



2013
VERMILION PARISH DEMONSTRATION DAY
SATURDAY, FEBRUARY 2, 2013
F.I.-E.B. ELEMENTARY SCHOOL
REGISTRATION -- 8:30 A.M.
CONTEST BEGINS -- 9:00 A.M.

Cooperative Extension Service
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Extension Programs
 Agriculture and Forestry
 Community Leadership
 Economic Development
 Environmental Sciences
 Family and Consumer Sciences
 4-H Youth Development
 Natural Resources

GENERAL RULES & REGULATIONS

- All boys and girls taking part in contest must be an enrolled 4-H club member.
- Competition will be in 4 divisions: 4-5th grade, 6th grade, 7-8th grade, 9-12th grade divisions. However, there are **no grade divisions for Beef and Seafood Cookery Contest.**
- All age and project requirements for the state contest will be observed to qualify senior parish winners for State 4-H University. An 8th grader (who was at least 13 years of age on December 31, 2012) is eligible to represent Vermilion at State 4-H University in Ag Products, Resource Management, Entomology, Soybean Illustrated Talk, Horticulture Demonstrations, General Public Speaking, Cooperative Public Speaking and 4-H Has Talent. His or her contest score will be compared with senior division winners to select the parish winner.

- 4th & 5th graders** can only enter the following: 4-H Has Talent, General Agriculture, Family & Consumer Science Demonstration, General Foods, and Any Other Subject Demonstrations, Horse Individual & Team Demonstrations, General Public Speaking, and Cooperative Public Speaking. Ribbon placings will be awarded: Blue, Red, and White Groups. **Club points are awarded as follows: blue ribbon, 150 pts.; red ribbon, 100 pts.; and white ribbon, 50 pts.**

They may also enter Beef and Seafood Cookery. In this contest, ribbons will be awarded for 1st - 5th place in each category.

6th-12th grade members may enter as many contests as he or she wishes. Club points are as follows.

6th, 7-8th, 9-12th Grades

Placing	Club Points for each person placing
1st	250
2nd	200
3rd	150
4th	100
5th	50

- There is no limit to the number of teams per club, but contestants may give only one demonstration per category. Team members do not have to be from the same school but must be in the same division to compete. A team or individual may enter the same demonstration in up to 3 categories.

Using Power Point at Demonstration Day

You may still use posters for your 4-H demonstrations. However, we are also allowing you to use power point presentations at Demonstration Day. If you decide to use power point, here are the things you need to know:

- You must save your presentation onto a jump drive and bring the jump drive with you to Demonstration Day.
- Our machines will be using either the 2007 or the 2010 version of power point, so your files must be compatible with either version in order for it to work correctly.
- Print a copy of your slides onto paper and bring that with you. In the event of technical difficulties, you would at least have a "hard copy" for the judges to see.
- When you register that day, please let us know that you have a power point instead of posters.

DEMONSTRATION CATEGORIES

4-H Has Talent (4-H University Qualifying Contest for 8-12th Grade)

- Open to all 4-H members regardless of project.
- May be individual or groups up to 8 members.
- Groups will be placed into the division of the oldest group member.
- Contestants must bring all equipment and supplies required for their performance.
- Maximum time limit per act is five (5) minutes.
- Acts may include vocal, dance, drama, instrument, etc.

AG PRODUCTS DEMONSTRATION (4-H University Qualifying Contest for 8-12th Grade)

1. Open to all 6-12th grade members.
2. 6th grade, team or individual; 7-8th and 9-12th, individuals only.
3. Present a demonstration preparing a dish using a Louisiana agriculture product (ex. – rice, beef, seafood, poultry) **NOT HORTICULTURE PRODUCTS**. Demonstration should include history of the product, types available, food value of product, cooking characteristics and product importance in our economy.
4. Time Limit:
 - a) 6th, 7-8th grade ---- 5-15 minutes
 - b) 9-12th grade ---- 10-15 minutes

