

The 4-H Newsletter

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**Calendar of Events**

**November**

**1:** Turkey Shoot

**5:** Pecan Orders Due

**5:** Cooking Workshop

**11-12:** Challenge Camp

**13:** Jr. Leader Mtg. – 6pm

**14:** Bumper Stickers & Bookmark Entries Due

**15:** Bash on the Bayou

**16:** Safety & Health Day

**16:** Pet Show

**18:** Fall Cookery

**20:** Sewing Club

**21:** Beef Posters Due

**24:** Fall Cookery Drop Off

**December**

**1:** MarketSwine DNA Due & Breeding Swine Possession

**4:** Christmas Wreath Contest Entries Due

**9:** Jr. Leader Mtg. – 6pm

**10:** Cooking Club

**12-14:** Bonfire Festival

**18:** Sewing Club

**January**

**14:** Jr. Leader Meeting, 6pm

**15:** Sewing Club

**16:** St. JamesParish 4-H Poultry & Rabbit Show, 6pm

**21:** Dairy Posters Due

**23-24:** St. James Parish 4-H Livestock Show

**30:** 4-H Night with the Pelicans

**Safety & Health Day**

Sunday, November 16th

Come out to Lutcher Park on Sunday, November 16th from 12:00PM-3:00PM where we will have multiple booths, obstacles courses, and activities set up for youth and adults to participate in! So far, we will have booths covering ATV safety, fire safety, road safety, water safety, train safety, mental health, and nutrition. ALL of St. James Parish is invited! All ages welcome, youth and adults! Attendees can enter for a chance to win a bicycle and helmet (2 chances). Make sure to visit the 4-H booth to enter! There will also be a TRAIN for youth and adults to ride provided by CN Railroad! All attendees will also be going home with give aways and goodie bags. St. James 4-H Junior Leaders will be selling gumbo to help the cost of trips and events later in the year.

**Pet Show**

Grab your brushes and get your leashes ready for the 4-H Pet Show on **Sunday, November 16, 2025** at **4pm** at **Lutcher Park**. Entries will be taken until the start of the Pet Show.

Rules and Regulations:

* Exhibitors must be a St. James Parish 4-H or Cloverbud member.
* All pets must be restrained or in cages while at the show. (Example: dogs on leash or kennel, birds, or cats in cages, etc.)
* All pets must be well behaved. No biting, excessive noisemaking or lunging at people will be accepted. Exhibitors will be responsible for their own cleanup.
* All pets must be owned either by exhibitor or an immediate family member.
* An exhibitor may show only one (1) pet.
* Pets must be healthy in order to participate.

Awards:

1. Ribbons will be given to the first three places in each sub-category.
2. A gift bag will be awarded to the Overall Best Pet of sub-category.
3. Participation ribbons will be given to all exhibitors.

St. James Parish November 2025

**Fall Cookery Contest**

**Monday, November 24, 2025**

Dish Drop-off: 7:30am-6:00pm

*All dishes will be judged on Tuesday, November 25th and winners will*

*be announced on our Facebook page.*

**Contest** **Rules**

*All rules will be strictly enforced. If you have a question, call the 4-H Office before preparing a dish.*

1. The contestant must be a 4-H member, all division are open to any age.
2. All dishes must be prepared following all food safety guidelines from the USDA and can be found at www.FoodSafety.com.
3. A contestant may enter as many dishes as they wish but can only enter one dish per division.
4. Winning recipes may not be repeated in subsequent years by the same contestant.
5. Contestants may only use one recipe/category.
   1. Example: A contestant may not enter a jambalaya recipe in poultry and again in rice.
6. The dish needs to be in a disposable plastic container, with a hard lid, with only 1 to 2 servings inside. (Dish Presentation is not a concern for the parish contest)
7. There are to be NO raw eggs in the final product.
8. Entries must meet all division requirements.
9. One TYPED recipe must accompany the dishes.
   1. Recipes will be scored according to the Recipe Evaluation below.
10. **All dishes, except for some Sugar Cookery entries, must be brought to the contest completely chilled in an ice chest on ice. Judges will heat up dishes if needed.**

**Contest Categories**

**Wild Game**

4-H’ers must prepare a dish that contains a minimum of 1 pound of meat. *The divisions are:*

1. **Deer** (ground or whole cuts) **2. Fowl** (duck, quail, geese, pheasant, dove, etc.) **3. Other Game** (rabbit, hog, squirrel, bison, elk, caribou, etc.)

