 4-H’ers at the October meeting.

The day will be a ton of fun! Please encourage all of your members to attend, and we hope to see you, too. Any leaders wishing to help with Fall Fest can call the 4-H office and sign-up. If you have parents or coworkers that want to help have them call the office.

The rabbit show contest requires pre-registration. Please make sure these are submitted by **October 7, 2022**.



Statewide Service-Learning Focus

Last summer, 4-H’ers throughout Louisiana voted mental health as the service-learning focus of the year. Join the Louisiana State 4-H Citizenship Board in supporting their campaign. The goal of the project is to educate 4-H members across the state about mental health.

Mental Health is defined as a person’s condition with regards to their psychological and emotional wellbeing. Simply put, it’s the wellness of the mind. Mental Health affects everything from the way we act and react to how we feel and think. It determines how we cope with stress and different struggles daily life throws our way.

There are several different reasons why our mental health can be affected negatively, making our minds sick, including biological factors, life experiences, and family history. Mental health can decline at any age, and it's important that you not only take care of your physical body, but also your psychological and emotional body. When your mental health declines in different directions, it is called mental illness.

Louisiana Commodity Sale

Just in time for the holidays, the Lafayette Parish 4-H Foundation will be sponsoring a Louisiana Sweet Potato, Rice, and Pecan Sale! Prices are as follows:

- Orange or White Sweet Potatoes (10 lbs.): \$10.00
- Orange Sweet Potatoes (40 lbs.): \$25.00
- Peeled Pecans (1 lb. bag): \$12.00
- Peeled Pecans (3 lbs. box): \$30.00
- Aromatic Rice (2 lbs. bag): \$5.00
- Aromatic Rice (5 lbs. bag): \$10.00
- Aromatic Rice (20 lbs. bag): \$25.00
- LSU AgCenter Gardening Calendar: \$14.00

All checks should be made payable to the ‘Lafayette 4-H Foundation’ and can be mailed, along with an order form, to the Lafayette 4-H Office:

Lafayette 4-H Office
1010 Lafayette St. Suite #325
Lafayette, LA 70501

Order deadline: Wednesday, November 2nd
Pickup date: Wednesday, November 9th
Pickup location/directions: Second Harvest Food Bank: 215 E Pinhook Rd: Head east on Pinhook toward the Evangeline Thruway, take left on East Vermilion, then left on Forrest St, and then left on Refinery Street. Line up on right hand side of road closest to Second Harvest. Turn in gate and drive through.
Pickup time: 2:00 p.m. to 5:00 p.m.



Lafayette 4-H Parish Pride T-Shirts

4-H members, volunteers, alumni, and families are invited to join the excitement and purchase your 4-H Pride T-Shirt! These shirts can be worn in the Lafayette area to promote our local program, to 4-H club meetings, 4-H contest days and even at 4-H Summer Camp. Don't miss out on this opportunity!

If you wish to order the LAFAYETTE PARISH PRIDE shirt, please indicate your intentions on the order form that is attached. The t-shirt color is dark gray. The front has 'Lafayette 4-H' and a clover as a pocket logo. The back displays the silhouette of Louisiana with the words "4-H Grows Here" with the clover over Lafayette Parish. Shirts are \$10.00 each for sizes Youth Medium, Youth Large, Adults Small, Adult Medium, Adult Large, Adult Extra Large. All Adult XX will be \$13.00 each. The Lafayette Parish 4-H Pride shirt is pictured below.

Orders must be submitted to the Lafayette 4-H Office no later than **Friday, October 14th**. We will do one last run of these shirts and would like to have them ready to deliver in time for Fall Fest.



Make a Difference Day

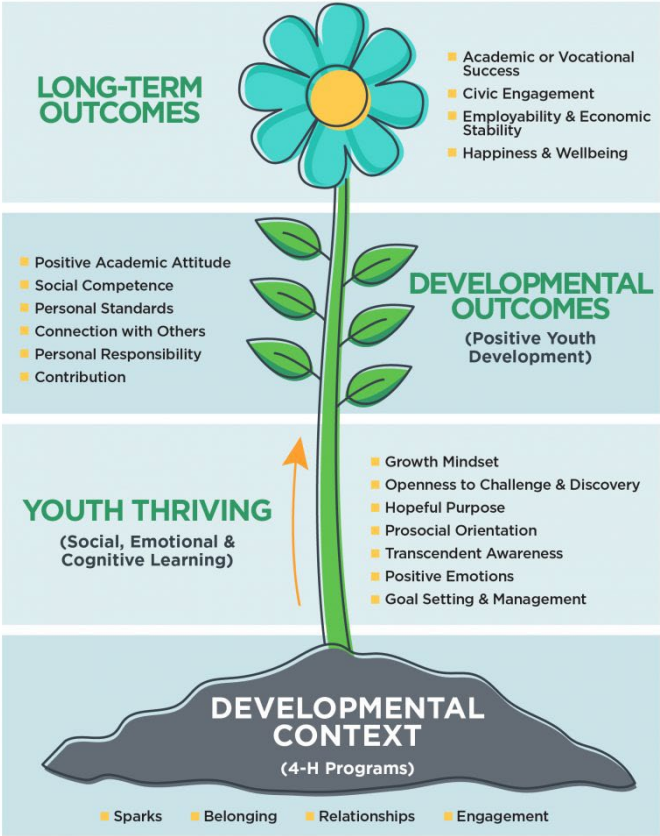
Slated on October 22nd, 2022, 'Make A Difference Day' is the largest national day of helping others. Make A Difference Day is a celebration of the power of neighbors helping neighbors. Created by USA WEEKEND Magazine in partnership with Points of Light, this international day of service is held every year on the fourth Saturday of October. More than three million people volunteer, making a difference in communities around the world.



