

LSU AgCenter St. Charles Parish Profile

Report to Stakeholders January 2026



ABOUT THE LSU AGCENTER

The LSU AgCenter is dedicated to providing innovative research, information and education to improve people's lives. Working in a statewide network of parish extension offices, research stations and academic departments, the LSU AgCenter helps Louisiana citizens make the best use of natural resources, protect the environment, enhance agricultural enterprises, and develop human and community resources.

PROGRAM HIGHLIGHTS

Nutrition and Community Health

Flavors of Health provides classes and workshops on a variety of topics that empower individuals and families to make healthy choices to live their most healthful lives. Programs include Healthy Communities, Smart Portions, Dining with Diabetes, Small Changes, Health Habits, Faithful Families: Eating Smarter Moving More, Lunch and Learns, Food Safety, and outreach initiatives. Over 1,000 adults and youth have participated in at least one of the programs to improve one's health and wellbeing.

4-H Youth Development

The St. Charles Parish 4-H Youth Development Program enables youth to gain important life skills through participation in age-appropriate experiential learning programs conducted in school, community, and other 4-H club enrichment opportunities. In 2025, the St. Charles Parish 4-H program focused on teaching youth about healthy living, civic engagement, and STEM education through hands-on lessons and workshops. Over 1500 youth gained knowledge, experience, and mastered skills through parish-wide education and contributed their hands to larger service to help over 100+ families in the community through service-learning and community service projects.

Agriculture and Natural Resources

St. Charles Parish agricultural outputs include sugarcane, soybeans, commercial vegetables, home gardens, beef cattle, aquaculture, and fisheries. The St. Charles Parish ANR Program provides research-based recommendations through seminars, demonstrations, workshops, farm and home visits, and Extension publications. In 2025, we reached 3,000+ residents to help achieve their economic and aesthetic goals on farms, in home gardens, and landscapes while conserving the parish's abundant natural resources. River Region Master Gardener Volunteer Program efforts help further promote best management practices by maintaining school and demonstration gardens, hosting community events, answering questions, and providing LSU AgCenter publications at the German Coast Farmer's Market.



PROGRAMS

4-H and Youth Development

Agriculture and Natural Resources

Nutrition and Community Health

EXTENSION OFFICE

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Social Media:

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Vacant

Nutrition and Community Health
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WHOM WE REACH:

5,500 youth

1,065 4-H members, 600 school enrichment participants, 16 school 4-H Clubs, and 5 community 4-H Project Clubs

5,130 Adults

1,000 4-H Youth Development
2,930 Agriculture and Natural Resources
1,200 Nutrition and Community Health

HOW WE REACH THEM:

4-H Clubs, school enrichment, field days, publications, newsletters, class series, website, social media, trainings, websites, and workshops.

EXPANDING OUR EFFORTS:

150+ volunteers from 4-H, Master Gardeners, and family and community

PARISH FACTS:

LSU AgCenter Extension Agents provide research-based information on plant, fisheries and wildlife, and animal enterprises to St. Charles Parish clientele. The most recent total dollar amounts from these commodities are:

Plant Enterprises: \$7,772,246
Fisheries and Wildlife: \$9,391,180
Animal Enterprises: \$4,253,247

DATA FROM U.S. CENSUS:

Population- 52,549	Land Area (Square Miles)- 277.7
Persons 65 years and older-14.9%	Persons under 18 years old- 13.1%
Median Household Income- \$82,172	Persons in poverty- 9.8%

LOCAL ISSUES AND PLANS FOR THIS YEAR:

Increase productivity and profitability of Louisiana agriculture.

- Conduct community demonstrations on best management practices
- Write news columns, webpage content, and host seminars on agricultural and gardening practices
- Conduct farm and home visits

Promote the wide use of natural resources and protection of the environment.

- Educate and involve youth in Louisiana wetlands solutions and restoration
- Conduct pesticide applicators and worker protection standards certifications
- Promote Best Management Practices and Integrated Pest Management programs
- Conduct training that promotes conservation stewardship

Build leaders and good citizens through 4-H Youth Development.

- Provide opportunities for youth to participate in service-learning projects
- Recruit youth and adult volunteers and conduct volunteer trainings
- Provide youth with tools for developing life skills in club meetings and programs
- Provide youth with opportunities to develop a sense of belonging, independence, generosity, and mastery.
- Provide 4-H youth development educational programming to increase knowledge in the areas of civic engagement, healthy living, and STEM

Strengthen families and communities.

- Conduct nutrition programs to create healthy communities by improving overall nutrition and increasing physical activity in youth and adults
- Teach stand-alone nutrition lessons and healthy recipe demonstrations to various audiences in St. Charles Parish



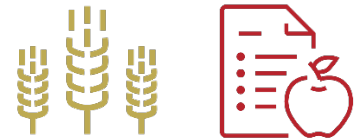
HOW IS EXTENSION FUNDED?

- Federal funding from the USDA/ NIFA.
- State general funds from the Louisiana Legislature.
- Local support from parish government, including police juries and school boards.
- Self-generated funds.



WHAT ROLE DO YOU PLAY?

Our stakeholders at the parish level are the local supporters and beneficiaries of the LSU AgCenter cooperative extension programs. Their support keeps these critical programs in their communities.



EACH PARISH OFFERS PROGRAMMING IN:

- 4-H and Youth Development.
- Agriculture and Natural Resources.
- Nutrition and Community Health



For the latest research-based information on just about anything, visit our website:

www.LSUAgCenter.com