



The Clover Journal

East Carroll Parish

March 2023

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Think 4-H Might be for You?

Here's how to **Join the Club**:

- Attend the 4-H Club meeting in your school.
- Review the 4-H materials given to you.
- Return the enrollment card to your club leader.
- Select a 4-H project book.
- Pay your **\$5 dues** at your school.

Upcoming Events

- Strawberry Sale – **Orders/Payment due March 10th – Berries here March 13th**
- Bicycle Rodeo – **March 28th**
- Fashion, Food, & Fitness Workshop – **March 29th**
- 4-H Evening of Poetry – **March 30th**
- Scott Foundation Scholarship – **Applications due April 3rd**
- 4-H Summer Camp – **Payment due April 3rd**
- 4-H Poster Art Contest – **April 6th**
- Citizenship Washington Focus (June or July) – **Payment due in full April 30th**
- 4-H University – **Payment due May 1st**

Service-learning Focus

Mental Health Awareness is our state and parish service-learning focus for the 2022-2023 year. Opportunities will be offered for you to participate in our statewide focus. Let's get busy making a difference in our community and state.



Mardi Gras Mask Winners

Division I

1st Place – **Saniya Powell**

2nd Place – **Jherzi Binder**

Division II

1st Place – **Ulaila Martin**

2nd Place – **Laila Lucas**

3rd Place – **DaNiyah Newell**



LSU AgCenter State Livestock Show

The LSU AgCenter State Livestock Show was held in Gonzales, Louisiana in early February. Congratulations to the winners!



Natalie Brown won Grand Champion Commercial Heifer Non-Brahman and Reserve Champion Simmental Female.



Addison Brown won Grand Champion Angus Heifer.

Clovers Care Project



East Carroll Parish Regional Leadership Board members participated in the annual Clovers Care project which collects and purchases items for children in foster care.

4-H Strawberry Sale

4-H is selling sweet, delicious, nutritious Louisiana strawberries for only \$23 per flat. Sales will help defray costs of 4-H'ers attending 4-H Summer Camp and 4-H U this summer. Orders/payment are due to the 4-H Office by **Friday, March 10th**. Strawberries will be delivered to the 4-H Office and must be picked up as follows: Monday, March 13th from 2 p.m. until 5 p.m. We will not be responsible for the quality of the strawberries if they are not picked up on the 13th. **NO REFUNDS!** Make checks payable to East Carroll 4-H.





Fashion, Food, & Fitness Workshop

There will be a Fashion, Food, and Fitness Workshop at the 4-H Office on Wednesday, March 29th from 1 pm – 4 pm. Spaces are limited, so you must **register by March 24th**.

Bicycle Safety Rodeo

4th-6th grade 4-H members bring your bicycle and join us **March 28th** for fun and challenging bike activities. Learn bicycle safety, go through obstacle course challenges, learn the ABC Bike Check, and visit the snack station for a healthy snack. The time will be from 1 p.m. to 3 p.m.; however, the location is still to be determined. Bicycles and helmets will be available for participation in the events.



4-H Evening of Poetry: Communication & Expressive Arts **March 30th**

Contest Guidelines:

- Member of 4-H
- 3-minute time limit



Categories:

- Poetry/Prose – prose reading, a memorized piece, storytelling, or an interpretive speech (a speech originally written and presented by someone else). Original poetry or stories can be used. You should prepare and memorize an introduction that includes credit to the authors.
- Traditional Speech – pick a topic and write an original, factual speech about it. This could be about a 4-H project or a current issue you are concerned about. Your speech could inform, persuade, or motivate your audience. You may use notecards during your presentation.

Scott Foundation Scholarship

Scott Foundation Scholarship applications are due by **April 3rd**. Submit completed application by 4:30 p.m. to the 4-H office.

4-H Summer Camp

It's time to plan for 4-H Summer Camp. 4th-6th graders (ages 9-12) are eligible to attend. The base cost is \$215; however, if you are eligible for both offered scholarships the cost is **\$95**. East Carroll will camp May 29th-June 1st. The deadline to pay in full is **April 3rd**. Spaces are limited, so register early.



4-H Poster Art Contest

Rules:

- Posters may be made by any 4-H'er or by a club or by a team of club members.
- Poster must be horizontal only.
- Posters must be 14x22 inches.
- Name, address, parish, and age of the 4-H member(s) should be clearly written on the back of each poster.
- 4-H is the topic for the poster.
- Well known cartoon figures cannot be used because they are copyrighted, such as, Marvel Superheroes, Disney characters, Ninja Turtles, Lego characters, Pokémon characters, etc.
- Three dimensional objects or materials which extend 1/8 inch or more above the surface of the poster may not be used.
- The poster design must be original in design and layout.
- Deadline: **April 6th**

2023 Citizenship Washington Focus Trip

We have not locked in our dates yet, but it is our intention for our delegation to attend during the week of June 25th-July 1st or July 2nd-8th. The entire week will be focused on citizenship and leadership skills.



Through Citizenship Washington Focus, teens experience Washington, D.C. like never before. Using the nation's capital as their classroom, CWF connects young leaders from across the country to gain the skills and experiences to become effective change agents.

Participants must be ages 14-19, and a current 4-H member and maintain active membership in 4-H through the conference year. Once all spots have filled, the remaining who signed up will be put on an alternate list. The alternate list will be on a first-come, first-served basis.

The cost of the trip is \$2,500 per participant. The \$2,500 is the responsibility of the participating youth delegate to pay in full by **April 30th**. There will be a down payment requirement of \$300 due when signing up for a spot in the CWF2023 experience. Youth delegates are encouraged to work with their 4-H agents to find local sponsors and to fundraise. We will provide several examples of donor solicitation letters.

4-H University

4-H members who were 13 years of age before January 1 are eligible to attend 4-H University. 4-H'ers can experience an exciting week on the LSU campus in Baton Rouge. This event will give students the opportunity to compete in contests, explore the LSU campus, and visit academic departments. 4-H U will be held June 19th-22nd. The total cost is **\$95**. The deadline to pay is **May 1st**.



If you require an ADA accommodation to participate in any 4-H activity, please contact the 4-H office at (318) 559-1459 at least two weeks prior to the activity. This newsletter is provided by: Lekeisha Lucas-Powell, M.Ed., 4-H Agent; LSU AgCenter, East Carroll Parish
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