

April 4, 2025



Dear 4-H'er and Parents:

Congratulations! You have been selected to attend 4-H Camp Grant Walker. Camp Grant Walker is located in Pollock, LA, fifteen miles north of Alexandria. Lisa Benoit and Megan Plattsmier, 4-H Agents, along with counselors and adult volunteers from St. Landry Parish will attend camp with you.

CAMP IS JUNE 30 – JULY 3, 2025.

The **REMAINING BALANCE** of the **\$270.00 Fee** is **\$220.00/CAMPER**, which pays for meals, lodging and travel. **T-SHIRTS** are available in youth and adult sizes for **\$13.00 (Youth L- Adult XL)**, **\$15.00 (Adult 2XL-3XL)**. **GROUP PHOTOS** (campers from all parishes) and **PARISH PHOTOS** (campers from your home parish) will be 8" x 10" color prints for **\$10.00 each**.

Each 4-H'er can **submit money to purchase camp souvenirs in the camp store. Include this amount along with your registration fees. No refunds** will be issued for unspent camp store money. Go to this link to view what's available in the camp store: <https://la4hstore.com/>

Snacks will be provided each morning, afternoon, and evening for all campers. **4-H CAMP IS A "NUT FREE ZONE". If your child brings a small number of snacks with them, they must be NUT FREE & PRODUCED IN A FACTORY FREE OF NUTS.**

Please read this letter and the attached Camper's Registration Form carefully. 4-H Camp is a lot of fun. Activities include swimming (in an Olympic size pool), arts and crafts, dancing, and a variety of educational activities such as food & fitness, outdoor adventures, Louisiana wetlands, STEM, general arts, gardening, and water safety.

WHAT TO BRING TO CAMP

- | | |
|--|---|
| 1 Pillow & Pillowcase | Musical Instruments & Other Talent Show Equipment (Opt.) |
| 1 Blanket or Sleeping Bag (Cabins Have A/C) | Soap, Toothbrush & Toothpaste, Shampoo, Sunscreen |
| 2 Single Sheets | Towels & Wash Clothes |
| Bathing Suit (Girls Must Wear 1-Piece Suit) | Water Shoes/Shower Shoes (For Water Activities/Showers) |
| Tennis Shoes (Flip Flops can only be worn in cabins) | Baseball Glove (Optional) |
| Comfortable Clothes | Camera (Optional) |
| (No Halters - No Muscle Shirts) | Hat and Sunglasses |
| (No Short/Tiny Shorts - No Short/Tiny Skirts) | Insect Repellent |

(LABEL ALL ITEMS WITH CAMPER'S NAME AND PARISH.)

Campers will be **LIMITED TO ONE SUITCASE AND ONE BED ROLL (no exceptions)**. A bed roll is simply bed linens, blanket or sleeping bag and a pillow all rolled up. In addition, no knives, firearms or other instruments that may be used as a weapon are allowed at camp.

(NO CELL PHONES or OTHER WIRELESS DEVICES ALLOWED.)

PARENTS, PLEASE UNDERSTAND THAT CAMPERS CANNOT MAKE PHONE CALLS HOME UNLESS IT IS AN EMERGENCY. This is a learning experience for kids to be able to spend a few days away from Mom and Dad and to get adjusted to a new environment. They are encouraged to write letters. Please pack writing materials and stamps. To receive mail at camp, family/friends can send mail to the address below:

(Camper's Name) / St. Landry Parish
Grant Walker 4-H Educational Center
3000 Hwy. 8
Pollock, LA 71467

MAIL EARLY IN THE WEEK
TO RECEIVE THE MAIL
BEFORE CAMP IS OVER!

If an emergency occurs, and parents need to call, the phone numbers are: Day (318) 765-7209 and Night (after 4:30 P.M. / (225) 921-7800. If you have any questions concerning camp, contact us at 337-948-0561.

Current health information will assist us in doing a better job of supervising your child at camp. Every 4-H'er is insured against accidents while at camp. This insurance has a limit of \$3000.00. In the event your child should become ill, we will call you for further instructions. If you cannot be reached by phone, your child will be taken to Rapides Regional Medical Center in Alexandria.

