



Bayou Gazette

September 2022



St. Martin Parish Cooperative Extension

114 Courthouse Street

Breaux Bridge, LA 70517

Phone: 337-332-2181

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Website: www.louisiana4h.org/stmartin

Office Hours: 8 a.m. to 4:30 p.m.,
Monday-Friday

Social Media; Search "St. Martin Parish 4-H" on Facebook, Twitter, Instagram, & Pinterest

Welcome to 4-H! We are so glad that you are a part of the largest youth organization in the United States. Now that you are part of 4-H, you are a part of LSU as well! Louisiana 4-H is a program offered through the LSU AgCenter.

You can have a lot of fun in 4-H if you put some effort in it. There are several ways for you to be active in 4-H. You can do things with your school club, in the parish, in the region, and even at the state level. You can attend fun, hands-on workshops; join project clubs; compete in contests; learn how to be a leader; show livestock; join the shooting sports group; go to sporting events; make a Christmas ornament; complete a 4-H portfolio to show off your accomplishments - The sky is the limit to what you can do in 4-H!

You will receive a 4-H project book in October. The book will help you discover many new things and allow you to do some hands-on activities.

Be sure to ask for help if you need it. Parents, guardians, grandparents, and even brothers and sisters can help you a lot with 4-H activities. Also, be sure to ask your school club leader any questions you may have. You can also call the 4-H Office at 337-332-2181 if you have any questions.

We're looking forward to a great year in 4-H!

Sincerely,

Mrs. Erica Poirier

Mrs. Ashley Istre

In Loving Memory A Celebration of Life

Mrs. Hope B. Guidry



April 26, 1966 – April 18, 2022

This year will be dedicated in her memory to celebrate her contribution of nearly 16 years to the 4-H Program in St. Martin Parish.

Congratulations!!! Each of you did a fantastic job on your state records. St. Martin Parish was very well represented. The results for our parish participants are listed below.

Josie Blanchard → State Winner for Orlando Leadership Institute Trip to Florida & Dairy Conference

Ethan Meche → State Winner for Orlando Leadership Institute Trip to Florida

Billy Poirier → State Winner for Orlando Leadership Institute Trip to Florida

Alyssa Theriot → State Winner for Orlando Leadership Institute Trip to Florida

Olivia O'Brien → State Winner for National 4-H Congress Trip to Atlanta, Georgia

Brian Ellender → Alternate for National 4-H Congress Trip to Atlanta, Georgia

Bradlie Debnam → Alternate for National 4-H Congress Trip to Atlanta, Georgia

Devin Lanclos → State Winner for the 7th/8th Grade Louisiana Educational Trip

Landon Champagne → State Winner for the 7th/8th Grade Louisiana Educational Trip

Benjamin Ellender → Alternate in the 7th/8th Grade Achievement Contest

Isabelle Couvillion → Alternate in the 7th/8th Grade Achievement Contest

Kadynce Dartz → State Winner in the 4th Grade Achievement Contest (Award is \$50)

Other Participants in the State 4-H Records Contests: Andi Alvaraz, Averi Theriot, James Gauthier, Hannah Ellender, Aiden Edgar, Mary Harris, Therese Harris, Miley Bourque, Addie Bergeron, Aubryana Burleigh, Gian Denais, and Khloe Mire

Events Calendar

September

- 2 Parish Livestock & Shooting Sports Ambassador applications due
- 5 **4-H Office Closed** – Labor Day
- 18 Shooting Sports Open House (Livestock Barn at BBHS)
- 22 4-H Online Enrollment & Dues due to club leader at school
- 26 Jr. Leader Mess Fest & Enrollment Meeting (4-H Office)



October

- 2-8 National 4-H Week Opportunity4All
- 29 Fall Fest Contest Day (4-H Office)



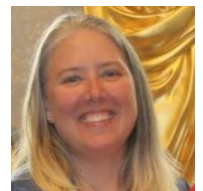
What is a 4-H Agent? Well.... a 4-H Agent makes 4-H happen in your parish. They plan events, come up with workshops for you to attend, make things fun, and visit you at club meetings. St. Martin Parish has two 4-H Agents. Meet the 4-H staff below.

WELCOME NEW 4-H AGENT



Mrs. Ashley Istre is transferring from the St. Mary Parish office. Ashley grew up in 4-H exhibiting market swine in St. Mary Parish. She graduated from McNeese State University with a Bachelors Degree in Animal Science and is currently pursuing her Masters Degree from LSU in AEEE. She has worked with 4-H Youth for 6 years and is excited to continue serving the youth of St. Martin Parish.

