

August 27, 2009

Dear 4-H Leader,

Thank you for agreeing to serve as a 4-H Leader at your school for the 2009-2010 school year. We are very excited about beginning a new school year.

New enrollment cards, which each potential 4-H member will be given, will help to further explain the 4-H Program to them, as well as, their parents. Students are to complete their enrollment card and return it to you. This year we are also asking that the members complete a Code of Conduct as well. Once you receive all of the enrollment cards & Code of Conducts from your potential 4-H members, we will collect them from you. Please make sure they are stapled together. We will bring you the needed project books at your next 4-H Club Meeting.

All enrollment cards must be turned into the Livingston Parish 4-H Office by October 30, 2009. This is necessary so we can supply the State 4-H Office with a list of 4-H Members from Livingston Parish by the deadline. Once we receive all the enrollment cards we will provide you with an Enrollment Summary of the members of your 4-H Club for the 2009-2010 school year. The Livingston Parish 4-H Office must be notified of any additions or deletions in membership made after October 30, 2009. This is necessary so we can make the changes in our membership database.

Livingston Parish dues are \$5.00, but you may want to add an extra amount for your club expenses. The deadline for submitting dues to the Livingston Parish 4-H Office is November 2, 2009. Please make checks payable to the Livingston Parish 4-H Foundation.

Four-H Clubs maintain an open membership and excludes no person from membership because of race, religion, or national origin.

We are looking forward to a successful 2009-2010 club year. If you have any questions, please contact the Livingston Parish 4-H Office at 686-3020 or P.O. Box 158, Livingston, LA 70754.

Sincerely,

Christy Sorenson  
Associate Extension Agent  
Livingston Parish

Bobby Bingham  
Assistant Extension Agent  
Livingston Parish

Livingston Parish 4-H Office  
P.O. Box 158  
Livingston, LA 70754

(225)-686-3020  
(225)-686-3019 (fax)

Office Hours:  
Monday-Friday  
7:30 a.m. to 4:00 p.m.  
(Closed for lunch from 12:00-12:30)

Bobby Bingham  
[bbingham@agcenter.lsu.edu](mailto:bbingham@agcenter.lsu.edu)

Christy Sorenson  
[csorenson@agcenter.lsu.edu](mailto:csorenson@agcenter.lsu.edu)



## Livingston Parish 4-H Leader Information Sheet

Leader's Name: \_\_\_\_\_

School: \_\_\_\_\_

School Address: \_\_\_\_\_

\_\_\_\_\_

Home Address: \_\_\_\_\_

\_\_\_\_\_

School E-mail Address: \_\_\_\_\_

Summer E-mail Address: \_\_\_\_\_

School Phone Number: \_\_\_\_\_

Home Phone Number: \_\_\_\_\_

Number of Years as a 4-H Leader \_\_\_\_\_

Birthday (month/day) \_\_\_\_\_

**\*Please Return to 4-H Office by September 11, 2009!**



Return by November 6, 2009 to:  
**Livingston Parish 4-H Office**  
**P.O. Box 158**  
**Livingston, LA 70754**

**OFFICERS**

Year 2009-2010 Club \_\_\_\_\_

**President** Name \_\_\_\_\_

Address \_\_\_\_\_

**Vice-President** Name \_\_\_\_\_

Address \_\_\_\_\_

**Secretary** Name \_\_\_\_\_

Address \_\_\_\_\_

**Treasurer** Name \_\_\_\_\_

Address \_\_\_\_\_

**News Reporter** Name \_\_\_\_\_

Address \_\_\_\_\_

**Program Chairman** Name \_\_\_\_\_

Address \_\_\_\_\_

**C.R.D. Chairman** Name \_\_\_\_\_

Address \_\_\_\_\_

**Local Leaders** Name \_\_\_\_\_

E-mail Address \_\_\_\_\_

Name \_\_\_\_\_

E-mail Address \_\_\_\_\_

NOTE: Clubs may not elect all Officers.

