



# THE LSU AGCENTER

provides food and nutrition education and outreach in the areas of basic nutrition, food safety, youth programs, farm-to-consumer markets and commercial food production. In each area, AgCenter associates, agents and specialists provide research-based programming to assure Louisianians receive the best information and training possible. **The numbers of individuals and companies served in the past fiscal year are shown below.**

## NUTRITION EDUCATION

- EFNEP – 1,728 adults
- SnapEd – 9,962 adults



## FOOD SAFETY

- Trained 450 individuals



## YOUTH PROGRAMS

- Reached 11,859 children and youth

PIZZA PARLOR



## FARM TO CONSUMER

- Served more than 200 producers and buyers

## COMMERCIAL FOOD PRODUCERS

- Served more than 200 individuals and companies
- Reached 54,000 students in 335 schools through Harvest of the Month
- Hosted 170 individuals at the Farm to School Conference



# AgCenter food and nutrition programs serve LOUISIANIANS IN SEVERAL AREAS

TEAR OUT



## Nutrition Education

The Expanded Food and Nutrition Education Program (EFNEP), celebrating its 50th anniversary, is a federal program to assist limited-resource audiences in acquiring the knowledge, skills, attitudes and behaviors necessary for nutritionally sound diets.

AgCenter associates and agents teach lessons on nutrition, diet and health, food buying, budgeting, food safety and gardening through SNAP-Ed (formerly food stamps).

Smart Choices is a community nutrition education program to help families improve their health.



## Food Safety

The AgCenter Food Safety and Microbiology lab helps food processors, laboratories and individuals in microbiological and safety issues related to their food products. The AgCenter also offers certification courses in sanitation control procedures for fish and fishery products, HACCP (hazard analysis and critical control point) training for basic seafood, reduced oxygen packaging, and meat and poultry processing.

The AgCenter also offers training programs in safe agricultural practices for growers and others in the produce industry.



## Youth Programs

The AgCenter provides youth nutrition instruction and training through a number of programs, including Teen Chef Camp and Back to School Chef Camp. The Expanded Food and Nutrition Education Program, EFNEP, provides nutrition instruction to enrolled youth. The Smart Choices for Youth community nutrition program serves children in grades five through eight. And the 4-H Food & Fitness Board provides opportunities for 4-H'ers to plan and conduct nutrition programs for their peers.



## Farm-to-Consumer

MarketReady training for food producers and other stakeholders helps food producers expand their market reach to individual consumers as well as schools. The training includes meet-the-buyer events, farm-to-school programs and Harvest of the Month activities. The Louisiana Farm to School program links schools with farmers to provide fresh, local fruits and vegetables to school cafeterias and promotes a Harvest of the Month selection to bring local foods into schools.



## Commercial Food Producer Support

The AgCenter Food Incubator has served 35 emerging companies to help them move their products from inspiration to the marketplace. The sensory lab provides opportunities for companies to gather product information through preference tests, acceptance tests and product comparison tests along with shelf-life testing and analytical product testing.

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