



**2018 4-H Achievement Day Rules & Regulations**  
**Saturday, March 17, 2018 – Kaplan High School**  
**Assembly starts at 8:00 a.m.**

**General Rules: To view rules online visit our website at:**

[http://www.lsuagcenter.com/en/our\\_offices/parishes/Vermilion/Features/4-H/](http://www.lsuagcenter.com/en/our_offices/parishes/Vermilion/Features/4-H/) or see your club leader.

1. 4-H clubs will compete in four (4) different divisions:

Elementary	Middle School	High School	Multi-Level
7 <sup>th</sup> Ward (4-5)	Erath Middle (6-8)	AHS	ARCH (4-12)
Dozier (4-5)	FIEB (6-8)	EHS	Harvest Times (4-12)
FIEB (4-5)	GHS (6-8)	GHS	Lighthouse Christian Academy
Herod (4-5)	J.H. Williams (6-8)	KHS	Maltrait (4-8)
Indian Bayou (4-5)	NVMS (6-8)	NVHS	Mt. Carmel (4-8)
Jesse Owens (4-5)	RRMS (6-8)	VC	
Kaplan Elem 4 <sup>th</sup>			
LeBlanc (4-5)			
Meaux (4-5)			
Picard (4-5)			
RRMS (5)			

2. 4-H members will compete in one of four different grade levels: 4-5; 6; 7-8; 9-12.
3. Contests will be judged by qualified people and awards made on merit:
  - Exhibits must receive placings even if they are the only ones entered in the category
  - 1<sup>st</sup>, 2<sup>nd</sup>, 3<sup>rd</sup>, 4<sup>th</sup> & 5<sup>th</sup> place ribbons and five gold ribbons will be awarded in 7-8<sup>th</sup> & 9-12<sup>th</sup> grade divisions
  - 1<sup>st</sup>, 2<sup>nd</sup>, 3<sup>rd</sup>, 4<sup>th</sup> & 5<sup>th</sup> place ribbons and gold, silver and bronze ribbons will be awarded in 6<sup>th</sup> grade divisions (all participating members earn ribbons)
  - Gold, Silver & Bronze ribbon placings will be awarded in the 4-5<sup>th</sup> grade division (all participating members earn ribbons)
4. Club awards – 1<sup>st</sup> – 3<sup>rd</sup> place trophies will be awarded to the top three clubs in each division. Points will be based on member placings from Achievement Day, Demonstration Day, Personal Development Contest and Record Book competitions.
5. **All Exhibits** must be entered **at Kaplan High on Friday afternoon, March 16 (3:30-6:00 p.m.)** including CRD, Secretary & Reporter’s books. ***No books or exhibits will be accepted Saturday!!!!***
6. **All exhibits must be picked up by the 4-H’er on Achievement Day – March 17.** *Agents are not responsible for exhibits that are left.*
7. Any 4-H’ers defacing or destroying school property or opening student lockers will be disqualified from all contests.
8. ***Exhibits must have been made within the last year (since the previous Achievement Day).***

Guidelines for 4-H University Selection: (8-12<sup>th</sup> graders only)

1. You must qualify by taking part in the parish contest at Pre-Achievement Activities or Achievement Day.
2. Priorities will be given in order of placing in that contest.
3. If no one is eligible from those who participated in a particular contest, then contestants will be selected from those who have participated in Pre-Achievement Day or Achievement Day.
4. Some 4-H University events are open to 13 year olds and up and others are open to 14 year olds and up – agents have details.



