



They
can feed on
almost anything —
from kitchen scraps
to industrial food waste.
They eat it, clean it inside of
their stomachs and turn it
into healthy sources of
fats and proteins for
other animals!

The black soldier fly is an insect you might not know about.

They don't live close to humans or try to annoy us by buzzing in our ears or stinging us. But they do feed on spoiled or wasted foods or other organic things. They only eat for about two to three weeks when they are larvae and then pupate until they become flies two to three weeks later.

Prepupal

500-900

eggs

Our
ocean's fish
are struggling to
survive because we
have gotten so good at
catching them. On top
of that, we now feed
fish to pigs and
chickens, too.

So, what can the black soldier fly — also known as the BSF — do?

The
BSF can feed
our livestock by
replacing all that fish
we use! They are a great
source of protein for all
animals, and almost all
livestock devour
them!



Livestock eat
almost one-third of all
fish that we catch every
year! That means less fish for
people to eat. And there are
more than 700 million people
who go hungry every day
who could eat those
fish.



Pretty neat, right?!



Did you know you could even grow them at home if you wanted to? They will eat all your food scraps. That's all they need to eat and grow!



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