



### Calendar of Events

#### January

- 1-2: LSU AgCenter Office closed
- 12: 4-H Culinary Arts Contest Submission Day; Jr. Leader Mtg.
- 16: 4-H Day of Service; LSU AgCenter Office closed
- 20-22: State 4-H Fashion Camp

#### February

- 8: 4-H Culinary Arts Contest Submission Day; Jr. Leader Mtg.
- 21: LSU AgCenter Office closed

#### March

- 22: 4-H Culinary Arts Contest Submission Day; Jr. Leader Mtg.

#### April

- 7: LSU AgCenter Office Closed
- 20: 4-H Achievement Day
- 22: 4-H Trash Bash

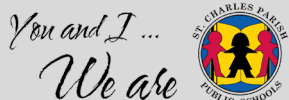
#### May

- 9: 4-H Regional Culinary Arts Contest

*\*Read newsletter for other important dates and 4-H opportunities.*



We would like to thank our continued partners of the St. Charles Parish 4-H Youth Development Program:



# ST. CHARLES PARISH

# 4-H Youth Development

## Newsletter

January 2023 Edition

### Start Your New Year with 4-H!

Happy New Year, 4-H'ers! We hope that all of you are ready to start your new year by participating in the many opportunities that 4-H has to offer. Now is the time to try something new – a new contest, activity, or maybe even a new project club! Check out the newsletter for more details. Remember to mark those important dates and deadlines on your new calendars at home.



Dr. Kali Zammit

St. Charles Parish 4-H Agent

*\*Pictured with St. Charles Parish 4-H members following 4-H Color Me Healthy Event*

### Save the Dates - Summer 4-H Activities

As you are planning your new year, consider saving these dates for summer 4-H activities:



**4-H Summer Camp**  
*at Camp Grant Walker*  
 for 4<sup>th</sup>-6<sup>th</sup> graders  
 of the 2022-2023 school year  
**June 12-16, 2023**



**4-H University**  
*at LSU*  
 for 8<sup>th</sup> – 12<sup>th</sup> graders  
 of the 2022-2023 school year  
**June 20-23, 2023**

*\*More information on both events coming soon!*

Visit us at: [www.lsuagcenter.com/stcharles](http://www.lsuagcenter.com/stcharles) • [www.facebook.com/scp4h](https://www.facebook.com/scp4h) • Instagram @scp4h

## Stay Updated with St. Charles Parish 4-H News

This year St. Charles Parish 4-H is providing several venues for 4-H members and families to stay updated with 4-H News.



**St. Charles Parish**

**LSU AgCenter Website**

[www.lsuagcenter.com/stcharles](http://www.lsuagcenter.com/stcharles)

Visit this page and click on the 4-H tab for articles and updates including 4-H newsletters, contests, and upcoming opportunities



**St. Charles 4-H Facebook Page**

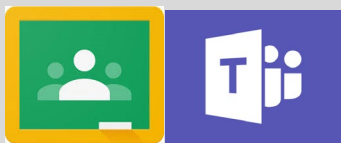
[www.facebook.com/scp4h](http://www.facebook.com/scp4h)

Like or Follow this page for daily posts, updates, and resources



**St. Charles 4-H Instagram**  
**@scp4h**

Follow us on Instagram for highlights and announcements



**Google Classroom  
or Microsoft Teams**

Many school clubs will use Google Classroom to communicate with their 4-H'ers. Our parish 4-H Community Clubs and members-at-large club will use Microsoft Teams to communicate with 4-H'ers. See your 4-H Club Leader for information on how to gain access to these communication tools.

# Upcoming 4-H Events for St. Charles Parish

## Contact 4-H Agent for Project Club Info.

For more information or to join any of the project clubs listed below, please contact the St. Charles Parish LSU AgCenter Office at 985-785-4473 or [kzammit@agcenter.lsu.edu](mailto:kzammit@agcenter.lsu.edu).

- **4-H Cloverbud Community Club** - for all K-3<sup>rd</sup> grade students
- **4-H CHEF (Cooking, Healthy Eating, & Fitness) Club** - for all 4<sup>th</sup>-6<sup>th</sup> grade students
- **4-H Jr. Leader Club** - for all 7<sup>th</sup>-12<sup>th</sup> grade students
- **4-H Fashion Club** - for all 4<sup>th</sup>-12<sup>th</sup> grade students
- **4-H Shooting Sports Club** - for students 10 years old through 12<sup>th</sup> grade  
(Registration is closed for 4-H Shooting Sports for this year.)

