One day Cindy arrived at school to discover the class was taking a field trip.

“We are going to walk to the police station today to talk to Officer Smith. Before we go, we must remember three things,” said the teacher.

“First, we must always look both ways before crossing the street to make sure there are no cars or bicycles coming. Second, we must always hold an adult’s hand when crossing the street. Third, we must listen to the adults and follow directions.”
Cindy was excited about taking the field trip. She had never seen a police station. The class headed out and prepared to cross the street. Bobby started to walk into the street without looking both ways, but Cindy didn’t. She remembered the rules: to look both ways and hold an adult’s hand. After they crossed the street, some of the children started to run ahead, but Cindy didn’t. She heard the teacher say, “Stay with the group,” so she stayed with the group.

Officer Smith told the class that being a good citizen meant following the rules and listening to adults we know, like teachers, moms and dads, and police officers.
Officer Smith also said that being a good citizen means making our city a nice place to live. She said they could do this by not littering. Before they left, Cindy got to sit in the police car and Officer Smith sounded the siren. It was very loud!

On the way home, Cindy thought about being a good citizen. She already knew that she should follow the rules and listen to adults. Now she was going to practice keeping her city clean.

Cindy saw a sheet of newspaper on the ground as she walked back. She remembered that Officer Smith said to pick up trash, so she picked it up and placed it in the trash can. Later, she saw a soda can on the ground, and she picked that up, too.
It is hard work picking up all this trash, thought Cindy. I must never throw trash on the ground again. Then there will be less trash to pick up.

That night when she got home, she told her mom all about Officer Smith and getting in the police car.

Then she said: “Mom, I am going to be a good citizen every day. I am going to try to follow the rules, listen to adults and keep my city clean.” And Cindy did.
Meet Cindy. She likes to be a good citizen. Every day she tries:

- To cooperate.
- To obey rules.
- To respect people in charge.
- Not to litter.