ENTOMOLOGY DEMONSTRATION (4-H University Qualifying Contest for 8-12th Grade)

1. Open to all 6-12th grade members regardless of project(s).
2. 6th grade members may give a team or individual presentation. 7-8th; 9-12th grade members must give a team demonstration.
3. Any topic related to entomology (insects) may be demonstrated.
4. Time Limit:
 - a) 6th, 7-8th grade ---- 5-15 minutes
 - b) 9-12th grade ---- 10-15 minutes
5. Suggested topics:
 - a. Insect control(select one particular insect and demonstrate control of that one insect).
 - b. Environmental Protection
 - c. Pesticide Safety
 - d. Mounting Insects

ENVIRONMENTAL THREAT RESOLUTION (4-H University Qualifying Contest for 8-12th Grade)

1. Open to all 6-12th grade members regardless of project(s).
2. Teams only. A team consists of two individuals of either or both sexes.
3. Time limit: 10 – 15 minutes
4. Present and illustrated talk based upon research on the following topic: Aquatic Animals as Invasive Species.

FAMILY AND CONSUMER SCIENCE DEMONSTRATION (4-H University Qualifying Contest for 9-12th Grade)

1. Open to all club members regardless of project(s).
2. 4-5TH grade team or individual; 6th, 7-8th, and 9-12th - team only. A team consists of two individuals of either or both sexes.
3. Time Limit:
 - a) 4-5th, 6th, 7-8th grade ---- 5-15 minutes
 - b) 9-12th grade ---- 10-15 minutes
4. May be given on any topic which relates to family and consumer science, except food preparation demonstrations.

GENERAL AGRICULTURE DEMONSTRATION (4-H University Qualifying Contest for 9-12th Grade)

1. Open to all club members regardless of project(s).
2. 4-5TH grade team or individual; 6th, 7-8th, and 9-12th - team only. A team consists of two individuals of either or both sexes.
3. Time Limit:
 - a) 4-5th, 6th, 7-8th grade ---- 5-15 minutes
 - b) 9-12th grade ---- 10-15 minutes
4. Team may choose any topic which relates to some phase of agriculture. (Examples: animal health and/or care, grooming, equipment use)

GENERAL FOODS DEMONSTRATION

1. Open to 4th, 5th, 6th, 7-8th grade members regardless of project(s).
2. Team or individual demonstration.
3. Present a demonstration preparing any food dish. Demonstration should include history of the food, types available, food value, and cooking characteristics.
4. Time Limit: 5-15 minutes
5. Seniors (9-12th) cannot compete in this category.
6. Demonstration cannot be given in another category.

HORSE CONTESTS:

Any 4-H member is eligible to compete in Horse Contests regardless of project(s) enrolled in. Divisions will be 4-5th, 6th, 7-8th & 9-12th.

HORSE TEAM DEMONSTRATION CONTEST

1. May be a demonstration or illustrated talk.
2. Teams only. A team consists of two individuals or either or both sexes.
3. Subject must pertain to the horse industry.
4. Time Limit: 6-12 minutes (Points will be subtracted for excessive time. One point will be deducted from each judge's score card for each of minute overtime.)
5. Live animals may be used.
6. Judges may ask questions after demonstrations. Question time will not be counted in the allotted time.

HORSE INDIVIDUAL DEMONSTRATION CONTEST

Same rules for Team Contest, but only one member presents demonstration.

HORSE PUBLIC SPEAKING CONTEST

1. Subject must pertain to the horse industry.
2. Five to ten minutes will be allowed each speaker, with points subtracted for excessive time. One point will be deducted from each judge's score card for each minute of overtime.
3. Contestants may use notes. Excessive use of notes may be counted against the contestant at the discretion of the judges.
4. Judges may ask questions concerning the material.