## 4-H Portfolios

Throughout this year 4<sup>th</sup> - 12<sup>th</sup> grade 4-H members are encouraged to complete a 4-H Portfolio, which focuses on record-keeping skills and is helpful when completing award, scholarship, and future job applications. Prizes or opportunities will be awarded to top members who complete the 4-H Portfolio. Read the newsletter for opportunities to list in your 4-H Portfolio. Download a [Digital Version of the 4-H Portfolio](#) to begin working.

## 4-H Leadership Opportunities

St. Charles Parish 4-H is offering the following leadership opportunities this month. List your participation in these activities in the **4-H Leadership** (Section 2) of your 4-H Portfolio.

*4-H Jr. Leader Club Meeting*

*4-H Officers*

*Leading the 4-H Pledge at club meetings*

*4-H Jr. Leadership Conference*

## 4-H Citizenship/Community Service Projects

Use your hands to larger service by participating in 4-H Service Projects. List your participation in the **4-H Citizenship/Community Service** (Section 3) of your 4-H Portfolio.

*4-H Day of Service*

*School 4-H Service Projects*

Read the newsletter for more details on each of these projects. If you need verification of service hours for another organization, contact the 4-H Agent.

## 4-H Awards and Recognition

There are several award opportunities this month for 4-H members. List your participation in the **4-H Awards and Recognition** (Section 3) of your 4-H Portfolio.

*4-H Photography Contest*

*4-H Culinary Arts Contest*

*4-H Senior Honor Cords, Jackets, Scholarships*

*4-H All-Around Style Contest*

*4-H Virtual Talent Show Contest*

*4-H Virtual Pet Show Contest*

## Livestock and Horse Show Seasons



The livestock season is well on its way! Good luck to all livestock exhibitors who will be participating in the District and State 4-H Livestock Shows. As we prepare for the upcoming Horse Show season, if you have horses and are interested in participating in this year's LSU AgCenter Horse Shows, please contact 4-H Agent Kali Zammit at [kzammit@agcenter.lsu.edu](mailto:kzammit@agcenter.lsu.edu) to receive information, rules, and regulations for participation.

**Upcoming Livestock Show Dates:**

**Southeast District 4-H Livestock Show**

*February 2-4, 2023*

**LSU AgCenter State 4-H Livestock Show**

*February 11-18, 2023*

## 4-H FAQ

This section is dedicated to 4-H frequently asked questions and answers from your 4-H Agent.

**How do I qualify to go to 4-H Achievement Day?** You receive points for every "parish" 4-H contest and/or event listed in the newsletter that you attend and/or participate in. You receive 5 points for major parish events (4-H Color Me Healthy Event, 4-H Day of Service, & 4-H Trash Bash) and 1 point for every other event and/or contest. You must have 5 points in order to be invited to our 4-H Achievement Day.

**When will we hear more about registering for 4-H Camp and 4-H University?** As soon as the 4-H Agent receives information from the State 4-H Office, applications will be posted in your 4-H club's Google Classroom. Information will also be posted in the monthly newsletter and on our LSU AgCenter website. Please be on the lookout.

## 4-H Family Highlight



**Dr. Kali Zammit**

St. Charles Parish 4-H Agent

**Congratulations on graduating with your Ph.D. from LSU in December!**

### What do you love most about 4-H?

I love that 4-H has something for everyone! Even when I was a 4-H member, 4-H encouraged me to venture out of my comfort zone and try new things. 4-H fosters friendships, independence, generosity, and much more! I also like that 4-H provides me (and so many youth and adults) with an opportunity to travel to different places and meet different people. Being involved in 4-H is a fun, optimal learning experience that challenges me to be my best self. I love to "learn by doing" life with 4-H!

# St. Charles Parish 4-H Monthly Contests

## 4-H Photography Contest

Do you enjoy taking pictures? Consider entering the 4-H Photography Contest! Throughout the upcoming months, take pictures of the topic listed below. Contest rules are as follows:

- Must be 4-H member (K-12<sup>th</sup> grade to enter). Must only enter one photo per category. Photo must be taken during the 2022-2023 year by the 4-H'er. All photos are due by the last day of the specified month. Early entries are accepted. No late entries.
- By submitting photo, you agree to release photo to publish in 4-H promotional material including but not limited to websites, social media, newspapers, and newsletters.
- Ribbons will be awarded to all participants at their 4-H club meeting. Photos will be posted on the 4-H Facebook page for People's Choice award based on votes in spring.
- Submit all monthly entries through the [4-H Photography Contest Online Form](#).

