



The Clover Journal



2017 Challenge Camp

Challenge Camp was held at Camp Grant Walker in Pollock from October 5-7. The campers enjoyed two days of fun-filled educational challenges. Participants from E.C. were Draylin Clark and 4-H Agent Lekeisha Lucas-Powell.



4-H Fishing Clinic

East Carroll 4-H'ers learned ALL about fishing on the beautiful lake at the 4-H Fishing Clinic held October 18. LDWF Wildlife Biologist Zachary Bounds taught 4-H'ers how to cast a fishing pole and identify fish and about fishing safety.



THINK 4-H MIGHT BE FOR YOU?

JOIN THE CLUB

- Attend the 4-H Club meeting in your school.
- Review the 4-H materials given to you.
- Return the enrollment card to your club leader.
- Select a 4-H project book.
- Pay your **\$5 dues** at your school.



Cancer

Awareness

November: Caregivers Month

When it comes to a cancer patient, they rely on two people: their oncologist and their caregiver. Caregivers are so important, but so overlooked. They are the ones who help the patients out of bed, feed them, take them to appointments and treatments, and anything else you can possibly think of. They do not get as much praise as they deserve. They are working just as hard as the patient is on some days. Make sure, if you know a caregiver of a cancer patient, you constantly remind them of how good a job they are doing. Thank you to all the caregivers of cancer patients for never leaving their side and always making sure their needs are met.

November 2017

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Conservation Poster Contest



The East Carroll Soil and Water Conservation District is co-sponsoring the Annual National Conservation Poster Contest which provides kindergarten through 6th grade students an opportunity to share their thoughts about soil, water and related natural resource issues.

Any student in grades K-6 are eligible to enter the contest. There are three separate categories: K-1, 2-3 and 4-6. All posters must have the student's name, grade, teacher's name and school on the back. The poster must depict this year's conservation theme "Healthy Soils are Full of Life." Poster size must be between 8.5"x11" and 22"x28".

Submit posters to the East Carroll Soil and Water Conservation District by 4 p.m. November 6. First, second and third place will be awarded cash prizes! For more information, contact Deborah Morris at the Soil and Water Conservation District at 559-2640, Ext. 3 or Mrs. Powell at 559-1459.

Holiday Card Contest

Feeling festive? Get in the holiday spirit by using your creativity to design a card for elderly residents in East Carroll Parish. The best part about this event is the 2-for-1 feature—a 4-H contest and a service project rolled into one! Contest entries will be forwarded to the Make a Difference Christmas Elderly/Handicapped Project committee and distributed with care packages to Lake Providence residents in December.



Contest rules:

1. All members of 4-H are eligible to participate.
2. Entries must be the member's original design on an 8.5x5.5 inch (or 5.5x8.5 inch) paper.
3. Members are encouraged to incorporate a "holiday" theme, and may include the 4-H name or emblem. A greeting/message should be included in the design.
4. Include the student's name, grade and school on the back of the card.
5. Entries must be received at member's December 4-H club meeting.

Winners will be announced in December.

Fashion, Food & Fitness Club



If you are interested in fashion, like to experiment with food and enjoy looking and feeling good, then sign up for our newest club: Fashion, Food & Fitness! The first official meeting will take place on **Tuesday, November 21** from 12—2 p.m. at the 4-H office. This club is open to all 4-H'ers in 4th-6th grades. We look forward to seeing you there. Please pre-register by calling 559-1459.

4-H Cookery Contests

It's time for the parish 4-H Cookery Contest again. It will be held **Monday, November 27**. Registration starts at 8 a.m. and judging starts at 9:30. All 4-H members may enter any or all categories. Only one dish per category, please! Entries must be dropped off at the 4-H office between 8 and 9 a.m. Only one serving per contest entry is required. All entries must arrive on ice in insulated ice chest-type carriers. Categories are: Rice Main Dish, Rice Any Other, Sweet Potato, Pecan, Chicken, Egg, Quick-N-Easy Ground Beef and Heart Healthy Ground Beef. Contact Mrs. Powell for dish requirements and complete list of contest rules.



