

**Appointment: 100% Extension – 100% 4-H Youth Development Agent**  
**Requested Action: Promotion to the Rank of Full Extension Agent**

**Lekeisha Lucas-Powell**  
**East Carroll Parish**  
**Louisiana State University Agricultural Center**  
**Lake Providence, Louisiana 71254**

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**Table of Contents**

Abbreviated curriculum vitae .....	2
Education .....	3
Employment History .....	3
Parish Situation .....	3
Current Duties and Responsibilities .....	4
Goals of Programming Efforts .....	5
Documentation of Major Program Areas and Initiatives .....	5
Advisory Process and Critical Issue Responsiveness .....	12
Innovative Teaching Methods, Knowledge, and Application of New Technology .....	13
Program Delivery Effectiveness Demonstrated by Evaluation, Change and Adoption .....	13
Development and Presentation of Research Based Materials .....	27
Extension Publications (Print and Electronic) .....	34
Mass Media and Electronic Outreach .....	37
Other Educational Materials .....	37
Cooperation/Collaboration with Other Faculty .....	37
External Funding, Monetary Support and Grants .....	38
Referred Publications .....	45
Presentation at Professional and Clientele Targeted Conferences and Meetings .....	46
Participation In and Leadership of Professional Organizations/Committees .....	47
Continued Coursework, In-service Training, Sabbaticals, Professional Involvement .....	47
Participation in Public Policy and Community Issues .....	48
Awards and Recognition .....	48
Multi-institution, Agency and State Collaboration .....	49
Other Scholarly or Creative Activities .....	49
Recruitment of Students and Faculty .....	50
University Service .....	50
Professional Service .....	51
Other External Community Service .....	51

### ABBREVIATED CURRICULUM VITAE: Lekeisha Lucas-Powell

Bachelor of Arts in Sociology	University of Louisiana @ Monroe, 12/11
Master of Education in Instructional Technology	University of Louisiana @ Monroe, 12/13
Required Extension Courses	Classes accepted from ULM graduate school
<b>Academic Rank</b>	Associate Extension Agent
<b>Years of Service</b>	8 years 9 months
<b>Publications:</b>	
Newsletter Issues	55
Mass Media Newspaper	81
Social Media	584
Web	0
4-H State Resources	0
Numbered	0
<b>Display Contributions</b>	0
<b>Television Interviews</b>	0
<b>Presentations:</b>	
4-H Club Meetings/Project Clubs/School Enrichment	753
Trainings	24
Invited to Present – not 4-H Club Meetings	47
<b>External Funding:</b>	
Monetary (Including Grants)	\$132,437.00
In-Kind	\$180,174.66
<b>Committees:</b>	
Parish East Carroll Parish 4-H Advisory Committee Overall Parish Advisory Committee East Carroll Parish 4-H Foundation Advisory Board East Carroll Parish Healthy Communities Coalition Library to the Garden Board Member East Carroll Parish DEFY Tobacco Team Doorway to Louisiana	7
Regional 4-H Professional Development Northeast Youth Field Day Regional Leadership Board LAE4-HA 2017 Convention Committee 4-H Mentor for New Agent Area Commodity Cookery Committee	6
State 4-H State Fashion Board Regional Representative- LA Association of Extension 4-H Agents 2016 Epsilon Sigma Phi Member, 2016 - 2017	3
National Registration Committee - 2016 National Association of Extension 4-H Agents	1
<b>Offices Held in Professional Organizations</b> LA Association of Extension 4-H Youth Development Professionals - President-Elect, 2019-2020 LA Association of Extension 4-H Youth Development Professionals - President, 2020-2021 LA Association of Extension 4-H Youth Development Professionals – Past-President, 2021-2022	3

**Lekeisha Lucas-Powell  
East Carroll Parish  
Louisiana State University Agricultural Center  
Lake Providence, Louisiana 71254**

**EDUCATION:**

- University of Louisiana at Monroe, Monroe, LA  
Bachelors of Arts, Sociology, December 2011
- University of Louisiana at Monroe, Monroe, LA  
Masters of Education, Instructional Technology, December 2013

**EMPLOYMENT:**

- **October 1, 2013 – Present:** LSU AgCenter Associate Extension Agent, 4-H Youth Development, East Carroll Parish, Lake Providence, LA 71254.
- **July 1, 2001 – September 30, 2013:** Career Counselor, Louisiana Workforce Commission, Lake Providence, LA 71254.

**Parish Situation**

East Carroll Parish is a small, rural parish in the Northeast Region of the state. The northeastern most parish, bordering the Mississippi River, is East Carroll. As of the 2020 census, the population was 7,459 with 420.70 square miles of land. The parish seat is Lake Providence. The parish was formed in 1877. According to the U.S. Census Bureau, the median income in 2020 was \$24,551; with 37.6% of residents below the poverty line. The percentages of race in the parish are as follows: 29.1% White, 68.8% African American, .3% American Indian, .5% Asian, 1.3% Two or more races. According to the 2022 County Health Rankings, East Carroll parish is ranked 63<sup>rd</sup> in the Health Factors and Behaviors identified by the study. These factors indicate high rates of adult obesity, physical inactivity, teen birth rate, excessive drinking, motor vehicle crash death, sexually transmitted infections, and adult smoking.

## **Current Duties and Responsibilities:**

### **4-H Youth Development Agent**

As the 4-H Youth Development Agent Mrs. Lucas-Powell's responsibilities include program development, implementation of those programs, and evaluation of the entire 4-H program in the parish. She also provides leadership to both adult and youth volunteers. New volunteers are identified, recruited, and trained annually to continue to ensure the growth and development of the 4-H program in the parish.

As the 4-H Youth Development Agent in East Carroll Parish she provides programming for **nine** 4-H clubs, **4** 4-H Cloverbud clubs and **3** project clubs in East Carroll parish.

As a 4-H Youth Development agent, Lekeisha Lucas-Powell strives to include all youth in the parish through a variety of programming efforts. She provides leadership for involvement not only on the parish level but on the regional and state levels as well. She encourages participation of her 4-H'ers in regional events and the Regional Leadership Board. On the state level, Mrs. Lucas-Powell ensures participation as an advisor to the State Fashion Board and encourages her parish youth to apply for State 4-H Boards and attend state 4-H events.

Annually, she develops a plan of work based on needs identified by the advisory councils in East Carroll Parish. Educational programs for youth are provided in a non-discriminatory manner on the basis of race, color, national origin, sex, religion, or handicap.

When Mrs. Lucas-Powell first began her work as a Youth Development agent in East Carroll Parish, she met with 3 traditional 4-H clubs in only the public schools in the parish and 1 junior leader club. The total number of clubs is **9** and now represents **ALL** of the schools in the parish, both public and private, as well as a new homeschool club. In addition to the **9** traditional 4-H clubs and Junior Leader Club, Ms. Lucas-Powell has established **3** new Cloverbud clubs and **3** Project clubs.

## **Goals for the 4-H Program in East Carroll Parish:**

4-H empowers young people with the skills to lead for a lifetime. It's a research-based experience that includes guidance, hands-on education, and meaningful leadership opportunities to make a difference in their communities. This is accomplished through the 3 mission mandates of 4-H: Healthy Living, Science, and Citizenship. As every state, every parish, and every community struggles with different needs in these 3 areas, each 4-H program offers educational opportunities tailored to meet the needs of that specific parish. Lekeisha strives to conduct programming in all of these mission mandates to strengthen the youth of East Carroll Parish.

Lekeisha Lucas-Powell strives to continually increase enrollment to reach more youth in East Carroll Parish. She has developed a strong relationship with the Superintendent and regularly speaks with her about 4-H programming in the public schools. Lekeisha also meets consistently with the principal and teachers at Briarfield Academy to continue offering 4-H clubs to the students at this private school.

### ***1. Documentation of Major Program Areas and Initiatives***

#### **Healthy Living Mission Mandate**

Nutrition and healthy foods have been a focus of 4-H since its inception in 1902. With this long standing history of promoting healthful living, 4-H strives to engage both youth and their families to encourage healthy ways of living. Focus areas for 4-H healthy living programs include nutrition, childhood obesity, drug awareness, bullying prevention, health and fitness, safety, stress management, and food science. Programs are designed to help 4-H youth learn about living a healthy lifestyle through fun, hands-on activities and projects.

#### **• Healthy Living Workshops**

According to the 2022 County Health Rankings, East Carroll parish ranked 63 in the Health Factors identified by the study. These factors include adult obesity, physical inactivity, teen birth rate, excessive drinking, motor vehicle crash death rate, sexually transmitted infections, and adult smoking (Robert Wood Johnson Foundation, 2012).

Healthy Living Workshops were offered to youth in East Carroll Parish during Spring, Thanksgiving and Christmas breaks. The workshops also provided leadership opportunities for East Carroll Junior Leaders. These youth volunteers worked together with agents and adults to build their own knowledge and skills themselves. The teens then took their new knowledge and skills and put that to use to plan and conduct educational presentations related to nutrition and healthy living. The goal of the healthy living sessions is to provide and educate the youth of East Carroll parish on the importance of choosing healthier lifestyles through hands on nutrition and physical activities and research-based information. Workshops have been conducted on the following topics: healthy snacks, yoga, self-esteem, and increased physical activity.

Since its inception in 2016, the efforts of the Healthy Living workshops have reached over **220** youth with the message of the importance of leading healthier lives. The East Carroll Junior Leaders attended the 2022 National Healthy Living Summit in Bethesda, Maryland and the Teen Health Advocate Training in Woodworth, LA. The trainings afforded East Carroll teens the opportunity to learn teaching skills, health content, and develop leadership capacity, while

deepening mutual collaboration as teens and adults work a plan for change. Junior leaders engaged in hands-on learning to take back to their parish and created action plans. The youth leaders, also, received materials to implement Healthy Living activities.

- **Educational Club Program Focus**

During the past eight years, the 4-H club focus was on Healthy Living. Club demonstrations utilized various healthy living lesson plans from the Health Rocks! curriculum which focused on reducing tobacco, alcohol and drug use by youth. Lesson Topics included: Keeping Healthy, Self Awareness & Stress, Making Informed Decisions, Peer Pressure, Building Refusal Skills, Serving the Community and Community Healthy Messages. In 2021 and 2016, Lekeisha collaborated with East Carroll Parish Sheriff's Department DARE officer; Samantha Ball presented club demonstrations on the harmful effects of drugs. During the 2021-2022 school year, Mrs. Powell received funding from the Louisiana Public Health Institute to present demonstrations on the harmful effects of tobacco and the advertising tactics large tobacco companies use to target youth.

During the 2016 Kick Butts Day (a day of activism that empowers youth to stand out, speak up and seize control against tobacco), 80 4-H'ers from East Carroll parish along other advocates met with Representative on the steps of the Louisiana State Capitol in Baton Rouge, LA to voice their concerns regarding tobacco.

In 2016-2017 Lekeisha also participated in the National Lesson Study project which focused on Healthy Living. Lesson Study is a form of long-term professional development in which teams of teachers collaboratively plan, research, and study their lesson instruction as a way to determine how students learn best. Research has shown that the lesson study process is an effective way to enhance lesson delivery which results in increased skill development on the part of the educator.

- **From the Library to the Garden**

In 2014 a new program titled "From the Library to the Garden" was developed in response to an ever increasing need to help students gain a greater awareness of the role of agriculture and how their food is grown. "From the Library to the Garden" is a partnership with the East Carroll Parish Library and endeavors to educate 3<sup>rd</sup> grade youth about the importance of agriculture and gardening. Students rotate between sessions held at the local extension office and the parish library. Sessions over the years have focused on: Food Safety, Gardening, Bees and Pollination and Farm to the Table. Lekeisha is responsible for coordinating all aspects of this event from securing funding, transportation, presenters and meeting with principals/teachers. Since its inception in 2014, programming efforts of "From the Library to the Garden" has reached over 425 3<sup>rd</sup> grade youth with the message of the importance of agriculture.

- **4-H Reading/Book Club**

During the 2016-2017 school year, Lekeisha implemented the 4-H Reading/Book Club. 4-H'ers met once a month at the East Carroll Parish Library for book discussion and to watch the movie version of the book. Book clubs provide an enjoyable way for children to develop literacy skills. Book club discussions help children practice taking turns, encourage them to use language to analyze, make predictions and solve problems, and provide them with opportunities to try out new vocabulary words. Book titles included: James And The Giant Peach, How to Train Your Dragon and Mr. Popper's Penguins. The book club hosted *A Day of Poetry*, 28 4-H'ers enjoyed a day spent with East Carroll 4-H Alumni Fredederia Willis, a former KNOE news journalist. Miss Willis led a discussion on poetry and her love for reading and writing which led to career

pursuits in journalism.

- **Smart Bodies**

Louisiana is ranked fifth highest in the country in obesity and fourth highest in childhood obesity. (2010 Trust for America's Health Report) There is evidence that supports the probability that obese children will become obese adults. Being overweight or obese leads to many chronic diseases, including Type 2 Diabetes, heart disease, and high blood pressure. Smart Bodies research indicates that youth who participate in the full Smart Bodies program: 1) significantly increased their knowledge about nutrition; 2) significantly increased their knowledge about the effects and benefits of physical activity; 3) significantly increased their beliefs that they could consume more fruits; and 4) expended significantly more energy during Take 10! the physical activity component of the program than during recess, lunch and after school.

Mrs. Lucas-Powell implemented this program in 2016 at Briarfield Academy. She conducted school assembly programs for the students and worked with the school to recruit the volunteers necessary to set up, man the ten educational stations and take down the Body Walk.

- **Commodity Cookery**

Mrs. Lucas-Powell has conducted the East Carroll Parish commodity cookery contest to promote healthy lifestyles each year. This contest focuses on Louisiana commodities and encouraged the youth to create dishes using those items. The youth learn kitchen skills as well as nutritional information about beef, egg, sweet potato, rice, pecan and chicken. Along with learning about Louisiana commodities, the participants take part in educational programs focusing on healthy living. An average of **6 youth** participate in the parish cookery contest each year. The winners of the parish cookery are invited to participate and compete in the Regional cookery. Lekeisha takes East Carroll 4-H'ers to the regional cookery to spark an interest in this competition.

- **Food Preservation Workshops**

Since its inception, Mrs. Lucas-Powell along with EFNEP nutrition agents and volunteers hosted a strawberry and blueberry jam preserves workshop. The workshop was conducted to teach the value of preserving fruits and vegetables. Over the past six years, a total of **57** youth and adults attended workshops and learned how to preserve by using 2 different methods. The 4-H'ers are looking forward to another opportunity to make homemade jam. The Southern University AgCenter FCS Agent hosted a food preservation workshop. At this workshop, **2** 4-H volunteers were trained on the proper techniques of preservation and learned how to preserve squash and figs. The trained volunteers will continue to host a workshops teaching teens food preservation.

- **Gardening Workshop**

For 4 years, Mrs. Lucas-Powell has hosted a container gardening workshop. East Carroll Parish youth are becoming less familiar with agriculture and how their food is grown. 4-H collaborated with Donna Lee, former LSU AgCenter County Agent to teach individuals the importance of gardening and how to successfully create a container garden. The workshop was designed to reconnect individuals with the true source of their food, and teach them valuable gardening/agriculture concepts and skills that integrate with several school subjects. A total of **53** individuals have attended the gardening workshop. The attendees learned about the benefits of gardening and what plants need to survive. **100%** of the youth made a tomato container garden. .

## **Science Mission Mandate**

The mission mandate of Science is based upon the need for science, engineering, and technology education for today's youth. 4-H programs prepare youth for the challenges of the future by engaging them in the process of discovery and exploration through the core areas of science including: animal science, agriculture, consumer science, environmental science, natural resources, and technology. These areas are intertwined through hands-on learning experiences offered through the 4-H program.

- **Cloverbud Club Program**

With the beginning of the Cloverbud Club program in 2014, Mrs. Lucas-Powell incorporated SET into the programming efforts that were focused mainly on Healthy Living. The SET demonstrations included the What Causes the Wind, The Water Cycle and making apple juice. The Cloverbud club program is offered to 1<sup>st</sup> through 3<sup>rd</sup> graders attending school at Briarfield Academy and all 3<sup>rd</sup> graders at Southside Elementary. The Cloverbud program began in 2014-2015 very few members and has grown to include a total enrollment of **376 youth** from 2014-2022.