HORTICULTURE DEMONSTRATIONS

(4-H University Qualifying Contest for 8-12th Grade)

1. Open to all 6-12th grade members regardless of project(s).
2. 6th, 7-8th, 9-12th graders: can be a team of two (2 boys, 2 girls, or a boy and a girl) or an individual.
3. Time Limit:
 - a) 6th, 7-8th grades --- 5-15 minutes
 - b) 9-12th grade --- 10-15 minutes
4. Demonstrations can be in either Horticulture General or Horticulture Use:
 - A) **Horticulture General** -- to include any or all of the four areas of production, marketing, artistic arrangements and/or landscaping.
 1. **Production** -- Any practice that has to do with growing and developing ornamentals, or turf; or growing, developing or maintaining vegetables, fruits, or terrariums.
 2. **Marketing** -- Operations in preparing and exhibiting vegetables, fruits, nuts, flowers and ornamentals for (1) market, (2) offering for sale to a buyer, or (3) for commercial storage.
Suggested topics for Production & Marketing:
 - a. fertilizing the home lawn
 - b. grafting citrus trees
 - c. pruning fruit trees
 - d. potting plants
 - e. selling plants for profit
 3. **Artistic Arrangement** -- Demonstration of techniques and principles involved in the artistic arrangement of flowers and/or other horticultural materials. Basically, this should be a demonstration to teach or demonstrate a principle involved in the art of flower arranging. Artificial flowers may not be used. Dried plant material may be used.
Suggested topics: Making some type of arrangement using horticultural products of your choice.
 4. **Landscaping** -- Any practice that has to do with arrangement, establishment and or maintenance of developed ornamental plants and turf around or within a home, business, or public grounds (growing or developing materials should be in production).
Suggested topics:
 - a. planting for shade and sun
 - b. landscaping to attract birds
 - c. fruit trees in the landscape
 - d. how to prune trees and bushes
 - e. how to fertilize shade trees
 - f. disease prevention
 - g. how to control insects in the landscape
 - B) **Horticulture Use**
 1. Must relate to use of horticultural crops.
 2. Suggested topics: Preparation of any food using fruits, vegetables, nuts, etc., for table uses, cooked or raw or for canning, freezing, or dehydration.

PUBLIC SPEAKING: GENERAL (4-H University Qualifying Contest for 8-12th Grade)

1. Open to all members regardless of project.
2. Divisions: 4-5th, 6th, 7-8th, and 9-12th
3. Contestants may speak on any subject except Cooperatives, as this is the subject for another contest.
4. Notes and visuals may be used if desired, but speeches should not be read.
5. Time Limits:
 - a) 4-5th, 6th, 7-8th grade ---- 3-5 minutes
 - b) 9-12th grade ---- 5-7 minutes

PUBLIC SPEAKING: COOPERATIVE (COOP) (4-H University Qualifying Contest for 8-12th Grade)

1. Open to all members regardless of project.
2. Divisions: 4-5th, 6th, 7-8th, and 9-12th
3. Contestants may speak on cooperatives -- farmer, electric, or other cooperatives can be your subject. Information on cooperatives can be obtained from the 4-H Office.
4. Notes and visuals may be used if desired, but speeches should not be read.
5. Time Limits:
 - a) 4-5th, 6th, 7-8th grade ---- 3-5 minutes
 - b) 9-12th grade ---- 5-7 minutes

RESOURCE MANAGEMENT (4-H University Qualifying Contest for 8-12th Grade)

1. Open to all 6-12th grade members regardless of project(s).
2. 6th; 7-8th; 9-12th graders must give an individual presentation.
3. Illustrated Talk (just posters and speech) on Resource Management and respond to questions from judges.
4. Time Limit:
 - a) 6th, 7-8th grade ---- 5-15 minutes
 - b) 9-12th grade ---- 10-15 minutes
5. Suggested topics – Present an illustrated talk on some aspect of electric energy, such as energy conservation, the benefits of electricity, alternative sources of electricity, maintenance and repair of electrical systems, new technology, or careers in electric energy management, conservation of any of the state's natural resources, such as soil, water, energy, air, forests, wetlands, etc.

