

## The Back Gate

### Livestock Show Dates

The 2019 Livestock Show Dates are as follows:

Ag Expo Jr. Livestock Show	January 18 - 19, 2019
Central District Livestock Show	Jan. 31 - Feb. 2, 2019
LSU Spring Livestock Show	February 9 - 16, 2019
State Rabbit Show	March 2, 2019



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### OUTDOOR SKILLS NEWS



### Northern Regional and State 4-H Outdoor Skills Competition Dates

The dates for the Northern Regional Shoot are March 19-23, 2019. The Northern shoot will be held in Shreveport and Grand Cane. The State Outdoor Skills Competition is tentatively set for April 15-19, 2019 also in Shreveport.

Youth that have completed eight (8) hours of training in their shooting discipline and satisfied their Louisiana Hunter Education requirements and have demonstrated a working knowledge and safe firearm or archery equipment are eligible to attend. Registration forms will be due to the 4-H office before **February 7, 2019!!**

### 2019 Louisiana 4-H Honey Bee Essay Contest

Topic: "Honey Varietals, State to State"

Essay entries are due in the 4-H Office: **January 29, 2019. Contact the 4-H office before beginning.**

Each jar of honey reflects an unrepeatable combination of climate, soil, weather and flowers. Each state has unique honey varietals that beekeepers can market to their customers. Please identify one unique varietal to your state and discuss the flower's uniqueness and how beekeepers can effectively market that varietal. In your essay, please include a photo of the varietal's flower, an interview with a local beekeeper who collects this varietal and a recipe that highlights the varietal.

- Must include a biographical sketch on a separate sheet of paper. A brief biographical sketch of the essayist, including date of birth, gender, complete mailing address, and telephone number, must accompany the essay and works cited.

- Length – The essay is limited to: 750-1000 words. The word count does not include the endnotes, the bibliography or references, not the essayist's Biographical sketch – which should be a separate page.

-State Sponsored Awards: 1st - \$100, 2nd - \$75, & 3rd - 50. National Awards: 1st - \$750, 2nd - \$500, 3rd - \$250.

### December Photo Contest Winners - Food

**Elementary Division** 1st - Rylee Masters, FES 4th. 2nd - Huntley Williamson, FES 5th

**Junior Division** 1st - Hannah Zeagler, NES.



Silas Cecil

Extension Agent

LaSalle

The Louisiana Cooperative Extension Service provides equal opportunities in programs and employment.



### January 2019

#### Dates to Remember:

<u>January</u>	
Shooting Sports T-shirt Design	7
Jr. Leader Meeting, 6:30	8
Pre-register for Winter Cookery	15
Cheese Workshop Due	15
Winter Cookery Contest	22
Jr. Leadership Conference Due	22
4-H Challenge Camp Due	24
State 4-H Fashion Camp	25-27
Golden Clover Award Due	28
Emerald Achievement Award Due	28
Co-op Camp Due	28
Cheese Making Workshop	29
Honey Bee Essay Due	29
District Livestock Show	31-2
<u>February</u>	
Jr. Leader Meeting, 6:30	5
Wildlife Workshop Due	5
Regional Shooting Sports Due	7
State Livestock Show	9-16
Wildlife Workshop, 5:00	19
Challenge Camp	22-24

**PLEASE NOTE:** If you have a disability, which requires special assistance for your participation in any 4-H activity, please contact Mr. Silas.

### 4-H Challenge Camp - "You've Got a Friend in Me!"

You did not read that.... You sang it didn't you??? That's right 4-H Challenge Camp 2019 is Disney Themed!

This year's 4-H Challenge Camp is slated for **February 22-24, 2019.**

Challenge Camp is geared for 4-H members in the 7th and 8th grades 4-H members. The camp is designed for youth to develop and build Leadership, Communication and Teamwork Skills.

This year the weekend adventure camp will be held at Camp Grant Walker in Pollock. Registration for Challenge Camp is \$70 which includes meals & lodging (shirt cost is extra).

**Deadline: January 24, 2019.** Applications accepted on first-come first-serve basis.

### Emerald Achievement and Golden Clover Award - Due January 28, 2019

The Louisiana State 4-H Foundation recognizes 4-H youth that excel in project work and leadership. The Emerald Achievement Award and Golden Clover Award gives recognition to 4-H Club members who have shown outstanding leadership ability in their club and in their parish.

The objective of the program is to encourage project growth, a broad program of 4-H club activities over the years and the ultimate development of outstanding citizens. The recipient of the Emerald Achievement Award and Golden Clover Award can be proud of their contribution to their club and community. A club member may only win each of these awards one time. See application at 4-H meeting or contact the office for application scorecard.