- **Educational Field Trips**

The 2015 Performance Scores/Letter Grades for Southside Elementary was a D. (*Louisiana Department of Education*) As a result, Mrs. Lucas-Powell coordinated a field trip to Sci-Port and Black Bayou Lake National Wildlife Refuge: Conservation Learning Center. Science field trips can be used as educational tools to connect students to classroom concepts and increase student interest, knowledge, and motivation. Sci-Port provides a fun, educational environment for people to explore and actively engage in the world of mathematics, science and technology. Sci-Port provides hands-on tools for using scientific discovery in everyday life and encourages a passion for lifelong learning. In 2016-2017 school year, **165 youth** participated in this event at Sci-Port. In 2016, Lekeisha took 4-H members to Black Bayou Lake National Wildlife Refuge. A Biologist presented a demonstration on Louisiana wildlife utilizing animal pelts and skulls. The biologist, also, led the 4-H'ers on a nature walk viewing animal habitats. During the 2021-2022 school year, Griffin Middle Academy and General Trass Senior High School traveled to Chennault Aviation and Military Museum and the Mississippi Museum of Natural Science to help promote science. A total of **170** youth and adult volunteers participated in this event.

- **Sewing Workshops**

In 2014-2015 and 2015-2016, Lekeisha conducted a T-Shirt Quilt Workshop. Valuable skills that were previously taught to youth in schools are being removed one by one and are almost completely non-existent today. Sewing and textiles were an important life skill that was once taught. Unfortunately, many youth are not learning to sew at home or school. In response to this need, a two-day workshop was conducted teaching youth basic sewing machine operation. The 4-H'ers learned how to cut fabric using scissors, rotary blades and cutting mat along with sewing strips of fabric together to design a quilt. During this process, youth gained self-confidence while learning a new skill. As a result of the t-shirt quilt workshop, **13 (100%)** of the youth learned basic sewing knowledge and completed their projects. In 2018 and 2021, Mrs. Lucas-Powell hosted sewing camps for 4-H'ers. As a result of this workshop, **15 (100%)** of the youth learned how to operate a sewing machine.



- **State 4-H Fashion Board**

Teen consumers spend more than \$100 billion every year. The 4-H Textiles and Apparel Program helps teens to develop these skills and make smarter choices that will benefit them throughout their lives. While teens learn to recognize better quality and make better selections in ready-to-wear garments, they also learn to make better choices when selecting fabrics to sew their creative designs. Through an annual 4-H University Fashion Revue for teens and their volunteer leaders, 4-H'ers across Louisiana experience the world of fashion.

The 4-H Textiles and Apparel Program builds confidence in teens and adult volunteers by giving them opportunities to be leaders as part of the 4-H State Fashion Board. Teens and adult volunteers from across Louisiana are given the chance to learn more about the fashion industry and career opportunities through field studies, fashion camp and creating their own fashion shows. Teens will graduate high school with an awareness of careers in the fashion industry as well as skills that will help them to achieve their personal and professional goals. In addition, training for 4H Extension Agents across the state includes recognizing better quality in clothing as well as textile science and quality analysis in apparel.

As a sponsor of the State Fashion Board, Lekeisha assists with planning and attends bi-annual board meetings with the youth members, interview potential fashion board members. Mrs. Lucas-Powell has also assisted in the production of 4-H Fashion Shows at 4-H University and Fashion Camp from 2014 – Present. Mrs. Powell has been serving as a board advisor from 2014-Present.

- **Youth Wetlands**

The 4-H Youth Wetlands Program taught environmental education curriculum with lessons correlated to Common Core Standards and GLEs. The curriculum included hands-on lessons for 3<sup>rd</sup> -12<sup>th</sup> grades with step by step procedures, student worksheets, assessments and other free materials for teachers. Any teacher in 3<sup>rd</sup> – 12<sup>th</sup> grade was encouraged to enroll. A total of **1,459 youth** in East Carroll parish have been reached with this program since 2014. Teachers and principals alike in East Carroll parish have utilized this free resource. Lekeisha promotes to educate youth on Louisiana's unique environment.

- **4-H Summer Camp**

4-H Summer Camp is one of the favorite activities in East Carroll Parish. It's more than just fun and games. One of the most important skills children learn from camp is self-sufficiency. This camp affords kids the opportunity to spend their days being physically active, learning social skills, growing more independent, meeting new friends. The number of 4-H'ers have increased in East Carroll Parish from **13** campers in 2014 to a total of **237** campers from 2014-2022. This camp gives children in East Carroll Parish the opportunity to learn skills such as swimming that they're not afforded in the parish. There are no public swimming pools in the parish, so this activity creates excitement about 4-H Summer Camp. In 2021, Lekeisha hosted a 4-H Summer Camp in Lake Providence. As a result of this camp, **65 (99%)** of the campers increased their knowledge of boating safety and **94%** learned the importance of wearing a life jacket.

- **Fishing Sports Clinic**

The 4-H Fishing Sports Clinic was implemented to teach the fundamentals of fishing knowledge and to provide youth with a positive fishing experience. Professional instruction was provided by dedicated and knowledgeable Louisiana Department of Wildlife and Fisheries staff.

Focusing on Science, the clinic makes use of one of the prominent natural resources in the parish. **4** Fishing Clinics were conducted on Lake Providence. In recent decades, there has been an alarming trend of children becoming more disconnected from nature than in past generations. Fishing experiences provide opportunities for children to develop important life skills and knowledge. This educational clinic was a collaboration with Louisiana Department of Wildlife and Fisheries; **62 youth and 15 adults** were in attendance. Youth learned about conservation, knot tying, casting and fish identification.

### **Citizenship Mission Mandate**

Since 1902, 4-H has emphasized the importance of youth being well-informed and engaged citizens. By connecting to their communities and community leaders, youth understand their roles in community affairs and expand their decision making skills. The core areas of citizenship are civic engagement, service, leadership, and civic education.

- **Northeast Region Youth Leadership Board**

Youth development programs seek to provide youth the ability to strengthen their skills to become successful adults. Youth survey results indicated that increased meeting time was needed in order to accomplish tasks, and better organization with more input from agents was needed to provide support for youth members. Maslow's Hierarchy suggests that all humans naturally seek to learn and grow but have needs which get in the way. (High/Scope, 2009). Many youth programs operate at the lower level of Maslow's pyramid, which are safe nurturing environments but fail to operate at the higher tiers of the pyramid which are engagement and interaction (High/Scope, 2009). A quality youth program should incorporate learning experiences in the upper tiers of Maslow's pyramid. Continuity and consistency is needed to develop strong leaders and promote active participation in parish, regional and state 4-H programs.

A committee consisting of five parish youth development agents under the direction of the 4-H Regional Coordinator has provided leadership for four years to engage area teens in enhanced leadership and citizenship training. Mrs. Powell has been a member and of this committee that serves as board advisors since 2013. Each year a total of **40** teens from twelve northeast Louisiana parishes are selected to serve on the NE LA 4-H Regional Leadership Board. Three youth representatives from each of the twelve Northeast Louisiana parishes are selected through a registration process based on active participation in parish, regional and state 4-H projects.

The board meets monthly from September through April and the teens on the board help plan, implement and evaluate regional events. The board selects a fundraiser for the year as well as a service learning project which relates to the statewide service learning initiative. This year, over 100 birthday boxes were put together and delivered to CASA representatives for youth being serviced by the organization so those youth would have something special for their birthday. The group also conducted the "Clovers Care" project this year securing funds to make bags for youth being serviced through the foster care program in the region. Fundraising efforts provide for funds which are used to provide a stipend to members to attend 4-H U or the state Junior Leadership Conference. The stipend is provided to those members who attend at least five meetings, participate in the fundraiser and service learning project. The regional board also promotes applying for state boards and being active at state events.

- **Junior Leadership Club**

The Junior Leadership Club in East Carroll Parish has grown from 4 members to over 20 members over the past 3 years which is a **50%** increase in participation. Mrs. Powell invites all 8<sup>th</sup>-12<sup>th</sup> grade 4-H'ers to become a part of this leadership club. Youth voice is utilized in working with the group as they decide what the group will be doing each year through this club. These teen leaders provide educational programming to younger 4-H'ers during Healthy Living Workshops, Progressive Agriculture Safety Day, Library to the Garden, and the Body Walk. During the school year, the Junior Leaders focus on community service projects. Community service projects have included: *Law Enforcement and Teacher Appreciation Day Gift Bags; Wreaths, Activity Mats, and Walker Caddies for Nursing Home Residents; and Egg stuffing for Annual Easter Egg Hunt.*

- **4-H Day at the Capitol**

East Carroll parish youth visited the Louisiana State Capitol in Baton Rouge to meet with their legislators, tour the Capitol and learn about Louisiana government. Mrs. Lucas-Powell coordinated the promotion of this event and travel arrangements. Mrs. Powell has taken over **45** youth from East Carroll parish. Meetings were arranged with the local legislators. The participants enjoyed learning the history of our state, discussing local issues with our legislators and participating in Citizenship Board educational activities.

- **4-H Night with the Pelicans**

4-H Night with the Pelicans is a collaboration with 4-H and the Louisiana Pelicans (*4-H Hoop and Clovers*). East Carroll 4-H'ers have the opportunity to travel to New Orleans, LA, visit the Audubon Aquarium, participate in games provided by the Citizenship board and meet 4-H'ers from around the state. Since 2015, **275** East Carroll 4-H'ers have participated in this event. This annual event helps to promote enrollment into the 4-H program.

- **4-H Day of Service**

Louisiana Baptist Children's Home and Family Ministries is a faith-based nonprofit organization dedicated to serving children and families in need since 1899. In response to this community service project, East Carroll Parish 4-H'ers raised funds in order to provide Christmas presents to the residents. **23** Students from Griffin Middle Academy toured the Louisiana Baptist Children's Home and Staff A Bus Christmas Project in Monroe, LA and made donations to help children in need. **25** students from General Trass Senior High School toured The Ronald McDonald House and donated items.

- **Progressive Agriculture Safety Day**

Mrs. Lucas-Powell served as the Progressive Agriculture Safety Day safety coordinator from 2014-2019. The mission of Progressive Ag Safety Day is to provide education, training and resources to make farm, ranch and rural life safer and healthier for children and their communities. Lekeisha is responsible for leading the planning meetings, creating the agenda, handling numerous details of the event, securing funding, presenters, planning and monitoring the safety of everyone at Safety Day. Since 2014, Lekeisha Powell has recruited **355** 5<sup>th</sup> graders and **60** adult volunteers and **45** junior leaders. Educational sessions taught have included Firearm Safety, Grain Safety, Kitchen Safety, Chemical Safety, Gardening Safety, Internet Safety, Weather Safety, Water Safety and Health Safety.

- **Volunteer Leader Forum**

Volunteers are essential to the successful implementation of the 4-H program. There are many roles that volunteers can take on but no matter the role leaders should be trained in their responsibilities and know how to perform them. Louisiana 4-H takes seriously its obligation to provide a safe, positive environment for the youth. We want to provide volunteers and staff with tools, resources, and information they need to be effective leaders. In an effort to provide training for volunteers a regional leader forum is conducted in the Northeast Region each September. Lekeisha consistently promotes this training to her parish. She has taught the following trainings to over **82 volunteers**: The Incredible Journey-4-H Opportunities and Stress Relief, Pampering Yourself.

## **2. *Advisory Process and Critical Issue Responsiveness***

The East Carroll Parish Advisory Leadership Councils (ALC) are vital to the programming efforts of the LSU AgCenter. Mrs. Lucas-Powell has functioning ALCs for 4-H and is part of the parish wide. All of the leadership councils meet annually. Each ALC has representation of local stakeholders, youth and leaders within the parish. Representatives from the school district, state agencies, parish government, and various organizations participate in the annual meetings.

The ALC meetings allow stakeholders in the parish to provide input regarding the direction of the 4-H program in East Carroll Parish. These committees discuss the previous year's efforts and focus on the upcoming year's potential. The stakeholder input is implemented into the upcoming year's programming as applicable to the LSU AgCenter mission and funding requirements. Suggestions for collaboration and programming are followed up by Mrs. Lucas-Powell.

The 4-H ALC is comprised of community leaders such as Police Jury and School Board members, state agencies, local businesses, parents, volunteers, parish club members and other youth. Mrs. Lucas-Powell believes the important role of the ALC is accomplished only through having strong members, representing many voices within the parish.

The Overall Advisory Leadership Council is a committee made up of stakeholders from each of the program areas of the LSU AgCenter in the parish. These include 4-H, Agriculture and Natural Resources, and Nutrition. This committee focuses on the overall efforts of the LSU AgCenter and offers insight into needs for the upcoming programming year.

The East Carroll Parish Foundation Board is another advisory board that meets annually and is composed of community leaders who monitor the financial transactions of the 4-H Foundation in the parish.

Each year, the ALC provides guidance for Lekeisha Lucas-Powell's programming efforts. She interacts with the members throughout the year by face-to-face contact, telephone contact, and/or emails.

### Critical Issue Responsiveness

Critical Issues that have been identified since 2014 in the parish have included the following:

- Lack of Funding
- Childhood Health

- Lack of Participation
- Transportation Issues

Since 2013, Mrs. Lucas-Powell has worked to address the critical issues identified by the Advisory Leadership Councils through her programming efforts in East Carroll parish.

One of the most critical issues brought forth from the Overall Parish ALC in 2012 was to strengthen the 4-H program in the parish. Mrs. Lucas-Powell addressed the issue by meeting with the superintendent of the School Board and local officials, attending principal meetings, and meeting with teachers, 4-H leaders, and youth. Upon becoming the Assistant 4-H Agent in East Carroll parish, the first critical issue Mrs. Lucas-Powell had to address was financial restraints. Lack of funding prohibited advancement of the 4-H program. After meeting with the East Carroll Parish Police Jury, Mrs. Lucas-Powell was able to secure yearly funding from The East Carroll Parish Police Jury. She has received over **\$28,000** in funding from the East Carroll Parish Police Jury since 2014 to assist with youth programs. Also, Lekeisha met with the East Carroll Parish School Board and they voted to assist with 4-H Summer Camp, the East Carroll Parish School Board waived transportation costs which would approximately cost \$800.00. Lekeisha has been able to secure additional funding from community businesses and faith-based organizations.

Transportation to regional and state events has been a hindrance to 4-H participation. The 4-H program has very low parental support and most children do not have transportation to local, regional or parish events which causes low participation. To help alleviate this problem, Lekeisha has raised funds to rent vans to help combat transportation issues.

The ALC has, also, shown concern for childhood health issues. East Carroll Parish has received a Pre-Diabetes Grant and Wal-Mart Grants to help combat childhood health issues by offering many healthy living workshops and partnering with health professionals.

### ***3. Innovative Teaching Methods, Knowledge, and Application of New Technology***

Mrs. Lucas-Powell strives to incorporate a variety of teaching methods into the 4-H programming in East Carroll Parish. She uses Microsoft Word, PowerPoint, Canva, Filmora and Publisher to create newsletters, flyers, brochures, postcards, letters, presentations, and lesson plans. In utilizing social media, Lekeisha routinely posts articles, pictures and newsletters on the East Carroll Parish Facebook and Instagram pages. She, also, uses experiential learning to conduct 4-H club programming. Learn by doing.

In 2015 and 2022, Mrs. Lucas-Powell attended trainings and received certification to teach 4-H Yoga for Kids. She has utilized this training to enhance club meetings, promote physical activity at 4-H Healthy Living Workshops.

### ***4. Program Delivery Effectiveness Demonstrated by Evaluation, Change, and Adoption***

Lekeisha Lucas-Powell has utilized evaluations as a method to determine effectiveness in program content and program delivery of various programming efforts throughout East Carroll parish and the Northeast Region. Mrs. Lucas-Powell strives to provide relevant, research-based information in her programming to elicit changes in the participants' daily lives.

