

Caldwell Parish Quarterly Report



October, November, December 2018

About the LSU AgCenter

The LSU AgCenter is dedicated to providing innovative research, information and education to improve people's lives. Working in a unique statewide network of parish extension offices, research stations and academic departments, the LSU AgCenter helps Louisiana citizens make the best use of natural resources, protect the environment, enhance agricultural enterprises and develop human and community resources.



Program Highlights

Agriculture and Natural Resources

Thirty-three beef cattle producers held a meeting in December where they learned about soil testing and pH, fertilization, liming and the importance of proper care and maintenance of their pastures and hay meadows. Mac Shelton, owner of Delhi Livestock Auction, attended the meeting and gave a market overview of beef cattle prices for northeast Louisiana.



Three private landowners received advice on price and thinning their stands of hardwood and pine trees from county agent Jim McCann.

County agent Jim McCann helped five 4-H members prepare their goat and poultry livestock projects for the Louisiana State Fair in Shreveport. Youth participating in livestock projects not only learn responsibility but also gain knowledge of animal husbandry and develop skills in communication and cooperation.



Two hundred fifty youth visited the LSU AgCenter Mini Farm during the Louisiana Art and Folk Festival and learned about domestic farm animal breeds including horses, rabbits, goats and poultry.

4-H Youth and Family Development

Agriculture lessons focusing on corn and pecans were presented to elementary students by 4-H agent Jana Bennett during monthly club meetings. Approximately 350 youth were reached throughout the fall of 2018.



The 4-H Junior Leadership Club has a current enrollment of 27 high school and junior high members. This group which focuses on community service helped children with their art projects at the Louisiana Art and Folk Festival Children's Tent. Junior Leaders also put together 21 Christmas boxes containing age appropriate gifts and toys for youth at Union Central Elementary school to brighten their holidays.

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Programs

4-H Youth and Family Development
Citizenship / Leadership
Science, Engineering, and Technology (SET)
Healthy Living
Outdoor Skills
Raising Animals

Agriculture & Natural Resources (ANR)
Agricultural Crop Production
Animal Production
Environment / Watersheds
Horticulture
Lawns and Gardens
Pest Management

Family, Nutrition and Health
Let's Eat for the Health of It
Smart Bodies
Show Me Nutrition
Healthy Beginnings
Community Nutrition

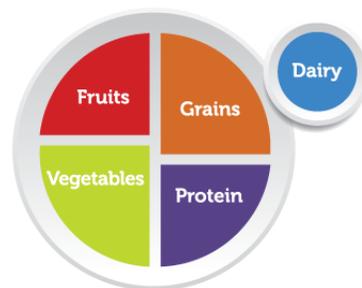
Junior Leader members donated desserts for a hamburger lunch fundraiser for the Caldwell 4-H foundation. Some of these funds will be designated to assist 4-H'ers attending 4-H University this summer.

Twelve 4-H'ers and two counselors attended Challenge Camp at Camp Grant Walker in Pollock. Sixth, seventh and eighth grade 4-H members from across the Northeast Region participated in a variety of challenges that promoted team building, leadership skills and a sense of belonging.

Numerous 4-H members participated in parish contests during October, November and December. Fifty 4-H'ers entered the Fall Foods Festival and Consumer Foods Judging contest in November at Union Central Elementary; 67 students submitted entries for the Leaf Identification contest. Twenty-eight 4-H members participated in the Fashion Revue and Consumer Decision Making contest where they competed in clothing construction, decorated shirt, ready-to-wear and consumer decision making. Sixteen entries were submitted for the Photography Contest in the categories of Story or Series, People, Structures or Buildings and Plants or Animals. Corporate sponsors have been secured for all 4-H contests this year affording the opportunity to present cash awards to 4-H winners. Participation in 4-H contests gives members the opportunity to use their problem solving and decision making skills, develop communication skills and learn the importance of setting goals and determination.

SNAP-Ed

Five hundred eighty-two students from Columbia, Grayson and Union Central elementary schools, Caldwell Prekindergarten Center and Kelly Early Childhood Development Center learned about the MyPlate food sections. SNAP-Ed nutrition educator Tammy Tarver presented lessons on grains, fruits and vegetables using the Happy Healthy Me and Let's Eat for the Health of It curriculums. Students learned the benefits of each food group, how much to eat and where these foods are grown. Students also participated in 5 to 10 minutes of physical activity to encourage them to be more active at home.



During the Caldwell 4-H Fall Foods Festival, 35 students participated in a food safety lesson that focused on Clean, Separate and Cook from the USDA Fight BAC curriculum. The Family Kitchen display was available to give participants a hands-on experience and the opportunity to apply the skills learned from the lesson.

FIGHT BAC!



Caldwell Council on Aging clients participated in fruit and vegetable nutrition lessons and learned how to shop for, store and prepare produce. Members also sampled Strawberry-Pecan Salad prepared during the class.

One hundred seventy-five students at Caldwell Parish Junior High School began a series of SNAP-Ed nutrition classes in December. Students in the girls P.E. classes learned about the Grain section of MyPlate, which foods are considered grains, portion sizes and how many ounces to eat every day. Some of the students participated in a food demonstration and prepared Colorful Quesadillas.

Headquartered in Baton Rouge, the LSU AgCenter is a statewide campus of the LSU system and provides educational services in every parish and conducts research that contributes to the economic development of the state. The LSU AgCenter does not grant degrees nor benefit from student tuition and fee increases.

Consistent with the Americans with Disabilities Act (ADA), the AgCenter will make reasonable accommodations to enable persons with disabilities to perform essential duties of their positions and to make program services available to all.

William B. Richardson, LSU Vice President for Agriculture, Louisiana State University Agricultural Center, Louisiana Agricultural Experiment Station, Louisiana Cooperative Extension Service, LSU College of Agriculture. The LSU AgCenter and LSU provide equal opportunities in programs and employment

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LSUAgCenter.com