*\*Note: To receive an award or recognition for any parish 4-H contest, the 4-H member must be registered and approved through 4-H Online.*



### 4-H Photography Contest Categories:

**January – Animals** (Photo of animal or group of animals that captures natural habitat)

**February – Still Life** (Photo of inanimate object or group of objects)

## 4-H All-Around Style Contest

Learning how to use your resources is a great skill to learn through 4-H. For this contest, we do not want you to buy anything! We want for you to use 1 piece of clothing in your closet to be the feature article of clothing that you style for three different occasions: (1) casual, (2) dressy, and (3) job interview. Official rules are listed in the online form. No late submissions will be accepted. Complete the [4-H All-Around Style Contest Form](#) by **January 31, 2023**. Contest submissions may be submitted early. No late submissions will be accepted.

*\*Note: To receive an award or recognition for any parish 4-H contest, the 4-H member must be registered and approved through 4-H Online.*



## 4-H Virtual Talent Show Contest

Do you have a talent that you would like to share with our 4-H family? Consider participating in our Virtual Talent Show by submitting a video (60-90 seconds) of you performing your talent. Complete the [4-H Talent Show Contest Form](#) by **January 31, 2023**. Contest submissions may be submitted early. No late submissions will be accepted.

*\*Note: To receive an award or recognition for any parish 4-H contest, the 4-H member must be registered and approved through 4-H Online.*



## 4-H Virtual Pet Show Contest

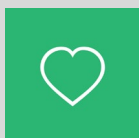
Do you have a pet that you take care of at home? We would like to hear all about it! Consider participating in our 4-H Pet Show Contest by submitting a video of you and your pet while answering questions. Complete the [4-H Pet Show Contest Form](#) by **January 31, 2023**. Contest submissions may be submitted early. No late submissions will be accepted.

*\*Note: To receive an award or recognition for any parish 4-H contest, the 4-H member must be registered and approved through 4-H Online.*



## Save the Dates for Parish 4-H Events

St. Charles Parish 4-H hosts major parish events open to all 4-H members. Attendance will be taken at all events. Participation in multiple events will increase opportunities for awards presented at 4-H Achievement Day. Please save the dates and be on the lookout for more information regarding these events in the monthly newsletter.

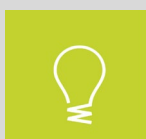


### 4-H Achievement Day

Awards Recognition Program

*\*by invitation only*

**April 20, 2023**



### 4-H Trash Bash

STEM (Science, Technology,  
Engineering, & Math) Program on

**April 22, 2023**

*\*Note Date Change to align with  
Parish Trash Bash Date*

## Save the Dates for Summer!

**June 12-16, 2023**

4-H Camp (for 4<sup>th</sup>-6<sup>th</sup> grade members)

**June 20-23, 2023**

4-H University (for 8<sup>th</sup>-12<sup>th</sup> grade  
members)

*\*Note: More information on the above  
mentioned summer activities will be  
posted in the upcoming monthly  
newsletter.*



## Upcoming 4-H Events for St. Charles Parish

### 4-H Beef Poster Contest Rules

- The 2023 Louisiana Beef Industry Council Beef Poster Contest Theme: **Beef: A Sustainable Choice.**
- Open to 4-H members K-12<sup>th</sup> grade. Only 4<sup>th</sup>-12<sup>th</sup> grade are eligible to move on to the state level. **Entries will be collected by the 4-H Agent at February club meetings.** All entries are due by March 1 to the 4-H Office.
- Poster must be 22" x 28" poster board only. Posters should generate positive images and promotion of beef (not live cattle production) **using the indicated theme.** Posters should promote beef without projecting any negative messages towards other agricultural commodities (chicken, pork, etc.). Place your **name, address, age, grade in school, and parish** on the back, upper right corner of the poster.
- High School digital entries must be designed using either Microsoft Publisher, Adobe Photoshop, Adobe Illustrator, or Canva. Designs should be formatted for "22x28" poster size and saved in high-resolution 300 DPI in all of the following: original design file, .png file format, and .pdf file format. Digital designs should be saved to a blank jump drive, placed in an envelope with **name, address, age, grade in school, and parish** on front of envelope.
- **Do not use copyrighted materials.** You may develop ideas from magazines, parents, friends, nutrition bulletins, etc., but the end concept should be original and not copied material. Pictures, clipart, and materials (i.e., cartoon characters, advertisements, logos, etc.) that are copyrighted may not be used on the poster. Computer generated clipart may be used if it is not copyrighted. No templates used in digital division. All design work must be original and from scratch, just as a poster would be designed.
- Eligible 1st place posters will be submitted to the state competition for judging and become the property of the LSU AgCenter and Louisiana Beef Industry Council. Participants are only eligible to win the state level contest one time. Divisions include the following: Cloverbuds (Grades K-3), Elementary (Grades 4 – 6), Middle (Grades 7 – 9), and High School Poster or High School Digital (Grades 10 – 12)

