



LOUISIANA BAYOU

Mission Statement:
To strengthen individuals,
families and communities
by Education, Leadership
And Action.

Volume 42 - Issue 1

Spring 2015

PRESIDENT

Martha Latimer
405 Buckskin Rd
Ardmore, OK 73401
225-938-6856 ©
martha4latimer@gmail.com

VP FOR PROGRAM

Letha Briggs
112 Grand Ave.
Lafayette, LA 70503
337-984-1868
lethab@lusfiber.net

VP FOR PUBLIC POLICY

Sue Nelson
46207 Milton Rd.
Hammond, LA 70401
225-567-9769
suenelson41@yahoo.com

RECORDING SECRETARY

Terri Latimer
30732 Thunderbird Circle
Denham Springs, LA 70726
225-788-8383
Theresa.d.latimer@gmail.com

TREASURER

Pat Chauvin
610 Holiday Dr.
Houma, LA 70364
985-857-8604
queenpat@att.net

PAST PRESIDENT

Rena Labat
200 Kenney St.
Houma, LA 70364
985-876-3521 (h)
985-852-2704 (w)
renalabat@att.net

PARLIAMENTARIAN

Judy Broussard
804 S. John M. Hardy Dr.
Abbeville, LA 70510
337-893-4857
jglb@cox.net

STATE ADVISOR AGENT

Dr. Karen Overstreet
297D Knapp Hall
Louisiana State University
Baton Rouge, La 70803
225-578-4494
koverstreet@agcenter.lsu.edu

AREA DIRECTORS

Mary Hennegan Area 1
Janelle Bonvillian- Area 2
Linda Biovingo- Area 3
Judy Broussard - Area 4
Karron Guillory- Area 5

COMMITTEE CHAIRMEN

ENVIRONMENT:
Maxine Wilson

FAMILY LIFE:
Julia McLain

INTERNATIONAL:
Betty Guilbeau

LITERACY:
Elaine Chatagnier

LVFC PRESIDENT'S MESSAGE

MARTHA LATIMER



Dear LVFC Members,

Hope your holidays were Blessed and the New Year will be a healthy and happy one for you and your families. As we put away the decorations, the house looks bare, (to me), it's time to prepare for the future! New Adventures, new thoughts with plans to be made, and new ideas! New LVFC PRESIDENT still needed.....anyone?

The State Convention will be held at the Doubletree Hotel in Kenner on April, 14-16, with the Executive Board meeting on Monday, April 13 at 1:30 p.m. Make plans to attend! Lots of fun and educational activities in store!

The Winter Executive Board meeting will be March 9, 2015 at Efferson on the LSU Campus. Letters will be mailed to the board members and parish presidents by the middle of February. If you need to stay at Lod Cook or a hotel in the area, you will need to make your personal reservations.

I have officially moved; my new address is 405 Buckskin Road, Ardmore, Ok. 73401. My new email is martha4latimer@gmail.com. My cell number will remain the same UNTILL the convention is over, 225-938-6856.

I will still attend the LVFC events, etc. and look forward to visiting with you there. The organization needs your help! Participation in events and activities, election of a new president, volunteering where needed, election of a new president, etc! Seriously, we have so many leadership or LLL graduates that somebody can step forward and LVFC NEEDS YOU!!!!

Until I see you again, God Bless you and yours.

Martha

And a message from:

Vice-President for Programs
Letha Briggs

As the convention time nears, so the time for reports come due to the respective LVFC members who chair the various committees. During these cold winter days please take time to complete your reports, sharing those programs and ideas that your local clubs and parishes have participated in during 2014.

Which programs do you feel better served your membership and guests? Did you request suggestions for programs in 2015 - 2016? Involvement of those in attendance at meetings and programs can help generate more interest and participation, as well as helping you plan the next years' presentations. Let each of us give support to our new leaders for a continued growth in LVFC.