We will be leaving for 4-H camp by 12:00 p.m. on **MONDAY, JUNE 30th** from the Yambilee Building Parking Lot in Opelousas. Please check in no later than 11:15 a.m. and be sure that the 4-H'er has eaten lunch before we leave. We **WILL NOT** stop for lunch on the way to camp. We will return on **THURSDAY, JULY 3rd** between 10:00-10:30 a.m. to the Yambilee Building Parking Lot.

On **MONDAY, JUNE 30th**, when checking your child in at the bus, please give any medication to us (boy's medication to Mrs. Megan and girl's medication to Mrs. Lisa.) Label medication with camper's name and parish and place in a sealed, plastic bag. Over the Counter Medications must have written prescription from doctor and be in original/unopened package to be administered at camp. Medication must be in original prescription bottles. PLEASE SEE ENCLOSED GRANT WALKER MEDICATION POLICY!

Complete the camper's registration form, youth code of conduct, hold harmless and scholarship (if needed) forms. Please specify any food allergy/special dietary needs for your child, such as food or drink allergies. Otherwise, all children are expected to eat and drink the meals provided at camp. Those requiring special diets must include a letter from their doctor describing special diet requirements and complete an additional form.

Remember, fees must be **PRE-PAID**. Return all forms along with a check or money order made payable to: **"ST. LANDRY 4-H FOUNDATION"** no later than **MONDAY, APRIL 21st**, or **YOU WILL FORFEIT** your camping opportunity to someone else. We still have 4-H'ers on the waiting list.

If paying by cash, please have
EXACT AMOUNT. Change WILL NOT be available.

NO MONEY IS NEEDED AT CAMP SINCE EVERYTHING WILL BE PREPAID.

DEADLINE: APRIL 21st/ WAITING LIST 4-H'ERS WILL BE CONTACTED NEXT.

Sincerely,



Lisa Benoit
Associate Extension Agent, 4-H
St. Landry Parish



Megan Plattsmier
Assistant Extension Agent, 4-H
St. Landry Parish

4-H SUMMER CAMP PARENT ORIENTATION MEETING



St. Landry Parish 4-H is having a Parent Orientation Meeting for 4-H Summer Camp. Parents are strongly encouraged to attend.

Questions contact Lisa Benoit or Megan Plattsmier at 337-948-0561.

When: Wednesday, May 28, 2025

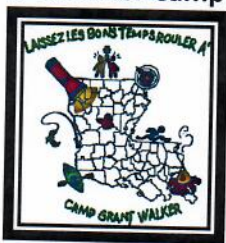
Time: 5:30-7:00 P.M.

**Where: St. Landry 4-H Office
1065 Hwy 749
Opelousas, LA 70570**

The LSU AgCenter and LSU provide equal opportunities in programs and employment.



J. Summer Camp Educational Tracks



SUMMER 2025 ~ CAMP GRANT WALKER EDUCATIONAL TRACKS

FOOD & FITNESS

Do you know what it takes to be healthy? Through hands-on cooking activities, group fitness sessions, and team challenges, you can learn about preparing healthy snacks, getting up and moving, and setting healthy goals.

GET READY, GET SET! - SCIENCE, ENGINEERING, & TECHNOLOGY

Get ready, get SET....to have some fun with science, engineering, and technology. The SET track will explore the exciting worlds of chemistry, computers, construction, rockets, and much more! Have fun concocting crazy chemistry experiments that go pop, fizz, and maybe even BOOM! Get ready to get SET at 4-H Camp!

OUTDOOR ADVENTURES

Get ready to explore the great outdoors this summer with the Outdoor Adventures track. Participate in a large variety of hands-on activities like learning the proper techniques to shoot a bow, outdoor cooking, woodsmen skills, and compass navigation. If you are adventurous and like being outdoors, this track is for you!

THE ARTIST WITHIN

The arts are for everyone! No matter your grade or interest, there is something for you to try and learn in The Artist Within. Arts provide the creative outlet your soul needs to sing! Our fun, hands-on activities encourage your artistic expression, creativity, and imagination to run wild. It's amazing to see what you can do when you have the freedom to explore and express yourself creatively. Imagination required!

GARDENING

Participants in the new Gardening Track will be able to learn about the fantastic world of plants! From basic horticulture to watering and composting, these campers will spend ample time outdoors engaging in fun and engaging gardening activities in Camp Grant Walker's new raised bed garden area! From vegetables to ornamental plants, this track has it all!