### **Parish Based Evaluations**

## **2021 Healthy Living Enrichment Program**

Target Audience: 4-H members in 5th grade

### Relevance:

Childhood obesity has reached epidemic rates in the United States. According to the 2020 County Health Rankings, East Carroll Parish ranked 63 out of 64 parishes in overall health outcomes. As a result, the East Carroll Parish Advisory Committee chose Healthy Living as the focus for the 2020 - 2021 school year to help reduce these rates.

### Response:

The Health Rocks curriculum was integrated into Southside Elementary as 4-H school enrichment. The Louisiana 4-H school enrichment program requires a minimum of six hours of instructional lessons and activities. The Health Rocks program offers hands-on learning opportunities to bring topics to life for the students in an engaging format. A series of 6 lessons were conducted that educate youth on the importance of choosing healthier lifestyles and to help youth build life skills that lead to healthy lifestyle choices. The overall goal was to increase awareness of the importance of leading healthier lifestyles.

### Results:

Survey results from the healthy living series are listed below:

	<b>Agreed</b>	<b>Disagreed</b>
I can identify sources of stress in my life.	<b>89%</b>	<b>11%</b>
I know how to cope with stress through positive behaviors.	<b>90%</b>	<b>10%</b>
Stress is not always bad.	<b>89%</b>	<b>11%</b>
I know how to cope with stress.	<b>89%</b>	<b>11%</b>
Stress can make you physically ill.	<b>89%</b>	<b>11%</b>

## **East Carroll Parish 4-H Summer Day Camp**

Target Audience: 4-H members in grades 4-6

### Relevance:

In recent decades there has been an alarming trend of children becoming more disconnected from nature than in past generations. Outdoor experiences provide opportunities for children to develop important life skills and knowledge. For instance, teaching a child how to tie a fishing knot or hit a target while casting can improve hand-eye coordination as well as build self-confidence and esteem.

### Response:

A 4-H Summer Day Camp was conducted to teach the fundamentals of boating safety and to provide kids with a positive outdoor experience. Professional instructions were provided by Louisiana Department of Wildlife and Fisheries staff. **65** Campers and **10** Adults attended

An evaluation was conducted at the end of the camping experience with the campers.

Camper evaluations included the following significant results:

Results:

Survey results from the 4-H Summer Day Camp are listed below:

- **94.9%** stated this workshop made me aware of the importance of wearing a life jacket.
- **97.4%** stated that this workshop taught me the proper techniques to paddle a canoe or kayak.
- **87.2%** stated this workshop helped me become more confident in participating in recreational activities on the lake.
- **100%** stated this workshop increased my knowledge of boating safety.
- **65%** of the campers stated they had never participated in boating activities before this event.

#### **4-H Leathercraft Club**

Relevance

In East Carroll Parish, there are no schools that offer Family and Consumer Sciences. Students lack the opportunity to learn how to construct and repair fabrics.

Response

Sewing Day Camps and leathercraft project clubs were created to teach youth the fundamentals of sewing and leathercrafting to repair garments and projects.

An evaluation was conducted before and after completion of the project club.  
4-H evaluations included the following significant results:

Results:

Survey results from the 4-H Leathercraft club are listed below:

**Before** participating in this project club, I could construct leather projects. **25%**

**After** participating in this project club, I can construct leather projects. **100%**

**Before** participating in this project club, I knew how to prepare leather. **0%**

**After** participating in this project club, I know how to prepare leather. **75%**

**Before** participating in this workshop, I understood basic leather tools and how to use them. **50%**

**After** participating in this workshop, I understand basic leather tools and how to use them. **100%**

**Before** participating in this project club, I knew how to attach snap buttons. **25%**

**After** participating in this project club, I know how to attach snap buttons. **100%**

#### **Character Development**

Character education assumes responsibility for influencing and educating youth on morals, values, beliefs and positive character attributes in order to influence them into being positive and contributing members of society.

#### **2015-2016 East Carroll Character Development Evaluation Results**

<b>Number of Youth Choosing Agree or Strongly Agree</b>	<b>Percentage of Youth Choosing Agree or Strongly Agree</b>
The Louisiana 4-H program has taught me to be more thoughtful of others' feelings.	94.1%
The Louisiana 4-H program has taught me to be more helpful when someone else is hurt.	94.1%
The Louisiana 4-H program has taught me to be more kind to other people.	100.0%
The Louisiana 4-H program has taught me how important it is to volunteer my time to help others.	100.0%
The Louisiana 4-H program has taught me to be more thoughtful of others when expressing my opinions.	100.0%
The Louisiana 4-H program has taught me to consider others' viewpoints, not just my own.	100.0%
The Louisiana 4-H program has taught me the importance of controlling my feelings.	100.0%
The Louisiana 4-H program has taught me to value other people.	100.0%
The Louisiana 4-H program has taught me to accept differences among people.	94.1%
The Louisiana 4-H program has taught me to resolve conflicts peacefully.	94.1%

<b>Demographics</b>	<b>Number of Youth Selecting This Option</b>	<b>Percentage of Youth Selecting This Option</b>
<b>Age</b>	<b>Mean Age =</b>	<b>13.35294118</b>
12 years	6	35.3%
13 years	1	5.9%
14 years	8	47.1%
15 years	2	11.8%
<i>Total</i>	17	100.0%
<b>Grade</b>	<b>Mean Grade Level =</b>	<b>7.411764706</b>
6th	6	35.3%
7th	1	5.9%
8th	7	41.2%
9th	3	17.6%
<i>Total</i>	17	100.0%



## **Healthy Living Workshops**

According to the 2017 County Health Rankings, East Carroll parish ranked 64 in the Health Factors identified by the study. These factors include adult obesity, physical inactivity, teen birth rate, excessive drinking, motor vehicle crash death rate, sexually transmitted infections, and adult smoking (Robert Wood Johnson Foundation, 2012).

Healthy Living Workshops were offered to youth in East Carroll Parish during spring break. The workshops also provided leadership opportunities for East Carroll Junior Leaders. These youth volunteers worked together with agents and adults to build their own knowledge and skills themselves. The teens then took their new knowledge and skills and put that to use to plan and conduct educational presentations related to nutrition and healthy living. The goal of the healthy living sessions is to provide and educate the youth of East Carroll parish on the importance of choosing healthier lifestyles through hands on nutrition and physical activities and research based information. Workshops have been conducted on the following topics: healthy snacks, yoga, self-esteem, and increased physical activity.

Surveys were completed by participating students and results for the **2016-2017** program year are as follows:

### **Walmart Healthy Living Grades 4-7**

**62%** would not find it hard to eat fruit for a snack.

**62%** would find it hard to eat vegetables for a snack.

**50%** would find it had to choose water instead of soda pop or Kool-Aid when thirsty.

**50%** would find it had to drink 1% or skim milk instead of 2% or whole milk.

**75%** would find it had to choose a small instead of a larger order of fries.

*As a result of participating in a 4-H Healthy Living Program.*

**100%** learned the foods I should eat every day.

**87%** learned what makes up a balanced diet.

**100%** learned why it is important for me to eat a healthy diet.

**100%** learned how to make healthy food choices.

**100%** eat more fruits and vegetables.

**85%** eat more whole grains.

**85%** eat less junk foods.

**85%** drink more water.

**85%** encourage my family to eat meals together.

Surveys were completed by participating students and results for the **2016-2017** program year are as follows:

### **Walmart Healthy Living Grades 4-7 Yoga Evaluation**

**59%** reported yoga helps me feel calm.

**68%** reported yoga helps me relax.

**59%** reported yoga helps me focus.

**27%** reported use of yoga breathing before tests 3+ times a week.

**31%** reported use of yoga breathing during homework 3+ times a week.

**45%** reported use of yoga breathing when I am upset 3+ times a week.

**36%** reported practice of yoga outside of class 3+ times a week.

**27%** reported show yoga to my friends 3+ times a week.

**36%** reported show yoga to my family 3+ times a week

Surveys were completed by participating students and results for the **2015-2016** program year are as follows:

**Walmart Healthy Living Grades 4-7**

**92%** would not find it hard to eat fruit for a snack.

**64%** would find it hard to eat vegetables for a snack.

**64%** would find it had to choose water instead of soda pop or Kool-Aid when thirsty.

**37.50%** would find it had to drink 1% or skim milk instead of 2% or whole milk.

**56%** would find it had to choose a small instead of a larger order of fries.

*As a result of participating in a 4-H Healthy Living Program.*

**48%** learned the foods I should eat every day.

**40%** learned what makes up a balanced diet.

**56%** learned why it is important for me to eat a healthy diet.

**52%** learned how to make healthy food choices.

**36%** eat more fruits and vegetables.

**20.83%** eat more whole grains.

**40%** eat less junk foods.

**44%** drink more water.

**40%** encourage my family to eat meals together.

**52%** do moderate physical activities like walking, helping around the house, raking leaves, or using the stairs.

**29.17%** exercise 60 minutes every day.

**100%** thinks being active is fun.

**88%** things being active is good for me.

**84%** thinks physical activity will help me stay fit.

**Walmart Healthy Living Teens**

*As a Result of participating in a 4-H Healthy Living Program:*

**100%** learned the foods that I should eat every day.

**50%** learned what makes up a balanced diet.

**50%** learned why it is important for me to eat a healthy diet.

**50%** learned how to make healthy food choices.

**75%** think about what foods my body needs during the day.

**50%** make healthy food choices.

**25%** match my food intake to the number of calories I need to eat each day.

*As a result of participating in a 4-H Healthy Living Program:*

**50%** eat more fruits and vegetables.

**25%** eat more whole grains.

**50%** eat less junk foods.

**50%** drink less soda.

**50%** drink more water.

*Because of participating in the 4-H Food Smart Families program:*

**75%** encourage my family to eat meals together.

**50%** my family has purchased healthier foods.

**75%** my family has prepared healthier foods.

**50%** my family has prepared meals together.

**50%** learned skills for buying food on a budget.

**25%** taught my family skills for shopping on a budget.

**100%** learned cooking skills.

**100%** used cooking skills to prepare food at home.

**100%** wash my hands frequently.

**100%** my family eats at least one meal a day together.

*Because of this 4-H Healthy Living Program:*

**100%** can make a difference in my community through community service.

**100%** can apply knowledge in ways that solve “real-life” problems through community service.

**100%** gained skills through serving my community that will help me in the future.

**100%** taught others.

**100%** acted as a mentor to others.

**100%** more confident in helping others.

**100%** more confident in myself overall.

*Because of this 4-H Healthy Living Program:*

**100%** encouraged to volunteer more.

**100%** interested in a career that helps others.

**100%** interested in pursuing in a health related career.

### **Workforce Prep Enrichment**

With unemployment rates topping 12.1% in East Carroll Parish -the highest in the state (according to Louisiana Workforce Commission) career readiness and workforce development training is needed to educate youth. The workforce preparation program will promote engagement of youth in the learning process through a series of school based enrichment lessons. Through the workforce preparation program, youth connect with positive adult role models; increase their mastery of skills and information related to career readiness information relating to personal career goals. The activities provided will help youth increase their awareness of career opportunities, assess their personal strengths and interests, set goals, develop career action plans, and become familiar with resources such as a career planning and readiness websites.

Forty six pre-tests were given to middle school students with 40 post-tests returned.

These evaluations showed the following impacts:

**75%** reported that positive consequences are usually the result of making informed decisions.

**87%** reported that one important requirement for teamwork is shared goals and the desire to achieve them.

**77%** reported that a goal is something you want to achieve in the future.

**72%** reported that initiative is knowing what to do and doing it.

**85%** reported that the “ideal workplace” depends on the expectation of individual workers.

**72%** reported it is a good idea to take several career assessments to learn more about your personality values.

**80%** reported that employers look for employees who work well on teams.

### **Regional Based Evaluations**

#### **Ag Awareness Programs**

Agriculture provides the very sustenance of life; without it, no society can survive. Agriculture influences the food, health, economy, environment, technology, and well-being of all. By 2050 it is projected the world's population will reach 9 billion people; this will require agricultural production to double. Most consumers—youth and adults—do not have a fundamental understanding of agriculture or how agriculture affects their lives. To meet the challenges of the future, it is imperative that youth and adults increase their agricultural literacy to be better-informed consumers, advocates, and policy makers.

The LSU AgCenter Extension and Research Faculty from the Northeast Region provided four opportunities for youth and adults to increase their agricultural literacy through the following regional activities: Ag Alley, Ag Expo, Ag Adventures, and Youth Field Day.

Ag Adventures provided hands-on learning experiences for 2nd and 3rd graders in northeast Louisiana. Through a series of interactive “alleys,” youth were introduced to agricultural concepts that expand their understanding of the contributions of agriculture to both their well-being and the economy of the region. This year's alleys featured horticulture, cotton, farm animals, and kitchen food safety. Ag Adventures reached **970** including 861 2nd and 3rd grade students. The mini farm was presented to all the students who attended ag adventures. This included learning about goats and what we get from goats, dairy cows and what we get from dairy cows, learning to milk a cow, making butter, and learning about poultry and rabbits. The butter making is very hands-on and allows the youth to make butter that they can taste. They understand the difference between the store-bought butter and the freshly made butter.

Ag Expo, hosted by the North Louisiana Agri-Business Council, is unique in the Louisiana, south Arkansas, east Texas, and Mississippi area. Over nine thousand visitors from the region attended this premier event this year. Since the early 1980's, Ag Expo provided a means to educate the public, both youth and adult, on the many ways agriculture touches daily lives, from explaining the food chain to the multiple applications of agricultural products. A 4-H Kid's Zone was set up at Ag Expo that focused on using hands-on activities related to agriculture, nutrition, and fitness to reach kids who attended the event.

Ag Alley, held in conjunction with Ag Expo, provided hands-on learning experiences for 1st and 4th graders in northeast Louisiana. Students were introduced to agricultural concepts through interactive “alleys”. The 4th grade alleys included beekeeping, Louisiana horticulture, cotton, corn, and the mini farm with a focus on dairy. Farmer Pete was the focus of the 1st grade alleys with emphasis on how our food is grown, harvested, and processed. These five alleys, along with a mini farm, tied agricultural concepts with the nutritional components of Louisiana grown commodities. Over 1,700 students participated in Ag Alley this year along with 103 teachers.

To focus on the varied career paths and increase the awareness of 7th – 12th grade students about these career opportunities the annual Youth Field Day was held. The premiere event reached 223 7th – 12th grade students and teachers; the total participation of the event was 266. Students from the 12 parishes in northeast Louisiana learned more about sweet potato production; the use of drones in farming; the management of Louisiana's forests and wildlife; beekeeping and pollination; and mosquitoes.

Results from Ag Adventures included:

- As a result of Ag Adventures, **95%** of teachers reported my students were introduced to the many uses of Louisiana grown products.
- As a result of participating in Ag Adventures, **95%** of teachers reported my students have a better understanding of the process of how foods get from the farm to their table.
- As a result of Ag Adventures, **100%** of teachers reported my students have a better understanding of farm animals.
- As a result of Ag Adventures, **100%** of teachers reported my students have a better understanding of hand washing and food safety.

Comments from the teacher surveys included: It was very informative, a very positive experience, they come back, and it was exciting to have activities expand what they were teaching in the classroom.

#### **Results from the Youth Field Day included:**

- Before the event, 33% reported not being interested in an agricultural career at all; 43% a little interested; and 24% very interested.
- After the event, 32% reported not being interested in a career related to agriculture; 47% unsure; and 22% interested in pursuing a career related to Agriculture.
- 51% indicated that attending the event would be helpful in making a career decision

#### **Northeast Regional Leadership Board**

A committee consisting of four parish youth development agents under the direction of the 4-H Regional Coordinator has provided leadership this year to engage area teens in enhanced leadership and citizenship training. A total of 38 teens from twelve northeast Louisiana parishes were selected to serve on the NE LA 4-H Regional Leadership Board for the 2019-2020 programming year. Board meetings are held monthly from September through April and incorporate leadership training activities, youth voice discussion and decision-making, and committee program planning at each meeting. Members receive official board T-shirts to increase a sense of belonging and provide greater visibility for board members at regional events. Members also support fundraising events to fund scholarships dedicated to providing stipends for members who meet the required criteria to attend either 4-H University or Junior Leadership Conference. Funds also support an annual service-learning project. Expectations of board members include attending a minimum of five monthly meetings, serving on a planning committee, providing leadership for a minimum of one regional event, and hosting a regional service-learning project. Eighteen teens are eligible to receive the \$75 stipend towards 4-H University registration.

