

# Caldwell Parish Quarterly Report



April, May, June 2018

## About the LSU AgCenter

The LSU AgCenter is dedicated to providing innovative research, information and education to improve people's lives. Working in a unique statewide network of parish extension offices, research stations and academic departments, the LSU AgCenter helps Louisiana citizens make the best use of natural resources, protect the environment, enhance agricultural enterprises and develop human and community resources.



## Program Highlights

### Agriculture and Natural Resources

County agent Jim McCann continues to monitor a corn variety test plot planted in the spring for plant height and stand, rainfall totals and irrigation requirements. Test plot results provide producers the best information possible on newly released varieties.

Four pasture and forage producers learned about fertilization and forage varieties to plant for improved cattle production and to attract wildlife.

Ten homeowners learned about summer insect and weed control. Five home gardeners learned about insecticides, vegetable and fruit varieties and how to care for their gardens and fruit trees from recommendations made by agent Jim McCann.



Agent Jim McCann assisted six Caldwell 4-H members with their horse projects in preparation for the Northeast District Horse Show.

Three private landowners received information on how to manage their pine timber stands to ensure the best price for their timber.



### 4-H Youth and Family Development

Approximately 388 youth participated in Yoga for Kids and activities related to stress management during April 4-H club meetings.

Fifteen Shooting Sports members participated in the State Shooting Sports competition with three participants placing first in their divisions. Five Caldwell 4-H members competed in the State Ambassador Contest held in Alexandria. Twenty-three members participated in the annual 4-H Pet Show where they competed in the Small Animal, Large Animal and Dog categories.

Agents Jana Bennett and Jim McCann recognized and awarded numerous Caldwell 4-H members and 4-H leaders during the annual 4-H Awards Night. Approximately 170 4-H'ers, parents and local officials were in attendance.

Sixteen Caldwell 4-H members, agents Jana Bennett and Jim McCann and five adult chaperones attended 4-H Day at the Capitol held in Baton Rouge. 4-H'ers attended an assembly at the State Capitol and visited with legislators then traveled to the LSU campus for lunch and a scavenger hunt with the LSU College of Agriculture.



## Caldwell Parish Extension Office

**Address:** 106 Jackson St.  
Columbia, LA 71418

**Phone:** 318-649-2663

**Fax:** 318-649-2118

**Email:**  
caldwell@agcenter.lsu.edu

**Web site:**  
LSUAgCenter.com/caldwell

**Office Hours:**  
Monday-Friday  
8:00 a.m. - 4:30 p.m.

**Jim McCann**  
County Agent / Parish Chair  
jmccann@agcenter.lsu.edu

**Jana Bennett**  
4-H Youth Development  
jbennett@agcenter.lsu.edu

**Luke Stamper**  
Natural Resources  
lstamper@agcenter.lsu.edu

**Tammy Tarver**  
SNAP-Ed Nutrition Educator  
ttarver@agcenter.lsu.edu

**Pam McGuire**  
Administrative Coordinator  
pmcguire@agcenter.lsu.edu

### Programs

**4-H Youth and Family Development**  
Citizenship / Leadership  
Science, Engineering, and Technology (SET)  
Healthy Living  
Outdoor Skills  
Raising Animals

**Agriculture & Natural Resources (ANR)**  
Agricultural Crop Production  
Animal Production  
Environment / Watersheds  
Horticulture  
Lawns and Gardens  
Pest Management

**Family, Nutrition and Health**  
Let's Eat for the Health of It  
Smart Bodies  
Show Me Nutrition  
Healthy Beginnings  
Community Nutrition

Seventy Caldwell 4-H members along with agent Jana Bennett, two adult volunteers and seven youth volunteers attended 4-H Summer Camp at Camp Grant Walker in Pollock where they spent a week swimming, canoeing, creating and learning. During this week long adventure, 4-H'ers from Caldwell, St. Helena, Red River, Bienville, Lincoln, Grant, Union and Ouachita parishes had the opportunity to participate in morning educational tracks, supervised afternoon recreational activities and free time to explore a variety of interests that encouraged creativity, communication and problem solving.



Approximately 50 northeast Louisiana 4-H members competed in halter, speed, western and non-riding events during the 2018 Northeast District Horse Show held in West Monroe. Six Caldwell 4-H'ers competed in barrel racing, pole bending and stake race events. Graci Dunn placed first in Pole Bending 13 and Under age group, Hadley Smith placed second in the 14 and Over group. Graci Dunn placed first in Barrel Racing 13 and Under group and Hadley Smith placed fifth in the 14 and Over group. Graci Dunn placed 5th in Stake Race 13 and Under. Maci Arthurs, Shelby Floyes and Mia Volentine placed in the top 10 of their divisions in Pole Bending and Barrel Racing. AnnaBeth Strickland ribboned in Pole Bending 13 and Under.



Seven Caldwell parish youth in grades 8-12 along with agents Jana Bennett and Jim McCann and two adult volunteers attended 4-H University on the LSU campus. This 104th annual event attended by nearly 1,500 4-H'ers from across the state consisted of 33 competitive contests, 11 Clover College tracks, electing new state officers and regional representatives for the state 4-H executive board, selecting national conference delegates and members of six state leadership boards. Caldwell 4-H member Stormy Prough earned a place on the Louisiana S.E.T. Board and Jackson McCann won a blue ribbon in the ATV contest.

### SNAP-Ed

SNAP-Ed educator Tammy Tarver presented Happy Healthy Me and Let's Eat for the Health of It Garden in a Glove programs to students at the Prekindergarten Center, Head Start and parish elementary schools. Garden in a Glove is a hands-on experiment where students learn how to grow vegetables or herbs and use the produce when cooking. By growing their own vegetables, students gain ownership of that food and are more likely to eat it.

Thirty-five participants in the Caldwell Parish Health Unit's Women, Infant and Children (WIC) classes received nutrition lessons from the Let's Eat for the Health of It Making Half of Your Grains Whole SNAP-Ed curriculum. They learned how to read the nutrition fact label and ingredient list and choose healthier options containing more whole grains. Nutrition educator Tammy Tarver also presented a food demonstration on preparing Crunchy Vegetable Wraps.

Sixty-five girls attending the summer Spartan Dance Camp learned about nutrition and the importance of physical activity from the MyPlate program. Participants in the four day camp sampled sugar snap peas, crunchy vegetable wraps, honey milk balls and watermelon and learned how to play a different game during each day of camp.



Headquartered in Baton Rouge, the LSU AgCenter is a statewide campus of the LSU system and provides educational services in every parish and conducts research that contributes to the economic development of the state. The LSU AgCenter does not grant degrees nor benefit from student tuition and fee increases.

William B. Richardson, LSU Vice President for Agriculture, Louisiana State University Agricultural Center, Louisiana Agricultural Experiment Station, Louisiana Cooperative Extension Service, LSU College of Agriculture. The LSU AgCenter and LSU provide equal opportunities in programs and employment

visit our website:  
[LSUAgCenter.com](http://LSUAgCenter.com)