



LSU Agricultural Center



Holiday Wreath Decorating Contest

Residents of area nursing homes will once again enjoy the wreaths made by parish 4-H members for the 4-H Holiday Wreath Decorating Contest.

As a community service project, parish 4-H clubs are encouraged to participate in this activity by submitting **ONE** decorated holiday wreath made by a 4-H member or committee of 4-H members.

Follow these guidelines for this annual activity:

1. Wreaths must be made by 4-H members.
2. Only 1 wreath per school may be entered for judging. There are no school divisions for this contest.

3. Foam rings or wire frames may be used as foundations to decorate the wreath. All other decorations must be natural, recycled or homemade.

4. Fresh flowers, berries, food, candy, glass or other dangerous decorations should not be used on the wreath. Wreaths with these types of decorations will not be judged and will not be donated.

5. Fresh green plant materials may be used. If these materials are not fresh and leaves are falling off stems, the wreath will not be judged or donated to the nursing home.

6. Wreath size should be 12-20 inches.

7. The school name, "4-H", and the 4-H clover should be located on the front of the wreath.

8. Wreaths will be judged on creativity, neatness in construction and above guidelines.

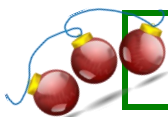
9. Awards are:

1st place - \$20.00

2nd place - \$15.00

3rd place - \$10.00

10. Wreaths must be brought to the 4-H office (511 Roussell Street) by Friday, December 2, 2011, no later than 4:30 p.m.



Christmas Ornament Contest



Let's Decorate a tree for a local nursing home. We are asking Terrebonne Parish 4-H Members to be creative and enter the Christmas Ornament Contest.

Rules:

1. Must be handmade by the 4-H member – no store bought ornaments.
2. Must have the 4-H Clover on the ornament.
3. Ornament must not be larger than 6X6.

It can be what ever shape you like.

4. Your name, school name and grade should be attached to the ornament with a gift tag.
5. Ribbons will be awarded to the 1st, 2nd, and 3rd place in elementary, middle, and high school divisions.
6. Ornaments are due to the 4-H Office (511 Roussell Street) by Friday, December 2, 2011, no later than 4:30 p.m.

November

November 5

Poultry and Egg Cookery

November 10

Fashion Workshop

November 12

LSU/4-H Game and Tailgate

November 17-19

Challenge Camp

November 21

Record Book Workshop

November 22

Fashion Workshop

November 25-26

4-H Office Closed
Happy Thanksgiving



November 29

Junior Leader Meeting

December 3

Beef and Sugar Cookery

December 3

Louisiana 4-H Day of Service



BEEF AND SUGAR COOKERY

Saturday,
December 3, 2011
Bourg Elementary
School
4413 St. Andrew Street
Bourg, LA
Registration:
9:30—10:30 a.m.
Judging:
10:30-12:00 noon
Educational
Workshops
10:30—12:00
Awards:
12:00 noon

COMMUNITY SERVICE

Please bring in items to donate to the Animal Shelter/ My Hearts Desire. Please bring in any of the following items to the cookery on December 3:

- Gift cards from Petsmart, Petco, or Walmart
- Old towels
- Plastic and wire pet carriers (All sizes, preferably Large)
- Canned Science Diet for dogs and cats
- Heavy duty garden hoses (50' and 75')
- Hose Nozzles
- Dog and Cat treats (preferably Milk Bones for dogs)
- Dog and Cat Shampoo
- Puppy and Kitten Shampoo
- Tarps (10'x20')
- Blow dryer



Please help us promote our Poultry and Egg Commodities by participating in the 4-H Poultry and Egg Cookery.

Ground Beef Cookery

1. At least 1 pound of ground beef must be used in the preparation of the recipe. All ground beef should be cooked until gray in color, not pink and juices run clear.

2. Three Divisions:

***Low Calorie Main Dish** – A dish that provides less than 300 calories per serving. Calories per serving should be stated on the recipe.

***Quick and Easy Main Dish** – A dish that is prepared and served in less than 1 hour.

***One Dish Meal**– A dish that provides ingredients from at least 3 of the 5 main food groups.



Sugar Cookery Guidelines

Categories:

Cakes, Cookies, Candy, Pies, Brownies, Cupcakes and other Sugar Dish.

Guidelines:

1. Any 4-H member may participate.

2. Prepare a food category using at least ½ cup of sugar in the dish. *Types of sugar which may be used include: white, brown, or powdered. Splenda is not considered sugar for this contest.

The following Categories from the Sugar cookery do not compete at the Area Commodity Cookery: **Brownies, Cupcakes and other Sugar Dish.**

Registration of Dish:

To properly enter your dish, place no more than 4 servings of your prepared recipe in 1 **SMALL** covered container. Containers must be picked-up after awards have been given. Place name under the dish/ container. Bring 1 copy of

the recipe. Please write your name and school name on the back of the recipe. The recipe should include a complete list of ingredients in the order which they are used in the recipe. Provide clear instructions for every step of combining and cooking the ingredients, which include cooking procedures, the size of the pot or pan, temperature and cooking time and number of servings.