Parish Presidents I will be waiting for your reports to compile the 2014 state report. Keep warm and have a successful 2015.



Louisiana Volunteers for Family & Community, Inc.

Martha Latimer, LVFC President

Dear LVFC Members,

The LVFC parishes in Area 1 are rolling out the red carpet for us at the Double Tree by Hilton in Kenner, Louisiana. The dates for our State Convention are April 14 – 16th, with the Executive Board meeting on April 13, 2015. “LVFC: Historic Past, Promising Future” is the theme as we celebrate our 84th annual state meeting! WOW! What a legacy for our organization!

Our historic past will be revisited in a number of ways, but we will be focusing on the changes and challenges that will need to be met for our future to be promising!

LLL classes will be focusing on basics of leadership. There will be lots of interesting speakers, activities and fun!

It's always fun to visit the New Orleans area and this state convention will be no exception! We are in Kenner so you do not have to go into the city unless you want to. The committee has done an awesome job of planning activities. This hotel serves warm cookies in the morning and afternoon at “coffee time” and they are soooo good! Just a bit of lagniappe for You!

Set your date, make your reservations and come on down south for another year of fun!

See you there,

Martha



Area 1 invites you to the 2015 LVFC Annual Convention.

Come celebrate LVFC's Past, Present & Future!

Welcome to Southeast Louisiana, the “tip of the boot” and “Delta Country.” Area 1 includes five parishes: Jefferson, Livingston, St. Bernard, St. Charles and Tangipahoa.

The beauty of our swampy estuaries, bayous, lakes, rivers and Gulf waters provides opportunities for leisure activities, water sports and a great economy for Louisiana’s citizens, and for visitors who come to enjoy our unique **environment**.

Agriculture abounds with fresh strawberries, blueberries, oranges, tomatoes and fresh vegetables to grace your table’s healthy and delicious meals.

Our fishing industries provide a wonderful variety of amazing seafood – fresh and salt water fish, crawfish, shrimp and oysters to dine on.

Education has been nurtured since the early 1800s at state and private colleges and universities: Southeastern at Hammond, UNO, Southern, Tulane, Loyola, Holy Cross, Dillard, Xavier and Delgado in New Orleans, Chalmette Community College, and LSU in Baton Rouge.

Life is pleasant. The weather is sunny and warm. The people are friendly. Our **families’** heritage is a rich mixture, a “gumbo” of French, German, Irish, Italian, Spanish, African and American Indian. Cultural activities and festivals are delightful and never-ending, and the rhythm and blues, soul, and jazz music lifts your spirits.

Come join Area 1 for “LVFC: Historic Past, Promising Future” and travel through time at the 84th Annual LVFC Convention in Kenner, Louisiana, at the *Double Tree Hilton-New Orleans Airport*, on April 14 – 16, 2015.

Take action, volunteer to become a leader, meet the challenges of 2015 and become a part of the fabulous **Future** of LVFC!

Mary Hennegan

Mary Hennegan,
Area 1 Director

LVFC CONVENTION – APRIL 14 – APRIL 16, 2015

“LVFC: Historic Past, Promising Future”

REGISTRATION FORM

REGISTRATION DEADLINE: MARCH 4, 2015

- ❖ Fill out the Registration Forms below – each person attending must include the Medical Record Form.
- ❖ Make your check out to **YOUR PARISH VFC** and give it with the forms to your **Parish Treasurer** by **March 4th**.
- ❖ The **Parish Treasurer** will mail **ONE check** made to: **LVFC 2015 CONVENTION FUND** with **all** of the registration forms to **arrive by March 11th** to:

Marilyn Bankston, LVFC 2015 Convention Registrar, 42 Gretna Blvd., Gretna, LA 70053-4950

After March 11, call Marilyn Bankston at 504-495-1386 to **late register**.

NAME: (First, Middle, Last)		
ADDRESS:		
CITY:	STATE:	ZIP CODE:
PARISH:	EMAIL:	
PHONE:	CELL:	

Check all that apply.