### 4-H Culinary Arts Contest (For 4<sup>th</sup>-12<sup>th</sup> graders)

This year we would like to encourage all 4-H members to participate in at least one culinary arts contest. These contests are intended to help our 4-H members grow in their cooking experience and skill level while enjoying quality time with families who assist them with the safety rules and sharing of traditional family recipes. This year the 4-H Culinary Arts contest will be split into 5 submission dates. Members will bring 2 servings of their dish on the designated day and times to the St. Charles Parish LSU AgCenter Office. Members will also need to complete the [4-H Culinary Arts Registration Form](#) by the submission date to be considered for judging. All rules are posted on the online registration form.

Submission dates for our Culinary Arts Contests are as follows:

- **Thursday, January 12, 2023:** Poultry & Wild Game
- **Wednesday, February 8, 2023:** Beef
- **Wednesday, March 22, 2023:** Seafood



4-H members will be allowed to bring 2 servings of their dish in a sealed, non-returnable container on the date specified between 8:00 a.m. – 6:00 p.m. at the St. Charles Parish LSU AgCenter Office, which is located at 453 Spruce Street in Norco, La.

**See online form for specific rules and details for the event.**

*\*Note: To receive an award or recognition for any parish 4-H contest, the 4-H member must be registered and approved through 4-H Online.*



## Monday, January 16, 2023 MLK Day of Service

Beginning at the St. Charles Parish LSU AgCenter Office located at 453 Spruce Street in Norco, La.  
Followed by visit to Ormond Nursing and Care Center located at 22 Plantation Drive in Destrehan, La.  
*(All 4-H members are responsible for their own transportation to and from the nursing home.)*

### Schedule:

- 8:00 a.m. – 8:15 a.m. Arrival and Sign in
- 8:15 a.m. – 9:35 a.m. Create crafts for residents
- 9:35 a.m. – 9:50 a.m. Drive to Ormond Nursing and Care Center
- 10:00 a.m. – 11:00 a.m. Call BINGO and deliver prizes

### Activities Included:

- Enjoying breakfast with 4-H family and friends
- Creating festive Mardi Gras crafts to donate to nursing home residents and welcoming them with Mardi Gras beads
- Visiting Ormond Nursing and Care Center
- Calling, playing, or delivering prizes for BINGO

### Registration information:

- This event will be open to all St. Charles Parish 4-H members. Families are encouraged to join.
- All participants **must** pre-register for the event by completing the [4-H Day of Service Online Registration Form](#) (Only one entry is needed per 4-H member.)
- Wear tennis shoes for the event.
- Register online by **January 9, 2023** to attend.
- Registered members should check their email prior to attending for any reminders or changes.
- All 4-H members must be registered in 4-H Online in order to attend this event.

### 4-H Award Information:

- This is considered a St. Charles Parish 4-H Event. All 4-H members who participate in this event, along with any other parish 4-H events or contests, will receive points.
- At the beginning of April, we will tally points of all 4-H members. For those members who gain enough points, they will be invited to the 4-H Achievement Day program.
- To gain points, 4-H members are encouraged to participate in parish 4-H events listed in the newsletter.



4-H members will be using their hands to larger service to visit and provide homemade crafts for the residents of Ormond Nursing and Care Center in Destrehan, La.



Open your camera on your phone and scan over the QR Code to access the 4-H Day of Service Online Registration Form.

Visit us at: [www.lsuagcenter.com/stcharles](http://www.lsuagcenter.com/stcharles) • [www.facebook.com/scp4h](https://www.facebook.com/scp4h) • Instagram @scp4h

The LSU AgCenter and LSU provides equal opportunities in employment and programs. Should you need an ADA accommodation, please contact the St. Charles Parish LSU AgCenter Office at least two weeks prior to the event.