**Poultry**

4-H’ers must prepare a dish which contains a minimum of two pounds bone-in meat, one-pound deboned meat, or 12 ounces of processed poultry. *The divisions are:*

1. **Chicken 2. Turkey**

**Sugar**

4-H’ers must prepare a dish that contains a minimum of ½ cup of sugar (granulated sugar, brown (light or dark) sugar, powdered sugar, or any combination of the above).

*The divisions are:* ***1.*****Cakes 2. Cookies 3. Candy/Other 4. Pies**

**Louisiana Commodities**

4-H’ers must prepare a dish that meet division requirements. *The divisions are:*

1. **Pecan:** must contain minimum 1 cup of pecans
2. **Rice:** must contain minimum 1 cup of rice(wild rice is not cultivated in Louisiana and does not meet the requirements)
3. **Sweet Potato:** must contain minimum 1 cup of fresh, frozen, or canned sweet potatoes



**Livestock Program**

****Interested in joining the 4-H livestock program? 4-H members ages 9-18 are eligible to show livestock. The Livestock program is one of our largest programs teaching youth lifelong skills including teamwork, responsibility, belonging and much more!

**St. James Parish Poultry & Rabbit Show:** January 16, 2026

**St. James Parish Livestock Show:** January 23-24, 2026

**Southeast District Livestock Show:** January 28 - 31, 2026

**LSU AgCenter State Livestock Show:** February 14-21, 2026

**Market/Commercial Deadlines:**

**November 10, 2025**

**Beef & Dairy Commercial Heifers, Market Lambs & Commercial Ewes, Market goats & Commercial Does:** Must be validated by exhibitor and submitted to the St. James Parish Extension Office by 4:30 p.m. Must also be uploaded in 4-H Online.

**December 1, 2025**

**Market & Commercial Hogs:** Must be validated by exhibitor and submitted to the St. James Parish Extension Office by 4:30 p.m. Must also be uploaded in 4-H Online.

**Breeding Possession Deadlines:**

Breeding animals must be in EXHIBITORS’S name and uploaded in 4-H Online by 4:30pm on the dates below.

**November 10, 2025**

Beef, Sheep, Goats & Dairy Breeding

**November 17, 2025**

Miniature Cattle

**December 1, 2025**

Swine Breeding

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**National Character Counts Week:** October 19-25, 2025

***Bumper Sticker & Bookmark Contest***

* Bumper Stickers must be 11 inches long and 3 inches wide
* Bookmarks must be 8 inches long and 2 inches wide
* Draw your bumper sticker or bookmark (entries must be in color)
* Choose One Pillar of Character
* Add your message or slogan.
* Be neat and spell words correctly. No glue or tape can be used.
* Include your name, grade, and school on the back.

Mrs. Carly and Mrs. Laynie will collect your entries from your club leader, or you may turn them in to the 4-H office **by Friday, November 14th**.





**Beef Posters**

Create a poster that markets and communicates the all-around (environmental, health, nutrition, economic, etc.) benefits of beef.

This year’s theme is ***Raising the Steaks***  **Posters Due: November 21st**

*Contest Rules: Poster*

* 22X28 Poster Board
* Participants should label the poster on the back upper right-hand corner with the following: Name, Address, Age, Grade, Parish, School
* Posters and digital designs should generate positive images and promotion of beef (not live cattle production) using the indicated theme. Posters should promote beef without projecting any negative messages towards other agricultural commodities (chicken, pork, etc.).
* The poster will be disqualified if copyrighted material is used.

*Contest Rules: Digital*

* Must be designed using the following: Microsoft Publisher, Adobe Photoshop, Adobe Illustrator, Canva
* Save in high resolution dpi in all the following formats: original design file, png, or pdf
* No templates may be used, all artwork must be original and from scratch
* Participants cannot use copyrighted pictures, clipart, or other materials.
* The poster will be disqualified if copyrighted material is used

*Contest Divisions*

* Division I (4th-6th grades)
* Division II (7th-9th grades)
* Division III (10th-12th grades)
* Division DIGITAL – Open division. All ages compete together

Winners in each division will receive a certificate and recognition at the parish level. Each divisional winner will advance to the state level to compete for cash prizes sponsored by the Louisiana Beef Industry Council.

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**4-H Honor Cords**

**DEADLINE TO SUBMIT APPLICATION:** Friday, February 6th, 2026

**Application Requirements**

-Be a currently enrolled 4-H member and in good standing. Must be a graduating senior.

-Must have been enrolled in 4-H for at least 3 years of their high school career.

-Must have participated in at least one state sponsored 4-H program in the past 3 years or demonstrated exemplary parish-level program involvement.