If you are a **Voting Delegate**, it must be INDICATED BELOW:

Council President			First Timer	
Voting Delegate			LVFC Member	
State Officer			Not an LVFC Member	
State Educational Chairman			Ag Center Faculty	

Indicate any food allergies or other health concerns which should be known:

Double Tree Hilton (New Orleans Airport)
2150 Veterans Memorial Blvd., Kenner, Louisiana 70062

Reservations: Call 1-800-222-8733 or (504) 467-3111. Ask for Group Code: LAV for Louisiana Volunteers for Family & Community.	
Room Rates: 1 person/1 King Bed = \$119.00	3 People/ 2 Double Beds = \$119.00
2 People/ 2 Double Beds = \$119.00	4 People/ 2 Double Beds = \$119.00

Make reservations directly with the hotel. Deadline is **3:00 p.m. on March 12**, when rate is no longer available. Request a handicap room, if you need one. If you want a room with a microwave and refrigerator, you must request it when you make your reservation. Online registration is at: www.neworleansairport.doubletree.com
****Remember** to have your **Parking ticket validated** at the Front Desk or the Sales Office **before leaving**, so parking will be free.

NAME: _____ PARISH _____

BOARD DINNER at Johnny Trauth's Seafood Bistro, 2121 25th St., Kenner, LA 504-471-0808
 Monday, April 13, 2015 from 6:30p.m. to 9:00 p.m.
 Non-Board Members are welcome to attend.

Board Dinner Menu:

Choose one entrée: __1) Mini Seafood Platter __2) Broiled Stuffed Catfish __3) Grilled Chicken Breast Meal
 Price is listed below in the Meal Price Plans. Board Dinner Seating is limited to 50.

CONVENTION SELECTIONS AND PRICES	COST	AMOUNT DUE
REGISTRATION – SELECT ONE		
Registration (All persons attending any event <u>must pay</u> Registration.)		
Fifty year members DO NOT pay Registration Fee	- 0 -	FREE
LVC member	\$20.00	
Non-member	\$30.00	
Late registration (if registering later than March 11, 2015)	\$30.00	
Registration will not be accepted, if received after April 4, 2015		

CONVENTION PRICE PLANS Plan 1: One-Price Meal Plan Plan 2: Selective Meal Plan		
Executive Board Dinner (Monday night) Non-Board Members are welcome to attend. Seating is limited to 50.	\$ 26.00	
Plan 1 / One-Price Meal Plan (includes all meals except Board Dinner)	\$136.00	
Plan 2/ Selective Meal Plan		
Check which ones: Fun Night (Tuesday evening)	\$ 32.00	
LLL Breakfast (Wednesday morning)	\$ 23.00	
Awards/Memorial Luncheon (Wednesday Noon)	\$ 23.00	
Banquet (Wednesday Evening)	\$ 35.00	
Recognition Breakfast (Thursday Morning)	\$ 23.00	

Banquet Menu – Please Check one: ____1. Grilled Chicken & Lemon Sauce
 ____ 2. Pecan Crusted Catfish & Crawfish Sauce on Side

Make your check payable to **your Parish VFC**. Your parish Treasurer will send in **ONE Parish check** with all of the forms. NOTE: There will be **NO Refunds** after March 11, 2015, except the Registration Fee.

TOTAL CONVENTION FEE SUBMITTED: \$ _____

A **Tuesday morning Breakfast Buffet** discount price (\$10.00 + tax and gratuity) is available to hotel guests by calling Devin at 504-303-3040, or emailing him at devin.porter@hilton.com **as soon as** you have your reservation confirmation number. Give him the number and he will make the arrangements **prior to** your arrival.

