



Washington Parish 4-H Green Gazette

Calendar of Events

December 2022 EDITION

December 2022

Community Service
Project No.4 – Christmas
Toy Drive & Donating
Wreaths to the Council on
Aging

Contact Mrs. Beth if your
family is interested in
showing horses. Events:
English, Western, &
Speed Events

1st – Holiday Wreath
Decoration Contest
Entries DUE

2nd – Swine Breeding
Possession Date &
Validation kits due to LSU
AgCenter

9th – Deadline for ordering
4-H Night with the
Pelicans tickets

21st – Christmas Break
Activity – Tentative

22nd – 4-H Ambassadors
Christmas Activity -
Tentative

January 2023

Beef Posters Due to each
club on date picked by the
club leader

Community Project No.5 –
MLK Day of Service

5th – Broiler Pick up Day

10th thru February 10th -
Registration for Jr.

Leadership Camp (JLC) Opens
– 9th-12th graders @ Camp
Grant Walker – March 9-10

Washington Parish 4-H “A Year of Service”

When tasked to come up with an overarching theme for Washington Parish 4-H in 2022-2023, Mrs. Beth looked at all the great community activities 4-H members are already involved in. Our members serve our parish in many ways throughout the year. This year 4-H will engage in 1 community service effort each month.

December – Toy drive for our local DCFS Office and Christmas Wreath Donation

January – MLK Day of Service (Looking for ideas for this day)

February – Independent club projects to target their individual communities

March – TBD

April – Earth Day Activity



Preparing for the Christmas Season can be a challenge for many! Each year Washington Parish 4-H teams up with our local DCFS Office to help make Christmas wishes come true for children across our community. 4-H members and their families are encouraged to participate in this tradition of giving.

What: 1 or more unwrapped gifts brought to your 4-H Club Leader or Dropped to the LSU AgCenter Office in Franklinton

Who: Select the toy or item for a child in your age range. We often think about younger children during the Christmas Season and that leaves a need for older youth and teens

How much? Please give a gift/item that fits your families budget

Interest Form Link:

<https://forms.office.com/r/hJe5yVFqRJ>



16th – MLK Day of Service Activity

17th – Cookery Contest: Beef, Sugar, Seafood, & Wild Game

20th – 22nd – 4-H Fashion Camp – Hosted by the LA 4-H Fashion Board @ Camp Grant Walker

21st – Parish Livestock Show

30th – 4-H Advisory Meeting – Opportunity for Parents & Youth to voice their opinions on future 4-H programming

Register at

<https://forms.office.com/r/uqCBbfmsQV>

or



February 2023

Dairy Posters Due to each club on date picked by the club leader

Community Project No.6 – Independent Club Projects to benefit the community

Contact Mrs. Beth if you are interested in Showing Horses



FRIDAY, JAN. 6 • 7:30PM

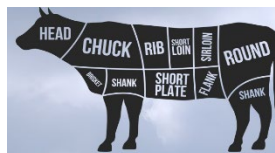
PELICANS vs. NETS

Enjoy a great night of basketball with 4-H and receive a t-shirt to remember your night with the Pelicans! A portion of the ticket sale proceeds will benefit 4-H.



To order tickets follow the link or scan the QR Code.

<https://pels.group/4HNight>



THEME:
Beef: A Sustainable Choice

4-H/FFA

BEEF

Entries Due at January 4-H club meeting or January date set by club leader

POSTER CONTEST

PARISH WINNERS IN EACH DIVISION COMPETE IN STATE CONTEST.

**\$200 AWARD
STATE WINNER IN
EACH DIVISION**

General Rules:

- 1) The poster **MUST** be an original design with No Copyrighted materials and must follow the theme
- 2) Must be on a full sheet of poster board paper
- 3) Remember, the poster contest is about marketing and communicating the all-around (environmental, health, nutrition, economic, etc.) benefits of beef.

for the summer 4-H Horse Show Series

1 – 28th - Register to be a summer camp counselor – fill out the application at

<https://forms.office.com/r/CftL1x51sN>



2nd – 4th – Southeast District Livestock Show - Covington

10th – Mardi Gras Mask Contest Entries DUE – Virtual

10th – State 4-H Honor Cord Deadline

11th – 18th – State Livestock Show

21st – LSU AgCenter Closed – Mardi Gras Day

24th – Cookery Contest: Egg, Chicken, & Louisiana Commodity (Rice, Sweet Potato, or Pecan)

24th – Summer Camp Registration Opens - \$50 non-refundable deposit due when registering (goes toward the total cost of camp) limited spaces for male and female campers

4-H Summer Camp June 12-16, 2023 (4th-6th grade members)

We are looking for Adult Volunteers to attend summer camp with us. We need 4 female adult volunteers and 2 Adult male volunteers.

JLC (Jr Leadership Conference)

JLC is a 2-day leadership conference hosted by the Louisiana 4-H State Executive Board at Camp Grant Walker. This event is for 9th-12th grade members to develop their leadership skills, network with other 4-H members from across the state, and learn about the 7 Louisiana 4-H Leadership Boards they can participate on.

Camp Dates: Thursday, March 9, 2023 – Friday, March 10, 2023
Registration Starts: January 10, 2023
Registration Ends: February 10, 2023
Cost: \$75

You MUST fill out the interest form by using the QR Code so I will know who would like to attend.