-Must complete the application form by the deadline

***Contact your school 4-H club leader for the application link.***

**4-H Golden Clover Award 4-H Emerald Achievement Award**

-Students 14 and under -15 years of age (or older)

-Must have at least 2 years of 4-H club work. -Must have 3 years of 4-H club work.

-Must have completed one year of active Jr. Leadership work

**\*Contact 4-H office for both Applications\*** 

**Christmas Wreath Decorating Contest**

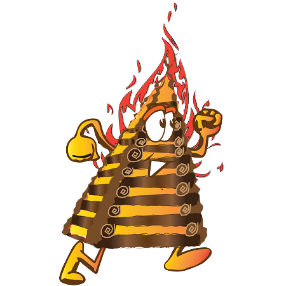
Spread Holiday Cheer with your WREATH DESIGN for our annual WREATH DECORATING CONTEST!

****All contest entries will be donated to elderly residents of St. James Parish! Wreaths can be created by an individual 4-H member or groups of 4-H members.

**Follow these guidelines:**

* Wreaths must be made by 4-H members. BE CREATIVE!
* All wreaths must be turned into the 4-H Office by **Thursday, Dec 4th at 4:30 PM.**
* All entries will be judged in age categories at the discretion of the agents.
* Foam or garland rings or wire frames may be used as foundations for the wreath. All other decorations.
* Must be natural, reused, recycled, or homemade.
* No pre-made wreaths are allowed. You may use a pre-made base.
* Fresh flowers, real berries, food, candy, glass or dangerous decorations should not be used on the wreath. Wreaths with these types of decorations will be not judged and will not be donated.
* Fresh green plant materials may be used. If these materials are not fresh and leaves are falling off stems, the wreath will not be judged.
* Wreath size should be 12 to 20 inches.
* “4-H” and the four-leaf clover should be located on the front of the wreath. Wreaths will be judged on creativity, neatness in construction, and above guidelines.
* Include your name(s), school, & grade level on a card attached to the back of the wreath

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**Festival of the Bonfires**

December 12-14, 2025 | Lutcher Park

**Bonfire Festival Christmas Tree**

School 4-H clubs will be able make handmade or recycled

ornaments to decorate a tree at the Bonfire Festival.

School leaders will contact the 4-H Agents to drop off ornaments or

arrange a pickup. BE CREATIVE!

Jr. Leaders will decorate the trees afterschool, BEFORE the Festival begins. A date and time for decorating will be announced later.

**Volunteer At Drink Booth**

4-H members have fun running the DRINK BOOTH at the Festival, beginning Friday evening, and ending Sunday night. Individual and parent help is also great! Drink Booth Volunteers are not charged admission.

Once the festival schedule is released, a Sign-up Genius will be posted on our Facebook page for 4-Hers to sign up for shifts all weekend. This can also count towards other club service hours!

**Gingerbread House Contest**

Saturday, December 13th @ 10am at Bonfire Fest

St. James Parish 4-H is holding their second annual GINGERBREAD HOUSE CONTEST! This year, the contest will be held at on Saturday, December 13 at 10 AM at the Bonfire Festival in Lutcher Park. Judging and awards announcements to immediately follow competition (around 11:15 AM). Winners will receive prizes. Contact the 4-H Office to register at 225-562-2320.

Divisions Offered:

Youth Division (3rd grade and under, 4th-6th grade, 7th-12th grade) & Adult Division

Cost of Entry: $10 per entry

Please check the St. James 4-H Facebook page for our rules and guidelines.



**Additional Awards and Deadlines**

**4-H Golden Clover Award 4-H Emerald Achievement Award**

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**Senior Scholarships:**

**4-H State Scholarships**

- Applicable to any 4-H senior

****- Applications due Wednesday, February 18th

**Welcome Back 4-Hers!**

Carly B. Dufresne Laynie A. Smith

Associate Extension Agent Associate Extension Agent

[cmboudreaux@agcenter.lsu.edu](mailto:cmboudreaux@agcenter.lsu.edu) [larceneaux@agcenter.lsu.edu](mailto:larceneaux@agcenter.lsu.edu)

**2204 S. Albert Street**

**Lutcher, LA 70071**

**(225) 562-2320**

ADA: If you need a special accommodation for your participation in the event, please contact the office at 225-562-2320 at least two weeks prior to the event.

EEO: The LSU AgCenter is a statewide campus of the LSU System and provides equal opportunities in programs and employment.

**Christie Melancon Memorial**

- Livestock Seniors

-Applications due Friday, January 9th