Board members present numerous educational activities at regional events including the commodity cookery contest, ag-awareness outreach programs, challenge camp, leader forum and general 4-H marketing programs as needed. The meeting agenda is executed by board-elected officers and includes teambuilding ice-breaker activities, guest speakers, dynamic leadership training, committee development and group facilitation.

Six teens have been elected to serve as board officers and plan and present the opening ceremonies, team building and ice-breaker activities, and facilitate group discussion and decision-making. Five youth-based committees have been formed to encourage youth voice and empower youth to plan, organize and implement youth-led activities and events as follows:

Challenge Camp, Ag Alley, Ag Expo, Ag Adventures, Commodity Cookery Contest educational program, Dreams Come True Christmas party, a trip, a fund-raising activity and two service-learning projects to benefit children in foster care.

Six board members served as team leaders for The Great Outdoors Challenge Camp. Eighteen board members planned and provided leadership support in the agriculture-related outreach programs (Ag Alley, Ag Expo, Ag Adventures). Seven teens assisted with teaching the healthy living educational program at the regional Commodity Cookery Contest. Eighteen members assisted with hosting a Christmas Party for the Dreams Come True Organization which serves families in our region who have children diagnosed with childhood cancers.

Members participated in both the fundraising and service-learning projects by promoting them in their respective parishes. Members held parish events to raise funds in FY2018 to support the Clovers Care service-learning project to benefit children in foster care in Northeast Louisiana. Members also coordinated parish sponsored events and collected school supplies and personal items for the bags. Each member selected a child by age and gender and worked together in teams of two to purchase items to fill Clovers Care bags that were age appropriate and met guidelines provided by the Department of Child and Family Services. Twenty-five Clovers Care bags with items valued at ~\$40 each were presented to DCFS. Due to the success of this project, board members voted to continue the project for this year, scheduled for April 25, 2020. The board also took on a project for Shriners Hospitals for Children – Houston collecting items and making 25 wish boxes. These boxes contained age-appropriate items to occupy youth while at the hospital and were delivered by 14 board members along with the agent advisors on a trip to Houston. To facilitate communication among teens, parents and agents are contacted by email and a receive text updates using the Remind app.

## **2020 Volunteer Leader Forum**

Volunteers are essential to the successful implementation of the 4-H program. There are many roles that volunteers can take on but no matter the role leaders should be trained in their responsibilities and how to perform them. Louisiana 4-H takes seriously its obligation to provide a safe, positive environment for the youth. We want to provide volunteers and staff with tools, resources, and information they need to be effective leaders. To provide training for volunteers, a regional leader forum is conducted in the Northeast Region normally each September. The forum strives to include as many volunteer leaders, both youth and adult, as possible. The 2020 Leader forum looked a bit different due to COVID-19 and was pushed back to October 5-8 for extra planning and preparation time. The theme for the forum was “Survivor: 2020 Edition” and the activities provided were modified to fit within COVID-19 guidelines. The entire forum was conducted online with informational videos uploaded Monday-Wednesday and a live Social Hour took place on Thursday.

Eighty-three volunteers registered and participated in the 2020 Volunteer Leader Forum. Of those 83 participants, 17 were high school aged youth, 51 were adult volunteers, 12 4-H Extension Agents, 1 Regional 4-H Coordinator, 1 State 4-H Specialist, and 1 Regional Director.

Evaluations of the experience revealed the following:

- As a result of participating in the Volunteer Leader Forum, **100%** of participants agreed they were re-energized about 4-H.

- As a result of participating in the Volunteer Leader Forum, **100%** of participants agreed they broadened their knowledge of 4-H programs.
- As a result of participating in the Volunteer Leader Forum, **90%** of participants felt their 4-H programs will be enhanced.
- As a result of participating in the Volunteer Leader Forum, **80%** of participants agreed they were interested in learning more about the Louisiana 4-H Volunteer Leaders Association.

Participants shared their overall impression of the 2020 Northeast Volunteer Leader Forum as follows:

- o “I truly enjoyed the forum. I learned a lot from the sessions that I plan to use.”
- o “It was great. Y’all made the best of a crazy situation!”
- o “The entire program was GREAT...my only drawbacks have to do with my personal technology challenges! And, I miss the interaction with "real people"! This was terrific for today's challenges but I hope we NEVER have to do this again!!”
- o “I really enjoyed the Forum even if it was virtual. It was nice to be able to participate at my own pace.”
- o I appreciated the effort and felt honored that I was able to apart of it and being able to watch the videos at my own pace and having any questions I had answered very quickly was great. I also really enjoyed all the videos and found that they were very informative.

### **State Based Evaluations**

#### **Louisiana 4-H Leadership for Social Change Lesson Study**

Two years after the COVID-19 pandemic began we continue to see youth and families dealing with challenges and loss of connections. As Louisiana faced additional challenges through storm recovery, a greater need was recognized to develop a leadership program that would strengthen youth leadership skills while helping their communities thrive. As a result, six leadership for social change lesson were developed. Lessons focused on leadership traits, communication, community issues, teamwork, community partnership and project development. The lesson study was conducted in Bienville, Jackson, East Carroll, East Feliciana, Franklin and St. Tammany parishes. Agents implemented leadership lesson and activities in elementary clubs, Century 21 school enrichment classes, and Jr. Leaders project clubs reaching 100 youth.

Lessons Topics and Objectives included:

- What is Leadership and Identifying Your Personal Leadership Traits
  - o Students will develop an understanding of the leadership for social change model.
- Communication and Collaborating with Others
  - o Students will examine different personality types.
  - o Students will identify unique differences in communication styles.
  - o Students will develop strategies for improving the way they communicate with others to achieve a common goal.
- Researching Community Issues and How I Can Make a Difference
  - o Students will examine community issues and causes that they are passionate about.

- Students will research their cause of interest that will be developed in a service-learning project.
- Teamwork Makes the Dream Work
  - Students will examine community issues and causes that their group is passionate about to create a collaborative service-learning project plan.
  - Students will develop teamwork skills to increase the group's effectiveness.
- Community Partnerships and Resources
  - Students will develop a framework for their service project and identifying community resources and partners for this project.
- Evaluating Your Project and Making It Happen
  - Students will reflect on project goals and create ways to measure project impact.

Students participated in monthly lessons reflections as well as a comprehensive post evaluation.

In monthly lesson reflections, participants shared the following responses for each question:

**What does leadership mean to you?**

- It means taking ownership of something and seeing that is complete as well.
- When you coach your team to success.
- Leadership means trusting and respecting those that you work with.
- Leaders have a vision and can help others see that vision.
- Someone motivate others to do better.
- A person who knows what to do in the situation.
- A leader is someone who should say “we” and not “me”.

**Describe how collaboration can increase a group's effectiveness.**

- You don't have to do all the work by yourself.
- It can bring new ideas.
- When you listen to others, you can learn from each other.
- It allows a group to achieve their goals more effectively.

**What is the cause you are passionate about?**

- Park Clean up
- First Responder Appreciation
- Campus Beautification
- Literacy
- Chemo/Dialysis Care packages
- Water pollution
- Hunger and Poverty
- Homelessness

**Name a community partner that you have identified for your service project and why you would like to work with them.**

- 4-H because it's another youth group that could contribute to our project.



- Griffin Middle Academy because the school can donate items.
- Police Jury because they have equipment and tools.
- Churches to donate items to local Food Bank.

## **Louisiana 4-H Cloverbuds-Ag Awareness STEM-2020-2021**

### **RELEVANCE/SITUATION**

4-H Ag Awareness programs provide a link between youth and farming. 4-H has a responsibility to teach the next generation about where their food and fiber comes from. The Louisiana 4-H Cloverbud program provides resources to build a greater understanding of agriculture for students in the 2<sup>nd</sup> and 3<sup>rd</sup> grade. Agriculture touches the lives of youth every day through nutrition, textiles/fibers, and fuel. Agriculture also provides a wide array of jobs, supports local/state economies, and insures a food supply for citizens. Ag education is an important addition to the curriculum schools provide for students.

### **RESPONSE**

During the 2020-21 school year, Cloverbuds joined the Lesson Study group through the Louisiana 4-H program. Lesson Study is a Japanese model of teacher-led research in which a group of educators work together to target an identified area of development in their students learning. Using existing evidence, participants collaboratively research, plan, teach, and observe a series of lessons, using ongoing discussion, reflection and expert input to track and refine their interventions. (Bill Cerbin, Ph.D. & Bryan Kopp, Ph.D., “Lesson Study Overview”, The Lesson Study Project. 2016)

The Lesson Study concept provided many advantages for parish 4-H agents to collaborate with classroom and parent volunteers to conduct the series of 6 Cloverbud lessons. Teen leaders were also allowed to instruct and lead programming. Lesson study provided a platform for consistent communication, critique of lessons, additions to lessons, and supplemental materials added on a consistent basis.

21 parish 4-H agents participated in a virtual training to promote consistency, communication, and set expectations. Agents recruited new youth and a club leader to facilitate a Cloverbud club in each parish. Some parishes had teen leaders, adult volunteers, classroom teachers, and parents organize and manage Cloverbuds.

Six lessons were developed and compiled by the Regional 4-H Coordinator and peer reviewed before being taught in each parish. Topics for lessons included: Horticulture/gardening, Plant Science/cotton, Forestry/conservation, Poultry Science/eggs, Soil Science/composting, and overall agriculture/food production.

Each lesson set included: lesson plan, ag literacy trade book, two or three hands on activities, an activity guide/newsletter for home/school connection.

### **OUTCOMES**

Due to COVID19, 4-H agents had many roadblocks and barriers to reaching youth through traditional methods. Lesson study was a valuable tool which provided support through virtual methods, face to face, day camps, and grab and go lesson kits. The program provides lessons to approximately 1,000 2<sup>nd</sup>-3<sup>rd</sup> grade youth, from 21 Louisiana parishes, participated in at least six hours of club programming provided by classroom teachers, parent volunteers, or 4-H club agents. Youth were encouraged to participate in discussions, share information, and learn new skills because of their involvement in Cloverbuds.

### **RESULTS**

At the end of the six lessons, students were surveyed regarding their experience in Cloverbuds and provided the indicators below:

- 99% of students reported that they recognized that agriculture is a part of their everyday life.
- 97% of students reported that they understand that agriculture produces the food that we eat every day.
- 96% of youth recognize that cotton is a valuable commodity for Louisiana and provides the fiber that we use in textiles such as housewares and clothing.
- 98% of youth reported that they learned that forestry is Louisiana's number one agricultural crop.
- 97% of youth reported that they learned that managing trees, habitat for animals, and conserving the environment are all part of the job of being a Forester.
- 96% of youth reported that they understand that Louisiana poultry includes chickens, turkeys, ducks, and geese. These animals provide both meat and eggs that are rich in protein for the human diet.
- 97% of youth reported that it is important to know where food comes from and to prepare foods in a safe and healthy manner.

Agents from 21 parishes completed the lesson study in a variety of delivery modes. Agents were asked to complete an online survey and reported the indicators below regarding the importance of Lesson Study:

- It provides 4-H members with some exciting high-quality activities for clubs and it provides club members with the opportunity for reflection on what they learned.
- 4-H'ers can be taught lessons that reinforce things they are learning or have learned in school. They are also taught skills that are needed throughout their lives.
- The lessons were fun for the youth, and they learned about subjects that may not be taught in their schools.

Louisiana 4-H Strategic Plan goals met through Cloverbud programming:

Exceptional People, Innovative practices:

- 3.1 (4-H faculty will increase the opportunity for positive youth development subject matter training)

Extraordinary Opportunities to Learn:

- 2.1 (Youth will be at the center of learning experiences)
- 3.1 (Evaluations aligned to curricula will be developed to measure the 4-H program impact)
- 4.4 (Agents will increase the visibility of the 4-H program in the school system)

Power of Youth:

- 3.1 (4-H will increase the opportunities for youth of all ages in the school and communities)

## **Louisiana 4-H Fashion Educational Program**

The Louisiana 4-H Fashion Program is committed to developing leadership skills in youth by providing opportunities for youth voice. One of the methods in which leadership skills are

developed and enhanced in through the State 4-H Fashion Leadership Board experience. This program focuses on both youth and adult volunteer participation which benefit in leadership skills, improvement in communication skills, and overall readiness for being an engaged contributor in the community.

The 4-H State Fashion Educational Program consists of many components:

- The Fashion Board consists of 20 youth and five adult volunteers from across the state of Louisiana chosen through an application submitted by the local parish 4-H Agent and an interview process.
- These youth participate in several board meetings during the year to increase leadership and communication skills, as well as to plan, organize and implement a state-wide 4-H Fashion Camp and the 4-H University Fashion Revue.
- In addition, the Fashion Board member and adults participate in an Educational Fashion Field Study in either New Orleans or New York City. Both field studies expose the group to future careers that may be in the fashion industry.
- Board members also participate in apparel and textile design workshops to experience design elements and principles hands-on.

Of teens surveyed (N = 52) who participated in the 4-H U Fashion Revue, 91% stated that they were more confident in identifying quality garment workmanship and in their ability to choose fabrics appropriate to their needs. In addition, 91% stated that they gained an understanding of good design principles and applied their creativity in making or selecting their project. Several board members stated that being a part of the Louisiana 4-H Fashion Board helped to overcome fear of public speaking; others shared that the experience on the fashion board helped them to gain confidence in teaching others, gain skills in sewing, gain leadership skills in addition to making lifetime friends. In addition to learning how to sew and using a sewing machine, campers stated that they learned how to create new projects and techniques to return home to share with others (95%). Ninety-one percent met people that they would like to stay in touch with. As a result of attending camp 92% agreed that they felt more self-confident.

## **5. *Development and Presentation of Research Based Materials***

### **Presentations**

#### ***2021-2022***

- *East Carroll Parish School Board.* LSU AgCenter Updates, 2021-2022.
- *East Carroll Parish Police Jury.* LSU AgCenter Updates, 2021-2022.
- *Service Learning & Social Change.* Lesson Study – 6 Lessons, 2021-2022.
- *Leather Craft Club.* Project Club – 6 Lessons, 2021-2022.
- *NE Regional Leadership Board.* Presented information about regional and state events to board members. 2021-2022.
- *Lake Providence Levee Festival.* Stem demonstrations. May 2022.
- *Engineering Bridges with the Three Billy Goats Fluff.* 4-H Club demonstration to 2 clubs. April 2022.
- *True Colors Personality Style.* 4-H Club demonstration to 2 clubs. April 2022.
- *Who's In Control?* 4-H Club demonstration to 3 clubs. April 2022.
- *Read Across America.* Elementary demonstration to 3 classes. March 2022.