### 2019 4-H Senior Honor Cords

Every year in effort to recognize graduating 4-H'ers for their leadership, community service and participation, Louisiana 4-H offers the 4-H Honor Cord. All seniors that met the requirements may apply even though you may not have the minimum GPA to wear during commencement. Requirements:

Must be an enrolled 4-H member in good standing

Must be a graduating Senior

Must have been enrolled in 4-H for 3 years of their high school career

Must have participated in at least one state sponsored 4-H program in the past 3 years

Apply online at: [www.lsuagcenter.com/topics/kids\\_teens/events/awards/honor-cord](http://www.lsuagcenter.com/topics/kids_teens/events/awards/honor-cord) by **February 1, 2019**

### Camp Counselor Training

Teens interested in further developing their leadership skills and willing to accept the challenge that comes with working with youth in overnight and day camp situations need to complete the mandatory Camp Counselor Training. Benefits include: Traveling to new places, meeting new faces, networking with other teen from across the state, hanging out and partnering with adult volunteer and leaders, working hard and having fun!!

Interested youth must complete the training course which involves about 3 hours of online training and three hours in class training. Get a head start by completing the online course and print your certificates at "[learn.lsuagcenter.com](http://learn.lsuagcenter.com)". All users, including volunteers, will have to login using Google, Facebook or other service. Louisiana Camp Counselor Training is located under "Courses" then select "4-H Camp Counselor Training. If prompted to enter a code, the key is **LACCT**."



Check Out LaSalle 4-H on our Facebook page for all the latest and upcoming activities!! Google: LaSalle Parish 4-H



# 4-H Happenings

## 4-H Cheese' N Workshop

Cheesy goodness is not always gold. Sometimes it's white, as is Mozzarella! Discover the art of mozzarella cheese making **Tuesday, January 29, 2019**. We heat up the kitchen at **5:00 pm**.

Also to find out what makes pizza dough stretchy, 4-H'ers will learn about different types of flour and their uses based on protein levels to create the perfect dough! Don't forget to wear your cheese' N smiles! Registration is due by **January 15**.

Return with \$10.00 by - **Deadline: January 15, 2019** Make Checks Payable to: LaSalle 4-H Foundation

**Cheese' N Workshop**

Name: \_\_\_\_\_ Phone: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Grade: \_\_\_\_\_ School Club: \_\_\_\_\_

Is youth allergic to any food allergies? YES/NO If yes, list food sources: \_\_\_\_\_

## Co-op Youth Leadership Camp - March 29 - 31 2019

Sharpen your leadership, marketing, money and management skills as you compete with your team to build and manage your cooperative business! Come learn with other 8-12 grade 4-H'ers from across the state to organize your own co-operative business and find out!

Co-op Camp is designed for youth to share and learn techniques and resources from professionals working in cooperative forms of business. Top campers will receive the 4-H Educational Trip this summer and cash awards.

Cost of the camp is only \$50 thanks to the Louisiana Cooperative's Association.

Registration covers meals, lodging, activities, and T-shirt. Transportation to the camp is on your own, or carpool with your friend! **Deadline** for registration, health form, and code-of-conduct is **January 28, 2019** to the 4-H Office.

## Jr. Leadership Conference - Have a little Hawaiian Fun and, "Say Aloha to JLC"

Attention 4-H'ers 14 years of age and older. If you are interested in developing leadership, teamwork, and communication skills; or hanging out with other teens and having a great time, then come register for the 2019 Jr. Leadership Conference. The conference is operated and planned by other 4-H members across the state. The conference will take place **March 8 - 10 at Camp Grant Walker in Pollock**.

The conference features a variety of workshops focused on leadership development, communication, teamwork, service learning, and time management. A key element of the conference is its youth-driven focus. Youth decide what is offered, preside over the sessions and teach all the educational workshops.

Transportation is on your own or carpool with other Jr. Leader members. This will be a first come first served basis. Registration of \$90 begins **January 9** and continues through **February 4, 2019**. February 5 begins a late fee of \$10 until Feb. 19. Flyers will be handed out at the club meetings. Don't Delay. Tracks include: SET, Performing Arts, Healthy Living, Outdoor Skills, Leadership, and Community Service.

**Register Early to Get the Tracks you would like!**

## Wildlife Workshop - February 19, 2019, 5:00 - 7:00 pm

Fourth - 6th Grade 4-H'ers, join the Jr. Leaders as we embark on a Wildlife Workshop. Be your own investigator and gain real life experience of the food chain as you piece together the meal an owl has consumed. Learn to identify the key features used to age deer. Let your taste buds determine what ecosystem the water came from. Build a feeder for the bushy-tails in your backyard. Pizza will be served after you wash your hands!

