



May 2022

## Jefferson Parish Clover Connection

### Important Dates:

#### May

**9<sup>th</sup>** : Junior Leader meeting

**10<sup>th</sup>** : Southeast Regional Culinary Arts Cooking Contest

**21<sup>st</sup>** : Bayou Area Horse Show

**24<sup>th</sup>** : Deadline for 4-H University Registration

**25<sup>th</sup>** : Second Deadline for 4-H Summer Camp

#### June

**13<sup>th</sup> – 16<sup>th</sup>** : 4-H Summer Camp

**21<sup>st</sup> – 24<sup>th</sup>** : Louisiana 4-H University

**28<sup>th</sup> – 29<sup>th</sup>** : Southeast District Horse Show



### 4-H University 2022

4-H University provides youth with the opportunity to meet other members from across the state and compete for trips, prizes and leadership experiences. It is open to 4-H members in grades 8<sup>th</sup> -12<sup>th</sup> as of August 1, 2021. Participants will stay at LSU campus and get to either participate in contests or get to learn skills in Clover College/Educational Workshops.

There is something for everyone at 4-H University! There are over 40 different contests to participate in and a variety of subjects covered in Clover College and Educational

Workshops. There will be other fun events like a Clover Tailgate and the 4-H University Dance. If you are interested in what else to expect at 4-H University or want to register please email [hegger@agcenter.lsu.edu](mailto:hegger@agcenter.lsu.edu). For more information about contest rules please visit: [https://www.lsuagcenter.com/topics/kids\\_teens/events/events/4hu](https://www.lsuagcenter.com/topics/kids_teens/events/events/4hu). Good luck to all of our competitors!

### Facebook Summer Activities

Are you interested in more 4-H activities for your child over the summer? Then like our Facebook page! Over the summer we will be posting activities that you and your child can do at home or outside. You can expect healthy recipes that you and your child can cook at home as well as ID sheets you can take to parks to help your child learn about our state's biodiversity. We will also be notifying you of any future 4-H summer activities. Our Facebook page is at <https://www.fb.com/JeffersonParish4H/>. Like the page now so that you won't miss out!

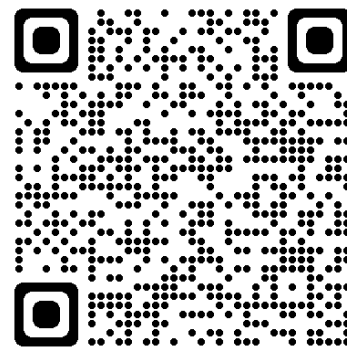


Find us online at <https://lsuagcenter.com/jefferson4h> or follow us on Facebook at <https://www.fb.com/JeffersonParish4H/>

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## Leadership Boards Application

The Louisiana 4-H Leadership Board application process is now open! This is a wonderful opportunity to collaborate with 4-H members all across Louisiana. 4-H is always looking for ambitious youth to help guide our program. If you have great ideas for Louisiana 4-H or would like to gain some leadership experiences for your resume then this opportunity is for you! The leadership boards are: Citizenship Board, Executive Board, Fashion Board, Food & Fitness Board, S.E.T. Board, and Shooting Sports Ambassadors. You must be in 9<sup>th</sup> – 12<sup>th</sup> grade in order to apply. For more information and application, please scan the QR code or visit the site: [https://lsuagcenter.com/topics/kids\\_teens/events/events/4hu/leadership-boards](https://lsuagcenter.com/topics/kids_teens/events/events/4hu/leadership-boards). The deadline is 11:30 pm on **May 6, 2022**.



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## Volunteer Recognition



National Volunteer Week was April 17<sup>th</sup> – 23<sup>rd</sup>. The 4-H agents in Jefferson Parish 4-H sent handwritten letters to the many volunteers who have helped us run a successful program year. We wanted to give you all another shout-out in this month's newsletter. Thank you to all the judges, club leaders, and teachers who make this program possible!

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## Southeast Regional Culinary Arts Cooking Contest

Winners of the Jefferson Parish 4-H Cooking Contest held this past January are going to be competing against 4-H members all across Southeast Louisiana this month! The competitors moving on to the Regional Culinary Cooking Contest had won 1<sup>st</sup> place in their division on the parish level. Our judges were seriously impressed by our members' cooking skills. Here is what Cooking Contest Judge Beth Gambel had to say: "Enthusiasm, talent, and taste! Each of the 2022 4-H Cooking Contestants did a remarkable job with their ground beef, chicken, seafood, egg, bento box, and dessert entries." Let's wish all of the Jefferson Parish competitors good luck in the regional competition!



You can contact  
your Jefferson  
Parish 4-H  
Agents:

**Dillon Howell**

(504) 736-6519

**Heather Egger**

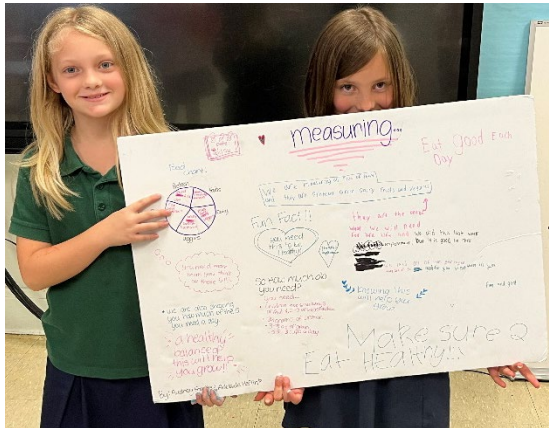
(504) 736-6519

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## Member Highlight: Audrey and Adelaide



We wanted to give a big shout out to two members of the J.C. Ellis 4-H club for doing a presentation at their club meeting last month. Adelaide (left) and Audrey (right) worked together to make an educational poster that showed the benefits and methods of measuring ingredients for your meal. The two were inspired to work together after a lesson from the lesson plan “Nutrition from the Garden” presented by 4-H agent Heather Egger. Audrey serves as

Secretary of the club while Adelaide subs in for the President of the club if they are not present. We see bright futures for these two members!

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## Jefferson Parish 4-H Contact Info

Have questions about 4-H? Contact your local 4-H agent Heather Egger at [hegger@agcenter.lsu.edu](mailto:hegger@agcenter.lsu.edu) or Dillon Howell at [dhowell@agcenter.lsu.edu](mailto:dhowell@agcenter.lsu.edu). If you'd like to talk over the phone, you can call the office number **(504) 736-6519**. We are open from 8:00 AM until 4:30 PM. You can visit our website at <https://lsuagcenter.com/jefferson4h> or find us on Facebook at <https://www.fb.com/JeffersonParish4H/>.

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## Special Accommodations

If you require special accommodations due to a disability in order to participate in our activities, please notify the 4-H office @504-736-6519 at least 48 hrs. prior to the event.  
**\*\*For overnight events and camps, please notify the 4-H Office at least 2 weeks in advance.**

### Notice:

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