LACHaracter Lifestyles

Trustworthiness

A person of character is trustworthy, lives with integrity, and is honest, reliable and loyal.

- Be honest.
- Don’t deceive, cheat or steal.
- Be reliable. Do what you say you will do.
- Have the courage to do the right thing.
- Build a good reputation.
- Be loyal. Stand by your family and friends and country.

Stand up for your beliefs. Tell the truth. Keep your promises. Stand by, stick up for and protect your family.

Internet Safety Tips

- Never give out personal information.
- Think before you text or post because your words and images can impact your reputation.
- Do not share your passwords with anyone.
- Never meet someone face to face that you met online.
- Do not provide information regarding your whereabouts online without a parent’s permission.
- Be sure you are dealing with someone you and your family know and trust.
- Surf safely and remember the 3 C’s—avoid contact with strangers, consider the content of your message and conduct yourself responsibly online.

Honey Bee Essay Contest

Topic: “Reducing the Usage of Bee-Killing Pesticides in my Community.”

Essays due: January 25, 2013
Length: 750-1000 words (essay only)
- Prepare your essays double-spaced, 12 pt (Times or similar type style), following standard manuscript format. Submit as a Microsoft Word compatible document.
- Contact the 4-H Office for a complete list of rules and a website for reference and links to other beekeeping sites.

“Hoos and Closers”

Date: Friday, January 25, 2013
Game: Hornets vs. the Houston Rockets 7:00p.m.
Location: New Orleans Hornets Arena

New Orleans, La.
Ticket Cost: $21 — All ticket orders are due by December 20th. You must provide your own transportation. 4-Hers who purchase tickets are given a chance of several opportunities that will take place at the game. For a list of the 15 opportunities available to 4-H members, contact the 4-H office.

Concordia 4-H

Northeast Regional 4-H Leadership Board

Concordia 4-H is searching for youth that want to “Step Up and Take the Lead!” Three 4-H youth from each parish will be selected to serve on the board. Meetings will be held each month at the Scott Center in Winnboro. Youth that participate in three meetings and assist with one regional activity will get a $75 scholarship toward 4-H University or Junior Leadership Conference. Serving on the board will provide you with ways to use your leadership skills in your club and community. The board has already held its first meeting. So, if you are interested in serving in this...
Attention 7th/8th Graders

What: 4-H Challenge Camp
Where: Grant Walker 4-H Education Center
When: April 25-27, 2013 (Thursday afternoon-Saturday morning)

Plans are about to get underway for the 2013 4-H Challenge Camp. It provides youth with team building activities and an opportunity to engage with youth from throughout the Northeast Region. Don’t miss out on this great event!

2013 4-H Camping Date Set

Mark your calendars for the 2013 4-H Camp Week. Concordia 4-H will be camping May 27-31, 2013. Additional information about 4-H camp will be given out in March 2013. The camp is open to all youth who have not turned 13 years of age before our camping dates. Spaces will be limited so sign up early when the applications become available. Hope you will be there!

Upcoming Livestock Shows

The following 4-H youth will be exhibiting livestock projects in the two upcoming spring livestock shows: Kristin Russell, Reagan Tiffee, Hunter Randall, Emily Guillot and Ashley Barlow. Also, at the Northeast District show there is an opportunity for those 4-H youth that have rabbits to show. Dates for the shows: Northeast District Livestock Show-January 23-26, 2013 (Delhi); LSU AgCenter State Livestock Show - February 9-16, 2013 (Gonzales, LA). Best of luck to all our parish livestock exhibitors!

"Get the Picture" Contest - 5 Points

• Photos must be taken by 4-H’er within the last year
• Photos must be 3½ x 5 or 4 x 6 (your choice). Printed pictures from digital cameras are allowed.
• Divisions: 4th-6th; 7th-12th
• Complete and attach the entry form below to the back of the picture with clear tape.
• Turn in to your 4-H Leader or bring to 4-H Office by the due date.


Top Winner in each category will represent the parish at area contest.

COOKERY CONTEST

January 14, 2013- Concordia Community Room, Hwy. 15 Ferriday, La. 4-H’ers need to call 318-336-7084 to pre-register by 4:00 pm January 10, 2013. Check in: 5:00 p.m. Judging begins: 5:30 p.m.

Requirements:

○ 4-H members aged 9 to 19 are eligible to compete. 4th –12th will compete together.

○ Dishes must already prepared and ready to serve. With all 4-H food related contests. dishes must cooked the night before and be chilled upon arrival at contest. Dishes must be transported in an insulated ice chest with ice.

○ Each 4-H’er may enter one dish in each category. Adults will not be allowed to accompany 4-H’ers into the contest judging area. Each 4-H’er must set up and garnish his/her own dish without assistance from an adult.

Cookery Categories: Top Winner in each category will represent the parish at area contest.

Rice Main Dish - Dish must contain at least one cup of uncooked rice or two cups of cooked rice (white or brown rice). If contestant is using rice bran instead of rice, the recipe must contain at least ¼ cup of rice bran. Wild rice is acceptable as long as there are two cups of cooked white or brown rice also included in the dish.

Rice Any Other - Dish must contain at least one cup of uncooked rice or two cups of cooked rice (white or brown rice). If contestant is using rice bran instead of rice, the recipe must contain at least ¼ cup of rice bran. Wild rice is acceptable as long as there are two cups of cooked white or brown rice also included in the dish. Any type reindeer rice dish other than a main dish may be entered.

Egg - Dish must utilize a minimum of four (4) eggs. This can be four whites, four yolks, or four whole eggs. No raw eggs will be allowed in final product. The recipe with four eggs must make only one standard size dish. For example, a recipe with four eggs that makes two pies of standard size will not qualify.

Any type egg dish may be entered including appetizer/salad, main dish, or dessert.

Chicken - Dish must contain a minimum of two (2) pounds bone-in or one (1) pound deboned chicken meat. Any type chicken dish may be entered.

4-H Community Service Projects

Reminder to continue collecting canned food items for the "Louisiana CAN Fight Hunger Campaign." The deadline for reporting your total weights to the 4-H office is January 10, 2013. Also, continue to collect tabs for the St. Jude Fundraiser. Clubs will collect tabs until March 1, 2013. In addition, this is great time for your club to help those in need in your communities and in our parish nursing homes. Thanks for all that you do to make our communities a better place to live.