

Track Your Spending Worksheet

Instructions: On this page, enter **planned** fixed expenditure amounts from Step 2a of the Saving-Spending Plan Worksheet. On next page, enter **planned** controllable expenditure amounts from Step 2b of the Saving-Spending Plan Worksheet. Keep track of and record amounts actually **spent** for each category. Calculate the **difference(s)**.

Dates / Period	Planned	Spent	Difference
Housing			
Rent/Mortgage			
Second Mortgage			
Insurance			
Utilities			
Telephone			
Natural gas/heating oil			
Electricity			
Garbage pickup			
Water/sewer			
Other			
Other			
Credit payments			
Credit card payments			
Card			
Loan payment			
Loan payment			
Autos & other vehicles			
Auto loan/lease payment			
Auto loan/lease payment			
Boat/RV loan payment			
Auto/vehicle insurance			
Family care			
Child support/alimony			
Child/elder care			
Personal insurance			
Life			
Health			
Disability			
Long-term health			
Other fixed expenses			
Total fixed expenses (enter here and also at bottom of page 2)			

Dates / Period	Planned	Spent	Difference
Savings			
Emergency fund			
Periodic expenses			
Long term investments			
Food			
Groceries			
Meals at work			
Meals at school			
Other food eaten out			
Household expenses			
Maintenance & cleaning			
Outside upkeep & lawn			
Personal expenses			
Medical or dental care, prescriptions, OTC medications, vitamins, etc.			
Health club or other fees			
Personal care items			
Clothing purchases			
Laundry/dry cleaning			
Diapers or diaper service			
Cable			
Internet Service			
Cell phone			
Charity/gifts/other			
Transportation			
Gas			
Auto maintenance & repair			
Other (bus, parking)			
Entertainment			
Travel			
Books & magazines			
CDs & music			
Movies, clubs			
Other entertainment			
Other controllable			
Total controllable			
Total fixed (from page 1)			
TOTAL ALL EXPENSES			

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