- *Preservation Workshop*. Presentation on preserving fruits and vegetables. March 2022.
- *Camp Counselor*. Training for Summer Camp Counselors. April 2022.
- *Embryology Presentation*. 4-H enrichment demonstration to 1 classroom. March 2022.
- *Force and Motion with Cinder-Elly*. 4-H Club demonstration to 2 clubs. March 2022.
- *Teamwork*. 4-H Club demonstration to 2 clubs. March 2022.
- *Learning To Say No!* 4-H Club demonstration to 3 clubs. March 2022.
- *Gumdrop Structure*. 4-H Club demonstration to 2 clubs. March 2022.
- *Embryology Presentation*. 4-H enrichment demonstration to 2 classrooms. February 2022.
- *Zipline Challenge with Humpty Dumpty*. 4-H Club demonstration to 2 clubs. February 2022.
- *My Ideal Workplace*. 4-H Club demonstration to 2 clubs. February 2022.
- *Who's Making the Decisions*. 4-H Club demonstration to 3 clubs. February 2022.
- *Officer Survival Kits*. 4-H Club demonstration to 2 clubs. February 2022.
- *Puff Mobiles*. 4-H Club demonstration to 2 clubs. February 2022.
- *Measuring with Jim and the Beanstalk*. 4-H Club demonstration to 2 clubs. January 2022.
- *Tall Tower Challenge*. 4-H Club demonstration to 2 clubs. January 2022.
- *Pig Identification, Ear Notching*. Ag Expo demonstration. January 2022.
- *Be A Stress Buster*. 4-H Club demonstration to 3 clubs. January 2022.
- *4-H Fashion Day Camp*. Sewing workshop. December 2021.
- *Rosemary: Cooking with Herbs*. 4-H Club demonstration to 1 club. December 2021.
- *Simple Machines with Rapunzel*. Cloverbud demonstration to 2 clubs. December 2021.
- *Dreams and Goals*. 4-H Club demonstration to 2 clubs. December 2021.
- *All Stressed Out*. 4-H Club demonstration to 3 clubs. December 2021.
- *Seven Layer Density Column*. 4-H Club demonstration to 2 clubs. December 2021.
- *3D Pumpkins*. Cloverbud demonstration to 2 clubs. November 2021.
- *Getting to Know ME*. 4-H Club demonstration to 2 clubs. November 2021.
- *Did You Know?* 4-H Club demonstration to 3 clubs. November 2021.
- *Building Bridges*. 4-H Club demonstration to 2 clubs. November 2021.
- *Gumdrop Engineering Challenge*. 4-H Club demonstration to 2 clubs. October 2021.
- *General Trass Open House*. 9<sup>th</sup> – 12<sup>th</sup> grades. October 2021.
- *Healthy Communities Pop-Up Park*. 4-H healthy living demonstrations. October 2021.
- *National 4-H Week*. 4-H presentation to 3 clubs. October 2021.
- *We Love 4-H!* 4-H Club demonstration to 2 clubs. October 2021.
- *Taking Charge of Your Life and Making Things Happen*. 4-H Club demonstration to 2 clubs. October 2021.
- *Wanted: A Good Friend*. 4-H Club demonstration to 3 clubs. October 2021.
- *Building Shelters with the Three Little Pigs*. Cloverbud demonstration to 2 clubs. September 2021.
- *4-H Stem Challenge*. East Carroll Soul Food Festival. Stem demonstrations at festival. August 2021.
- *4-H Enrollment*. 4-H Club demonstration given to 8 clubs. September 2021.
- *East Carroll 4-H – 2021-2022*. East Carroll Parish Principal's Meeting. August 2021.
- *All About Tomatoes Workshop*. 4-H demonstration to 1 group. July 2021.

### **2020-2021**

- *East Carroll Parish School Board.* 4-H Updates, 2020-2021.
  - *East Carroll Parish Police Jury.* 4-H Updates, 2020-2021.
  - *Ag Awareness - Cloverbuds.* Lesson Study – 6 Lessons, 2020-2021.
  - *NE Regional Leadership Board.* Presented information about regional and state events to board members. 2020-2021.
  - *Lifecycle of a Plant.* 4-H demonstration to 4 school groups. June 2021.
  - *East Carroll Parish 4-H Summer Camp.* 4-H presentations to 3 school groups. June 2021.
  - *Northeast Region Challenge Camp.* 4-H presentations to campers. June 2021.
  - *MyPlate.* 4-H Club demonstration to 1 club. April 2021.
  - *How to Say No!* 4-H Club demonstration to 3 clubs. April 2021.
  - *Read Across America.* Elementary demonstration to 3 classes. March 2021.
  - *Unhealthy Relationships.* 4-H Club meeting to 3 classes. March 2021
  - *Marshmallow Catapult.* 4-H Club demonstration to 1 club. March 2021.
  - *The Choices that Matter.* 4-H Club demonstration to 3 clubs. March 2021.
  - *Chains that Bind.* 4-H Club demonstration to 2 clubs. February 2021.
  - *Social Media, Internet Safety.* 4-H Club meeting to 3 clubs. February 2021.
  - *Puff Mobiles.* 4-H Club demonstration to 1 club. January 2021.
  - *Refusal Skills.* 4-H Club demonstration to 3 clubs. January 2021.
  - *Build a Series Circuit Flashlight.* 4-H Club demonstration to 1 club. December 2021.
  - *E-Cigarettes & Vaping.* 4-H Club meetings to 3 clubs. December 2020.
  - *Breaking the Chain.* 4-H Club demonstration to 3 clubs. December 2020.
  - *Gumdrop Engineering Challenge.* 4-H Club demonstration to 1 club. November 2020.
  - *Critical Load.* 4-H Club demonstration to 3 clubs. November 2020.
  - *Healthy Teens – Mental Health.* 4-H Club demonstration to 3 clubs. November 2020.
  - *General Trass Open House.* 9<sup>th</sup> – 12<sup>th</sup> grades. October 2020.
  - *Distracted Driving.* 4-H Club demonstration to 3 clubs. October 2020.
  - *What Causes the Wind?* 4-H Club demonstration to 4 clubs. October 2020.
  - *4-H Enrollment.* 4-H Club demonstration given to 8 clubs. September 2020.
  - *East Carroll 4-H – 2021-2022.* East Carroll Parish Principal's Meeting. August 2020.
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### **2019-2020**

- *East Carroll Parish School Board.* 4-H Updates, 2019-2020.
- *East Carroll Parish Police Jury.* 4-H Updates, 2019-2020.
- *Social Emotional Development - Cloverbuds.* Lesson Study – 6 Lessons, 2019-2020.
- *NE Regional Leadership Board.* Presented information about regional and state events to board members. 2019-2020.
- *Sink or Swim Density.* 4-H Club meetings to 4 clubs. February 2020.
- *Seek First to Understand, Then To Be Understood.* 4-H Club meeting to 4 clubs. February 2020.
- *3-D Pigs.* 4-H Club meeting to 1 club. January 2020.
- *Lifecycle of A Butterfly.* 4-H Club meeting to 1 club. December 2019.
- *Build A Flashlight.* 4-H Club meetings to 4 clubs. December 2019.
- *Put First Things First.* 4-H Club meetings to 4 clubs. December 2019.
- *Begin with the End in Mind.* 4-H Club meeting to 4 clubs. November 2019.
- *My Dashboard.* 4-H Club meeting to 4 clubs. November 2019.

- *3D Pumpkins*. 4-H Club demonstration to 1 club. November 2019.
  - *General Trass Open House*. 9<sup>th</sup> – 12<sup>th</sup> grades. October 2019.
  - *Goal Setting*. 4-H Club meetings to 4 clubs. October 2019.
  - *Be Proactive*. 4-H Club meeting to 4 clubs. October 2019.
  - *Ant Anatomy*. 4-H Club meeting to 1 club. October 2019.
  - *4-H Enrollment*. 4-H Club demonstration given to 8 clubs. September 2019.
  - *East Carroll 4-H – 2019-2020*. East Carroll Parish Principal's Meeting. August 2019.
  - *Professional Development Workshop*. Program Presenter. July 2019.
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#### **2018-2019**

- *East Carroll Parish School Board*. 4-H Updates, 2018-2019.
  - *East Carroll Parish Police Jury*. 4-H Updates, 2018-2019.
  - *Ag Awareness-Cloverbuds*. Lesson Study – 6 Lessons, 2018-2019.
  - *NE Regional Leadership Board*. Presented information about regional and state events to board members. 2018-2019.
  - *Farm to Table*. 4-H Club meetings to 4 clubs. April 2019.
  - *Paperclip Switch*. 4-H Club meetings to 4 clubs. March 2019.
  - *Got Milk?* 4-H Club meetings to 4 clubs. March 2019.
  - *Milky Magic*. 4-H Club meeting to 4 clubs. February 2019.
  - *MyPlate*. 4-H Club meeting to 4 clubs. January 2019.
  - *Healthful Snacks*. 4-H Club meeting to 1 club. December 2018.
  - *Making Butter*. 4-H Club meetings to 4 clubs. December 2018.
  - *Healthful Eating*. 4-H Club meeting to 4 clubs. November 2018.
  - *Puff Mobiles*. 4-H Club meeting to 4 clubs. November 2018.
  - *Food Safety*. 4-H Club meeting to 4 clubs. October 2018.
  - *Who Grew My Soup?* 4-H Club meeting to 4 clubs. October 2018.
  - *4-H Enrollment*. 4-H Club demonstration given to 7 clubs. September 2018.
  - *General Trass Open House*. 9<sup>th</sup> – 12<sup>th</sup> grades. August 2018.
  - *East Carroll 4-H – 2018 – 2019*. East Carroll Parish Principal's Meeting. August 2018.
  - *4-H Sewing Workshop*. Program Presenter. July 2018.
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#### **2017-2018**

- *East Carroll Parish School Board*. 4-H Updates, 2017-2018.
- *East Carroll Parish Police Jury*. 4-H Updates, 2017-2018.
- *Ag Awareness-Cloverbuds*. Lesson Study – 6 Lessons, 2017-2018.
- *NE Regional Leadership Board*. Presented information about regional and state events to board members. 2017-2018.
- *4-H Opportunities*. Demonstration at “Library to the Garden” given to 3 Cloverbud clubs. May 2018.
- *Joint Camp Counselor Training*. Presentation in West Carroll. May 2018.
- *Progressive Ag Safety Day*. Safety demonstrations to 2 schools. April 2018.
- *Read Across America*. Elementary demonstration to 3 classes. March 2018.
- *Fashion, Food & Fitness Workshop*. 4-H workshop presentation. March 2018.
- *The History of Honey*. 4-H Club meetings to 4 club. March 2018.
- *The Apple Orchard*. 4-H Club demonstration to 4 clubs. March 2018.
- *Pollination*. 4-H Club meeting to 4 clubs. February 2018.
- *The Water Cycle Bracelet*. 4-H Club meeting to 4 clubs. January 2017.

- *Local Heroes: Your Hardworking Pollinators.* 4-H Club meeting to 4 clubs. December 2017.
  - *Flower Power.* 4-H Club meetings to 4 clubs. December 2017.
  - *How Dense Can It Be?* 4-H Club meetings to 4 clubs. November 2017.
  - *How Many Hats Does A Farmer Wear?* 4-H Club demonstration to 4 clubs. November 2017.
  - *Healthy Living Workshops.* 2-Day workshop presentations. November 2017.
  - *General Trass Open House.* 9<sup>th</sup> – 12<sup>th</sup> grades. October 2017.
  - *4-H Fishing Clinic.* Workshop demonstration. October 2017.
  - *Edible Cell.* 4-H Club demonstration to 4 clubs. October 2017.
  - *Stem Challenge?* 4-H Club demonstration to 3 clubs. October 2017.
  - *4-H Enrollment.* 4-H Club demonstration given to 7 clubs. September 2017.
  - *East Carroll 4-H – 2017-2018.* East Carroll Parish Principal's Meeting. August 2017.
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### **2016-2017**

- *4-H Opportunities.* Demonstration at "Library to the Garden" given to 3 Cloverbud clubs. May 2017
- *Conflict Resolution.* 4-H Club demonstration to 1 club. April 2017.
- *Are You Hot or Not.* 4-H Club demonstration to 2 clubs. April 2017.
- *Jobs for America's Graduates.* (4) Community Service demonstration. April 2017.
- *The Life Cycle of A Butterfly.* Cloverbud demonstration to 4 clubs. April 2017.
- *Flexibility is Fabulous.* 4-H Club demonstration to 3 clubs. April 2017.
- *Read Across America.* Elementary demonstration to 3 classes. March 2017.
- *Healthy Living Workshops.* 3 Presentations on healthy snacking, physical activity and Yoga. March 2017.
- *Camp Counselor.* Training for Summer Camp Counselors. March 2017.
- *Working With Others.* 4-H Club demonstration to 1 club. March 2017.
- *Fossil Mix.* 4-H Club demonstration to 2 clubs. March 2017.
- *My Little Seed House.* Cloverbud demonstration to 4 clubs. March 2017.
- *Muscle Mania.* 4-H Club demonstration to 3 clubs. March 2017.
- *Apples.* Homeschool Cloverbud club demonstration given to 1 club. March 2017.
- *Communication.* 4-H Club demonstration to 1 club. February 2017.
- *Critical Load.* 4-H Club demonstration to 2 clubs. February 2017.
- *A Weed Is A Flower.* Cloverbud demonstration to 4 clubs. February 2017.
- *In the Beat.* 4-H Club demonstration to 3 clubs. February 2017.
- *Have You Filled A Bucket Today?* Homeschool Cloverbud club demonstration given to 1 club. February 2017.
- *Decision Making.* 4-H Club demonstration to 1 club. December 2016.
- *Tall Tower Challenge.* 4-H Club demonstration to 2 clubs. December 2016.
- *Ant Anatomy.* Cloverbud demonstration to 4 clubs. December 2016.
- *Get in the Movement Groove.* 4-H Club demonstration to 3 clubs. December 2016.
- *Goal Setting.* 4-H Club demonstration to 1 club. November 2016.
- *Seven Layer Density Column.* 4-H Club demonstration to 2 clubs. November 2016.
- *3D Pumpkins.* Cloverbud demonstration to 4 clubs. November 2016.
- *Label Lingo.* 4-H Club demonstration to 3 clubs. November 2016.
- *Learning About Leadership.* 4-H Club demonstration to 1 club. October 2016.

- *Gumdrop Structure*. 4-H Club demonstration to 2 clubs. October 2016.
  - *There's No Place Like Space*. Cloverbud demonstration to 4 clubs. October 2016.
  - *Calories In-Calories Out*. 4-H Club demonstration to 3 clubs. October 2016.
  - *The Incredible Journey – 4-H Opportunities*. Northeast Region Area Leader Forum. September 2016.
  - *4-H Enrollment*. 4-H Club demonstration given to 6 clubs. September 2016.
  - *East Carroll 4-H – 2016-2017*. East Carroll Parish Principal's Meeting. August 2016.
  - *Preservation Workshop*. Presentation on preserving fruits and vegetables. July 2016.
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## **2015-2016**

- *4-H Opportunities. Demonstration at "Library to the Garden" given to 3 Cloverbud clubs*. May 2016
- *Container Gardening Workshop. Youth Gardening Workshop*. May 2016.
- *Power Up Your Day: Eat Breakfast!* 4-H Club demonstration to 1 club. April 2016.
- *My Little Seed House*. Cloverbud demonstration to 4 clubs. April 2016.
- *Fill the Bill*. 4-H Club demonstration to 5 clubs. April 2016.
- *Read Across America*. Elementary demonstration to 2 classes. March 2016.
- *Healthy Living Workshops*. 2 Presentations on healthy snacking, physical activity and Yoga. March 2016.
- *Read it Before You Eat it!* 4-H Club demonstration to 1 club. March 2016.
- *Paper Plate Chick*. Cloverbud demonstration to 4 clubs. March 2016.
- *Pumpkin Patch Pie*. 4-H Club demonstration to 5 clubs. March 2016.
- *Healthier Foods – Fast: Eat Fewer High-Fat, High-Sugar Foods*. 4-H Club demonstration to 1 club. February 2016.
- *Apple Chain?* Cloverbud demonstration to 4 clubs. February 2016.
- *How Many Hats Does A Farmer Wear?* 4-H Club demonstration to 3 clubs. February 2016.
- *Feed Sacks?* 4-H Club demonstration given to 2 club. February 2016.
- *Breathing is Easy, Isn't It? DEFY Tobacco presentation given to healthy living coalition*. January 2016.
- *Teamwork. Jobs for America's Graduates Enrichment lesson to 3 classes*. January 2016.
- *Careers – Guest Speaker*. Jobs for America's Graduates Enrichment lesson to 3 classes. January 2016.
- *Make Half Your Grains Whole!* 4-H Club demonstration to 1 club. December 2015.
- *My Ideal Workplace*. Jobs for America's Graduates Enrichment lesson to 3 classes. December 2015.
- *Birthday Cow*. Cloverbud demonstration to 4 clubs. December 2015.
- *Edible Cell*. 4-H Club demonstration to 5 clubs. December 2015.
- *Eat A Rainbow!* 4-H Club demonstration to 1 club. November 2015.
- *Dreams and Goals. Jobs for America's Graduates Enrichment lesson to 3 classes*. November 2015.
- *How Many Hats Does A Farmer Wear?* Cloverbud demonstration to 4 clubs. November 2015.
- *Local Heroes: Your Hardworking Pollinators*. 4-H Club demonstration to 5 clubs. November 2015.