<b>Exhibit Categories:</b> <i><b>Exhibits must have been made by the 4-H'er within the last year (since the previous Achievement Day)</b></i>	<b>4-5<sup>th</sup> grade</b>	<b>6<sup>th</sup> grade</b>	<b>7-8<sup>th</sup> grade</b>	<b>9-12<sup>th</sup> grade</b>
<b>Birdhouse</b> – Birdhouses judged by specifications in the forestry project book for specific birds (ie. Wrens, Martins, etc.). Pick up a handout at the 4-H office.	✓	✓	✓	✓
<b>Button</b> - Exhibit button sewn on square piece of fabric; use information from Discovering 4-H project book	✓			
<b>Child Development</b> - Exhibit any educational toy, must be made by 4-H'er.	✓	✓	✓	✓
<b>Clothing</b> – Garment or Outfit	✓	✓	✓	✓
<b>Clothing</b> – Sewing Craft (not a garment)	✓	✓	✓	✓
<b>Clothing</b> – Decorated t-shirt or sweatshirt	✓	✓	✓	✓
<b>Clothing</b> – Apron	✓	✓	✓	✓
<b>Electricity:</b> May exhibit <b>one</b> electrical project. All items must be in safe working condition.				
• Electricity - <i>Lamp</i>	✓	✓	✓	✓
• Electricity - <i>Extension Cord</i>	✓	✓	✓	✓
<b>Food Exhibits</b> – May exhibit <b>one</b> food exhibit (check grades).				
• Food Exhibit – <i>Cookies</i> : turn in 4 cookies, made from scratch and include recipe	✓			
• Food Exhibit – <i>Brownies</i> : turn in 4 brownies, made from scratch and include recipe	✓			
• Food Exhibit – <i>Favorite Food</i> : Entry may be main dish, vegetable dish, fruit dish, salad or snack. Recipe must be turned in with dish.		✓		
<b>Leaf Collection</b> - Exhibit at least (no less than) 10 different species of leaves on a poster.	✓			
<b>Forestry Collection</b> - Exhibit wood, leaf or fruit collection on posters. Collection must include at least (no less than) 10 different species of wood, leaves or fruit. More information may be picked up at the 4-H office.		✓	✓	✓
<b>Home Environment Categories:</b> Exhibit an item you made for your room or home from the following categories: ( <i>limit 3, only 1 per category</i> )				
• Art• Bulletin Board• Holiday Item• Jewelry• Needlework• Ceramics• Wallhanging• Scrapbook• Leatherwork• Any Other Item	✓	✓	✓	✓
<b>Insect Collection</b> - Follow directions in Insect Project book for size of box & mounting procedures. Collection must consist of at least (no less than) 10 insects.	✓	✓	✓	✓
<b>Management Exhibit:</b> May exhibit <b>one</b> of the following management items:				
• Storage Item-product to store items easily (shoe bag, drawer dividers, etc.)	✓	✓	✓	✓
• Kit-group of items to easily complete a task (shoe care, mending, house cleaning, etc.)	✓	✓	✓	✓
<b>Photography</b> - Exhibit 1 single photo (mounted or unmounted) of anything (scenery, people, etc.) Photo must be taken by 4-H'er.	✓	✓	✓	✓
<b>Woodworking</b> – consists of a wood product <b>BUILT</b> by the 4-H'er within the last 12 months. (Does not include ready-made wooden products that a member simply paints.)				
• <b>Woodworking – Large (over 12 inches)</b>	✓	✓	✓	✓
• <b>Woodworking – Small (under 12 inches)</b>	✓	✓	✓	✓
<b>Club Entries:</b> Each club may enter one of the following officer books for competition. The book will be entered into the age division of the officer who was responsible for the book.				
• <b>CRD Book</b> - Only for the CRD Chairman for each club (1 book per club). Exhibit the “CRD Activity Report Form” describing your club’s CRD activities from the book entitled Community Resource Development – A 4-H Guide.				
• <b>Reporter’s Scrapbook</b> - Only for the 4-H club reporter from each club. Exhibit a scrapbook or notebook of newspaper clippings that the reporter wrote and submitted to a local and/or school paper. Include the name of the newspaper and the date the article appeared. Include the 4-H Reporter’s record sheet from “4-H Reporters Handbook” No. 1 or No. 2.				
• <b>Secretary’s Book</b> - Only the 4-H secretary from each club. Exhibit the “Record Book for Secretary” or a similar book. Book should include a membership list and minutes of all regular and special 4-H club meetings.				

**4<sup>TH</sup> and 5<sup>TH</sup> Grade Tests – Written tests with scantron answer sheets. Test questions will be taken from the project books, which are listed below.**

• Discovering the World of 4-H	• Magic of Electricity	• Take the Bait (Sports-fishing)
• Exploring the World of 4-H	• Bicycle	• Under Construction (Sewing)
• More About You and Citizenship	• Teaming with Insects (Insects)	• Focus On Photography
• You and the Environment	• Lift-Off (Aerospace)	• Pet Pals
• See Them Sprout (Gardening)	• First Aid in Action (Health)	• Cooking 101 (Foods)
• Growing With Others (Child Development)	• Follow the Path (Forestry)	

**6-12<sup>th</sup> Grade Tests & Judging Contests.**

**Child Development** – Take a written test from project book and judge 2 classes of items related to child development.

**Citizenship** – Take a written test from project book.

**Clothing Consumer Judging** – Judge 2-3 classes of garments with 4 garments per class (skirts, shirts, accessories) & write one set of reasons.

**Consumer Decision Making** – Judge 2-3 classes of items and write one set of reasons. Classes may include, but are not limited to: cell phones, TV's, stereos, video game systems, etc.

**Consumer Foods Judging** – Judge 4 classes of food & food products with 4 items per class. Write one set of reasons.

**Dog Care/Vet Science** – Take a written test. Identify 15 AKC dog breeds from pictures. Possible breeds:

English Bull Dog	Beagle	Chow Chow
Greyhound	Boston Terrier	Cocker Spaniel
Irish Setter	Boxer	Collie
Pomeranian	Bull Terrier	Dalmation
Poodle	Chihuahua	Dachshund
Pug	Labrador Retriever	German Shepherd
Yorkshire Terrier	Great Dane	

**Foods & Nutrition** – Written test on basic principles of foods and nutrition from information found in project book.

**Forestry Identification** – Identify 20 La. trees from leaves, branches, pictures or dried specimens & take a written test from information in "Forestry & Woodworking" & "Forestry II" project book.

