



Acadia Parish 4-H



The Clover Leaf

January 2022

Acadia Parish Extension Office

157 Cherokee Drive
Crowley, Louisiana 70526
Phone: 337-788-8821
Fax: 337-783-2639
Office Hours: M-F 8:00 AM- 4:30 PM

January

- 4 District Rabbit & calf Scramble Forms Due
- 4 Livestock Scholarship Apps Due
- 4 Premier Exhibitor Apps Due
- 6 State Broiler Chick Pick Up
- 6 Sewing Club Meeting 5:30 PM
- 6 Exhibition Poultry Blood Testing 9-11 AM
- 6 Livestock Scholarship Interviews
- 7 Regional Shooting Sports Paperwork Due
- 9 Shotgun Practice 12:30 PM GOL
- 10 Jr. Leader Meeting 5:30 PM
- 14 Deadline to let 4-H Office know if you need a leaflet
- 16 Archery Practice 12:30 PM Rice Arena
- 18 Pet Show & Pet ID Contest 5:30 PM
- 20 Sewing Club Meeting 5:30 PM
- 20-22 Livestock Show & Sale
- 23 Shotgun Practice 12:30 PM GOL
- 23 Rifle Practice 1:00 PM Apple Rd Iota
- 26 Senior Honor Cord Applications Due

February

- 1-5 SW District Livestock Show
- 3 Sewing Club Meeting 5:30 PM
- 6 Rifle Practice 1:00 PM Apple Rd Iota
- 7 Jr. Leader Meeting 5:30 PM
- 12 Archery Shootout/ Parish Competition
- 12-19 State Livestock Show
- 15 Commodity Ambassador Contest
- 17 Sewing Club 5:30 PM
- 20 Shotgun Practice 12:30 PM GOL
- 21 State Rabbit Show Entries Due
- 25 Emerald Achievement & Golden Clover Due

Happy New Year!

Acadia Parish is so excited to start the new year! We invite you to build your New Year's resolution with the 4-H Pledge. I pledge my HEAD to clearer thinking by possibly learning a new skill, organizing your schedule, taking on a challenge or even reading one book a week. Pledging your HEART to greater loyalty by planning a weekly family game night, making family dinner a priority, or setting aside time to visit with friends and family monthly. Volunteering your HANDS to larger service by organizing a food drive or volunteering at a local pet shelter. Finally, prioritizing your HEALTH to better living for your club, your community, your country, and your world by perhaps exercising a few days a week, drinking plenty of water a day or by eating a fresh fruit or vegetable each week! From our 4-H Family to yours, thank you for being a 4-H member. Happy New Year!

January Club Lesson

Healthy Living: Color Your Plate! What do the colors red, orange, yellow, green, blue, and purple have in common with eating more fruits and vegetables? The answer is healthy eating! Eating a rainbow of fruits and vegetables is a simple way of reminding yourself that variety of fruits and vegetables in your diet will get you the vitamins and minerals you need. This month we will learn a lot about your food just by looking at it. So get ready to

take a look at the rainbow of opportunity your "MyPlate" can become.

Achievement Day Honoree



We are excited to announce that the 2022 Achievement Day Honoree is Mrs. Karen Pousson Leonards! Mrs. Leonards has given her time and talents to 4-H for over 20 years. Karen is married to Jerry Leonards and they have two children, John and Philip Leonards, a lovely daughter in law, Laura Henderson Leonards and two grandsons, John William and David Leonards. With the support of her family, Mrs. Karen has helped 4-H'ers in the livestock program. She advised in the preparation of record books and public speaking contests, was instrumental within the Rayne Catholic 4-H Club and has judged various 4-H contests within the parish. She is a member of the St. Leo's Altar Society and Catholic Daughters. Mrs. Leonards's dedication to our youth and community is greatly appreciated.

Life Book Cover Contest Winners

Thank you to everyone who participated in our Life Book contest! We had over 80 Life Books created and turned in for this contest! All of the Life Books created were donated to youth in foster care in Acadia Parish!

4th-6th Grade winners are

1st Katherine Richard, St. Michaels

2nd Bentley Richard, Estherwood

3rd Mollie McCrory, Mire

7th-12th Grade winners are

1st Amelia Fontenot, Lucky Clovers

2nd Jaci Latiolais, OMP

3rd Allen Clement, Midland

Shooting Sports

Happy New Year to you all! 4-H Southern Regional match is March 7-13th in Ascension for Smallbore Rifle and March 28-April 3rd in West Baton Rouge. For Archery and Shotgun. Please read the form carefully when choosing which discipline you are competing in. Both forms and registration fees must be turned into the 4-H office by **Friday, January 7, 2022**. Please make checks payable to Acadia 4-H Foundation. Just a few reminders about Southern Regionals: In order to qualify, each participant must have their hunter safety card (temporary or permanent) as of December 31, 2021 and have a minimum of 8 hours of official practice time. Each participant is required to furnish their own ammunition. Parish equipment must be signed out from the office during business hours.

Dog Show & Pet ID Contest

This is a fun activity open to all 4-H members. It will be held at the Crowley Rice Arena located at 159 Cherokee Drive Crowley, LA on **Tuesday January 18, 2022**. One dog per participant (you may choose to take part in 2 categories).