- *Getting to Know ME. Jobs for America's Graduates Enrichment lesson to 3 classes. October 2015.*
- *Drink Low-Fat Milk and Water Instead of Sweetened Drinks. 4-H Club demonstration to 1 club. October 2015.*
- *Taking Charge of Your Life. Jobs for America's Graduates Enrichment lesson to 3 classes. October 2015.*
- *The Water Cycle Bracelet. Cloverbud demonstration to 4 clubs. October 2015.*
- *Helpful Hydrogels. 4-H Club demonstration to 5 clubs. October 2015.*
- *4-H Programming Overview. Presentation given to Griffin Middle Academy Parent Teacher Association. October 2015.*
- *Stress Relief, Pampering Yourself. Northeast Region Area Leader Forum. September 2015.*
- *4-H Enrollment. 4-H Club demonstration given to 6 clubs. September 2015.*
- *Military Sewing Camp. Sewing camp for military kids at Barksdale Airforce Base. August 2015.*
- *East Carroll 4-H – 2015-2016. East Carroll Parish Principal's Meeting. August 2015.*

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#### **2014-2015**

- *4-H Programming. Presentation given to East Carroll Parish Police Jury on 4-H Programming. June 2014.*
- *4-H Opportunities. Demonstration at "Library to the Garden" given to Southside 3<sup>rd</sup> graders. May 2015.*
- *Cattleman's Award Presentation. Presented award to Briarfield Academy recipient. May 2015.*
- *Egg Experiment. 4-H Club demonstration to 1 club. April 2015.*
- *The Apple Orchard. Cloverbud demonstration to 1 club. April 2015.*
- *Mouth Watering Wetland. 4-H Club demonstration to 5 clubs. April 2015.*
- *Paperclip Switch. 4-H Club demonstration to 1 club. March 2015.*
- *Take A Deep Breath. DEFY Tobacco presentation given to healthy living coalition. March 2015.*
- *Who Grew My Soup? Cloverbud demonstration to 1 club. March 2015.*
- *Puff Mobiles. 4-H Club demonstration to 5 clubs. March 2015.*
- *Got Milk? 4-H Club demonstration to 1 club. February 2015.*
- *Making Butter. Cloverbud demonstration to 1 club. February 2015.*
- *Milky Magic. 4-H Club demonstration given to 5 club. February 2015.*
- *Youth Field Day Update. Presentation given on Youth Field Day at Regional Update/Safety Meeting. December 2014.*
- *Make A Volcano. 4-H Club demonstration to 1 club. December 2014.*
- *Eggs: From Hen to Home. Cloverbud demonstration to 1 club. December 2014.*
- *Volcanoes. 4-H Club demonstration to 5 clubs. December 2014.*
- *Build A Flashlight! 4-H Club demonstration to 1 club. November 2014.*
- *Eat 'Em Up. Cloverbud demonstration to club. November 2014.*
- *Edible Landfill. 4-H Club demonstration to 5 clubs. November 2014.*
- *Round & Round with Aerospace. 4-H Club demonstration to 1 club. October 2014.*
- *Dig 'Em Up. Cloverbud demonstration to 1 club. October 2014.*
- *Fossil Mix. 4-H Club demonstration to 5 clubs. October 2014.*
- *4-H Enrollment. 4-H Club demonstration given to 6 clubs. September 2014.*

- *East Carroll 4-H – 2014-2015*. East Carroll Parish Principal’s Meeting. August 2014.
- *4-H Opportunities*. Demonstration at “Library to the Garden” given to Southside 3<sup>rd</sup> graders. May 2014.

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### **2013-2014**

- *Weather or Not*. 4-H Club demonstration to 1 club. April 2014.
  - *Water Density*. 4-H Club demonstration to 5 clubs. April 2014.
  - *Hurricane Hazards*. 4-H Club demonstration to 1 club. March 2014.
  - *Slime & Pinwheels*. 4-H Club demonstration to 5 clubs. March 2014.
  - *Whirling Winds*. 4-H Club demonstration to 1 club. February 2014.
  - *Fantastic Flowers*. 4-H Club demonstration to 5 clubs. February 2014.
  - *4-H Enrollment*. 4-H Club demonstration given to 5 clubs. December 2013.
  - *4-H Enrollment*. 4-H Club demonstration given to 5 clubs. November 2013.
  - *4-H Enrollment*. 4-H Club demonstration given to 5 clubs. October 2013.
  - *East Carroll 4-H – 2013-2014*. East Carroll Parish Principal’s Meeting. October 2013.
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## **6. Publications (Print and Electronic)**

### Print Publications for In Office/Program Use

- *4-H Archery Spin Club* – Promotional Flyer, April 2022.
- *4-H Honor Cord Recipients* – Promotional Flyer, May 2022.
- *4-H Strawberry Jam Workshop* – Promotional Flyer, February 2022.
- *4-H Lesson Study* – Promotional Flyer, February 2022.
- *East Carroll 4-H Homeschool* – Promotional Flyer, August 2021.
- *Comfort Closet Toiletry Drive* – Promotional Flyer, August 2021.
- *LAE4-HYDP President’s Parle’* – Promotional Flyer, July 2021.
- *4-H Stem Challenge* – Promotional Flyer, July 2021.
- *4-H Fashion Logic Model* – Promotional Flyer, July 2021.
- *4-H Teen Leader Club* – Promotional Flyer, June 2021.
- *Junior Leadership Club* – Promotional Flyer, June 2021.
- *Northeast District Horse Show* – Promotional Flyer, May 2021.
- *Financial Literacy Flyer* – Promotional Flyer, March 2021.
- *4-H Photography Exhibition* – Promotional Flyer, November 2020.
- *4-H Woodworking Workshop* – Promotional Flyer, October 2020.
- *4-H Pumpkin Growing Contest* – Promotional Flyer, September 2020.
- *4-H Recruitment Flyer* – Promotional Flyer, August 2020.
- *4-H Homeschool Club Community Clean Up Initiative*, Promotional Flyer, July 2020.
- *4-H Virtual Pet Show* - Promotional Flyer, June 2020.
- *Cyber Science Tuesdays* – Promotional Flyer, May 2020.
- *Valentine’s Day Card Contest*, Promotional Flyer, January 2020.
- *4-H Healthy Living Workshop* - Promotional Flyer, November 2019.
- *East Carroll 4-H Club Canned Food Drive* – Promotional Flyer, November 2019.
- *From the Library to the Garden* - Promotional Flyer, October 2019.

- *4-H Night with the Pelicans Flyer*, Promotional Flyer, August 2019.
- *Professional Development Workshop*, Promotional Flyer, June 2019.
- *Community Service Day Camp* – Promotional Flyer, March 2019.
- *4-H Outdoor Skills Workshop*, Promotional Flyer, February 2019.
- *4-H Cooking/Grilling Workshops* – Promotional Flyer, November 2018.
- *East Carroll Parish 4-H & FFA Community Service Project* – Promotional Flyer, October 2018.
- *Join 4-H Today! East Carroll Membership Drive* - Promotional Flyer, September 2018.
- *4-H Fashion Workshop* – Promotional Flyer, July 2018.
- *Tying Up the Future Panel Discussion* – Promotional Flyer, July 2018.
- *Canvas Painting Workshop* - Promotional Flyer, June 2018.
- *Farm Animal Poster Contest* – Promotional Flyer, April 2018.
- *Fashion, Food and Fitness Club Meeting* – Promotional Flyer, March 2018.
- *4-H Healthy Living Workshop* - Promotional Flyer, November 2017.
- *4-H Agriculture Photography Contest* – Promotional Flyer, October 2017.
- *4-H Fishing Clinic* – Promotional Flyer, October 2017.
- *4-H Summer Camp 2017*– Promotional Flyer, Registration Form and Parent Letter, January 2017.
- *4-H Awards Day 2017* – Promotional Flyer printed, April 2017.
- *Louisiana Outdoors Science & Technology Camp* – Promotional Flyer, Registration Form and Parent Letter, April 2017,
- *2015 Camp Counselor Handbook* – Handbook for Summer Camp Counselors printed and emailed, March 2017
- *From the Library to the Garden* – Promotional Flyer. March 2017.
- *Be a Camp Counselor* – Promotional Flyer, February 2017.
- *4-H University* – Promotional Flyer, Registration Form, and Parent Letter, February 2016.
- *4-H Summer Camp* – Promotional Flyer, Registration Form, and Parent Letter, February 2016
- *East Carroll 4-H Strawberry Sales* – Promotional Flyer and Order Form, February 2017
- *The Crafty Clover Project Club* – Promotional Flyer, January 2017.
- *4-H Night with the Pelicans* – Promotional Flyer, December 2016.
- *4-H Reading/Book Club* – Promotional Flyer, November 2016.
- *Holiday Card Contest* – Promotional Flyer, October 2016.
- *East Carroll Parish Flood Relief* – Promotional Flyer, September 2016.
- *4-H Challenge Camp* – Promotional Flyer, Registration Form, and Parent Letter, August 2016.
- *East Carroll Cloverbuds* – Promotional Flyer, October 2016
- *4-H Fun Fest 2016* – Promotional Flyer, October 2016.
- *4-H News Flash!* – 4-H Monthly newsletter printed and emailed October 2016 – April 2017
- *Our 4-H Year!* – 4-H Awards Day PowerPoint. May 2016.
- *4-H Summer Workshops* – Flyer promoting 2015 summer events, April 2015.
- *Louisiana Outdoors Science & Technology Camp* – Promotional Flyer, Registration Form and Parent Letter, April 2016.
- *4-H Awards Day 2016* – Promotional Flyer printed, April 2016.

- *From the Library to the Garden* – Promotional Flyer. March 2016.
- *4-H University* – Promotional Flyer, Registration Form, and Parent Letter, February 2016.
- *4-H Summer Camp* – Promotional Flyer, Registration Form, and Parent Letter, February 2016
- *East Carroll 4-H Strawberry Sales* – Promotional Flyer and Order Form, February 2016
- *4-H Night with the Pelicans* – Promotional Flyer, December 2015
- *T-Shirt Quilt Workshop* – Promotional Flyer, December 2015
- *Holiday Card Contest* – Promotional Flyer, October 2015
- *4-H Challenge Camp* – Promotional Flyer, Registration Form, and Parent Letter, August 2015
- *East Carroll Cloverbuds* – Promotional Flyer, August 2015
- *4-H News Flash!* – 4-H Monthly newsletter. October 2015 – April 2016
- *4-H Fishing Clinic* – Promotional Flyer. September 2015.
- *4-H Performing Arts* – Promotional Flyer. September 2015.
- *Cloverbucks Rewards Program*, August 2015.
- *East Carroll Parish 4-H Highlights*, July 2015.
- *4-H Fun with Science Workshops* – Promotional Flyer. July 2015.
- *2015 Camp Counselor Handbook* – Handbook for Summer Camp Counselors printed and emailed, April 2015.
- *Louisiana Outdoors Science & Technology Camp* – Promotional Flyer, Registration Form and Parent Letter, April 2015.
- *Show Your Stuff 4-H Art Contest* – Promotional Flyer, April 2015.
- *4-H Fashion Workshop* – Promotional Flyer, March 2015.
- *T-Shirt Design Contest* – Promotional Flyer, March 2015.
- *From the Library to the Garden* – Promotional Flyer. March 2015.
- *Container Gardening* – Promotional Flyer, March 2014.
- *4-H University* – Promotional Flyer, Registration Form, and Parent Letter, February 2015.
- *4-H Summer Camp* – Promotional Flyer, Registration Form, and Parent Letter, February 2015
- *East Carroll 4-H Strawberry Sales* – Promotional Flyer and Order Form, February 2015
- *Holiday Card Contest* – Promotional Flyer, October 2014
- *4-H Challenge Camp* – Promotional Flyer, Registration Form, and Parent Letter, August 2014
- *East Carroll Parish 4-H Highlights*, July 2014.
- *4-H News Flash!* – 4-H Monthly newsletter. October 2014 – April 2015
- *Louisiana Outdoors Science & Technology Camp* – Promotional Flyer, Registration Form and Parent Letter, April 2014.
- *Container Gardening* – Promotional Flyer, March 2014.
- *4-H Summer Camp* - Promotional Flyer, Registration Form, and Parent Letter, March 2014
- *4-H University* – Promotional Flyer, Registration Form, and Parent Letter, February 2014
- *4-H Night with the Pelicans* – Promotional Flyer, December 2013
- *Are You Homeschooled?* – Promotional Flyer, November, 2013.
- *4-H News Flash!* – 4-H Monthly newsletter, November 2013 – April 2014

## **6.     *Mass Media and Electronic Outreach***

Lekeisha Lucas-Powell has consistently worked to publicize the programming efforts of the 4-H program not only in East Carroll parish but in the Northeast region as well. These efforts have been supported through news articles in local newspapers and social media outlets.

Mrs. Lucas-Powell has contributed articles to ***The Banner Democrat, Providence Journal and All About You*** over the past 8 years. Over **81** news articles and pictures have been printed in the local newspapers promoting 4-H and highlighting 4-H'er's accomplishments. The *Providence Journal* reaches 1,950 readers with its weekly edition; *All About You* is a quarterly newsletter with 150 recipients.

Utilizing social media and other forms of emerging technology, Lekeisha Lucas-Powell promotes 4-H events and disseminates evidenced-based information to her clientele. She has posted **523** posts on the **East Carroll Parish 4-H Facebook** account since 2013. The Facebook page has 606 likes and has 673 followers. An East Carroll Parish 4-H Instagram account was established in 2018. It now has 61 posts and 252 followers. Along with social media, Mrs. Lucas-Powell utilizes the **text messaging** to communicate with East Carroll Parish Junior Leaders and Camp Counselors. This form of technology allows her to communicate quickly and effectively with the teenagers in leadership positions.

## **7.     *Other Educational Materials such as Exhibits, Curriculum, Lesson Plans, Audio Tapes, Videos, Etc.***

- Sewing Project Guides – 6 step-by-step sewing guides, 2021.
- Leather Craft Project Guides – 6 step-by-step leather project guides, 2021.
- Professional Development Video – Professional attire video created on Filmora, 2020.
- Cooking from the Garden Video – 2-part virtual healthy living videos, 2020.
- Cyber Science Tuesdays – 3 video series focusing on science experiments, 2020.
- 4-H Summer Camp – Summer Camp promotional PowerPoint, 2015
- 4-H Jeopardy – 4-foot displays with Healthy Living information – March 2017.
- Workforce Preparation – 6 enrichment lessons focusing on Teamwork, Dreams and Goals, My Ideal Workplace, Careers, Getting to know ME and Taking Charge of Your Life.

## **8.     *Cooperation/Collaboration with Other Faculty***

Over the past 8 years, during AgExpo and Ag Adventures, Lekeisha Lucas-Powell collaborated with other LSU AgCenter agents to present various lessons at the Mini-Farm. Lesson included Making Butter, Egg Candling and Identifying Dairy Breeds. In 2022, Lekeisha presented an educational demonstration on ear notching to youth in Northeast Louisiana.

Lekeisha Lucas-Powell also worked in partnership with other members of the Louisiana Association of Extension 4-H Youth Development Professionals (LAE4-HYDP) as President-Elect in 2020 and President in 2021 to oversee all administrative functions of the Association during the tenure of office. In 2016, Lekeisha assisted with planning and coordination of the national NAE4-HA Convention in 2016. Mrs. Lucas-Powell volunteered to be a member of the

registration team which worked on registration issues and worked registration tables during the convention.