Transport serving samples in an ice chest and on ice to keep them cold. Samples of the dish will be reheated for judging if needed. **Dishes not entered cold/chilled will be given a participation ribbon and will not be tasted by judges.** Food safety is important.

The prepared food samples will be judged on taste, appearance, originality and food safety.

BE THE CHANGE



leaving our mark on Louisiana

Hands to Larger Service is one of our adages in 4-H! On **December 3**, Louisiana 4-H will celebrate the first annual 4-H Day of Service to prove that one day can make a difference in the life of an individual, a community and a state. Join Terrebonne Parish 4-H at Bourg Elementary School for the educational Workshop session to complete the parish community service activity.

State Award Applications

4-H members meeting basic requirements below may apply for two state 4-H awards.. 4-H members in 7th – 12th grades can get applications at the 4-H office or on our 4-H website. Completed applications are due to the 4-H office by January 6, 2012.

LA 4-H Foundation Award of Excellence

- *Must be under 14 years of age by January 1st of the club year application is submitted
- *Must have at least 2 years 4-H club work
- *Must score at least 100 points on application and score card
- *Award can only be received one time

LA Key Club Award

- *Must be at least 16 years of age by January 1 of the year application is submitted
- *Must have at least 3 years 4-H club work
- *Must have completed one year of active Junior Leadership work excluding award year
- *Must score at least 140 points on application and score card



RECORD BOOK WORKSHOP

There will be a 4-H Record Book workshop on **Monday, November 21, 2011 from 9:30 a.m.—11:30 a.m.** at the 4-H office located at 511 Roussell Street, Houma. Please register by calling the 4-H office at 873-6495 by November 16, 2011, if you are interested.

Supplies needed for the workshop:

- ◆ Pencil
- ◆ Project book
- ◆ Portfolio
- ◆ Pictures of 4-H work/contest
- ◆ Ribbons/certificates
- ◆ Binder or folder
- ◆ Any other supplies you think would help you complete your 4-H Record Book



WILD



about 4-H!

Is the theme for the 2011-2012
4-H Achievement Day

Submitted by

Jordan Authement – Lacache Middle School

Catherine Use' – HL Bourgeois

Congratulations!!!!



Achievement Day will be held April 28, 2012.
Additional information will be given at a later date.
Thanks to all who participated in the Achievement Day theme contest.



Make the Best Better

Cherie Roger & Ashly Pitre
Terrebonne Parish
4-H Youth Development

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Research and Extension Programs
Agriculture
Economic/Community Development
Environment/Natural Resources
Families/Nutrition/Health
4-H Youth Programs



4-H Top Chef's:

Clover Thanks to CALDWELL Middle School for hosting the Seafood Cookery! October 8, 2011, 4-H members from Terrebonne 4-H participated in the Seafood Cookery and ended the celebration of National 4-H Week. Thanks to all participants for making this event a huge success! Not only did 4-H members participate in the cookery contest, but they were also able to attend fun educational workshops, presented by our Junior 4-H members. Thanks to Peyton Beattie, Catherine Use, and Sarah Use' for their leadership with these workshops.

Congratulations to the following "Top Chef's" (Grand Champion Winners) from the Seafood Cookery: Shrimp Main Dish— Grace Crain; St. Bernadette, Shrimp Appetizer or Salad—Alexandra Richard; Maria Immacolata, Crab—Rob Bourgeois; St. Francis, Oyster—Elizabeth Billiot; Caldwell, Fish and Other—Claire Use'; Caldwell Middle, Crawfish— Camryn Crosby; St. Matthew's

Great Job to All!



Become a member of the BEST Leadership Club.

This club is for 7th—12th grade 4-H members.

Come find out more!

Tuesday, November 29, 2011, 6:00 p.m.—
7:30 p.m.

Where: Terrebonne Parish Main Parish
Library—near the Civic Center

NATIONAL 4-H WEEK IN REVIEW:

It was AMAZING to see schools, leaders, and 4-H members "Join the Revolution of Responsibility", October 2-8, 2011; showing support and pride for the 4-H Program.

A MILLION CLOVER Thanks to those 4-H members who participated in the clover hunt—we hope you had a clover of a time! Thanks to all 4-H Junior Leaders and Parents who helped out!!

National 4-H Week Displays just keep getting better and harder to judge. All 4-H clubs who participated worked well to show the parish their 4-H Pride— AWESOME job to all clubs who participated!

The winner are as follows:

- 1st – Caldwell Middle**
- 2nd – Lacache Middle**
- 3rd – H.L. Bourgeois**

Honorable Mention : e-learning and Houma Christian

Thanks to the following schools for participating in the National 4-H Week Display Contest:

Mulberry Elementary, Vanderbilt Catholic High School, HL Bourgeois High School, St. Gregory, St. Matthew's, Maria Immacolata, Greenwood Middle, e-learning, Bourg Elementary, Houma Christian, Caldwell Middle, Dularge Elementary Cloverbuds, Gibson Elementary, and Lacache.

