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| |  | | --- | |  | | 4-h University  June 17-20, 2025 At LSU! 4-H University is the premier 4-H event of the year for 4-H members in 8th-12th grade.  This year marks the 111th annual celebration and will be host to both new-and-improved contests as well as the traditional contests, plus Clover College tracks, educational programs, and campus tours.  There are 35 contests offered in the competitive track providing individual and team competitions in demonstrations, interviews, speeches/talks and project related examinations. A member may only participate in one (1) contest a day at 4-H University or participate in clover college educational session. All contest participants are trained by LSU AgCenter extension staff to prepare for their event. | | LSU AgCenter Company Logo 4-H Organization four leaf clover logo *Adapted from: Vermilion, St. Martin & Lafayette Parish 4-H* | |  | |  | |  | | --- | | You are invited to join us in a 4-H U informational meeting on**April 16, 2025 from 4:00-5:00p.m.** at the 4-H office. All 8th-12th grade members for 2024-2025 school year who are interested in finding out about 4-H U are invited.Approximate Cost: $200.00 *(Includes registration fee, lodging, transportation and parish t-shirt).*  A registration packet will be sent in May.Lodging: Louisiana State UniversityCampus DormsBaton Rouge, LA | |  | | St. Landry Parish 4-H 1065 Hwy 749, Suite A Opelousas, LA 70570 Phone: 337-948-0561 | |

***What to Expect During 4-H U…?***

***4-H members who are 8th-12th graders for 2024-2025 school year are eligible to attend 4-H University to be held on the campus of LSU in Baton Rouge.***

***During 4-H U, participants will be introduced to aspects of life that college students experience on an everyday basis. Depending on their interests, students may tour a working dairy, a biomedical center and athletic facilities.***

***While enjoying LSU’s campus participants will have time to explore the student union, have a look at the new bookstore, and visit Mike the Tiger’s cage.***

***The St. Landry Parish delegation will be lodging in the LSU campus dorms in Baton Rouge, LA. Participants can select their roommate. If they do not have a preference, efforts are made to group them according to age and interests.***

***4-H agents and trained adult volunteers supervise members from our delegation. A nightly meeting is held to coordinate all schedules for the next day.***

***Sincerely,***

***Lisa Benoit & Megan Plattsmier***

**Contests:** 4-H member can choose a contest and compete in that contest as well as attend educational(s) program(s). A list of the 35 contests can be found in this informational packet.   
Contestants are given priority using the following criteria when representing St. Landry Parish in a contest at 4-H U:   
1. Competing in a 4-H U contest in the last two years (2024, 2023) and have placed in the contest.  
2. Competing in a 4-H U contest in the last two years (2024, 2023).   
3. Grade and Age (older 4-H members will have contest selection priority).

**Clover College:** 4-H members can choose to participate in a non-competitive event called Clover College. This event offers non-competitive workshops and a chance for you to develop teamwork and leadership skills. Clover College session choices will be released in April.

**Leadership:** Applications are available for several state level boards and offices. If you are interested in serving in a leadership role on the state level, these may be of interest to you. Board applications are due to the state 4-H office in early-May. Please contact the parish 4-H office for more information. ***Boards include:*** Fashion; Food & Fitness; Citizenship; SET (Science, Engineering & Technology), Shooting Sports Ambassadors, Wetland Ambassadors, Livestock Ambassadors and Equine Ambassadors.   
***State Executive Committee Positions***: President, Vice-President, Secretary, Reporter/Historian, Parliamentarian and Regional Representatives.

**2025 4-H University Contest Summary**

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| **Contest** | **Max # of People** | **Age or grade by 12/31/24** | **Description** | **Award** |
| 4-H Has Talent | 3 entries  (1-6 people each entry) | 8th-12th grade | Acts may include vocal, theatrical, dance, instrumental, miscellaneous | 4-H Congress Atlanta Trip |
| ATV Safety | 2 individuals | 8th-12th grade | Take a written test about safety of riding ATV, parts identification & troubleshooting and ATV safety skill driving course. | 4-H Educational Trip |
| Career Preparation | 2 individuals | 8th-12th grade | Prepare resume, story and participate in a job interview. | 4-H Congress Atlanta Trip |
| Child Development | 2 entries (2 individuals or team of 2) | 8th-12th grade | Judge 4 classes of items related to child development. Give written reasons for one class. Take a written exam. | 4-H Congress Atlanta Trip |
| Civic Engagement/Leadership Illustrated Talk | 2 individuals | 8th-12th grade | Present an illustrated talk on an area within citizenship, leadership, theater arts, communication, and personal development. | Ignite 4-H Conference Washington DC |
| Civic Engagement/Leadership Demonstration | 2 individuals or 2 teams of 2 | 8th-12th grade | Present demonstration in Citizenship. Topic areas can include citizenship, leadership, theater arts, communication, and personal development. Demonstrations should not include cooking/preparing food. | Ignite 4-H Conference Washington DC |
| Consumer Decision Making | 1-8 individuals | 14-18 years old | Working together, teams will judge 6 classes of consumer products or services and prepare one set of oral reasons. | National 4-H Contest Texas |
| Consumer Foods Evaluation | 2 teams of 2 or 3 individuals | 8th-12th grade | Individuals will judge food items for nutrition guidelines, cost and MyPlate recommendations (9 classes). Reasons required for one of the classes. | 4-H Congress Atlanta Trip |