EXPLORE LOUISIANA: WETLANDS, WILDLIFE, AND YOU!

In the wetlands track, we will explore all things wetlands. We will introduce campers to what wetlands are, what they do, and why Louisiana needs them so badly. This track will be action-packed with loads of games and activities about wetlands and the plants and animals that live there.

WATER SAFETY - THAT'S WHAT'S SUP!

Beat the summer heat by learning the coolest new way of exploring Louisiana's waterways – stand-up paddle boarding (SUP). This track will teach you how to stay safe in the water while having fun and learning the basics of a stand-up paddleboard. If the water is your favorite place to be, then grab a paddle and meet us at the pond!

WHAT A CAMP WEEK LOOKS LIKE!

Registration, cabin assignment, swim test, counselor meeting, track selection, and night-time recreation.

After breakfast, campers will participate in one of (7) educational tracks: Science, Engineering, and Technology; Outdoor Adventures; Gardening; Louisiana Wetlands; Food and Fitness; General Arts; and Water Safety.

Campers do not need to bring cash to camp. Camp Store and Camp Canteen funds are available at registration at the Parish Office through 4-H Online.

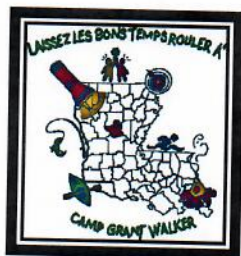
After breakfast, campers will say their goodbyes to new friends before packing up and departing.

Camping is one of the most valuable experiences a child can have. It's a learning experience that helps boys and girls appreciate the outdoors, live together as a group, gain independence, get along with others, and appreciate people with different interests and backgrounds.

The camp week consists of four days, beginning on Monday afternoon when the campers arrive at camp and ending on Thursday morning after breakfast. 4-H Agents, volunteer leaders, and junior counselors from each parish attend camp and stay in the cabins with the campers.

Parents are asked not to send snacks to camp. Three meals and three snacks will be served to campers each day. Dinner is the only meal served on Monday, followed by a snack that evening.

The LSU AgCenter provides equal opportunities in programs and employment. If you have a discrimination complaint or concern, please contact Hilton Waits at 337.898.4335 or Ashley Gautreaux, Director of Human Resources for EEO/Diversity – HRM, at 225.578.4640



SUMMER 2025 ~ CAMP GRANT WALKER

PACKING LIST

CLOTHING

- ☐ Comfortable (breathable) Clothing
- ☐ T-Shirts
- ☐ Shorts
- ☐ Socks
- ☐ Sleepwear
- ☐ Tennis Shoes (for outdoor activities)
- ☐ Flip Flops or shower shoes (to be worn in bunkhouses and bathhouses only, not for walking around camp)
- ☐ Bathing suit (one-piece swimsuit for girls)
- ☐ Water Shoes are mandatory to be worn at the pond
- ☐ Shower Shoes for Bathhouse

TOILETRIES

- ☐ Shampoo/Conditioner
- ☐ Soap
- ☐ Liquid-type soap or body wash
- ☐ Deodorant
- ☐ Toothbrush/Toothpaste

LINENS

- ☐ Sleeping bag OR Twin Sheet Set
- ☐ Blanket
- ☐ Pillow and pillowcase
- ☐ Towels & washcloths for shower
- ☐ Beach towel

ADDITIONAL

- ☐ **Water bottle! Water bottle! Water Bottle!**
- ☐ Disposable camera
- ☐ Musical instrument or other talent show equipment
- ☐ Hat & sunglasses
- ☐ Insect repellent
- ☐ Sunscreen
- ☐ Sling bag style bag to carry personal items to the bathhouse and during the day.
- ☐ Backpack

LEAVE AT HOME LIST!!!!

(Don't bring anything on this list!!)

- ☒ Cell Phones / Electronics
- ☒ Knives / Firearms
- ☒ Valuables (anything that can be lost or stolen)
- ☒ Money
- ☒ Purses
- ☒ Prank paraphernalia (shaving cream, water guns, saran wrap, etc.)
- ☒ Food / Snacks
- ☒ Wallets
- ☒ Inappropriate t-shirts and/or clothing