Mrs. Erica Poirier, is from St. Martinville, LA. She joined the LSU AgCenter as a 4-H Agent in October 2021 after being involved with the St. Martin Parish 4-H program since 2008 as an adult volunteer. Mrs. Erica is married to Barry Poirier and they have 4 children – Courtney, Bailey, Abbey, and Billy. She has a Bachelors degree from the University of Southwestern Louisiana and a Masters degree from Louisiana State University.



How Do You Join? & What Does it Cost?

The St. Martin Parish 4-H Office receives \$10.00 from each 4-H member. This is collected by your 4-H Club Leader. Out of the \$10.00 we collect from each 4-H'er, the State 4-H Office gets \$5.00 to help pay for programs and awards. *(The money that we keep from your dues helps us with the cost of our 4-H meeting supplies, contests, activities, and awards.)* NOTE: Some clubs collect additional dues (up to \$5.00) to help pay for 4-H club activities at their school. Your 4-H Leader will let you know what your 4-H dues are.

What Can You Expect as a 4-H Member?

Being a 4-H member is going to be a lot of fun this year. You get what you put into your 4-H experience. So what does it mean when you sign up to be a 4-H member? How do you have a positive experience as a 4-H member?

Expectations of 4-H Members in order to have a great 4-H experience:

- Have FUN
 - Participate/Take Part in Events, Activities, and Workshops
 - Make Friends
 - Participate in Meetings
 - Volunteer to Do Community Service
 - Have a Good Attitude During 4-H Events
 - Complete your 4-H Portfolio
 - DO YOUR OWN 4-H WORK!!!!
 - Attend 4-H Achievement Day
- Ask Questions if You Are Confused!

In order to join 4-H, you must enroll in the **NEW 4-H ONLINE SYSTEM** and turn in dues to your 4-H Leader at school by **Thursday, September 22nd**. Instructions for registration are found below. If you encounter a problem with registration, please contact the 4-H Office at 337-332-2181.

****DO NOT USE A SCHOOL EMAIL ADDRESS TO REGISTER BECAUSE THE 4-H ONLINE SYSTEM WILL NOT BE ABLE TO ACCESS THESE EMAIL ADDRESSES. THANKS IN ADVANCE FOR YOUR COOPERATION.**

HOW TO REGISTER IF NOT ALREADY ENROLLED IN 4-H ONLINE: Youth and adults must be enrolled in 4H Online to complete registration. For instructions on how to enroll in 4-H Online go to <https://youtu.be/tQVzNHO6Hsk>.

Creating a NEW 4-H Online Account 1. Go to <http://v2.4honline.com>. 2. If you've never had an account in 4-H Online, click "Don't have an account".

ENROLLMENT TIPS: Be sure to select **ST. MARTIN** parish that you wish to enroll in 4-H. Also, you will need to **select your school club** and projects as part of 4-H Online Enrollment. If your clubs or projects are not listed select "Club not listed" or "Project not listed." If you do not get to the point in enrollment that you need to select your clubs, projects, and sign consents, then you have not completed Enrollment.

Attention Parents of 4-H Members:

Whether you are a seasoned 4-H parent, or this is your first year in 4-H with your child, there is a special role a parent plays in their child's 4-H experience.

Your child needs your encouragement to get them started in 4-H and to keep them involved in the program through their teen years. You can help if you:

- **Share:** Take interest, look, listen, and offer suggestions, but avoid the temptation to "take over" and do things yourself.
- **Prepare:** Help your child value having their projects, duties, and presentations done right and on time.
- **Be There:** Parents are part of 4-H, too. You are welcome and very needed. Lend a hand where you can. Volunteer!
- **Care:** Support your child's participation and abide by the policies set by the 4-H Youth Development Program.

Remember - The St. Martin Parish 4-H program is run by trained youth development professionals who always have the best interest of your child and the program. Help us to make this a positive experience by helping your child and understanding your role as a 4-H parent. As always, if you have a question, concern or suggestion please do not hesitate to contact Ashley or Erica at 337-332-2181.

4-H Fun Facts

The 4-H Motto is: "To Make The Best Better"

This motto challenges everyone involved in 4-H to do the very best job they can.

The 4-H Colors Are: *Green and White.*

Green symbolizes nature's most common color. White symbolizes purity.