Registration will begin at 5:30 p.m. and the show starts at 6:00 p.m. This is a dog ONLY contest. Do not bring dogs that are too big or too aggressive for the 4-H'ers to handle. All animals MUST be vaccinated and restrained on a leash or in a cage. Only dog 4-H exhibitors will be allowed in the arena. This year's category winners are Best Dressed, Owner Pet Look Alike, Waggiest Tail, Highest Jumper, Longest Tail, and Longest Fur.

Scholarship Opportunities and Honor Cord

There are several scholarships for which you may apply that will be awarded this year. Scholarships available are Scott Tractor, Parish Livestock Show, District Livestock Show and several through the State 4-H Foundation. An email has been sent to all eligible seniors about the scholarship opportunities. If you would prefer to be mailed a paper copy, please contact the 4-H Office at 337-788-8821.

This year in an effort to recognize 4-H members who are graduating, Louisiana 4-H will offer a "4-H Honor Cord." For 4-H members to receive the 4-H Honor Cord, they must meet the following requirements: 1) must be enrolled in 4-H; 2) must be a graduating senior; 3) have been enrolled in 4-H for 3 high school years; 4) have participated in one state sponsored 4-H program in the last 3 years or show exemplary parish involvement; 5) must fill out an application form and turn it in by parish deadline date of **January 26, 2022** The application can be found at <https://tinyurl.com/224-HHonorCord>

Livestock Exhibitors-What to Know Before you Show!

Do not forget!!!! Exhibitors, you must have health papers on your

animals before you are allowed to enter the show barn with your animals. Health papers should be issued within 60 days of the show. To ensure that your papers are current through the state show, take your animals to the veterinarian a week or two before the parish livestock show. Lambs and goats must have a scrape tag in their ear. Remember, there is a dress code when showing and selling your animal in the arena: No T-Shirts, No Shorts, No Hats, and shirts need to be tucked into pants.

Livestock Judging Contest

The parish Livestock Judging contest will be held **Friday, January 21st at the Rice Arena in Crowley, beginning at 5:00 p.m. or after the conclusion of the show.** 4-H members will judge at least one class of sheep, beef, and swine. Each class will be comprised of four animals. Senior 4-H members will also be required to give oral reasons on one of the judging classes. This contest is open to every 4-H member. To learn more about and practice your livestock judging skills, visit YouTube and search for livestock judging.

Jr. Leader Silent Auction

Acadia Parish 4-H Jr. Leader club will be hosting a silent auction at this year's Acadia Parish Livestock Show, **January 20-22, 2021**. The event will kick off on the 20th and end on the 22nd. The winners will be posted at the buyers' auction. We are asking for you to come out and show your support by stopping by the auction table. We are sure you will like the unique items you cannot find anywhere else. The proceeds will support the Acadia Parish Jr. Leader 4-H club.

4-H Night with the Pelicans

Don't miss out on a fun night of basketball and fan experiences! The 4-H Night with the Pelicans game is scheduled for March 4, 2022. There will be a private pre-game party for 4-H members and Pelican fans at the Smoothie King Center from 4:15 PM-5:45 PM and Tip-Off at 7:00 PM!! Ticket prices vary. The packages include access to the pre-game party, your chance to participate in an on-court fan experience and a 4-H Night with the Pelicans T-shirt. Tickets can be purchased here <https://pels.group/4HNight>. Deadline to purchase tickets is February 11, 2022. Please note that any person 12 years old or older must provide proof of Covid vaccination or a negative Covid test within 72 hours of the event. For more information, please visit our website <https://tinyurl.com/Acadia4HEvents>

4-H Commodity Ambassador Contest

The Louisiana 4-H Commodity Ambassador contest is a state level speaking competition designed to allow youth to demonstrate their ability to effectively communicate about some of Louisiana's most important commodities including poultry, eggs, beef, seafood, sugar, sweet potatoes and rice. The purpose of the contest is to help 4-Hers develop and demonstrate leadership and communication skills, acquire knowledge and improve understanding of the economic importance, versatility and nutritive value of Louisiana commodities and develop sound knowledge in preparation, nutritional, financial and environmental aspects of commodities in order to advocate for agriculture effectively. The

Commodity Ambassador Contests will be held in conjunction with the 2022 LSU Livestock Show in Gonzales, LA at Lamar Dixon. All contests will be held on Tuesday, February 15, 2022. For more information and all of the rules of the contest, please visit www.lsuagcenter.com/commodityambassador

Achievement Day Service Project

Once again, the 2021-2022 Achievement Day Service Project will be can pop tops! Remember that you can start collecting can pop tops now! All clubs will turn in the pop top donations at Achievement Day. All proceeds will go to the Ronald McDonald House in Memphis, Tennessee. Many children and their families from St. Jude's Children's Hospital use this location. Please feel free to get the whole school involved and put out collection jars if you would like to make some. Please note that Achievement Day 2022 has not been confirmed at this time. However, we are still having the service project contest regardless and all pop-tops will be due on March 25, 2022.

