



**Red River Parish Office**  
 P. O. Box 1364 Coushatta, LA 71019  
 Phone: 318-932-4342  
 Fax: 318-932-4242

**Extension Agent**  
**Terry Foster**

# Red River Clover Talk

**RED RIVER PARISH 4-H**  
[www.lsuagcenter.com/parish/Red%2BRiver](http://www.lsuagcenter.com/parish/Red%2BRiver)  
 redriver@agcenter.lsu.edu



**Assist. Extension Agent, ANR**  
**Robert Berry**

**February 2013**

## 4-H Calendar

### FEBRUARY

- 1 - RRJHS School Club  
Springville Ed. Ctr. Club
- 4—Jr. Leader Club
- 5 - RA School Clubs
- 7— RRES School Clubs
- 14—Beef, Egg and Poultry Contest
- 9-16—LSU Livestock Show—BR
- 11- 18 - Winter Break  
(Mardi Gras & President's Day) RRP
- 11-15—Winter Break RA
- 21— RRHS School Club
- 21-23 –Challenge Camp

## COOKERY CONTEST

**CLOVERBUCKS TO EARN \$200 FOR PARTICIPANT \$300 FOR WINNER**

The Red River Parish 4-H Cookery Contest will be



**Thursday, February 14, 2013** at the LSU AgCenter Office (above the Health Unit) at 11:00 a.m.. Contest dishes will be Beef, Egg and Poultry. If you are interested in participating in this contest please make sure you fill out a participation form and receive a copy of the rules from your 4-H leader and return to the 4-H Office before event.

## JR. Leaders Meeting

**Feb. meeting will be Feb. 4th at 5:30 and March 4th 2013 at 5:30. COME JOIN US FOR FUN!!!**

## PARISH T-SHIRTS FOR SALE

Parish T-Shirts On SALE NOW!!

T-shirts will be :

\$10.00 Youth sizes- Adult X-Large

(YS - SIZE 6-8 YM - SIZE 10-12 YL - SIZE 14 - 16 YXL - SIZE 18-20)

\$12.00 Adult 2X 3X



**Deadline: February 15, 2013**



# Barn Talk

## Northwest District Livestock Show

**Great Job!**

Michael Arnold  
 Alyssa Woodard  
 Kade Maroney



## JR. Livestock Meeting

No February Meeting, March meeting will be March 18, 2013.



Lezlea Marze  
 Carmen Latiolais  
 Madison Lewing



## Club Community Service

### March ITEM:

Cream Rinse/Conditioner

**Earn \$100 Cloverbuck per item!!!**



# Upcoming Camps

**CHALLENGE CAMP:** February 21-23, 7th & 8th grade.

**COST:** \$50 PER CAMPER. "World of 4-H" 4-H Camp Grant Walker in Pollock, LA. Space is limited. Camp for youth which challenges them to set high personal goals as a result of activities designed to develop: A positive self-concept, Teamwork skills, Communication skills, Leadership skills, Decision making skills, Problem solving skills, Conflict Resolution. **NEW DEADLINE: February 7, 2013 .**

**FOOD AND FITNESS CAMP:** Grant Walker Educational Center ;"MADE IN THE USA" March 16-17,2013 4th—6th grades. Limited space. Cost is \$ 40 per camper and \$40 per volunteer. Weekend of food and fitness designed for youth and adults to develop knowledge and skills in the area of food and nutrition, diet and fitness. Counselors may attend with campers. **DEADLINE: February 18, 2013**

**ROUGHIN' IT CAMP:** Jimmy Davis State Park Caney Lake; March 25-27, 2013. Cost: \$40 per Camper 4th—8th grades. \$20 per Counselor. Goal: To educate youth and adults on ways to better understand, develop, manage and further utilize our states natural resources in a manner which will insure a healthy productive environment for years to come. Objective: Participants will adopt management practices that will insure a healthy and productive environment in which forestry, aquatics and wildlife will have maximum benefits. **DEADLINE: February 22, 2013**

## \*\*\*\*\* SUMMER CAMP \*\*\*\*\*

4-H Summer Camp will be here before you know it so if you want to attend a week of great fun!! Red River Parish will be attending July 8-12, 2013 to 4-H Camp.

Camping is one of the most valuable experiences a child can have. It's a learning experience that helps boys and girls appreciate the outdoors, live together as a group, get along with others and appreciate people with different interests and backgrounds. Camping is one of the most valuable experiences a child can have. It's a learning experience that helps boys and girls appreciate the outdoors, live together as a group, get along with others and appreciate people with different interests and backgrounds. Come into the 4-H Office and fill out your forms to attend. **Deadline will be March 22, 2013.**

**PARENTS MAY CALL THE 4-H OFFICE FOR MORE INFORMATION ON THESE CAMPS OR COME BY THE OFFICE TO SIGN YOUR CHILD UP FOR ONE OF THESE GREAT CAMPS. The camper list is created on a first come-first serve basis.**

# Shooting Sports

## Shooting Practice

**Barksdale 11:00**

**Feb. 2<sup>nd</sup> and 16<sup>th</sup>**

**Regional Match March 14-17**

**Coushatta 2:00**

**Feb. 3<sup>rd</sup> and 17<sup>th</sup>**

**State Match May 23-26**

## Networking by Social Media

**JUST THE FACTS:** Google, Twitter, Facebook, YouTube, LinkedIn, Skype, MySpace. These names have all become synonymous with social networking in the early 21st century. In fact, social media has become so popular it has its very own language! For example, you can "Google" or be "Googled." You can "friend" or "unfriend" someone on Facebook. And you can send tweets to update people on your every activity every moment of the day using your Twitter account. [Believe it or not, in the Merriam Webster Online Dictionary, "text," "tweet," and "Google" are all listed as verbs!]

**Ask yourself these following questions:**

- 1 Do you have a Facebook account? Yes/No
2. Do you communicate with others by texting? Yes/No
3. Have you ever Googled someone or something? Yes/No

**There are three things you can do to protect your online image - and your job opportunities:**

1. **Be careful.** Nothing is private. Don't post anything on your site or your "friends" sites you wouldn't want a prospective employer to see. Derogatory comments, revealing or risqué photos, foul language, and lewd jokes all will be viewed as a reflection of your character.
2. **Be discreet.** If your network offers the option, consider setting your profile to "private," so that it is viewable only by friends of your choosing. And since you can't control what other people say on your site, you may want to use the "block comments" feature. Remember, everything on the Internet is archived, and there is no eraser!
3. **Be prepared.** Check your profile regularly to see what comments have been posted. Use a search engine to look for online records of yourself to see what is out there about you. If you find information you feel could be detrimental to your candidacy or career, see about getting it removed - and in the meantime make sure you have an answer ready to counter or explain "digital dirt."



## 2013 LA 4-H BEEF POSTER CONTEST

**DEADLINE: May 30, 2013**

**This project is to learn more about beef and/or beef products and their importance to human health.**

**To make a poster you must tell the story of beef and /or beef products. The finished poster should be appropriate for use on a billboard.**

**Rules are: Poster must be on "11X14" white poster board only. Place your name, address, age, grade in school and parish on the upper right corner on the back of your poster. Poster should generate positive images of beef and beef**

**products and not portray negative image of other food products. Get ideas from magazines, parents, friends, nutrition bulletins, etc. Do Not use copyrighted materials. Pictures, clip-art and materials that are copyrighted may not be used on the poster and the poser will be disqualified if copyright material used. Computer generated clip art may be used on the poster if it is not copyrighted material.**