

Advisory Leadership Council Minutes 2012

The Family & Consumer Sciences Advisory Leadership Council (ALC) Meeting was held Thursday, February 16, 2012 from 2:00-4:00 pm at the Livingston Parish Health Unit.

Call to Order

Nathalie Savoy, the Livingston Assistant Extension Agent called the meeting to order. She thanked everyone for attending and stressed the importance of their involvement. Ms. Savoy collected the sign in sheet and signed agreements to participate, distributed a printed PowerPoint and a program. Ms. Savoy introduced the agenda, and then presented the Role of the ALC.

Those present were: Martha Latimer, Terri Latimer, Connie Arceneaux, Gayle Miller, and Jinx Berthelot all representing LVFC, and Mary Broussard, representing the Council on Aging (COA), and Nathalie Savoy.

Situation

Ms. Savoy then gave a brief summary of the current parish nutrition programs (created in response to statistical research on obesity in our state) and discussed the following:

- listed the organizations with which she met and discussed opportunities to present nutrition programs
- future plans
- outcome/impact of her nutrition program at the Denham Springs Head Start

Issues

Ms. Savoy opened the floor for discussion of the issues faced by her ALC representatives as related to nutrition education. ALC felt that the programs in place were very good. Through discussion, they decided on the following three areas of focus:

- Education on childhood and adult obesity to reduce chronic disease
- Nutrition education through gardening and its sustainability
- Identify organizations in need of nutrition education: schools, Head Start, Health Unit and Council on Aging, possibly new hospital

The advisory council came up with the following objectives to reach the three goals above:

- Efficiency: reuse programs created for other organizations, for ex: use breakfast nutrition program created for Head Start in Denham Springs at COA Denham Springs
- Creation of garden in St. Helena: to assist with the gardening, contact the Master Gardener, Future Farmers of America (FFA) Club, 4-H Teacher and 4-H club members
 - Have the parish chair or 4-H Teacher contact Dykes Feed and Seed and the Co-op in St. Helena for gardening donations
 - Have elementary students write thank you notes to the donators

- Add the donators in my nutrition newsletters/Ag Center blog that month
- FYI: Ace Hardware in Greensburg has a whole isle on canning and freezing supplies
- All of the gardening suggestions can be used in Livingston once the pilot program in St. Helena is completed and analyzed
- Network to create an ease of scheduling: Contact Head Start Directors and COA Directors to see if they have regional meetings so agent could meet as much of the staff as possible at one meeting
- Offer nutrition education to expecting and new mothers at surrounding hospitals; however, most hospitals usually have a registered dietitian on staff, but will check
- Possibly Teach nutrition in high school Home Economics class

A date was set for the overall advisory meeting which will be held Tuesday, February 28, 2012 in the courtroom at 6:30 pm.

Meeting adjourned at 4:00 pm.