4-H Day of Service

The 4-H Day of Service will be held on **December 3**. This year's service project will be conducting toy drives for local entities that treat children with cancer. We encourage everyone to participate in the 4-H Day of Service. To prevent the spread of infections and illnesses, all toys should be new and able to be easily cleaned. Plastic toys, books and markers are best.





FASHION CAMP

“Aloha Fashion Paradise” is the theme of 2017 Fashion Camp to be held January 19-21. Fashion Camp is a textile/apparel project for 10-13 year olds. East Carroll Parish can only send two 4-H’ers this year, so hurry and sign up! Deadline for registration is **Wednesday, December 6**. Costs are as follows:



- Arriving Friday night \$120 (includes lodging & breakfast)
- Arriving Saturday morning \$100
- Volunteer Leaders \$75 (leaders attending with parish campers)
- Fashion Board Members & Leaders \$40

4-H Ag Photography Contest

Photography contest categories:

Category I: Farm Animals

Category II: Horticulture
(flowers and gardens),
Plants or Crops



Category III: Any Other Agriculture (like farm machinery, barns, silos, hen house, etc.)

Rules and regulations:

- All pictures must relate to Agriculture
- Pictures must be taken by individual listed on the entry label.
- Entry label must include name, parish, grade and category.
- Photograph entered must have been taken during 2017 and in Louisiana.
- All entries must be 8"x10" (color or black and white). No other sizes will be accepted.
- Each photograph must include a one-line title.
- You are limited to enter only one picture in each of the categories listed.
- Entries cannot be duplicated.
- Ink jet prints are acceptable.

Contest deadline: **December 15**

Award of Excellence for Junior 4-H Members

Applications for Awards of Excellence for Junior 4-H members are due by **January 12**. A club member may win the award only one time.

The awards will be mailed in early March 2018. The basic requirements are as follows:

1. Must be 14 years of age or under by January 1 of the club year application is made.
2. Must have at least 2 years of 4-H club work including award year.
3. Must score at least 250 points on the application and scorecard.

4-H Key Club

The 4-H Key Club Award in Louisiana gives recognition to 4-H Club members who have shown outstanding leadership ability in their club and in their parish. The object of the program is to encourage project growth, a broad program of 4-H club members who have shown outstanding leadership ability in their club and in their parish. The recipient of the 4-H Key Club Award can be proud of their contribution to their club and community. A club member may win the award only one time.

The basic requirements are as follows:

1. Must be 15 years of age by January 1 of the year application is made.
2. Must have 3 years of 4-H club work including award year.
3. Must have completed 1 year of active Junior Leadership work excluding award year.
4. Must score at least 360 points on the application and scorecard.
5. Applications due by **January 12, 2018**.





4-H Senior Honor Cord

4-H Night with the Pelicans



In an effort to recognize 4-H members who are graduating, Louisiana 4-H is offering the "4-H Honor Cord." For 4-H youth to receive the 4-H Honor Cord, they must meet the following requirements:

- Must be an enrolled 4-H member in good standing
- Must be a graduating senior
- Must have been enrolled in 4-H for 3 years of their high school career
- Must have participated in at least one state sponsored 4-H program in the last 3 years
- Must fill out the application form and turn it in to Mrs. Powell by **January 12.**

This award is sponsored by the State 4-H Foundation. Help us promote this opportunity to our graduating 4-H members!

FRIDAY, FEB 23
7:00 PM
 SMOOTHIE KING CENTER
 NEW ORLEANS, LA

Mark your calendar for 4-H Night with the Pelicans. It will be February 23, 2018 vs the Miami Heat. More information to come later.

LSU/SU AgCenter . East Carroll Parish This newsletter is provided by: Lekeisha Lucas-Powell, 4-H Agent
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Visit our websites: www.LSUAgCenter.com/eastcarroll & www.SUagcenter.com

Louisiana State University Agricultural Center; Louisiana Agricultural Experiment Station; Louisiana Cooperative Extension Service
William B. Richardson, Chancellor and Director
The LSU AgCenter is a statewide campus of the LSU System and provides equal opportunities in programs and employment.

General Trass Sr. High Presentation of Clubs