2022 Cooperative Enterprise Leadership Conference

4-H youth in 8th through 12th grades are eligible to attend. This conference will be held on March 24-26th at the Wesley Center in Woodworth, LA. They will have the opportunity to sharpen their marketing and financial management skills as they compete in teams to build and manage their own cooperative business. Share and learn techniques and resources from professionals working in cooperative forms of businesses. Form and run a co-operative business. Be on the board of

directors or help manage the business. Be a valued employee of the business operation. Market and create a successful membership drive. Learn interviewing and marketing skills. Feel the thrill of victory when your business makes a profit. If you have questions, don't hesitate to contact us. **The Registration Fee is \$50.00 (non-refundable) made out to LCFC and is due to the state 4-H office by Friday, February 25th.** For more information and to register, visit this link

<https://tinyurl.com/Acadia4HEvents>

Emerald Achievement Award

If you are a Jr. Leadership member you may be eligible to apply for the 4-H Emerald Achievement Award. It is one of the highest honors you can receive as a 4-H member and its honorary membership is for a lifetime. Basic requirements are you must be 15 years old by January 1, 2022, you must have 3 years of 4-H club work, including this year, you must have completed one year of Jr. Leadership work, excluding award year, you must score at least 360 points on the score card and online application. This year the application is online only. To complete the application, visit this link <https://tinyurl.com/EmeraldAch>. Online applications must be completed and submitted by **February 25, 2022.**

Golden Clover Award

The Golden Clover award is for 4-H members that are 14 years of age or younger as of January 1, 2022 and have at least 2 years of 4-H club work. This award can only be won by the 4-H member one time. There is an online application that must be filled out in order to be considered. To complete the application, visit this link <https://tinyurl.com/GoldenClover>. This is a parish award, and it is an honor

to receive. Online applications must be completed and submitted by **February 25, 2022**.

What are 4-H Activity Guides, AKA 4-H Leaflets?

Many students are not sure how to complete a 4-H record book and most students no longer get traditional "record/project books". A 4-H member completing a record book may complete an activity guide or "leaflets" in place of an actual record book. These guides are four page 4-H program activity guides that provides an educational foundation on a specific subject-matter coupled with interactive experiments and record keeping. A project summary sheet is a key component when completing a 4-H records and activity guides. For every activity guide completed a 4-H project record sheet should be completed as well. The 4-H project record sheet is part of a completed 4-H Record Book and should be placed behind Section 8 of the portfolio packet. Youth should only insert 4-H project record sheet(s) for the current year. A downloadable typeable version of the 4-H project record sheet can be found here

<https://www.lsuagcenter.com/profiles/black/articles/page1582319948201>. If you have any questions or would like to schedule a meeting with the agents to learn more about completing an award-winning 4-H record book this year, please email khaydel@agcenter.lsu.edu or call 337-788-8821.

Portfolio Tips

In order to compete in either the Record Book or Portfolio contests participants must fill out the portfolio. All 4-H'ers are encouraged to fill out the portfolio. 4-H'ers can turn in just a Portfolio for judging and do not have to turn

in a project book/leaflet with it but we encourage 4-H'ers to attempt both. You can download a copy of the Portfolio on the website www.lsuagcenter.com/acadia4h We encourage all youth to begin working on your record books and portfolios in order to have them completed by the parish record book due date of **March 4, 2021**.

Record Book Tips to Winning

Section 2: Leadership Page (1 page per year- up to 3 years):

Be specific. Example: Helped at cookery contest-registered 50 contestants, categorized dishes, tallied results, gave ribbons at cookery contest. Know the difference between Citizenship/Service and Leadership. Service is helping others, anything you do for others. Leadership has action verbs that show you took the lead. Use words such as hosted, presented, taught, chaired, organized, planned, coordinated, demonstrated, guided, judged, conducted, counseled, introduced, advised, coached, lead, publicized, presided over, supervised, operated, recorded, designed, etc. Don't use helped, assisted, volunteered, aided, etc.

Section 3: Community Service (1 page per year, up to 3 years): What you did for others. Be specific. Collected can goods for needy- Collected two boxes of food items and delivered to women's shelter. Worked at fair booth for Jr. Leaders-Worked eight hours over a two-day period for Jr. Leader fair booth fund-raiser.

Sections 4 & 5: Awards (1 page per year up to 3 years): Recognition could be ribbons, certificates, trips, or being invited to a special event.

Section 6: Story: Just type this section in a Word document and double spaced in 12 point Times New Roman font, no more

than six pages. Don't try to use portfolio form. Be sure to write about your 4-H experiences especially those related to your project focus.

Section 7: 4-H Photos & Supporting

Materials: Ten pages total of pictures & other materials. Photos should show project work, leadership, and citizenship.

Captions should be explicit and give project information or added insights. These should be action shots. You can also include supporting materials like news articles or pictures of your awards. Never include your actual awards.

Section 8: Project Focus: Most difficult and usually the most misunderstood. *Do not leave blank*. Use a summary chart of last three years or a listing of 4-H activities or achievements.

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Remind Text (text @4-halerts to 81010 to stay up to date with deadlines and new events)

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