Louisiana Volunteers for Family and Community, Inc. FORM 25
Personal Medical Record

Please return with _____ registration. **PLEASE PRINT.**
 I understand this information will be kept private and used only in case of a medical emergency.
 NAME _____

ADDRESS: _____
 PHONE() _____ DATE OF BIRTH: _____ FEMALE ___ MALE ___

In case of emergency please contact: Name: _____ Phone _____

Physician's Name: _____ Phone #() _____

24hr. Phone # _____ HOSPITAL _____

INSURANCE: _____ MEMBER #: _____

GROUP/POLICY #: _____ MEDICARE #: _____

Brief, current only MEDICAL HISTORY: _____

**LIST ALL MEDICATIONS: PLEASE PRINT (Prescription and over the counter),
 VITAMINS, HERBS TAKEN REGULARLY OR AS NEEDED.**

NAME OF MEDICATION (as written on bottle)	DOSAGE (in milligrams(mg. or oz.)	TIMES A DAY (1 tablet x 3)

DRUG ALLERGIES: _____

FOOD ALLERGIES: _____

All of the above information is correct and up to date.

SIGNED: _____ DATE: _____

LOUISIANA VOLUNTEERS FOR FAMILY
& COMMUNITY, INC.

84TH ANNUAL CONVENTION
APRIL 14 – APRIL 16, 2015

“LVFC: Historic Past, Promising Future”

TUESDAY, APRIL 14

FIRST TIMERS at 11:30 A.M.
(By invitation.)

OPENING SESSION – 1:30 P.M.

Area Meetings 4:15 P.M.-5:00 P.M.

FUN NIGHT – 6:00 P.M.

Theme: “Tuesday Night at the Movies”



WEDNESDAY, APRIL 15



LLL BREAKFAST – 7:00 A.M.
Theme: “Back in Time”

BUSINESS SESSION 9:00 A.M.

Awards/Memorial Luncheon – 11:30 A.M.
Theme: “Passing the Light”

LLL Workshops - 2:15 P.M. - 4:30 P.M.

Reception Honoring Great Louisiana Family – 6:15 p.m.

INSTALLATION BANQUET – 7:00 P.M.

Theme: “Sailing Into the Future” With LVFC

THURSDAY, APRIL 16

Recognition Breakfast – 7:30 a.m.

Theme:
“The Past - Volunteers Fight for America's Freedom”

Post Convention Meeting

Executive Board - 2016



FUN NIGHT

Tuesday, April 14, 6:00 p.m.

Hosted by St. Bernard VFC

Theme: “Tuesday Night at the Movies”

Join the Stars on the
Red Carpet for LVFC's
Movie Premiere Night!

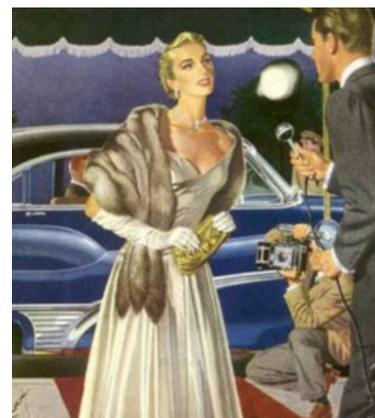
Menu:

Herb Crusted Pork Tenderloin with
Apple Brandy Demi Glaze
Fresh Garden Salad, Sweet Potatoes,
Seasonal Fresh Vegetables
Dessert, Coffee and Iced Tea



Entertainment

The St. Bernard VFC Star Lits Present:
An evening with
Hollywood's Famous Movie Stars
Wear your favorite formal or
cocktail evening attire for a
Red Carpet Premiere Night
of glamour and glitz with the Stars!