American Holly	River Birch	Cow Oak
Baldcypress	Green Ash	Water Oak
Black Cherry	Flowering Dogwood	Southern Red Oak
Eastern Red Cedar	Mockernut Hickory	Sweet Pecan
Hackberry	Sweetgum	Loblolly Pine
Black Willow	Sycamore	Slash Pine
American Elm	Red Maple	Yellow Poplar
Winged Elm	Southern Magnolia	Chinese Tallowtree
Red Mulberry	Live Oak	

**Horticulture Judging** – Take a multiple choice test from the LA Vegetable Planting Guide & judge class of horticulture products. Identify 30 specimens of branches, leaves, fruits, nuts, or seeds. Possible specimens to identify:

African Violet	Flowering Dogwood	Live Oak	River Birch
Almond, nut only	Indian Hawthorne	Magnolia	Rose
Globe Artichoke	Nandina	Maple	St. Augustine grass
Asparagus	Carpet grass	Onion	Snapbean
Azalea	Fig	Mustard	Strawberry
Bermuda grass	Gladiolus	Kale	Tomato
Blackberry	Grape	Kohlrabi	Viburnum
Boxwood	Grapefruit, fruit only	Endive	Persimmon
Cabbage	Holly	Orange, fruit only	Escarole
Camellia	Juniper	Pear	Liriope
Celery	Lemon, fruit only	Pecan	Monkey grass
Beet	Ligustrum	Periwinkle	Asiatic Jasmine
Cucumber	Lima Bean	Plum	
Eggplant	Lime, fruit only	Potato (Irish & Sweet)	

**Insect Identification** – Answer 10 questions from a golden guide to insects and identify 20 insects by their common name and tell if they are beneficial (B) or pests (P). Possible insects to identify:

Black carpenter ant (P)	Convergent ladybug (B)	Monarch butterfly (P)
Bumble bee (B)	Rice weevil (P)	German cockroach (P)
Honey bee (B)	Chinch bug (P)	Mole cricket (P)
Imported fire ant (P)	Rice stink bug (P)	Praying mantis (B)
Yellow jacket (P)	Green stink bug (P)	Grasshopper (P)
Deer fly (P)	Hog louse (P)	Field cricket (P)
Horn fly (P)	Earwig (P)	Chicken louse (P)
Horse fly (P)	Flea (P)	Leaf hopper (P)
House fly (P)	Silverfish (P)	Lace bug (P)
Tarnished plant bug (P)	Termite (P)	June bug (P)
Striped cucumber beetle (P)	Spotted cucumber beetle (P)	Paper wasp (B)
Colorado potato beetle (P)	Cabbage loop, adult (P)	
Black blister beetle (P)	Ground beetle (B)	
Assassin bug (B)	Mosquito (P)	

**Leadership** – Take a written test from project book.

**Meat Identification** – Identify 20 different retail cuts of beef, pork and lamb.

**Beef**

Rib Steak  
Rib Eye Steak  
Rib Eye Roast  
T-Bone Steak  
Porterhouse Steak  
Chuck Blade Steak  
Chuck 7-Bone Steak  
Round Steak  
Top Round Steak  
Bottom Round Steak  
Eye Round Steak  
Ground Beef  
Beef for Stew

**Pork**

Blade Chops  
Rib Chops  
Loin Chops  
Slab Bacon  
Sliced Bacon  
Ham Whole  
Sausage  
Pork Shoulder Arm Picnic  
Smoked Loin Chop  
Smoked Rib Chop  
Pork Center Slice  
Smoked Pork Center Slice  
Smoked Pork Jowl

**Lamb**

Shoulder Blade Chop  
Shoulder Arm Chop  
Neck Slices  
Loin Chops  
Rib Chops  
Loin Double Chops  
Leg Center Slice

**Variety Cuts (Beef, lamb)**

Heart  
Kidney  
Tongue  
Sweetbreads (Thymus)  
Liver

**Outdoor Skills** – Take a written test from project books.

**Photography** – Take a written test about photography from information in project book.

**Plant Science** – Contest will consist of seed identification; weed identification (study weed list in 7-9 grade agronomy book); written test from information in the agronomy project book.

**Wildlife Habitat** – Take a written test from project book.

**YELL CONTEST – PLEASE READ CAREFULLY!!**

1. Clubs participating in the contest must register at the table in the hallway outside of the gym **before** the opening assembly on Achievement Day, and turn in a copy of the yell.
2. Music is acceptable if leaders make their own arrangement. Props are acceptable.
3. Yell should not exceed 2 minutes.
4. Clubs will compete as schools. A first place trophy will be presented to the top club. Ribbons will be presented to all clubs that participate (1st - 5th; Gold, Silver and Bronze Ribbons).
5. All yells must be original (not used in previous years by any club).
6. *Clubs will receive points for participating or placing in the Yell Contest. Points for placing **or** participating will be added to your clubs' total points for the current year. Points will be awarded on the following scale:  
1<sup>st</sup>– 1,000 Club Pts•2<sup>nd</sup>– 800 Club Pts•3<sup>rd</sup>– 600 Club Pts•4<sup>th</sup>– 400 Club Pts•5<sup>th</sup>– 200 Club Pts• Participation – 150 Club Pts (**participation points will only be given if your club DOES NOT receive a 1<sup>st</sup>-5<sup>th</sup> placing**)*