# Things to do for 4-H this month

## 4-H Senior Honor Cord and Senior Jacket Awards – Awards for current 12<sup>th</sup> grade members

Current graduating senior 4-H members may apply to receive a 4-H honor cord to wear for graduation and a 4-H senior jacket to wear to show off their 4-H accomplishments. Complete the [St. Charles Parish 4-H Senior Jacket Application](#) online to apply for the senior jacket award. To apply for the honor cord, visit the [Louisiana 4-H Honor Cord Application Website](#). **Parish Application deadline: Friday, February 3, 2023.**

## 4-H Junior Leadership Conference (JLC) – Adventure for current 8<sup>th</sup>-12<sup>th</sup> grade members

**Estimated \$50 fee (TBD)**

This is a conference hosted by youth leaders of the Louisiana 4-H Executive Board. There is a limited number of youth who may attend. To receive more information on this opportunity, contact your 4-H Agent for an application. **Parish Application deadline: Friday, February 3, 2023.**

## Louisiana 4-H Foundation Scholarships – Scholarship applications for graduating senior 4-H members

Graduating senior members may apply for scholarships toward continuing education. Contact the 4-H Agent at [kzammit@agcenter.lsu.edu](mailto:kzammit@agcenter.lsu.edu) to receive an application for this and future 4-H scholarships. **Parish Application deadline for LA 4-H Foundation Scholarship: February 17, 2023**

# Monthly St. Charles Parish 4-H Highlights

### Photography Contest: (Landscape)

**K-3<sup>rd</sup> grade:** Participation:

Joseph Deslatte (ESE)

**4<sup>th</sup> – 6<sup>th</sup> grade:** 1<sup>st</sup>: Coralyn Young (JBM); 2<sup>nd</sup>: Leah Lacoste (HMS); 3<sup>rd</sup>: Braeden Young (RVJ); Blue Ribbon: Rhyan Rodriguez (ESE), MacKenzie Bellanger (JBM)

**7<sup>th</sup> – 8<sup>th</sup> grade:** 1<sup>st</sup>: Ethan Bellanger (JBM); 2<sup>nd</sup>: Claire Green (MAL); Green Ribbon: Jordyn Lewis (RKS), \*\*Koiya Smith (RKS)

**9<sup>th</sup> – 12<sup>th</sup> grade:** 1<sup>st</sup>: Sarah Green (MAL)

### Photography Contest: (People)

**K – 3<sup>rd</sup> Grade:** Participation: Joseph Deslatte (ESE)

**4<sup>th</sup> – 6<sup>th</sup> grade:** 1<sup>st</sup>: Rhyan Rodriguez (ESE); 2<sup>nd</sup>: Nollie Arcement (JBM); 3<sup>rd</sup>: MacKenzie Bellanger (JBM); Blue Ribbon: Elleanna Arcement (LWE)

**7<sup>th</sup> – 8<sup>th</sup> grade:** 1<sup>st</sup>: Claire Green (MAL); 2<sup>nd</sup>: Ethan Bellanger (JBM)

**9<sup>th</sup> – 12<sup>th</sup> grade:** 1<sup>st</sup>: Lee Arcement (JL); 2<sup>nd</sup>: Sarah Green (MAL)

### 4-H Culinary Arts Contest:

**Commodity: Pecans:** \*1<sup>st</sup>:

MacKenzie Bellanger (JBM); 2<sup>nd</sup>: Madison Landry (ESE); 3<sup>rd</sup>: Claire Green (MAL); Blue Ribbon: Rogan Roberts (ESE), Ryli Mato (JL), Connor LeBouef (SCB5); Green Ribbon: Ethan Bellanger (JBM), Lee Arcement (JL), Jordynn Sykes (RKS), \*\*Nollie Arcement (JBM), \*\*Dayana Huerta (RKS), \*\*Alaina Thompson (RKS)

**Commodity: Rice:** \*1<sup>st</sup>: MacKenzie Bellanger (JBM); 2<sup>nd</sup>: Ethan Bellanger (JBM); 3<sup>rd</sup>: Claire Green (MAL); Blue Ribbon: Chase Pardo (RKS), Ka'den Clark (RKS); Green Ribbon: Lee Arcement (HHS), \*\*Elleanna Arcement (LWE), \*\*Anisha Smith (RKS), \*\*Nollie Arcement (JBM), \*\*Derek Franklin (RKS)

**Commodity: Sweet Potato:** \*1<sup>st</sup>:

Ethan Bellanger (JBM); 2<sup>nd</sup>:

MacKenzie Bellanger (JBM); 3<sup>rd</sup>:

Rogan Roberts (ESE); Green Ribbon: Lee Arcement (HHS), \*\*Nollie Arcement (JBM), \*\*Elleanna Arcement (LWE); Green Ribbon: Bailee Gros (SCB4)

**Commodity: Egg**

**Category: Appetizer/Side Dish:**

1<sup>st</sup>: MacKenzie Bellanger (JBM);

\*\*Koiya Smith (RKS)

**Category: Main Dish/Salad:**

1<sup>st</sup>: Nollie Arcement (JBM); 2<sup>nd</sup>: Lee Arcement, Jr. (JL)

**Category: Dessert:** \*1<sup>st</sup>: Ethan Bellanger (JBM); 2<sup>nd</sup>: Elleanna Arcement (LWE); 3<sup>rd</sup>: Christine Thomas (SCB5); Blue Ribbon: Coralyn Young (JBM)

**Commodity: Sugar**

**Category: Cookies:** 1<sup>st</sup>: Jordyn Lewis (RKS); 2<sup>nd</sup>: Braeden Young (RVJ); 3<sup>rd</sup>: Collin Stewart (ESE)

Blue Ribbon: Claire Green (MAL), Connor LeBouef (SCB5), Ethan Bellanger (JBM); Green Ribbon: Brian Childs, Jr. (MAL/JL)

**Category: Pies:** 1<sup>st</sup>: Ryli Mato (JL); 2<sup>nd</sup>: Coralyn Young (JBM)

**Category: Candy/Other:** \*1<sup>st</sup>: Isabella LeBlanc (RKS); 2<sup>nd</sup>: Beau Kimble (ESE); 3<sup>rd</sup>: Christine Thomas (SCB5); Blue Ribbon: Lee Arcement, Jr. (JL), Nollie Arcement (JBM), Elleanna Arcement (LWE); Green Ribbon: MacKenzie Bellanger (JBM)

\* Outstanding Dish

\*\*Was not registered in 4-H Online at time of judging. Award will be presented after 4-H Online enrollment is submitted and approved.

# LEGOs and Leadership Lessons

This year our monthly 4-H lessons will focus on two of our 4-H mission mandates: STEM (Science, Technology, Engineering, and Math) and Civic Engagement (Leadership). At your club meeting or at home, try the activities below to learn more.

### Lego Challenge Activity: Measuring

For the STEM activity each month, you will have a LEGO activity challenge that will accompany an optional story. You may use LEGOs or comparable blocks or items for each challenge. These lessons are adapted from the 4-H LEGO Engineering Club: Enchanted Builds (Vol. 3) from Mississippi State Extension.

**January LEGO Lesson:** Zipline; **Optional Video:** [Ziplining to School](#)

**LEGO Challenge:** Using approximately 50 LEGOs or less of the same type, a piece of yarn, tape, and a LEGO minifigure, create a basket for your minifigure and zipline your minifigure from a higher elevation to a lower elevation without letting your minifigure fall.

**Reflection:** *How do you adjust your slope if the minifigure falls?*

### 4-H Teamwork Activity: Public Speaking and Demonstrations

Did you know that people typically use 50% body language, 45% tone of voice, and only 5% verbal speech to understand what someone is saying? This month we will focus on understanding nonverbal communication. The group will be divided by pairs. One person will reenact a scenario, while the other person perceives the message. Reverse roles for each set of cards.

**Reflection:** Discussing body language and message for each round. How did the message and body language make the person feel?



For more information, contact your local  
**St. Charles Parish LSU AgCenter Office**  
Location: 453 Spruce Street in Norco, La.  
Mailing Address: P.O. Box 557, Norco, LA 70079  
Office Hours: Monday – Friday  
8:00 a.m. – 4:30 p.m.; Closed 12:30 p.m. – 1:00 p.m.  
Phone: 985-785-4473  
4-H Agent Contact Information:  
Dr. Kali Zammit – [kzammit@agcenter.lsu.edu](mailto:kzammit@agcenter.lsu.edu)



Visit us at: [www.lsuagcenter.com/stcharles](http://www.lsuagcenter.com/stcharles) • [www.facebook.com/scp4h](https://www.facebook.com/scp4h) • Instagram @scp4h

The LSU AgCenter and LSU provides equal opportunities in employment and programs.

Should you need an ADA accommodation, please contact the St. Charles Parish LSU AgCenter Office at least two weeks prior to the event.

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