Beef, Sugar, Seafood, & Wildgame Cookery Contest Tuesday, January 17, 2023

General Rules for ALL Cookery Contest:

- 1) ALL dishes (including cookies, cakes, pies, etc.) MUST be brought to the contest in a cooler, on ice, and be cold to the touch.
- 2) We need a large serving of each dish, not the whole thing. For cookies or candy, please make sure there are 6 – 8 pieces.
- 3) 1 dish per contestant per division
- 4) Each contestant must email Mrs. Beth a typed copy of their recipe and a few photos of them cooking the dish prior to the dish being dropped off on contest day. bputnam@agcenter.lsu.edu
- 5) Dishes will be dropped off at the LSU AgCenter 1104 B Bene St Franklinton, La 70438 from 8:30am – 3:30pm on contest day and will be judged later that afternoon.

Beef Cookery Rules

The prepared dish must use a minimum 1 pound of beef.

Divisions:

1. Ground Beef
 - a. Examples: Taco Pizza, Swedish Meatballs, Beef Sliders, Chili, Stuffed Pepper, etc.
2. Other Beef Cuts
 - a. Examples: Garlic Butter Steak Bites, Fajitas, Philly Cheesesteak, Beef & Broccoli, etc.

Louisiana Seafood Cookery Rules

1. The prepared dish must contain a minimum 1 cup of seafood.
2. The Seafood must be fresh, frozen, pasteurized, or dried.
 - Canned seafood is NOT acceptable.
 - There can be NO raw seafood in the final dish.

There is a process to getting approved for this opportunity so, the sooner we start, the sooner we can get you approved!

March 2023

1st – Outstanding 4-H Member form deadline

9th – 10th – JLC – Camp Grant Walker for 9th-12th grade members

Stay Connected with 4-H on social media

Facebook:
WashingtonParish4H

Visit our new website

lsuagcenter.com/washington4h

Contact Us

Washington Parish 4-H
Beth Putnam
1104 B Bene St
Franklinton, La 70438
Office: 985-839-7855
Email: bputnam@agcenter.lsu.edu

The LSU AgCenter and LSU provide equal opportunities in employment and programs. Should you need an ADA accommodation, please contact the Washington 4-H Office at least two weeks before the event.



3. May contain a small amount of a second seafood but not more and ½ the amount of the primary seafood.

4. **All seafood used in the contest must be listed on the Louisiana Seafood List**

5. Dish may be any type: appetizer, soup, main dish, salad, snack, etc.

Divisions:

1. Crab

Examples: Crab Cakes, Crab Dip, Crab & Corn Bisque etc.

2. Crawfish

Examples: Crawfish Won-Tons, Crawfish Fettuccine, Crawfish Bread etc.

3. Shrimp

Examples: Shrimp Fettuccine, Bacon-Wrapped Shrimp, Coconut Shrimp etc.

4. Other Louisiana Seafood. Must be listed on the Louisiana Seafood List on the next page.

Examples: Alligator Sauce Piquante, Fish Tacos, Baked/BBQ Oysters, etc.

Louisiana Seafood List

Alligator	Freshwater catfish	Rock shrimp
Amberjack	Freshwater eels	Roughneck Shrimp (blood Shrimp)
Bearded brotula	Freshwater turtle	Royal red shrimp
Black Drum	Frog legs (bullfrog)	Saltwater catfish
Blackfin Tuna	Gamefish (bass, bream)	Saltwater eels
Blue Crab	Gaspargou	Sea bob (shrimp)
Blue fin tuna	Grouper	Sheep head
Blue runners	King Mackerel	Snappers
Bluefish	Little tunny (Bonita)	Southern king fish (channel mullet)
Bowfin (choupique)	Louisiana clams	Spanish mackerel
Brown shrimp	Louisiana hakes	Speckled trout
Buffalo fish	Louisiana stone crab	Squid
Butterfish	Mahi	Striped mullet
Carp	Oyster drills (conchs, Bigorneaux)	Sword fish
Chub mackerel	Oysters	Tilefish
Cobia (lemon fish)	Pink shrimp	Triggerfish
Crawfish	Pompano	Wahoo
Crevalle, jack	Progys	White shrimp
Croaker	Rays	Yellow fin tuna
Flounder	River shrimp	

Seafood NOT Allowed: Surimi (an artificial crab made from fish), tilapia, salmon, cod, halibut, rainbow trout, and other non-Louisiana fish/seafood.

For more information visit LouisianaSeafood.com

Sugar Cookery Rules

1. The prepared dish must contain a minimum of ½ cup of sugar.
2. The sugar used may be granulated sugar, brown (light or dark) sugar, powdered sugar, or any combination of the above.
3. Mixes are permitted if ½ cup of additional sugar is added to the recipe.
4. There can be NO raw eggs in the final dish.

Divisions:

1. Cakes Includes: cupcakes, king cake, chocolate cake, etc.
2. Candy/Other Includes: pralines, coconut bars, brownies, donuts, etc.
3. Cookies Includes: sugar cookies, oatmeal cookies, candy bar cookies, etc.
4. Pies Includes: sugar cream pie, apple pie, pumpkin pie, etc

Wild game Cookery Contest

1. The prepared dish must contain a minimum of 1 pound of meat.
2. Contestants MUST identify the meat product used in the recipe.
3. Dish may be any type: appetizer, soup, main dish, salad, snack, etc.

Divisions:

1. Deer (Venison) Includes: ground or whole cuts.
Examples: Venison Tacos, Venison Stew, Venison Lasagna, etc.
2. Fowl Includes: duck, quail, geese, pheasant, dove, etc.
3. Other Game Includes: rabbit, hog, squirrel, bison, elk, caribou, etc.

Visit our website for full rules, food safety tips, cooking temperature, measurement conversions, and the recipe templet for all the cookery contest

www.lsuagcenter.com/washington4h

February Activity updates and rules to come out in the January 2023 newsletter. Please keep your eyes out for it.

Senior Honor Cord Information and Application

https://www.lsuagcenter.com/topics/kids_teens/events/awards/recognition-and-opportunities/senior-honor-cords