Attention: All Parish Presidents

**LVFC Development Fund-Raisers
Parade of Baskets**

**Each parish is asked to bring a basket for the
2015 Parade of Baskets. The baskets should be
artistically assembled, a nice size and
Valued between \$25.00 - \$30.00.**

**The baskets can contain a variety of contents.
So let your imagination sail away!
Please, no perishable items!**

**Baskets may be claimed
AFTER the Banquet.
Wednesday, April 15, 2015.**

**We will be glad to accept any other prizes you
may wish to donate to make this project a
success.**

**Parish VFC Councils may offer fundraising
items for sale during Hospitality times.
These items may ONLY benefit Parish VFC
Councils!!**

For more information, contact:

**Myrle LeBlanc
358 Tudor Ave., River Ridge, LA
70123]Phone: 504 737-7831 or 504 615-1419
Email: myrleleblanc@cox.net**

Area 1 Charity Project

**Patrick F. Taylor Hope Lodge
2609 River Rd., New Orleans, LA 70121
Phone #504-219-2201**

**Hope Lodge is a free residence for patients
receiving cancer treatment and one care-giver,
or family member. It provides a place to stay
when cancer treatments are needed on an out-
patient basis without the added cost of a hotel
stay.**

**Convention participants are asked to donate
canned goods, cleaning products and paper
products for clothes washing, bathroom
supplies, cooking & dish washing for daily
upkeep of their rooms and the kitchen area. The
food, cleaning products and paper products
donated help defray the cost of daily meals and
supplies used by patients.**

**Hope Lodge also accepts monetary donations to
keep the facility and its patients cared for during
their treatment at area hospitals.**

WISH LIST

**General housekeeping items to collect & donate:
Eco-Friendly Products Only**

**Paper towels, paper plates (large and small)
plastic utensils, paper coffee cups (12 and 14 oz
plastic cups, disposable bowls, toilet paper,
kleenex (unscented), fabric softener sheets,
laundry detergent, 60 watt light bulbs,
aa batteries, aaa batteries**

**For the Pantry: Coffee creamers, sugar, sugar
substitute (splenda), zip loc bags, aluminum foil,
dish towels, dish cloths, plastic wrap, bathroom
cleaner, lysol, pump soap**

**Non-perishable food: Mac & Cheese, instant mashed
potatoes, red beans, rice, etc., canned items: tuna,
vegetables, soups, chili/stew, etc., brownie mixes,
cake mixes**

**Miscellaneous: Postage stamps, small writing pads,
sharpies, craft items for guests, Scotch tape**

LVFC CALENDAR

JANUARY	FEBRUARY continued
<p>1 PARISH PRESIDENTS distribute forms and information Key Leader (Form 8) 25-year, 50-year and 75-year members (Forms 9 & 9A) 5-10-15-20-year members (Form 10) 30-35-40-45-Over 50-year members (Form 10A) Great Louisiana Family (Form 11) Community Champions Information (Page 126) CVU Hours (Form 18) Send 1 LIST PER PARISH with information to Lina Miller</p> <p>30 All forms listed above are due back to state chairmen PARISH PRESIDENTS - President's Report (Form 15)</p> <p>30 Parish Reports due: PARISH <u>EDUCATIONAL CHAIRMEN'S</u> Annual Reports (Forms 17A-D) to State Chairmen PARISH <u>MARKETING CHAIRMEN</u> - Submit Marketing Report Form (Page 34) to State Marketing Chairman. Ruth B. Sayre Scholarship completed forms due to Martha Latimer (CWC/ACWW Scholarship) pg. 91-92 in handbook</p> <p>TBA LVFC Convention Registration Chairman - Send Convention Registration packets to Parish Presidents, LVFC Executive Board and Committees</p>	<p>TBA BUDGET COMMITTEE - Prepare 2016 Proposed Budget TBA BYLAWS COMMITTEE - Discuss possible Bylaw changes based on recommendations from State VFC entities. Time and place to be announced.</p> <p>15 LVFC 1st Timer to State Conference scholarship application (Form 4) due</p> <p>16 BYLAWS CHAIRMAN - Mail copies of proposed Bylaws changes to Executive Board 30 days prior to the April 13, 2015 Board Meeting.</p>
<p>FEBRUARY</p> <p>1 STATE PRESIDENT - Request State Proclamation from Governor for LVFC Week April 12 - 18, 2015 PARISH PRESIDENTS - Submit list of deceased parish members to Convention Memorial Chairman AREA DIRECTORS - Contact any parish not submitting a Parish President's Report. Contact all Parishes reminding them to send in their photographs for display on Area Exhibit Boards at State Convention. Prepare Area Directors Report (Form 16) and mail to: State President, Vice President for Public Policy, Vice President for Programs and State Advisor.</p>	<p>MARCH</p> <p>9 LVFC Board Meeting – Efferson Hall, LSU Baton Rouge, 9:30 A.M.</p> <p>11 PARISH TREASURERS – Registration for all Parish members attending due for April 14-16, 2015, LVFC Convention. One parish check only, please.</p> <p>15 LLL (Louisiana Learning and Leading) Master Leadership Trainer applications for 60 Hours due to State Vice President for Public Policy (Form LLL #2 in handbook) or 30 hour Certification LLL Form #1. Include LLL Form #3 Chart of classes attended & a copy of each certificate. PARISH PRESIDENTS – Submit: Heart of LVFC Award Nominee (Form 13) to State President and Spirit of LLL Award Nominee (Form 14) to State Vice President for Public Policy. AREA DIRECTORS send Area Reports (Form 16) to State President, Vice President for Program, Vice President for Public Policy and State Advisor Scholarship Applications for the following are due to State Scholarship Chairman: Ellen Lenoir Scholarship – Form 1 Nan Tarwater Davis Scholarship – Form 2 LVFC Area College Scholarship – Form 3 Mini Grants Applications – Forms 5 & 6</p>