The 4-H Emblem is:

A green four-leaf clover with the letter "H" on each leaf. The H's stand for: **Head, Heart, Hands, and Health**





St. Martin Parish 4-H offers lots of opportunities throughout the year. How can you keep up with all of the events? Stay connected! We publish a monthly newsletter that will be given to the 4-H member at their monthly club meetings. (If you are absent on the day of the 4-H club meeting, ask your school club leader for a newsletter when you return to school.)

We also have a St. Martin Parish 4-H website where we post newsletters, calendars, contest rules, and much more! Check it often.

The parish program is also connected through social media. We are on Facebook, Twitter, Pinterest, Instagram, and Snapchat. Join our pages today to stay connected and be active in 4-H this year!

The 4-H agents are also available at the office on Monday-Friday from 8:00 am-4:30 pm at 337-332-2181. You can also email Mrs. Ashley at aistre@agcenter.lsu.edu or Mrs. Erica at epoirier@agcenter.lsu.edu

Livestock News

DID YOU KNOW

Youth who are 9 years old prior to January 1, 2023 are eligible to participate in the livestock program. 4-H members who plan to raise animals and take part in the livestock shows must select the appropriate project(s) on their enrollment card. Exhibitors must also take possession of their animals by the dates listed below if they wish to participate in the parish, district, and state livestock shows. Exhibitors of market and commercial animals must validate their animals by the deadline.

If you will be exhibiting a livestock animal for the 1st time this year, please contact the 4-H Office at 337-332-2181 immediately so you can be placed on our mailing lists in order to receive important information. The 4-H Agent that works with livestock is Mrs. Ashley Istre. Please contact Mrs. Ashley at 332-2181 or by email at aistre@agcenter.lsu.edu with any questions.

Possession Dates:

August 15, 2022	Market Steers
November 7, 2022	Beef, Dairy, Sheep and Goats
November 14, 2022	Deadline to order Broiler Chicks (possession takes place the 1st week of Jan.)
November 14, 2022	Miniature Cattle
December 2, 2022	Swine
January 1, 2023	Rabbits (for parish show only)
April 1, 2023	Horses



Showing Character in your Livestock Projects

In livestock projects, as well as any other 4-H project, it is important for you to act in good character every day. It is not following just one pillar of character - You should look at all six of them. These pillars are:

- **Trustworthiness** – Be honest; Don't deceive, cheat, or steal
- **Respect** – Be considerate of the feelings of others; Be tolerant of differences
- **Responsibility** – Do what you are supposed to do; Think before you act; Be accountable for your choices
- **Fairness** – Play by the rules; Don't take advantage of others; Don't blame others
- **Caring** – Help people in need; Be kind and compassionate; Show that you care
- **Citizenship** – Be a good neighbor; Obey laws and rules; Respect authority

Be an Exhibitor who Shows Good Character!



4-H Shooting Sports
Learn by Doing

Shooting Sports

Youth who are 9 years old prior to January 1, 2023, are eligible to participate in the shooting sports program. **4-H members who plan to participate in the shooting sports program must select the Louisiana Shooting Sports project in the outdoor skills/shooting sports area on their enrollment card.** If you select the Louisiana Shooting Sports project, you will be contacted by mail or email about the registration process, fees, future workshops, trainings, practices, and safety clinics. Project books will not be distributed until the first shooting sports meeting, which will be announced later. The 4-H Agent that works with shooting sports is Mrs. Erica Poirier. Please contact Mrs. Erica at 337-332-2181 or by email at epoirier@agcenter.lsu.edu with any questions.

****Please note that there are extra fees and requirements for those involved in the Shooting Sports program. Adult support is required. An adult must attend all events with youth.**

Shooting Sports Open House Sunday, September 18, 2022

Breaux Bridge High School Livestock Barn

1:00 - 2:00 pm

Join us to learn more about the

St. Martin Parish's 4-H Shooting Sports program.

- Meet certified instructors
- Find out what equipment and supplies youth participants will need for each discipline
- Ask Questions
- Find out how to become a certified instructor
- Turn in registration forms and fees early



4H Shooting Sports National Competitors

**Fall Fest
Contest Day**

Save the Date: October 29, 2022

All 4-H members are invited to join us at the first contest day of the year, 2022 4-H Fall Fest! Fall Fest will be held on Saturday, October 29, 2022, at the 4-H Office in Breaux Bridge (114 Courthouse Street, Breaux Bridge, LA 70517). What do you do at Fall Fest? At Fall Fest, you can enter the Pet Show, Cookery Contest, Fall Photography Contest, Pumpkin Decorating Contest, and Rock Decorating Contest. A complete booklet of Fall Fest contest rules will be distributed at the October 4-H club meetings.