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| **Contest** | **Max # of People** | **Age or grade by 12/31/24** | **Description** | **Award** |
| Esports | 2 teams of 3 individuals | 8th-12th grade | Team to compete in a single elimination video game tournament. Develop skills in teamwork, communication, critical and strategic thinking, creativity, sportsmanship, and leadership and a mastery of a LA high school sport that can lead to scholarships and future careers. | Ignite 4-H Conference Washington DC |
| Fashion-Upcycled Fashion: Recycling Project | 3 individuals | 14-18 years old | Demonstrating recycling knowledge and redesign skills use recyclable materials to create and sew a wearable outfit for the runway. | National 4-H FCS Competition Texas |
| Fashion-Ready to Wear | 3 individuals | 14-18 years old | Purchase an outfit prior to the contest under 100 dollars. The outfit will be judged on selection and appearance. You will also take part in a consumer judging activity. | National 4-H FCS Competition Texas |
| Fashion – It’s Sew You | 3 individuals | 14-18 years old | Contestant may choose a commercial pattern, create their own, or use a combination of each. Sew an outfit and submit for judging. | National 4-H FCS Competition Texas |
| Fishing Sports | 2 individuals or teams of 3 individuals | 8th-12th grade | Contestants on each team will be required to take part in challenges (casting, fish id, knot tying & fishing gear id). They will be required to take a test related to fishing. They will be asked to show their fishing skills and write a fishing paper. | 4-H Educational Trip |
| Healthy Living Illustrated Talk | 2 individuals | 8th-12th grade | Present and illustrated talk on an area within child development, food and nutrition and health. | Ignite 4-H Conference Washington DC |
| Healthy Living Demonstration | 2 teams of 2 individuals | 8th-12th grade | Present demonstration in a healthy living subject area. Topic areas can include child development, food & nutrition, and health. Can include cooking and preparing food. | National 4-H FCS Contest Texas |
| Horticulture ID & Evaluation | 1-8 individuals | 8th-12th grade | Judge 4 classes of horticulture specimens; take a 20-question test and identify 40 horticulture specimens. | 4-H Educational Trip |