Mrs. Lucas-Powell collaborated with Jana Bennett, Caldwell 4-H Agent, in judging 4-H contests. In December 2016, Lekeisha spent the day judging contestants in the Ready to Wear contest at Grayson Elementary school in Caldwell parish. Judging consisted of viewing 4-H'ers garment choices. Over 15 contestants participated.

Another collaboration with 4-H agents has been on the regional level. Mrs. Lucas-Powell has served as an active member of the Northeast Regional Leadership Board (RLB) since 2013. She organizes and leads one of the 7 monthly meetings by creating the agenda and inviting guest speakers.

The annual Northeast Youth Field Day has provided extensive collaboration with other faculty across the region and state. As Chair, 2014-2015, Mrs. Lucas-Powell has collaborated with all of the Northeast Region 4-H and ANR Agents to assist with this annual event for 7<sup>th</sup>-12<sup>th</sup> graders. Also, for this event, Lekeisha has collaborated with extension specialists and professors from Environmental & Soil Sciences, Sweet Potato Research Station, School of Animal Sciences and the School of Nutrition and Food Sciences.

Lekeisha Lucas-Powell collaborated with Dr. Janet Fox and other Louisiana 4-H Agents to be a part of a pilot study through National 4-H. The National 4-H Council Professional Development Pilot Project is lesson study in enhancing lesson delivery which results in increased skill development on the part of the teacher. The Louisiana 4-H Agents formed a project study group that met once a month to reflect on the taught lessons and prepare for future lessons. In 2022, Lekeisha and the Tensas parish 4-H agent were chosen to lead the Cloverbud Lego Engineering Lesson Study.

In 2018, Lekeisha collaborated with Betsy Crigler, Tensas 4-H Agent, Kelly Lafferty, Franklin Parish Agent and Frank Newsome, III, Madison Parish Agent to offer a Sewing Workshop to youth at the Madison Parish LSU AgCenter.

In past years, Mrs. Lucas-Powell has collaborated with Ms. Donna Lee, former ANR Agent in East Carroll parish to conduct the Library to the Garden educational programs as well as container gardening workshops. They have also collaborated on presenting 4-H Summer Workshops on the Pollinators and How to Plant Vegetables.

In 2021, Lekeisha collaborated with Tensas 4-H Agent, Betsy Crigler to present a 4-H Summer Workshop entitled "All About Tomatoes". Lekeisha implemented and presented an educational demonstration on the life cycle of a plant to youth in East Carroll parish.

In 2015, Lekeisha collaborated with a northwest 4-H Agent to offer a Sewing Workshop to military kids at Barksdale Airforce Base in Shreveport, LA.

## **9. *External Funding, Material Support, and Grants***

Mrs. Lucas-Powell has received various grants, in-kind and monetary support for local programming efforts. Lekeisha also received grants to conduct specific programs in the parish.

### **In-Kind Support**

#### **2021-2022**

- \$17,045.04 4-H Volunteers (Junior Leaders, 4-H Leaders, Project Club Leaders and Contest Judges) based on \$28.54 hourly value provided by Bureau of Labor Statistics
- \$1,000 East Carroll Parish School Board – Donated fuel & driver to transport youth to 4-H Summer Camp
- \$250.00 First Missionary Baptist Church – Tomato Workshop
- \$250.00 First United Methodist Church – Use of kitchen for canning workshop
- \$250.00 First United Methodist Church – Use of conference room for 4-H Advisory Meeting
- \$250.00 First United Methodist Church – Use of conference room for Advisory Council Meeting

**Total - \$19,045.04**

#### **2020-2021**

- \$8,840.00 4-H Volunteers (Junior Leaders, 4-H Leaders, Project Club Leaders and Contest Judges) based on \$27.20 hourly value provided by Bureau of Labor Statistics
- \$250.00 First Missionary Baptist Church – Junior Leader Meeting
- \$200.00 East Carroll Parish Library Conference Room – Use of Conference Room for photography exhibition

**Total - \$9,290.00**

#### **2019-2020**

- \$12,293.13 4-H Volunteers (Junior Leaders, 4-H Leaders, Project Club Leaders and Contest Judges) based on \$25.43 hourly value provided by Bureau of Labor Statistics
- \$500.00 First Missionary Baptist Church – Use of Kitchen for 2-Day Workshop
- \$200.00 East Carroll Parish Library Conference Room – Professional Development Workshop
- \$350.00 Louisiana State Cotton Museum – Safety Day
- \$300.00 Bunge – Items Donated for Progressive Ag Safety Day
- \$1,200.00 Progressive Ag Safety Day – T-Shirts/Bags
- \$150.00 6<sup>th</sup> Judicial District Attorney's Office – Items donated for Progressive Ag Safety Day
- \$100.00 East Carroll Parish Police Jury – Items donated for Progressive Ag Safety Day
- \$100.00 Together for Hope – Items donated for Healthy Living Workshop

**Total - \$15,193.13**

#### **2018-2019**

- \$11,648.00 4-H Volunteers (Junior Leaders, 4-H Leaders, Project Club Leaders and Contest Judges) based on \$22.40 hourly value provided by Bureau of Labor Statistics
- \$1,000 East Carroll Parish School Board – Donated fuel & driver to transport youth to 4-H Summer Camp
- \$250.00 First Missionary Baptist Church – Use of Kitchen for Canning Workshop
- \$250.00 First Baptist Church – Use of Kitchen for Pickling Workshop
- \$200.00 East Carroll Parish Library Conference Room – Healthy Living Workshop
- \$200.00 East Carroll Parish Library Conference Room – “Tying Up the Future” Workshop
- \$200.00 East Carroll Parish Library Conference Room – Canvas Painting Workshop
- \$350.00 Louisiana State Cotton Museum – Safety Day
- \$300.00 Bunge – Items Donated for Progressive Ag Safety Day
- \$1,260.00 Progressive Ag Safety Day – T-Shirts/Bags
- \$150.00 6<sup>th</sup> Judicial District Attorney’s Office – Items donated for Progressive Ag Safety Day
- \$150.00 East Carroll Parish Police Jury – Items donated for Progressive Ag Safety Day
- \$50.00 John Deere – Items donated for Progressive Ag Safety Day
- \$50.00 Crop Protection Services – Items donated for Progressive Ag Safety Day

**Total - \$16,058**

#### **2017-2018**

- \$11,523.00 4-H Volunteers (Junior Leaders, 4-H Leaders, Project Club Leaders and Contest Judges) based on \$23.00 hourly value provided by Bureau of Labor Statistics
- \$1,000.00 East Carroll Parish School Board – Donated fuel & driver to transport youth to 4-H Summer Camp
- \$350.00 Louisiana State Cotton Museum – 4-H Awards Night
- \$200.00 East Carroll Parish Library Conference Room – Healthy Living Workshops

**Total - \$13,073**

#### **2016-2017**

- \$16,044.36 Volunteers – Regional Leadership Board (based on \$23.56 hourly value provided by Bureau of Labor Statistics)
- \$3,215.94 Volunteers – 4-H Club Leaders
- \$4,240.80 Volunteers – Junior Leaders
- \$250.00 First Missionary Baptist Church – Use of Kitchen for Canning Workshop
- \$250.00 First Baptist Church – Use of Kitchen for Pickling Workshop
- \$250.00 First Baptist Church – Healthy Living Workshop
- \$400.00 East Carroll Parish Library Conference Room – Healthy Living Workshops (2)
- \$400.00 East Carroll Parish Library Conference Room – Junior Leader Meeting (2)



- \$1,507.84 Volunteers – Night with the Pelicans
- \$3,486.88 Volunteers – Safety Day
- \$350.00 Louisiana State Cotton Museum – Safety Day
- \$92.28 Volunteers – Contest Judges
- \$300.00 Bunge – Items Donated for Progressive Ag Safety Day
- \$1,260.00 Progressive Ag Safety Day – T-Shirts/Bags
- \$220.00 Northeast Region Research Station – Van for Junior Leadership Conference (2 days)
- \$110.00 Northeast Region Research Station – Van for CO-OP Camp
- \$220.00 Northeast Region Research Station - Van for Teen Health Advocate Training

**Total - \$32,598.10**

#### **2015-2016**

- \$21,755.01 Volunteers – Regional Leadership Board (based on \$23.07 hourly value provided by Bureau of Labor Statistics)
- \$2,422.35 Volunteers – 4-H Club Leaders
- \$2,768.40 Volunteers – Junior Leaders
- \$250.00 First Baptist Church – Use of Kitchen for Pickling Workshop
- \$400.00 East Carroll Parish Library Conference Room – Healthy Living Workshops (2)
- \$1,845.60 Volunteers – Night with the Pelicans
- \$2,307.00 Volunteers – Safety Day
- \$350.00 Louisiana State Cotton Museum – Safety Day
- \$1,614.90 Volunteer – Marsh Maneuver
- \$92.28 Volunteers – Contest Judges
- \$322.90 Volunteers – Fishing Clinics
- \$640.00 Louisiana Department of Wildlife & Fisheries – Fishing Bait, Poles, Prizes
- \$350.00 Louisiana State Cotton Museum – Strawberry Preserve Workshop
- \$350.00 Louisiana State Cotton Museum – 4-H Awards Night
- \$300.00 Bunge – Items Donated for Safety Day
- \$1,260.00 Progressive Ag Safety Day – T-Shirts/Bags

**Total - \$37,028.44**

#### **2014-2015**

- \$17,482.70 Volunteers – Regional Leadership Board (based on \$22.13 hourly value provided by Bureau of Labor Statistics)
- \$2,190.87 Volunteers – 4-H Club Leaders
- \$177.04 Volunteers – Contest Judges
- \$398.34 Volunteers – Night with the Pelicans

**Total - \$20,248.95**

**2013-2014**

- \$15,390.00 Volunteers – Regional Leadership Board (based on \$22.50 hourly value provided by Bureau of Labor Statistics)
- \$2,160.00 Volunteers – 4-H Club Leaders
- \$90.00 Volunteers – Contest Judges

**Total - \$17,640****Monetary Support****2021-2022**

- \$4,500 East Carroll Parish School Board – 4-H Agent Salary
- \$3,500 East Carroll Parish Police Jury – Program Sponsorship
- \$500 Scott Foundation 4-H Scholarship
- \$455 4-H Strawberry Fundraiser
- \$300 Bishop, Paxton Crigler & Moberley
- \$150 Mt. Zion M.B.C. – Camp Sponsorships for Summer Camp
- \$100 Lensing, Lensing Cunningham & Hagar
- \$100 Renee Schneider – State Farm
- \$100 Elisha Lucas
- \$100 KarVan & Lekeisha Powell

**Total - \$9,805****2020-2021**

- \$4,500 East Carroll Parish School Board – 4-H Agent Salary
- \$3,500 East Carroll Parish Police Jury – Program Sponsorship
- \$1000 4-H Strawberry Fundraiser
- \$500 Scott Foundation 4-H Scholarship
- \$300 Bishop, Paxton Crigler & Moberley
- \$150 Mt. Zion M.B.C. – Camp Sponsorships for Summer Camp
- \$100 Lensing, Lensing Cunningham & Hagar

**Total - \$10,050****2019-2020**

- \$4,500 East Carroll Parish School Board – 4-H Agent Salary
- \$3,500 East Carroll Parish Police Jury – Program Sponsorship
- \$848 4-H Strawberry Fundraiser
- \$500 Scott Foundation 4-H Scholarship
- \$500 Sheriff Wydette Williams
- \$300 Mt. Zion M.B.C. – Camp Sponsorships for Summer Camp
- \$300 Bishop, Paxton Crigler & Moberley
- \$300 Goldman Equipment
- \$300 Capital One Bank
- \$150 East Carroll Parish Farm Bureau

- \$100 Lensing, Lensing Cunningham & Hagar
  - \$100 Atty. George Fox
- Total - \$11,398**

#### **2018-2019**

- \$4,500 East Carroll Parish School Board – 4-H Agent Salary
  - \$3,500 East Carroll Parish Police Jury – Program Sponsorship
  - \$880 4-H Strawberry Fundraiser
  - \$500 Scott Foundation 4-H Scholarship
  - \$400 East Carroll Junior Auxiliary – Camp Sponsorship for Summer Camp
  - \$250 Mt. Zion M.B.C. – Camp Sponsorships for Summer Camp
  - \$250 Bishop, Paxton Crigler & Moberley
  - \$250 Antoine and Jessica Lucas
  - \$150 East Carroll Parish Farm Bureau
  - \$100 Lensing, Lensing Cunningham & Hagar
- Total - \$10,780**

#### **2017-2018**

- \$4,500 East Carroll Parish School Board – 4-H Agent Salary
  - \$3,500 East Carroll Parish Police Jury – Program Sponsorship
  - \$800 4-H Strawberry Fundraiser
  - \$500 Scott Foundation 4-H Scholarship
  - \$400 East Carroll Junior Auxiliary – Camp Sponsorship for Summer Camp
  - \$250 Mt. Zion M.B.C. – Camp Sponsorships for Summer Camp
  - \$250 Bishop, Paxton Crigler & Moberley
  - \$200 Antoine and Jessica Lucas
  - \$150 East Carroll Parish Farm Bureau
  - \$100 Lensing, Lensing Cunningham & Hagar
  - \$100 Brian Howard
- Total - \$10,750**

#### **2016-2017**

- \$4,500 East Carroll Parish School Board – 4-H Agent Salary
  - \$3,500 East Carroll Parish Police Jury – Program Sponsorship
  - \$584 4-H Strawberry Fundraiser
  - \$750 Scott Foundation 4-H Scholarship
  - \$400 East Carroll Junior Auxiliary – Camp Sponsorship for Summer Camp
  - \$250 Mt. Zion M.B.C. – Camp Sponsorships for Summer Camp
  - \$200 Antoine and Jessica Lucas
  - \$150 East Carroll Parish Farm Bureau
  - \$100 Lensing, Lensing Cunningham & Hagar
- Total - \$10,434**

#### **2015-2016**

- \$4,500 East Carroll Parish School Board – 4-H Agent Salary
- \$3,000 East Carroll Parish Police Jury – Program Sponsorship

•	\$520	4-H Strawberry Fundraiser
•	\$750	Scott Foundation 4-H Scholarship
•	\$300	East Carroll Junior Auxiliary – Camp Sponsorship for Summer Camp
•	\$250	Mt. Zion M.B.C. – Camp Sponsorships for Summer Camp
•	\$100	Jessica Collins
•	\$150	East Carroll Parish Farm Bureau
•	\$100	Lensing, Lensing Cunningham & Hagar
•	\$100	East Carroll Soil & Water Conservation District
•	\$50	Gandy Eye care
•	\$50	Brenda Wingate
<b>Total - \$9,870</b>		

#### **2014-2015**

•	\$4,500	East Carroll Parish School Board – 4-H Agent Salary
•	\$3,000	East Carroll Parish Police Jury – Program Sponsorship
•	\$1,000	Scott Foundation 4-H Scholarship
•	\$1,000	Louisiana Public Health Institute – 4-H Camp Transportation
•	\$350	United Christian Fellowship Ministry
•	\$300	East Carroll Junior Auxiliary – Camp Sponsorship for Summer Camp
•	\$348	4-H Dues
•	\$250	Mt. Zion M.B.C. – Camp Sponsorships for Summer Camp
•	\$250	Bishop, Paxton, Crigler & Moberley
•	\$150	First South Farm Credit
•	\$100	Lensing, Lensing Cunningham & Hagar
•	\$100	Brian Howard
•	\$100	KarVan Powell
•	\$50	State Farm – Renee Schneider
•	\$50	Antoine Lucas
•	\$50	Attorney George Fox
•	\$50	Danielle Morris
•	\$50	Derrius Morris
•	\$50	Elisha Lucas
<b>Total - \$11,748</b>		

#### **2013-2014**

•	\$4,500	East Carroll Parish School Board – 4-H Agent Salary
•	\$300	Sheriff Wydette Williams
•	\$250	Mt. Zion M.B.C. – Camp Sponsorships for Summer Camp
•	\$222	4-H Dues
•	\$100	Elisha Lucas
•	\$100	Harris Funeral Home/Wanda's Flower Shop
•	\$100	Lensing, Lensing Cunningham & Hagar
•	\$100	Goldman Equipment
•	\$100	United Christian Fellowship Ministry
•	\$50	State Farm – Renee Schneider
•	\$50	Brister & Brister Attorney at Law

- \$50 Beatrice Carter
- Total - \$5,922**

### **Grants**

#### **2021-2022**

- \$25000 Well-Connected Communities Grant
- \$7000 TC Energy Grant

**Total - \$32000**

#### **2020-2021**

- \$2700 TC Energy Grant
- \$300 Wal-Mart Healthy Living Grant

**Total - \$3000**

#### **2019-2020**

- \$1,100 Wal-Mart Healthy Living Grant
- \$1,000 Louisiana 4-H Innovation Grant
- \$1,000 Entergy Grant

**Total - \$3100**

#### **2018-2019**

- \$800 Wal-Mart Healthy Living Grant

**Total - \$800**

#### **2017-2018**

- \$550 Wal-Mart Healthy Living Grant

**Total - \$550**

#### **2016-2017**

- \$750 Wal-Mart Youth Voice: Youth Choice
- \$500 Wal-Mart Healthy Living Grant

**Total - \$1250**

#### **2015-2016**

- \$480 Wal-Mart Youth Voice: Youth Choice
- \$500 Delhi Hospital Pre-Diabetes Grant

**Total - \$980**

### **10. *Refereed Journal Articles***

To date, no refereed journal articles.