SOYBEAN ILLUSTRATED TALK (4-H University Qualifying Contest for 8-12th Grade)

1. Open to all 6-12th grade club members regardless of project(s).
2. Individuals only.
3. Time Limit: 5-8 minutes
4. Present an illustrated talk (posters/visuals only - **not a demonstration**) about the soybean industry. It is suggested that the presentation be on some specific phase of the soybean industry. Present a demonstration on such topics as: Disease control, nutrition importance, harvesting, weed control, marketing, use of soybeans, etc.

ANY OTHER SUBJECT

A demonstration that does not fit in any of the above listed categories will be placed in the Any Other Subject category.

1. Open to all 4-5th, 6th, 7-8th & 9-12th grade club members regardless of project(s)
2. Individual or team demonstration. A team consists of two individuals of either or both sexes.
3. Time Limit:
 - a) 4th, 5th, 6th & 7-8th grade ---- 5-15 minutes
 - b) 9-12th grade ---- 10-15 minutes
4. Demonstration cannot be given in another category.

REMEMBER: All demonstrations, except Any Other Subject, are 4-H University qualifying, however, 8th graders are NOT eligible to compete in all contests at 4-H University. See above list for 8th grade qualifying contests.

SEAFOOD AMBASSADOR CONTEST (Illustrated Talk) – Division Winners will compete at State Ambassador Contest

Seafood Division I – (Grades 4-6)

1. Contestant designs standard poster 22" X 28" relating to one of five categories [(1) production, (2) food preparation and nutritive value, (3) food safety, (4) processing, (5) marketing].
2. Presents a 2-3 minute explanation of poster subject. (Only one poster is allowed; no table top displays are allowed)
3. Responds to questions from judges.
4. No cooking or preparation of a dish is required for this division.
5. Costumes based on a theme are acceptable.

Seafood Division II – (Grades 7-9)

1. Contestant designs standard poster 22" X 28" relating to one of five categories [(1) production, (2) food preparation and nutritive value, (3) food safety, (4) processing, (5) marketing].
2. Prepare an essay not to exceed 500 words or 3 typed pages, (12-14 spaces per inch) double spaced, about the selected subject.
3. Presents a 2-3 minute explanation of subject. (Only one poster is allowed; no table top displays are allowed)
4. Responds to questions from judges.
5. No cooking or preparation of a dish is required for this division.
6. Costumes based on a theme are acceptable.

Seafood Division III – (Grades 10-12)

These contestants must present an Illustrated Talk with the following considerations:

1. The illustrated talk should concern seafood (should NOT be a demonstration). Information for the talk can be taken from reliable sources.
2. The presentation should be 5-8 minutes in length. Points will be deducted for any length under 5 minutes or over 8 minutes. Additional time will be allowed for set-up and removal of posters.
3. Only posters are allowed for the Illustrated Talk (no table top displays are allowed). Power point or computer generated presentations are not allowed. (Costumes based on theme are acceptable).
4. One table and one easel will be provided.
5. No cooking or preparation of a dish will be required for this division.

POULTRY AMBASSADOR CONTEST– (Chicken & Turkey) ILLUSTRATED TALK– Division Winners will compete at State Ambassador Contest

Poultry (Chicken and Turkey) Division I – (Grades 4-6)

1. Contestant designs standard poster 22" X 28" relating to one of five categories [(1) production, (2) food preparation and nutritive value, (3) food safety, (4) processing, (5) marketing].
2. Presents a 2-3 minute explanation of poster subject. (Only one poster is allowed; no table top displays are allowed)
3. Responds to questions from judges.
4. No cooking or preparation of a dish is required for this division.
5. Costumes based on a theme are acceptable.