EDITOR'S NOTE: Rosie Trahan, Editor

Is there anything thing left to say? - Ooooooh, Mais Qui! ...

Laissez les bon VFC temps rouler!

<p style="text-align: center;"><i>Louisiana Bayou</i> is the official newsletter of Louisiana Volunteers for Family and Community, Inc. It is published four times a year:</p> <p style="text-align: center;">Spring - February 15 Summer - May 15 Fall - August 15 Winter - November 15</p> <p>Editor: Rosie Trahan rmtrahan@cox.net 274 Broadacres Dr., Crowley, LA 70526 337-783-0924</p> <p style="text-align: center;">http://www.lsuagcenter.com/</p> <p style="text-align: center;">CREDITS: Advisors: Dr. Karen Overstreet State VFC Advisor Proofed Paula Stewart Acadia Administrative Assistant</p>	<p style="text-align: center;">NEXT ISSUE: SUMMER ISSUE</p> <p style="text-align: center;">ARTICLES ARE DUE BY APRIL 10 AND PUBLISHED BY MAY 15</p> <p style="text-align: center;"><u>CONTRIBUTORS</u></p> <p style="text-align: center;">PRESIDENT ADVISOR EDITORIAL VP FOR PUBLIC POLICY LITERACY CHAIRMAN AREA 2 DIRECTOR</p> <p style="text-align: center;">POST STATE CONFERENCE AWARDS & HIGHLIGHTS LVFC HEART OF VFC LVFC SPIRIT OF LLL LVFC GREAT LOUISIANA FAMILY</p>
-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------	-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------

Louisiana Volunteers for Family & Community, Inc.
221 Human Ecology Building
Louisiana State University
Baton Rouge, LA 70803

NON-PROFIT
ORGANIZATION
U.S. POSTAGE
PAID
BATON ROUGE
LA
PERMIT 363

MARCH 4
REGISTRATION
DEADLINE

MARCH 4
REGISTRATION
DEADLINE

2015 LVFC CONVENTION

APRIL 14 – APRIL 16

DOUBLE TREE HILTON (NEW ORLEANS AIRPORT)
2150 VETERANS MEMORIAL BLVD.
KENNER, LA

“LVFC: Historic Past, Promising Future”

MARCH 4
REGISTRATION
DEADLINE



MARCH 4
REGISTRATION
DEADLINE