#### **11. *Presentations at Professional and Clientele Targeted Conferences***

- *Professional Development Presentation*. Northeast Region Quarterly Meeting. August 2020.
- *Pig Identification*. Ag Expo. January 2022.
- *Sew Much Fun! LAE4-HYDP Workshop*. Louisiana Association of Extension 4-H Youth Development Professionals Convention. August 2021.
- *Sew Much Fun! LAE4-HYDP Workshop*. Louisiana Association of Extension 4-H Youth Development Professionals Convention. August 2019.
- *4-H University Fashion Show*. Presentation of 2019 – 2020 4-H Fashion Board at 4-H University. June 2019.
- *4-H University Fashion Show*. Presentation of 2019 – 2020 4-H Fashion Board at 4-H University. June 2018.
- *How to Make Butter*. Ag Adventures. February 2018.
- *Safety First Presentation*. 4-H Fashion Camp. January 2018.
- *It's Always Sew Much Fun! – LAE4-HA Workshop*. Louisiana Association of Extension 4-H Agents Convention. August 2018.
- *From the Library to the Garden*. 4-H Professional Development Meeting. May 2018.
- *4-H University Fashion Show*. Presentation of 2016-2017 4-H Fashion Board at 4-H University. June 2017. *Northeast Regional Leadership Board*.
- *How to Make Butter*. Ag Adventures. February 2017.
- *Safety First*. 4-H Fashion Camp. January 2017.
- *Pig Identification*. Ag Expo. January 2017.
- *The Incredible Journey-4-H Opportunities*. Northeast Region Area Leader Forum. September 2016.
- *It's Always Sew Much Fun! – LAE4-HA Workshop*. Louisiana Association of Extension 4-H Agents Convention. August 2016.
- *4-H University Fashion Show*. Presentation of 2015-2016 4-H Fashion Board at 4-H University June 2016.
- *From the Library to the Garden*. 4-H Professional Development Meeting. May 2016.
- *How to Make Butter*. Ag Adventures. February 2016.
- *Safety First*. 4-H Fashion Camp. January 2016.
- *How to Make Butter*. Ag Expo. January 2016.
- *Stress Relief, Pampering Yourself*. Northeast Region Area Leader Forum. September 2015.
- *Sew Much Fun! – LAE4-HA Workshop*. Louisiana Association of Extension 4-H Agents Convention. August 2015.
- *4-H University Fashion Show*. Presentation of 2014-2015 4-H Fashion Board at 4-H University. June 2015.
- *Egg Candling*. Ag Adventures. February 2015.
- *Safety First*. 4-H Fashion Camp. January 2015.
- *Egg Candling*. Ag Expo. January 2015.

- *4-H University Fashion Show.* Presentation of 2013-2014 4-H Fashion Board at 4-H University. June 2014.
- *Louisiana Commodities.* Ag Alley. January 2014

## **12. *Participation in and Leadership of Professional Organizations/Committees***

### **National**

- National Association of Extension 4-H Youth Development Professionals (NAE4-HYDP). Member 2014-Present.

### **State**

- Louisiana Association of Extension 4-H Youth Development Professionals (LAE4-HYDP). Member 2014-Present. Committees served on include: Regional Representative. 2016-2017.
- 4-H State Fashion Board Sponsor. 2013 – Present
- 4-H Camp Advisory Committee. 2021.
- 4-H Records Judging Committee. 2020.
- 4-H Career Prep Contest Review Committee. 2020.
- Epsilon Sigma Phi Member 2016 – 2017.

### **Regional**

- 4-H Professional Development Committee. Member 2015 - 2017. Chair - 2017.
- Northeast Regional Leadership Board Committee. Member 2013 - Present
- Northeast Region Area Commodity Cookery Committee. Member 2013 - Present.
- LAE4-HA 2017 Convention Committee
- 4-H Mentor for New Agent. 2017- 2018.
- 4-H Mentor for New Agent. 2022 – Present.
- Youth Field Day Committee. Chair – 2014.

### **Parish**

- East Carroll Parish 4-H Advisory Committee. 2014 - Present.
- East Carroll Parish 4-H Foundation Advisory Board. Member 2014 - Present
- East Carroll Parish Overall Advisory Committee. Member 2014 - Present
- Library to the Garden. Member 2014 - Present.
- East Carroll Parish Healthy Communities Adult Coalition. Member 2020 – Present.
- East Carroll Parish Healthy Communities Youth Coalition (HYPE). Member 2020 – Present.

## **13. *Continue Coursework, In-service Training, Sabbaticals, and Professional Improvement***

Mrs. Lucas-Powell completed the LSU AgCenter's two-year Internal Leadership Program in May 2022. Lekeisha also completed the Supervisor Basics Training presented by the Office of Human Resources in 2022.

### **Professional Improvement/In-service Training (Since last promotion)**

- Louisiana Cooperative Extension Service Parish Chair Meetings, 2021 – Present.
- 4-H Professional Development Quarterly Meetings, 2017 - Present.
- Louisiana Association of Extension 4-H Agents Convention, 2017 – Present.
- National Association of Extension 4-H Agents Convention, 2018 & 2021.
- LSU AgCenter Annual Conference. 2017 – 2018
- Facing the Future. 4-H Youth Development Virtual Conference. March 2021.
- Getting Ready for Summer Camp Training. Microsoft Teams. December 2021.
- Livestock Training. December 2020.
- Risk Management Training. November 2020.
- Keys to Recruitment Volunteer Training. September 2020.
- Google Classroom Training. September 2020.
- Managing 4-H Events in Time of Covid-19 Training. August 2020.
- Conducting Project Clubs and Junior Leaders Meeting in a Virtual World. August 2020.
- Creating Videos in Canva/Filmora Training. June 2020.
- Microsoft Teams Webinar. May 2020.
- Back to the Future Virtual 4-H Youth Development Conference. April 2020.
- Livestock Training. October 2019.
- ATV Training. April 2019.
- Wal-Mart Grant Training. October 2018.

#### ***14. Participation in Public Policy and Community Issues***

Mrs. Lucas-Powell has frequent communications with local, state, and federal officials to promote LSU AgCenter and the residents of East Carroll Parish. During 4-H Day at the Capitol, Mrs. Lucas-Powell arranges visits for East Carroll 4-H'ers with Senators Katrina Jackson and Francis Thompson. As Assistant 4-H Agent, Lekeisha Lucas-Powell frequently meets with Police Jury members and School Board members to discuss issues facing East Carroll Parish residents. Mrs. Lucas-Powell makes herself available to these members and frequently presents updates at monthly meetings.

As a member of the Internal Leadership Program and Public Issues in Leadership Development attendee, Mrs. Lekeisha Lucas-Powell learned how to communicate and engage stakeholders and elected officials in advocating for Extension at the local, state and national level. Mrs. Lekeisha Lucas-Powell visited Capitol Hill to advocate for capacity funding for LSU Extension Services to continue to bring research-based knowledge and outreach to our community by meeting with Representative Julia Letlow.

#### ***15. Awards and Recognition***

- LSU AgCenter Internal Leadership Class. 2022.
- Louisiana Association of Extension 4-H Youth Development Professionals Plaque. 2021
- Louisiana Association of Extension 4-H Youth Development – Achievement in Service Award. 2018.
- National Association of Extension 4-H Agents – Achievement in Service Award. 2018.
- National Association of Extension 4-H Youth Development Professional – Southern Region Award Winner in Media Presentation. 2021.



- Louisiana Association of Extension 4-H Youth Development Professionals – Award Winner in Media Presentation. 2021.
- Louisiana Department of Wildlife and Fisheries – Aquatic Volunteer Instructor Certificate of Completion. 2021.
- LAE4-HA Excellence in Teamwork Award. 2018.
- LAE4-HA Greg Yost Memorial Youth in Leadership Award. 2018.
- 4-H Yoga for Kids Instructor Certificate. 2017.
- Denver T. and Ferne Loupe Extension Team Award. 2016.
- Regional Representative. LAE4-HA Northeast Region. 2016 – 2017.

#### **16. *Multi-Institution, Agency, and State Collaboration***

Mrs. Lucas-Powell has collaborated with numerous agencies on community projects and programming throughout the past few years. Collaborations have included the East Carroll Parish Library System to collaborate on “Library to the Garden”. Attending school board and Parent Teacher Association meetings through the East Carroll Parish School Board has proven to be an effective tool to promote 4-H programming in the parish.

In promoting service-learning through 4-H, Lekeisha Lucas-Powell has partnered with local and regional agencies. Shady Lake Nursing Home is a partnership that has allowed the junior leaders to interact with the residents at this local retirement facility. Mrs. Lucas-Powell partners with Shady Lake so the junior leaders are allowed to assist with delivering gifts and singing carols. Regional service-learning projects have included partnerships with CASA, Blue Star Moms, and Northeast Region Foster Care Case Manager and children.

Through the Healthy Communities, Well-Connected Communities, Louisiana Public Health Institute and Wal-Mart Grants, Mrs. Lucas-Powell has developed several community partnerships. These collaborations have included First Baptist Church, East Carroll Parish Library, Louisiana State Cotton Museum, East Carroll Parish Hospital, First United Methodist Church, Delta Recovery and the East Carroll Parish School Board.

Lekeisha Lucas-Powell has also collaborated with the University of Louisiana at Monroe (ULM). The partnership with ULM was a fundraising event for the Northeast Regional Leadership Board (RLB). A Day in The Grove was a tailgate event during a ULM football game to promote 4-H and to allow the RLB members the opportunity to work concessions during the game as a fundraiser. This partnership continued for 2 years.

As part of the Northeast Regional Leadership Board (RLB), Lekeisha Lucas-Powell has organized and arranged for a guest speaker at some of the monthly meetings. Since 2016, Mrs. Lucas-Powell has collaborated with Delta Recovery Substance Abuse Center to speak at RLB meetings.

In collaboration with the Future Farmers of America (FFA), Mrs. Lucas-Powell has assisted General Trass Senior High School with school gardening programming and leathercraft projects. General Trass Senior High School also partnered with Lekeisha Powell in attending the Northeast Region Youth Field Day.

#### **17. *Other Scholarly or Creative Activities or Other Contributions to the Profession***

Mrs. Lucas-Powell is serving as a mentor and providing guidance to a new 4-H Agents. She collaborates with 4-H agents in planning club meetings and preparing demonstrations. For the past 5 years, Lekeisha Lucas-Powell has applied for Wal-Mart grants to help fund Healthy Living program. She also assists other agents in sharing program ideas and lesson plans during quarterly 4-H trainings or via email.

## **Service Activities**

### **1. *Recruitment of Students and Faculty***

- Northeast Regional Youth Field Day – Recruitment of students in the Northeast Region and of LSU AgCenter Regional and State Employees and LSU College of Agriculture, 2014-2018.
- Northeast Regional Leadership Board – Recruitment of teen leaders from the Northeast region to participate in regional and state activities; LSU College of Agriculture presentation, 2014-Present.
- Area Leader Forum – Recruitment of volunteer leaders from the Northeast region to participate in a one-day training and recruitment of teen leaders to assist at training, 2014-Present.

### **2. *University Service***

- East Carroll Parish Chair - Responsible for the management and supervision of parish programs and extension personnel in East Carroll parish. 2021- Present.
- Northeast Region Horticulture Agent Interview Committee – Reviewed applications and interviewed applicant for Northeast Region Horticulture Agent. 2022.
- 4-H Youth Development Department Head Interview Committee – Reviewed applications and interviewed applicants for 4-H Youth Development Department Head. 2021.
- 4-H Youth Development Program Leader Interview Committee – Reviewed applications and interviewed applicants for 4-H Youth Development Program Leader. 2018.
- 4-H Professional Development Committee - Attend quarterly meetings; assist in planning and coordinating quarterly meetings for NE Region 4-H Agents. 2015-Present.
- Northeast Regional Leadership Board Committee – Attend monthly meetings and events held for youth board members; assist in coordinating meeting sand event for youth board. 2013-Present.
- Northeast Region Youth Field Day Committee – Conduct committee meetings; coordinate field day; contact agencies to participate; supervise field day. 2014-2015.
- Fashion Board Interview Committee – Review applications; coordinate interviews; interview applicants. 2014 - Present.
- Northeast Region Challenge Camp Committee – Attend meetings to assist in coordinating challenge camp; teach tract at camp. 2014-2015.
- Northeast Region Area Commodity Cookery Committee – Attend meetings to assist in coordinating commodity cookery contest. 2014-Present.
- Madison 4-H Agent Interview Committee – Review applications and interviewed applicants for 4-H Agent in Madison parish. 2016

### **3. Professional Service**

- Louisiana Association of Extension 4-H Agents (LAE4-HYDP) Member – 9 Years (2013 – Present)
- LA Association of Extension 4-H Youth Dev. Professionals - Past-President. 2021 – 2022
- LA Association of Extension 4-H Youth Dev. Professionals – Nominating Committee Chairman. 2021 – 2022.
- Louisiana Association of Extension 4-H Agents – President. 2020 – 2021
- LA Association of Extension 4-H Youth Dev. Professionals – Annual Agents Conference Planning Committee Representative. 2021 – 2022.
- Louisiana Association of Extension 4-H Agents – President-Elect. 2019 – 2020
- LA Association of Extension 4-H Youth Dev. Professionals – Annual Meeting Committee Chairman. 2021 – 2022.
- Louisiana 4-H Foundation – 9 Years (2013 – Present)
- National Association of Extension 4-H Agents (NAE4-HYDP), Member. (2013 – Present).
- LAE4-HYDP Session Presenter – 7 Years (2013 – 2019) (2021)
- Chaperoned National 4-H Congress. 2017.
- Chaperoned Marsh Maneuvers. 2018.
- Chaperoned New York Fashion Field Study. 2016.
- Chaperoned Healthy Living Summit in Washington, D.C. 2016.
- Taught healthy living activity at East Carroll Parish Library’s Summer Program Kickoff. May 2016
- State Fashion Board Sponsor. 2014 - Present.
- Judged Ready to Wear contest in Caldwell Parish. December 2016
- Mentor new 4-H Agent in Madison Parish. 2017 – 2018
- Judged Cotton Festival Quilts in Morehouse Parish. September 2016
- Judged Cotton Festival Quilts in Morehouse Parish. September 2015.
- Chaperoned Southern Regional Teen Leadership Conference – Tennessee, October 2014.

### **4. Other External & Community Service**

- Mt. Zion M.B.C. Youth Committee, Teach Youth Sunday school Class. 2012 – Present.
- Doorway to Louisiana, Member, 2021 – Present
- Franklin Parish CHOW (backpack program); donated food packets along with Northeast 4-H agents. 2019
- St. Jude’s Children’s Research Hospital (Financial Donor)