Poultry (Chicken and Turkey) Division II – (Grades 7-9)

1. Contestant designs standard poster 22" X 28" relating to one of five categories [(1) production, (2) food preparation and nutritive value, (3) food safety, (4) processing, (5) marketing].
2. Prepares an essay not to exceed 500 words or 3 typed pages, (12-14 spaces per inch) double spaced, about the selected subject.
3. Presents a 2-3 minute explanation of subject. (Only one poster is allowed; no table top displays are allowed)
4. Responds to questions from judges.
5. No cooking or preparation of a dish is required for this division.
6. Costumes based on a theme are acceptable.

Poultry (Chicken and Turkey) Division III – (Grades 10-12)

These contestants must present an Illustrated Talk with the following considerations:

1. The Illustrated Talk should concern chicken or turkey (depending on the contest the 4-H'er is competing in). Information for the talk can be taken from the Poultry Fact Sheet and other reliable sources.
2. The presentation should be 5-8 minutes in length. Points will be deducted from any length under 5 minutes or over 8 minutes. Additional time will be allowed for set-up and removal of posters.
3. Only posters are allowed for the Illustrated Talk (no table top displays are allowed). Power point or computer generated presentations are not allowed. (Costumes based on theme are acceptable).
4. One table and one easel will be provided.
5. No cooking or preparation of a dish will be required for this division.

EGG AMBASSADOR CONTEST – ILLUSTRATED TALK– Division Winners will compete at State Ambassador Contest

Egg Division I – (Grades 4-6)

1. Contestant designs standard poster 22" X 28" relating to one of five categories [(1) production, (2) food preparation and nutritive value, (3) food safety, (4) processing, (5) marketing].
2. Presents a 2-3 minute explanation of poster subject. (Only one poster is allowed; no table top displays are allowed)
3. Responds to questions from judges.
4. No cooking or preparation of a dish is required for this division.
5. Costumes based on a theme are acceptable.

Egg Division II – (Grades 7-9)

1. Contestant designs standard poster 22" X 28" relating to one of five categories [(1) production, (2) food preparation and nutritive value, (3) food safety, (4) processing, (5) marketing].
2. Prepares an essay not to exceed 500 words or 3 typed pages, (12-14 spaces per inch) double spaced, about the selected subject.
3. Presents a 2-3 minute explanation of subject. (Only one poster is allowed; no table top displays are allowed)
4. Responds to questions from judges.
5. No cooking or preparation of a dish is required for this division.
6. Costumes based on a theme are acceptable.

Egg Division III – (Grades 10-12)

These contestants must present an Illustrated Talk with the following considerations:

1. The illustrated talk should concern eggs. Information for the talk can be taken from reliable sources.
2. The presentation should be 5-8 minutes in length. Points will be deducted for any length under 5 minutes or over 8 minutes. Additional time will be allowed for set-up and removal of posters.
3. Only posters are allowed for the Illustrated Talk (no table top displays are allowed). Power point or computer generated presentations are not allowed. (Costumes based on theme are acceptable).
4. One table and easel will be provided for the illustrated presentation.

Youth Safe Driving Campaign
Brought to you by Farm Bureau Insurance
Real Service, Real People.



Contest Description: This contest is for teams of two (2) or three (3) members. Contestants will present a 5 – 7 minute presentation using format or audio visuals of choice on the topic of safe driving. Safe Driving topics include, but are not limited to: distracted driving (texting); drinking; wreckless; sleepy; road rage. The emphasis will be on young drivers, influencing other young drivers.

Justification for Contest:

YOU are influential! You can and should use that influence to impact lives. Perhaps save lives. That's **real service**. Your peers; other young people; other young people who have died tragically are **real people**. Addressing and hopefully changing bad driving habits will save lives and eliminate much heartache. Who knows, it may even save your parents some money. Maybe the message is lost....Too many commercials – too many billboards. Maybe it's time to just talk. **Real service, real people.**

Contest Divisions:

- **9-12th Grade (High School)**
- **7th-8th Grade (Jr. High)**

High School Awards: **\$500** for winning team
 \$250 for 1st alternate team
 \$125 for 2nd alternate team

