

# Caldwell Parish Quarterly Report



April, May, June 2017

## About the LSU AgCenter

The LSU AgCenter is dedicated to providing innovative research, information and education to improve people's lives. Working in a unique statewide network of parish extension offices, research stations and academic departments, the LSU AgCenter helps Louisiana citizens make the best use of natural resources, protect the environment, enhance agricultural enterprises and develop human and community resources.



## Program Highlights

### Agriculture and Natural Resources

County agent Jim McCann has been monitoring a corn variety test plot planted in cooperation with local producer Lelon Kenney. Recommendations are given for any insect, disease or weed issues that occur in the test plot.



Fifteen home gardeners were given pesticide and fungicide recommendations to assist with insect and disease control problems in their gardens.

Two absentee land owners received information on pine timber prices and harvesting recommendations for timber located on their properties.

Three beef cattle producers were given information on cattle prices and bull selection for their herds and received fertilizer and pesticide recommendations for their pastures.



Five Caldwell 4-H'ers participated in the Northeast District Horse Show competing in showmanship and speed events.

Thirty-eight youth attended the 4-H Fishing Clinic where they learned about outdoor safety and fish identification. Members also participated in the Most Fish Caught and Biggest Fish contests.

### 4-H Youth Development and Family Development

During April 4-H club meetings, approximately 378 youth participated in activities related to stress management and Yoga for Kids.

Seven Caldwell 4-H members competed in the State Ambassador Talk Contest held in Alexandria winning six blue ribbons and one red ribbon. Members qualified for the state contest by placing first in the Ambassador Talk contest held during 4-H Communication and Career Day. Caldwell 4-H members finished the 2016-2017 club year by participating in the annual Fishing Clinic held in April at a local pond.

## Caldwell Parish Extension Office

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### Programs

**4-H Youth and Family Development**  
Citizenship / Leadership  
Science, Engineering, and  
Technology (SET)  
Healthy Living  
Outdoor Skills  
Raising Animals

**Agriculture and Natural Resources (ANR)**  
Agricultural Crop Production  
Animal Production  
Environment / Watersheds  
Horticulture  
Lawns and Gardens  
Pest Management

**Family, Nutrition and Health**  
Let's Eat for the Health of It  
Smart Bodies  
Show Me Nutrition  
Healthy Beginnings  
Community Nutrition

Agents Jana Bennett and Jim McCann recognized and awarded numerous 4-H members and leaders during the annual 4-H Awards Night. Approximately 170 4-H members, parents and local officials were in attendance. Sixteen 4-Star members were recognized and rewarded with a trophy and \$25 cash prize for their active participation in the Caldwell 4-H program during the 2016-2017 school year. To be a 4-Star member, 4-H'ers have to participate in 10 of 18 4-H contests, submit a 4-H portfolio and present an illustrated talk or demonstration during a 4-H club meeting.

Fifteen Caldwell Parish Junior Leaders chaperoned and guided groups of 25 to 30 fourth grade students and their teachers to the different educational stations for Farm Safety Day held at the Community Center.

Seventy fourth, fifth and sixth grade 4-H'ers along with five junior counselors and agents Jana Bennett and Jim McCann attended 4-H Summer Camp at Camp Grant Walker in Pollock. During the week long camp, 4-H'ers from Caldwell, Jefferson, Orleans, Plaquemines, St. Bernard, Tangipahoa and Tensas parishes had the opportunity to participate in many fun activities with interactive lessons encouraging campers to explore and experiment in areas of food and fitness, general arts, outdoor adventures, wetlands, hunter safety, water safety and science, engineering and technology. A varied daily schedule encouraged campers to get out and get moving with hands-on learning, interactive games and a variety of sports.



Nearly 1,500 4-H'ers from across Louisiana participated in educational programs, won educational trips and selected new officers for the 2017-2018 school year during 4-H University. 4-H U consists of 37 competitive contests, 11 Clover College tracks, electing new state officers and regional representatives for the state 4-H executive board and selecting national conference delegates and members of six state leadership boards. Nearly 250 members attended Clover College tracks which are non-competitive and focus on education and exposing young people to campus life. 4-H U contests and programs are held across the LSU campus and give 4-H members a college-like experience. Fifteen Caldwell 4-H members in grades 8-12 along with two adult volunteers and agents Jana Bennett and Jim McCann attended 4-H University this summer. Erin Finley was a blue ribbon winner in Fishing Sports and Jackson McCann was a blue ribbon winner in ATV.



## SNAP-Ed

Twenty-seven WIC clients at the Caldwell Parish Health Unit learned about the benefits of being physically active with their children and how physical activity can help decrease chronic illness and obesity in young children through a program presented by nutrition educator Tammy Tarver. Adults and children also participated in a food demonstration and learned how to prepare a Frozen Berry Smoothie.

Twenty clients of the Council on Aging have learned how to "Eat Smart, Live Strong," a SNAP-Ed curriculum that teaches older adults to be physically active and encourages the consumption of more fruits and vegetables. Clients participated in simple physical activities they could do either sitting or standing and learned how to prepare simple dishes that incorporated more fruits and vegetables.

Nutrition educator Tammy Tarver presented nutrition lessons on building a healthy plate with nutritious foods and the different foods in the food groups to 74 girls attending the Lil' Spartan Cheer Camp. Participants in the 3-day camp also learned how to make healthy snacks including Crunchy Vegetable Wraps, Fruit and Nut Confetti and A Good Fruit Pizza and were given incentives to take home and share with their families.

Headquartered in Baton Rouge, the LSU AgCenter is a statewide campus of the LSU system and provides educational services in every parish and conducts research that contributes to the economic development of the state. The LSU AgCenter does not grant degrees nor benefit from student tuition and fee increases.

William B. Richardson, LSU Vice President for Agriculture, Louisiana State University Agricultural Center, Louisiana Agricultural Experiment Station, Louisiana Cooperative Extension Service, LSU College of Agriculture. The LSU AgCenter and LSU provide equal opportunities in programs and employment

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