If you have questions, call 337-332-2181.



Each month, we will have a trivia contest in *The 4-H Bayou Gazette* newsletter.

If you email the correct answer to us, along with your full name, school you attend, and your grade level, by the deadline, you will receive a prize at your next club meeting. Remember, your answer must be correct!

September 4-H Trivia Question:

What do the 4 H's stand for?

Email us the answer along with your full name, the school you attend, and your grade level by 9/20/22 to: stmartin4h@yahoo.com

National 4-H Week is October 2-8, 2022



This year's 4-H theme is **Opportunity4All**. 4-H will be working on building up our enrollment, building true leaders, building future citizens, and building impacts within our community! We hope to offer as many opportunities to all 4-H members as we normally do! Those opportunities may look slightly different at times, but they will be safe, educational, and fun! Whether virtual or in-person, we will work on building up our youth by using their Heads, Hands, and Hearts to "Make the Best, Better!"

National 4-H Week will be celebrated October 2-8, 2022. We

challenge each of our members to share your 4-H stories and participate in community service throughout the week! Be sure to check out our parish social media and Louisiana 4-H social media pages for ideas and activities. As you build your communities through service, please share your pictures and stories with us on social media by using **#Opportunity4All** on all of your posts.



St. Martin Parish 4-H Fall Commodity Fundraiser



The St. Martin Parish 4-H Foundation is hosting an annual fundraiser and will be selling both sweet potatoes and pecans. Proceeds from this sale will benefit the St. Martin Parish 4-H Program. The sweet potatoes are Louisiana grown on Garber Farms in Iota. The pecans are from Pointe Coupee Pecan Company.

Orders are due to the St. Martin Parish 4-H Office by November 9th. Pick-up for the items ordered will take place on November 22nd from 3:00 p.m. until 5:30 p.m. at the Breaux Bridge High School Barn, near the football field.

To order, fill out the form and return to the St. Martin Parish Extension Office located at 114 Courthouse Street, Breaux Bridge, LA. 70517. For questions or more information, please contact the St. Martin Parish 4-H Office at 337-332-2181.



Jr. Leader Club MESS FEST

Looking for a greater 4-H experience? Join the Jr. Leader Club to become more active in 4-H and in your community. Please join us for the annual Mess Fest Jr. Leader Club party! Come learn what the club is all about.

When: **Monday, September 26, 2021 from 5:00 pm-6:30 pm**

Where: 4-H Office (114 Courthouse Street, Breaux Bridge, LA 70517)

Jr. Leader Club Dues are \$10.

7th-12th graders who are interested in the Jr. Leader Club are welcome to attend. Come learn about the Jr. Leader Club, meet new people, and get MESSY

as we play games!

Wear clothing & shoes that can get dirty. Bring a towel.

The Jr. Leader Club is a group of St. Martin Parish 4-H members who gather once a month and do fun things. We also like to volunteer at different events, learn new things, and help the community. We hope to see you at Mess Fest!

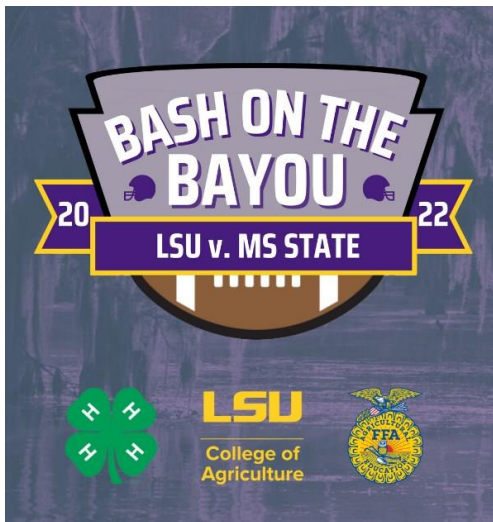
Southwest Region Challenge Camp

Challenge Camp Dates: November 15-16, 2022

Location: Acadiana Baptist Center, 1202 Academy Dr, Eunice, LA 70535

Eligible Campers: 7th and 8th graders. * Priority given to first time campers.

Please contact the 4-H Office at 337-332-2181 if you are interested in attending to be put on the list.



SAVE THE DATE!

JOIN LOUISIANA 4-H, FFA, AND THE LSU COLLEGE OF AGRICULTURE FOR BASH ON THE BAYOU - A TAILGATE EVENT AS THE TIGERS TAKE ON MISSISSIPPI STATE.

