



Important Dates:

December

3rd : Louisiana 4-H Day of Service

3rd : Parish Cooking Contest

3rd : Parish Commodity Ambassador Contest

5th : Start of Photography Contest (Remote)

January

5th : End of Photography Contests (Remote)

6th : 4-H Night with the Pelicans

14th : MLK Day Service Project

20th : Fashion Camp

Cooking Contest Results!



On December 3rd, the annual Jefferson Parish Cooking Contest was held at Wally Pontiff Playground. There were 12 entries across 7 different categories. Seven Jefferson Parish 4-H members participated in the contest as well as activities focused on healthy living and nutrition. Thank you to all of the members and families that came out! Here are the results:

Egg Main Dish:	1 st Place - Sophie C. with Bacon Breakfast Muffins
Egg Desert:	1 st Place – Makenzie S. with Great Grandma's Bread Pudding
Seafood Fish/Other:	1 st Place – Sophie C. with Oyster Rockefeller Dip
Poultry Chicken:	1 st Place – Jac G. with Spinach and Sundried Tomato Stuffed Chicken 2 nd Place – KK G. with Chicken Salad on a Bed of Greens 3 rd Place – Sophie C. with Chicken Lasagna Rolls
Sugar Cake:	1 st Place – Cohen S. with Zucchini Bread 2 nd Place – Paisley J. with Traditional Yule Log
Sugar Candy/Other:	1 st Place – Sophie C. with Candied Grapes
Sugar Cookies:	1 st Place – Bailey S. with Nutella Truffle 2 nd Place – KK G. with Hot Cocoa Cookies 3 rd Place – Jac G. with Loaded Cookies

First place winners in each category will be invited to the Southeast Region Cooking Contest in May. They will compete with the winners from over 10 parishes to see who is the best of the best! Make sure to wish those who move on to the next competition good luck!

February

13th: Junior
Leader Meeting

March

9th – 11th :
Junior
Leadership
Conference

13th : Junior
Leader Meeting

20th – 25th –
AgMagic on the
River

April

1st – 2nd : New
Orleans Spring
Garden Show

10th : Junior
Leader Meeting

19th : Food
Challenge 2023

TBD: Recycled
Container
Garden Contest

4-H Night with the Pelicans

4-H Night with the Pelicans will be on January 6th, 2023. There will be a pre-game party for 4-H members and their families! Each youth who signed up will be entered in a drawing for a variety of special honors such as playing on the court before the game begins, high-five Pelicans players as they enter the court, and more! Each ticket purchased will also come with a shirt and beanie. **The deadline for ordering tickets has passed. If you signed up for the event please contact our offices to be entered in the drawing.**



4-H Photography Contest



Looking for something fun to do this winter break? Enter our Photography Contest! The contest will begin December 5th and end January 5th. Each 4-H member can submit one photo for the contest. Hobbies such as photography is a great way to improve your mental health. For that reason, this year's theme is joy! Take a picture of something that makes you happy or captures the essence of joy. Please do not submit pictures of people or submit selfies. Participants can also type a brief description of why their photo fits the theme. Entries will be judged based off skill and creativity equally. Open to 4th - 12th grade only. You can enter the contest by visiting <https://bit.ly/3F6hIRl>

Thanksgiving Service Project

Written by Jefferson Parish Junior Leader Reporter Maia P.

On November 19, the members of the 4-H Junior Leaders Club, Maia P. and Elizabeth P., volunteered to make Thanksgiving themed craft kits for children in need at a local shelter. We were able to make 25 bags filled with craft activities in our time volunteering! During our time, we discussed more about the shelter and more ways to help them the best we can. We also talked about how much of an impact we make when doing these service projects. It gives them a sense of hope and joy during the holidays, and we hope to keep giving them that excitement in more service projects to come!

You can contact your Jefferson Parish 4-H Agents:

Dillon Howell

(504) 736-6519

Heather Egger

(504) 736-6519

Follow us on Facebook

[@JeffersonParish4h](https://www.facebook.com/jeffersonparish4h)

Raffle Fundraisers – Handmade Blankets



Help out the Jefferson Parish 4-H offices by entering one of our raffles! One is LSU themed and the other is Saints themed. These 5' x 5' blankets are great for any football fans out there! The last day to purchase tickets are **December 15th 2022**. The drawing for the blankets will be on **December 16th, 2022**. **You** can buy tickets in our office in room 300 inside the Yenni Building for \$1 per raffle ticket. You can buy tickets online in groups of 5. If you plan on doing early voting in the Yenni Building, feel free to visit our office to buy some raffle tickets! For more information or to buy online, visit <https://bit.ly/3B7cZsA> or call our office at 504-736-6519.

Happy Holidays!



The Jefferson Parish 4-H Office wants to wish everyone Happy Holidays! We encourage everyone to help others in some way in your community this winter. You can collect food for a food bank, write thank you cards for emergency responders, or simply preparing a meal for someone in your neighborhood less fortunate than you. Happy Holidays and have a Happy New Year!

Special Accommodations

If you require special accommodations due to a disability in order to participate in our activities, please notify the 4-H office @504-736-6519 at least 48 hrs. prior to the event. ****For overnight events and camps, please notify the 4-H Office at least 2 weeks in advance.**

Notice:

As part of the LSU AgCenter's Diversity initiative and in compliance with federal and state laws, all programs and activities of the LSU AgCenter are operated without discrimination on the basis of color, race, gender, national origin, age, political affiliation, veteran status, disability, marital status or religion.