4-H Thriving Model

Challenging 4-H members in supportive and helpful ways teaches them that they can learn, grow, and get better through effort. Encouraging youth to take positive risks, like speaking in front of others, helps develop confidence and a growth mindset. Youth have a growth mindset when they believe that they can get better at things by working hard and putting in effort. Research shows that a growth mindset is an important quality for thriving and future success.

Learn more about the 4-H Thriving Model at <https://helping-youth-thrive.extension.org>



Old and New Business

In each issue of the Leader Update, you will find slips of old and new business which can be used during your meetings. You can cut them out and ask members to volunteer to read them during the business part of the meeting. This gives members who are not officers the opportunity to stand up and report on 4-H happenings. You can find these old and new business slips towards the end of your Leader Update.



Project Books Arriving Soon!

Each 4-H member who enrolled and paid their dues should receive either a project book or an activity guide. We will begin delivering these to school leaders in October. All members that enrolled and completed their enrollment in the 4-H Online system in September will receive their project books and/or leaflets in October. If members join after October 1, they will not receive their books until November. 4-H members should start reading and working in their booklets today. Record sheets located in each book should be completed over the next five (5) months. These record sheets will be incorporated into the overall 4-H Record Book that 4-H'ers are to turn in on **February 24th.**

How to complete a 4-H record book will be discussed at a special **Record Book Workshop** that is scheduled for Wednesday, December 21st. The workshop will be held at the Lafayette Extension Office with more details to be provided in the November Hotline.

Officer Training

Officer Training will take place on Tuesday, October 25th at Lafayette Middle School from 5:00-6:30 PM. The Junior Leaders have planned a mock meeting and individual workshops to help guide officers through their roles and responsibilities. Each club officer will receive a copy of the roles and responsibilities of your elected office along with any forms that may help you to carry out your job duties from your school leader. We will begin judging club meetings starting next month, so make sure to review all materials shared so that your meetings will run smoothly!

Policy Information

In order to keep the 4-H program active and fair to all involved, we find it necessary to clarify some of our policies so that everyone involved is aware of how our program runs. Please take note of the following:

- Once a 4-H'er enrolls in the online system, they are required to pay membership dues and are a bonified 4-H'er member for one (1) year. No 4-H'er will be deleted from our files once they join 4-H.
- Until a member has completed **both** the online enrollment **and** has paid dues, they are not considered a 4-H member. Both must be completed for membership to be confirmed.



It is the policy of the LSU AgCenter, Louisiana Cooperative Extension Service that no person shall be subjected to discrimination on the grounds of race, color, national origin, gender, age, religion, or disability. If you have a disability which requires special assistance to participate in any aforementioned activity, please contact the 4-H office at (337)291-7090.



Like us on Facebook: www.facebook.com/lafayette4h



Follow us on Instagram: [@lafayette4h](https://www.instagram.com/lafayette4h)

Sincerely,

Paul Bongarzone

Paul Bongarzone
Assistant Extension Agent, 4-H Youth Development
Lafayette Parish

Nicole Gerard

Nicole Gerard
Assistant Extension Agent, 4-H Youth Development
Lafayette Parish

CHARLES HEBERT

Charles Hebert
County Agent, 4-H Youth Development
Lafayette Parish

October 2022 Meeting Schedule

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 1:15-2:00 Sts. Peter & Paul 3:00-3:45 Fatima	4 8:50-9:30 Comeaux High 2:45-3:45 Teurlings High	5 7:30-8:00 Cathedral-Carmel 10:00-10:45 Acadian Middle 2:40-3:30 St. Thomas More	6 10:30-11:15 Broadmoor 2:00-2:45 Woodvale 3:15-4:15 Northside High	7 10:00-11:00 Acadiana Community Homeschool 2:18- 3:03 Judice Middle
8:30-9:30 Prairie Elementary 3:00-4:00 Acadiana Renaissance Charter Academy	9:30-10:30 Milton Middle 2:15-2:50 Live Oak Elem. 3:30-4:30 Lafayette Renaissance Charter Academy	10:09-10:37 Youngsville Middle 1:00-2:00 Ridge Elem. 4:00-4:45 Edgar Martin	8:00-8:30 Acadiana High 2:45-3:45 Acadiana Christian Homeschool <i>(rescheduled for 10/18 due to Fall break)</i>	2:45-3:30 J W James Elem.
10 2:45-3:45 Carencro High	11 9:00-9:45 Charles Burke 2:45-3:45 David Thibodaux STEM	12 12:40-1:30 Lafayette Christian Academy 2:20-3:00 Carencro Heights Elem	13 10:05-10:35 Lafayette Middle 2:45-3:15 Southside High 3:45-4:45 Ernest Gallet Elem	14 2:00-3-00 L. Leo Judice
2:45-3:45 Lafayette High	1:40-2:30 Green T. Lindon Elem. 3:00-4:00 St. Cecilia	10:10-10:45 Ossun Elem. 2:00-3:00 First Baptist Christian 3:30-4:14 St. Pius Elem	8:15-9:15 Westside 10:15-11:00 Carencro Catholic 2:45-3:30 St. Genevieve Middle 4:00-4:45 Paul Breaux Middle	8:30-9:00 L. J. Alleman 2:45-3:45 Myrtle Place Elem.