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| **Contest** | **Max # of People** | **Age or grade by 12/31/24** | **Description** | **Award** |
| Insect ID | 2 individuals | 8th-12th grade | Take a written test including identifying insects. Create an entomology collection that will be submitted prior to contest date. | 4-H Educational Trip |
| Livestock Judging | 1-8 individuals | 14-18 years old | Judge 7 classes of livestock. Species include beef cattle, swine, sheep & goats. Give 3 sets of oral reasons. | National Contest in Kentucky |
| Meat ID | * 1. individuals | 14-18 years old | Identify cuts of meat and judge classes including giving oral reasons. | National Contest in Kentucky |
| Next Healthy Food Star | 1 team of 2-4 individuals | 14-18 years old | Team food preparation/presentation using Louisiana seafood to prepare dish. Present an informal speech on how the dish was prepared, importance of LA seafood and nutritional value of dish. | Great American Seafood Cookoff, New Orleans |
| Outdoor Skills | 2 teams of 3-4 individuals | 8th-12th grade | Take part in performance challenge trail involving shooting & orienteering challenges. Take a test related to ethical & environmental decisions in the outdoors. 5–7-minute oral presentation. | 4-H Educational Trip |
| Personal Trainer | 2 individuals | 8th-12th grade | Written exam, personal training demonstration rotations and scenario coaching include exercise adaptations for specific needs. | Ignite 4-H Conference Washington DC |
| Photography | 2 individuals | 8th-12 grade | Submit 10 photographs taken throughout the year with a short story prior  to 4-H U. Take a written test while at the contest. | Ignite 4-H Conference Washington DC |
| Poultry Judging | 1-8 individuals | 14-18 years old | Judge egg production, market classes and egg classes and give oral reasons. | National Contest in Kentucky |
| Contest | Max # of People | Age or grade by 12/31/24 | Description | Award |
| Promote 4-H Graphic Design | 2 individuals | 8th-12th grade | Contestant to design and create a digital design featuring 4-H which could be incorporated into various marketing assets. | Ignite 4-H Conference Washington DC |
| Public Speaking-Cooperatives | 2 individuals | 8th-12th grade | Develop and present a prepared speech on or in favor of agricultural cooperatives (type of business). | 4-H Congress Atlanta Trip |
| Public Speaking -  Any | 2 individuals | 8th-12th grade | Develop and present a prepared speech on any subject other than ag cooperatives. | 4-H Congress Atlanta Trip |
| Robotics | 2 teams of 3-5 individuals | 8th-12th grade | Challenge-based competition focusing on tasks and processes related to those found in agricultural industry and/or farm and ranch. Will include both announced and unannounced challenges. | Ignite 4-H Conference Washington DC |
| Sports Broadcasting | 2 teams of 2 individuals | 8th-12th grade | Team will broadcast a sporting event selecting from football, basketball, baseball or softball. | 4-H Educational Trip |
| STEM Illustrated Talk | 2 individuals | 8th-12th grade | Present illustrated talk on an area within Science, Technology, Engineering & Mathematics. Topics include Aerospace, Agronomy/Plant Science, Forestry/Woodworking, Home Environment, Horticulture, Insect/Entomology, Machines, Outdoor Skills, Photography, Pet Care, Veterinary Science, Horse and Livestock. | Ignite 4-H Conference Washington DC |
| STEM Demonstration | 2 individuals or 2 teams of 2 individuals | 8th-12th grade | Present demonstration on an area within Science, Technology, Engineering & Mathematics. Topics include Aerospace, Agronomy/Plant Science, Forestry/Woodworking, Home Environment, Horticulture, Insect/Entomology, Machines, Outdoor Skills, Photography, Pet Care, Veterinary Science, Horse and Livestock. Should not include cooking/preparing food. | Ignite 4-H Conference Washington DC |
| Contest | Max # of People | Age or grade by 12/31/24 | Description | Award |
| Teens Driving Teens | 2 teams of 2-3 individuals | 8th-12th grade | Present a 5-7 minute presentation on safe driving using format or audiovisuals of choice. Safe driving topics include but are not limited to distracted driving (texting), drinking while driving, reckless driving, sleepy driving, road rage, and seat belt usage. The emphasis will be on young drivers, influencing other young drivers. | Ignite 4-H Conference Washington DC |
| Tiger Tank Entrepreneurship Challenge | 2 teams of 2 individuals or 2 individuals | 8th-12th grade | Create or purpose a product or service-based business. Prepare a business plan packet and outline, an overview presentation slide, and present your pitch at 4-H U. | Cash scholarship |
| Tractor Operations | 2 individuals | 8th-12th grade | Take a written test and drive a course | 4-H Educational Trip |
| Vet Set Geaux | 2 individuals | 8th-12th grade | Demonstrate knowledge through written test, skill demonstration and speech of (dogs, cats, exotic animals, avian/pet birds, small reptiles, amphibians, aquatic animals. or other small mammals excluding livestock). | 4-H Congress Atlanta Trip |
| Visual Arts | 1 per individual 4-H’er | 8th-12th grade | Display their accomplishments in visual, digital and fine arts. | 4-H Congress Atlanta Trip |
| Zero Turn Mower | 2 individuals | 8th-12th grade | Take parts identification test, common turf grass species and lawn weeds in LA and compete on a driving course. | 4-H Educational Trip |

Contestants must attend all phases of each contest and educational programs while attending 4-H University. Contestants who do not attend all phases of a contest will forfeit all their scores and be disqualified.

It is the responsibility of the 4-H U contestant to achieve success.   
All 4-H members who participate in a contest must be prepared for their contest in the following ways: set goal for myself, work hard, practice, study the materials given and attend training sessions in order to achieve success.

Contestants are expected to be available to attend trainings at the 4-H office.

**St. Landry Parish 4-H University Registration Form**

June 17-20, 2025

**Due: April 1, 2025**

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| Name: |
| Mailing Address: |
| Home Phone #: Cell Phone #: |
| Email Address: |
| Birthdate: Age as of 12/31/24: |
| T-Shirt Size: Small Medium Large X-Large XX-Large XXX-Large |
| School/4-H Club: Grade: |

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| **Choose ONE option below:** | | |
| **Contest**  I am interested in the following 4-H U Contests:  1st Choice:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_  2nd Choice:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_  3rd Choice:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_  \*\*If you have attended 4-H U before please list any contests you have participated in, the year you participated and if you received a blue ribbon.  *Please note: 4-Her’s are given contest priority using the following criteria:*  *1-If you have competed in the contest in the last 2 years and have placed in the blue-ribbon group.*  *2-If you have competed in the contest in the last 2 years.*  *3-Grade and Age (older 4-H members will have priority)* | ***OR*** | **Clover College**  I am interested in attending Clover College at 4-H U. |

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| I would like to be considered for the position of ***Voting Delegate***: **YES NO** |

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| Circle or highlight any ***positions you would like to run*** for:  Regional Representative Officer Candidate |

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| Circle or highlight any ***state board***(s) you want to apply for: Shooting Sports Ambassadors  Food & Fitness Board Fashion Board Citizenship Board SET Board  Livestock Ambassadors Equine Ambassadors Wetland Ambassadors |