DATE: SEPTEMBER 17, 2022

TIME: 12:00 - 3:00 PM

\$5 ADMISSION FEE

ALL PROCEEDS BENEFIT COLLEGE OF AGRICULTURE SCHOLARSHIPS

BLOCK SEATING AVAILABLE AT

\$38 /TICKET

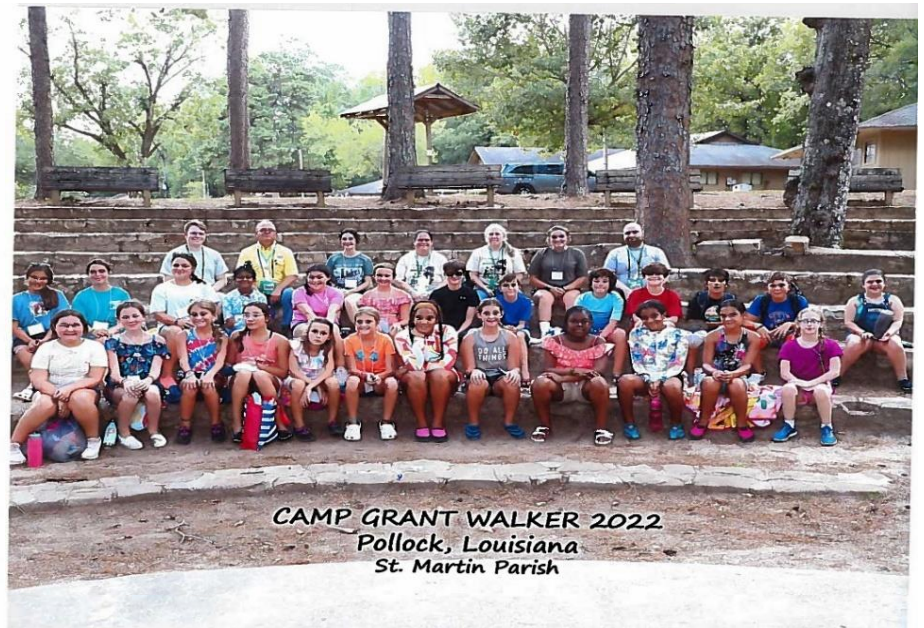
QUESTIONS?

KAYLA MCGUIRE
KCMGUIRE@AGCENTER.LSU.EDU
CADE LEJEUNE
CLEJEUNE@AGCENTER.LSU.EDU
HENRY HEBERT
HENRYH@LSU.EDU

Get ready to cheer on our LSU Tigers as they take on Mississippi State on September 17. Save the date for our first annual Bash on Bayou- LSU College of Agriculture, 4-H and FFA Tailgate. More information on Tailgate registration coming soon. Group tickets for game will be \$38 and may be purchased at: : <https://fevo.us/fv-offer--20220728-A66-203/?>



Thanks to the great volunteers and especially the camp counselors, Bradlie Debnam and Olivia O'Brien, for making the return to summer camp a great success.



4-H University Participants 2022



4H University Participants

Isabelle Couvillion
 Bradlie Debnam
 Ali Fontenot
 Landon Guidry
 Mary Harris
 Therese Harris
 Devin Lanclos
 Emma Latiolais
 Lanie LeLeu
 Alyssa Matamoros
 Regan Mestayer
 Olivia O'Brien
 Anna Oliver
 Abbey Poirier
 Billy Poirier
 Camden Schwander
 Alyssa Theriot



4H University Results

Contestant(s)	Contest	Place
Devin Lanclos	Fine Arts – Clay	3rd
Isabelle Couvillion	Agriculture Demonstration	9th
Lanie LeLeu	Dairy Cattle Judging - Individual	10th
Therese Harris	Fashion Revue – Upcycled Fashion	4th
Camden Schwander	Livestock Judging - Individual	9th
Devin Lanclos	Louisiana CHEF	1st
Landon Guidry	Personal Trainer	10th
Alyssa Theriot	Public Speaking - Any	3rd
Abbey Poirier, Billy Poirier	Tiger Tank Entrepreneurship	2nd

It is the policy of the LSU AgCenter, Louisiana Cooperative Extension Service that no person shall be subjected to discrimination on the grounds of race, color, national origin, religion, gender, age, or disability. If you have a disability which requires special assistance for your participation in any aforementioned activity, please contact the St. Martin 4-H office at 337-332-2181. In accordance with Federal law and U.S. Department of Agriculture policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age, religion, political beliefs or disability.