

Caldwell Parish Quarterly Report



January, February, March 2017

About the LSU AgCenter

The LSU AgCenter is dedicated to providing innovative research, information and education to improve people's lives. Working in a unique statewide network of parish extension offices, research stations and academic departments, the LSU AgCenter helps Louisiana citizens make the best use of natural resources, protect the environment, enhance agricultural enterprises and develop human and community resources.



Program Highlights

Agriculture and Natural Resources

A corn demonstration plot containing 12 varieties was planted by LSU AgCenter County Agent Jim McCann and local producer Lelon Kenney to collect data on yield, fertilization rates and irrigation response. Plot results will be distributed to Caldwell Parish producers and will aid them in their rowcrop production.

Nine pesticide applicators attending the private applicator recertification meeting renewed their licenses and learned about bees, spraying and calibration, and pesticide safety.



Over 100 Louisiana youth competed in the beef cattle, goat, swine, sheep and dairy classes during the Ag Expo Livestock Show held in West Monroe. Youth participated in livestock identification and showmanship contest divisions. Caldwell 4-H'ers participating in the rabbit, chicken and goat divisions of the Northeast District Livestock Show in Delhi learned how to judge and evaluate livestock.

4-H Youth and Family Development

Agent Jana Bennett presented programs on communication and leadership skills to approximately 310 Caldwell youth attending 4-H club meetings in January, February and March. 4-H'ers also learned some simple yoga poses during January club meetings after discussing their New Year resolutions.

Many Caldwell 4-H'ers participated in parish contests during this quarter. Thirty-two members competed in Demonstration, Personal Development and Ambassador Talk contests during 4-H Communication and Career Day; 26 members submitted entries for the Beef Poster contest and learned about beef and its importance to human health. Thirty entries focusing on the health benefits of dairy products were submitted for the Dairy Billboard contest; 40 members and their pets participated in the annual 4-H Pet Show.



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Programs

4-H Youth and Family Development
Citizenship / Leadership
Science, Engineering, and
Technology (SET)
Healthy Living
Outdoor Skills
Raising Animals

Agriculture & Natural Resources (ANR)
Agricultural Crop Production
Animal Production
Environment / Watersheds
Horticulture
Lawns and Gardens
Pest Management

Family, Nutrition and Health
Let's Eat for the Health of It
Smart Bodies
Show Me Nutrition
Healthy Beginnings
Community Nutrition

Local 4-H members participated in several area, regional and state competitions held this quarter. Seven Caldwell members participated in the Northeast District Livestock Show in Delhi in the poultry and rabbit divisions with five of these members advancing to compete in the State Livestock Show in Gonzales. Seven members represented the Caldwell 4-H program at the Area Cookery Contest held in Rayville winning one first place, two second places and four blue ribbons. Twenty-five Caldwell 4-H'ers participated in shotgun, rifle and archery disciplines during the Northern Regional Shooting Sports competition held in Grand Cane. Thirteen of these members qualified to compete at the State Shooting Sports competition held in Gonzales.



4-H agent Jana Bennett taught 624 northeast area first grade students about making healthy food choices during Ag Alley held in West Monroe. Agent Bennett also taught 889 students attending Ag Adventures in Delhi about dairy cows and dairy products. Students participated in a hands-on activity that simulated milking a cow. Junior Leaders and Northeast Region Leader Board members Erin Finley and Leslee Bennett assisted participants with the Garden in a Glove activity. Fifteen Caldwell 4-H Junior Leaders attended Caldwell's Progressive Agriculture Safety Day at the Community Center where they were responsible for chaperoning and directing students and their teachers to different educational stations.

SNAP-Ed

Nutrition Educator Tammy Tarver presented lessons from the Let's Eat for the Health of It and Happy Healthy Me curriculums to students attending the Prekindergarten Center, Early Childhood Development Center, Grayson Elementary, Union Central first and third grade and Columbia kindergarten and first grade. Students learned about vegetables, protein and dairy foods, sampled a variety of vegetables, soy butter and yogurt and learned the value of eating these healthy foods.



Sixty-five clients of the Council on Aging learned how to make healthier choices when shopping and preparing food from the How to Vary Your Protein Choices, Switch to Skim or 1% Milk and Make Half Your Plate Fruit and Vegetables lessons. Clients also sampled Easy Cheesy Chicken and Pasta, Taco Salad and Crunchy Vegetable Wraps prepared by Nutrition Agent Tammy Tarver during food demonstrations presented along with the lessons.

Forty-three WIC clients at the Caldwell Parish Health Unit learned about low fat dairy products and the health benefits of eating calcium during programs presented from the Let's Eat for the Health of It curriculum. Parents and their children also participated in a Fruit Smoothie in a Bag food demonstration.