Return with \$10.00 by - **Deadline: February 5, 2019** Make Checks Payable to: LaSalle 4-H Foundation

**Wildlife Workshop**

Name: \_\_\_\_\_ Phone: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Grade: \_\_\_\_\_ School Club: \_\_\_\_\_

Is youth allergic to any food allergies? YES/NO If yes, list food sources: \_\_\_\_\_




## Winter Cookery Contest

Enjoyed a dish over the holidays that you would love to enter into competition? If so, enter your special recipe in the Winter Cookery Contest on **January 22**. Check-In 5:00 p.m. Judging at 5:30 p.m. Pre-registration is requested by 1/15/19. Contest will be held in the Extension Meeting Room (23) at the Courthouse.

- 1st, 2nd, & 3rd places will be given for each division and category. **Overall dishes** will receive **\$25**. Four-H'ers may enter only one dish per division. Dishes cannot be split between divisions.
- Contestants will display their dishes on table to be judged, along with recipe. Do not put your name on recipe. **Remember: prepare whole recipe and bring only half of the dish to exhibit in the contest. Leave other half at home to enjoy with your family!** All final garnishes for the dish should be done by contestant. Dishes will be chilled and brought to the contest cold and on ice.

### Chicken Cookery

Rules: The dish must use at least one pound of chicken.

All chicken should be cooked through and juices run clear.

### Sugar Cookery

Rules: Dish must contain at least 1 cup of sugar.

### Sweet Potato Cookery

Rules: Dish must contain at least one cup fresh or canned sweet potatoes.



## Regional Commodity Ambassador Contests - March 28, 2019

**Don't let the name fool you! If you can present a topic on the food you eat, then this is for you! The Regional contest is a great preparation for the State Contest which is slated for April 22, 2019.**

**Regional and State Contests that will be held in Alexandria at the State Evac Shelter beginning at 1:00pm.**

**Categories will include \*Egg \*Chicken \*Turkey \*Seafood \*Sugar**

**Division I—Grades 4-6** Contestants designs (a) standard poster (22" x 28") relating to Production, Food Prep & Nutritive Value, Processing, or Marketing; (be) presents a 3-5 minutes explanation of poster project, and (c) responds to questions from judges. Costumes based on theme are acceptable. No notes or outlines, other than wording on the poster are to be used while giving the presentation.

**Division II—Grades 7-9** Contestant design (a) standard poster 22" x 28" or PowerPoint presentation relating Production, Food Prep & Nutritive Value, Processing, or Marketing; (b) present a 5-8 minute explanation of the subject; (c) responds to questions from judges. Costumes based on theme are acceptable. No notes or outlines, other than wording on PowerPoint Presentation.

**Division III—Grades 10-12** Contestants will present a 8-10 minute illustrated talk related to one of the categories listed Posters or PowerPoint presentations may be used. Costumes based on theme are acceptable. No notes or outlines, other than wording on PowerPoint Presentation. Egg category requires dish!

High school level Seafood and Sugar Ambassadors earn the **4-H Educational Trip** that rotates between Dallas, Chattanooga, and San Antonio each year.

High School Chicken, Turkey, and Egg Ambassadors each earn a trip to **National 4-H Poultry and Egg Conference** in Louisville, KY to compete in their respective division. Division I & II receive **cash awards**.

## 4-H Summer Camp 2019

**Parents: We MUST have 2 deep leadership (Adult Volunteer Chaperones) in each cabin. In 2020, that number will increase to 3 Adult Volunteer Chaperones per cabin! If we do not reach our Adult Chaperone numbers LaSalle campers will be split across other parish's cabins with other adults, 4-H'ers, and Counselors they do not know. Not Fun.** (This was the situation in the boy's cabin the Friday before camp last year.)

Overnight Chaperone training takes about an hour online, requires a background check, and is good for five (5) years. Adult volunteers assist camp staff and agents with educational tracks, participate in recreation activities, supervise night activities, have fun, eat 6 times a day, and spend time with amazing campers. Also, we no longer clean the bathhouse or mop the cabin on Friday morning!!!

**4-H Camp will be held May 20 - 24, 2019.**

4-H Camp is for youth in grades 4<sup>th</sup> - 6<sup>th</sup> this school year (under 13 as of January 1, 2019).

Camp will tentatively cost **\$175** for 5 fun filled days. Four-H'ers in need of financial assistance will need to contact the 4-H office to provide necessary paperwork. Scholarships only provide the first sixty dollars (\$60) of camp registration; this is not include the deposit.

## Monthly 4-H Photography Contest

Theme for February is **"Buildings/Architectural Structures"** Concentrate on filling the frame, different angles, and photos that tell a story! Write name, grade, and club on the back of a 4X6 photo and turn in to your 4-H leader or 4-H Agent by the January club meeting at your school each month. Photos may also be attached & emailed to: [sccil@agcenter.lsu.edu](mailto:sccil@agcenter.lsu.edu)