In- Person Schools (47):

- Acadian Middle
- Acadiana High
- Acadiana Christian Homeschool
- Acadiana Community Homeschool
- Acadiana Renaissance Charter
- Broadmoor Elem.
- Carencro Catholic
- Cathedral-Carmel
- Carencro Heights Elem
- Carencro High
- Charles Burke
- *Christian Homeschool
- Comeaux High
- David Thibodeaux STEM
- Ernest Gallet Elem.
- Edgar Martin Middle
- First Baptist Christian
- G. T. Lindon Elem
- Judice Middle
- JW James Elementary
- LJ Alleman
- L. Leo Judice
- Lafayette Christian Academy

- Lafayette High
- Lafayette Middle
- Lafayette Renaissance Charter
- Live Oak Elementary
- Milton Elem/Middle
- Myrtle Place Elem
- Northside High
- Ossun Elementary
- Our Lady of Fatima
- Paul Breaux Middle
- Prairie Elem
- Ridge Elem
- Southside High
- St. Cecilia
- *St. Genevieve Elem
- St. Genevieve Middle
- St. Thomas More
- Sts. Peter & Paul
- St. Pius Elem.
- Teurlings High
- Westside Elem
- Woodvale
- Youngsville Middle

4-H Schools Not Confirmed (15):

- Ascension Episcopal School
- Sugar Mill Pond
- Billeaud Elem
- Broussard Middle
- Carencro Middle
- Evangeline Elementary
- John Paul the Great
- Philadelphia Christian
- Scott Middle
- St. Leo-Seton
- Lafayette Virtual Academy
- Westminster Christian Academy

NO CLUB:

- Alice Boucher
- Baranco Elem
- CPL Middlebrook Elem
- Duson Elementary
- JW Faulk Elementary
- Katherine Drexel Elementary
- S. J. Montgomery



Lafayette 4-H Parish Pride T-Shirt Club Order Form



Name of Club: _____
Leader Name: _____
Leader's Email: _____

Youth Medium _____

Youth Large _____

Adult Small _____

Adult Medium _____

Adult Large _____

Adult X-Large _____

Adult XX-Large _____

Adult XXX-Large _____

Total Shirts ordered: _____

Total Owed: _____

Check #: _____



T-Shirts are \$10.00 each.

Please make check payable to: Lafayette 4-H Foundation NO CASH ACCEPTED.

Please return order form and check to:

Lafayette 4-H Office

Parish Pride T-Shirt

1010 Lafayette St., STE 325

Lafayette, LA 70501

Old and New Business: October 2022

Cut and have several non-officer members read these slips during the meeting (you can also send these out virtually).

Pledge of Allegiance (Read this after the president asks for everyone to rise to say the Pledge of Allegiance.)

“I pledge allegiance to the flag...”

4-H Pledge (Read this after the Pledge of Allegiance.)

“I pledge my head to clearer thinking...”

(Read this after the secretary reads the minutes and the president asks for a motion to accept the minutes as read.)

“I move to accept the minutes as read.”

(Read this after a member makes the motion to accept the minutes)

“I second that Motion.”

OLD BUSINESS #1

National 4-H week is October 2nd – 8th. Our school has celebrated by _____. Thank you to all members who helped spread the 4-H Spirit!

NEW BUSINESS #1

Make sure to submit your enrollment online as soon as possible, this way, we can make sure you are a registered 4-H member who can participate in all that 4-H has to offer!

NEW BUSINESS #2

Attention 4-H'ers! The first contest of the year is right around the corner! Fall Fest will be held at Live Oak Elementary on November 5th. Get your pumpkins, bicycles and pets ready to participate in a fun-filled day! See your club leader for a copy of all contest rules.

(Read this after the president asks for a motion to adjourn—at the end of the meeting.)

“I move to adjourn the meeting.”

(Read after the motion is made to adjourn the meeting).

“I second the Motion.”

Note: Add any old or new business that is pertinent to your club.



LSU AgCenter
Lafayette Parish Office
1010 Lafayette St., Suite 325
Lafayette, LA 70501