Jr. High Awards: 1st Place Ribbon for winning team
 2nd Place Ribbon for 1st alternate team
 3rd Place Ribbon for 2nd alternate team

Sponsor: Your local Farm Bureau Insurance Agents

Rules:

- The contest is open to teams of two (2) or three (3) individuals. *For High School teams, at least one team member must have a driver's permit or driver's license.*
- The contest goal is to develop the following life skills in teens: problem solving, decision making, teamwork, communication, cooperation, planning, organizing, critical thinking, contribution to group effort, and presentation skills.
- Teams will be expected to utilize research to put together pertinent information to convince their peers of the importance of safe driving and to influence others to do so.
- A minimum of three (3) references should be used.
- Teams will assemble this information into a logical format to **present** this information in presentation format of their choice. Format can include but is not limited to: power point, video, music, skit, posters, speech, etc.
- Contestants will have to construct a brief, **one page flyer** detailing the main points of the presentation.
- Each team will present their presentation and submit their flyer to a panel of judges with a time limit of 5 to 7 minutes.
- If teams register in advance (by January 24, 2013), they will be given a \$50 budget to purchase material or promotional items to support their presentation. To receive start-up money, teams should turn in a brief outline of their ideas for their project. A brief accounting (example attached) will be turned in on presentation day to the judges.
- Teams may also register on the morning of the event, but will forgo the opportunity to get the \$50 startup money.
- Teams will seek a viable format to present their presentation to their school's student body (or representative group).
- The winning team will be asked to travel to other area high schools (and perhaps civic groups) to repeat their winning presentation.
- NOTE: Please be respectful if using actual tragic cases for relevance.

Presentations will be made to panel of judges at the 4-H Demonstration Day scheduled for Saturday, February 2, 2013 at FIEB Elementary School.

Judging Criteria:	Flyer	50 points
	Presentation	100 points
	Total	150 points

Note: Tie breaker will be determined by the highest oral presentation score.

BEEF AND SEAFOOD COOKERY CONTEST

Our annual Beef and Seafood Cookery Contest will be held in conjunction with Demonstration Day on Saturday, February 2, 2013, at F.I.-E.B. Elementary School. All participants must bring their prepared dishes with the recipe between 8:30 and 9:00 a.m. All dishes should be prepared and chilled to refrigerator temperature and transported on ice, in an ice chest. This rule is for food safety purposes and applies to **ALL** dishes (***even dishes that are not normally refrigerated!!!!***). Dishes not chilled and transported in this manner will be disqualified. If a dish should be eaten hot, please indicate that fact on the recipe and judges will heat food before tasting. Recipes must be turned in with the dish and include amount of ingredients, steps in preparation, and the number of servings. Child's name and school should be written on the back of the recipe.

The cookery contests are open to all club members regardless of grade or project. All grades will compete together and 1st through 5th place will be awarded ribbons in each category. The winner in each category will be eligible to participate in the District Contest in the spring. A list of categories follows.

GROUND BEEF

Note: For each category, a minimum of one (1) pound of **GROUND BEEF** must be used. The entire dish must be exhibited at the contest.

1. **Low Calorie Main Dish** — The dish should have less than 300 calories per serving. Please indicate calories per serving on recipe.
2. **Quick & Easy Main Dish** — The dish should be ready to serve in less than one (1) hour. The time for each step and for cooking or baking must be written on the recipe.
3. **One Dish Meal** — The dish should provide foods from at least three of the five main food groups of the Food Guide Pyramid. Write food groups on the recipe. Food groups include: bread, vegetable, fruit, meat and milk.

SEAFOOD

All dishes must use at least one cup of **LOUISIANA** seafood. The seafood must be fresh, pasteurized or dried. Canned seafood is not acceptable. There can be **no raw seafood in the final dish!** Categories are as follows:

1. Oyster
2. Crab
3. Shrimp
4. Fish or Other Seafood
5. Crawfish