## 4-H Leader Responsibilities

Now that you are a 4-H organizational leader, you are probably wondering “what do I do first?”. 4-H covers many subjects and activities so it can at first seem overwhelming. Don't panic! You know how to eat an elephant; start with one bite. This leader book has a world of information for you but here we will list some of the things an organizational leader will do to have a successful, meaningful club for the members.

- Help with enrollment. Collect enrollment cards and dues and return them to the 4-H office.
- Help select 4-H Club officers. Either hold elections or discuss the officer selection process with your principal.
- Meet with officers a few days before club meetings to insure that the officers remember the meeting and are ready for it.
- Attend the 4-H Club Meeting.
- Collect posters to be turned into the 4-H office. The three poster contests are explained elsewhere.
- Help members plan and conduct a community service activity. Community Resource Development has three components. They are Community Service, Community Learning, and Community Service Learning. Younger club members will probably need more guidance in planning an activity than older members.
- Send to the 4-H office certain pre-entries for contests. These include the form for the Livingston Parish Fair Dog Show and Pet Show, Project Training Days, Demonstration & Public Speaking Days, and Talent Show. And also Outstanding Club Members and Good Grooming Contestants for Achievement Day.
- Collect project books (4-H Record Books) and turn in to 4-H office.
- Plan for travel to Achievement Day for 4-H members. Help with 4-H members at Achievement Day.
- Encourage 4-H member participation in parish, regional, and state contests and activities.

## **RULES AND REGULATIONS**

**4-H ELIGIBILITY** To become a 4-H Club member a student must be at least 9 years of age prior to Jan. 1st of the current school year and not have passed their 19th birthday on Jan. 1st.

**ENROLLMENT** Before a student can become a 4-H Club Member they must pay their Club Dues and turn in a completed Enrollment Card to their Club Leader. This should be done no later than the October meeting.

**PROJECTS** Projects are 4-H activities that club member can participate in during the school year. Members are required to complete at least one project during the school year. Students should enroll in only those projects that they fully intend to complete during the school year. (Completion means to perform the minimum requirements of project.)

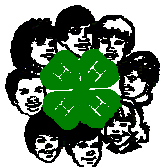
**PROJECT BOOKS** Project Books are activity books, which relate to a specific 4-H Project, that members complete during the school year.

**PROJECT RECORDS** Project Records are records of activities in which the 4-H Member participates in during the school year. **PROJECT RECORDS MUST BE KEPT.** Members should work on their records at home during the school year. Record books must be completed and turned in prior to Achievement Day.

**DUES** Membership Dues are required and shall be \_\_\_\_\_ per year.

### **NOTE**

It is suggested that a 4-H Member not enroll in the Clothing Projects unless the family owns a sewing machine or has access to one. Also, 4-H Members should not enroll in the Livestock Projects unless they have or intend to purchase the animals.



# 4-H Definitions

**LSU Agricultural Center** – One of the eight campuses of the LSU System; the Ag Center is made up of the Experiment Station, the Louisiana Cooperative Extension Service and International Programs. The Experiment Station conducts research, the Extension Service delivers it to the people and International Programs coordinates programs in other countries.

**Louisiana Cooperative Extension Service** – an educational organization whose objectives are to help people acquire knowledge, solve problems, make sound economic decisions, and plan for the future. The Extension Service includes state specialists stationed on the campus of LSU in Baton Rouge and County Extension agents in each parish of the state. This is the organization that conducts the 4-H Program.

**Agent** – A person employed by the Cooperative Extension Service to provide educational opportunities to 4-H club members. Known also as home economists and county agents.

**Project** – a subject area in which a 4-H member has an interest and conducts a series of learning activities in that subject. 4-H offers over 40 projects with project books available for members to use in learning.

**Demonstration** – a “show and tell” speech where a club member shows others how to do something. (Example: bake a cake, groom a steer, make a terrarium, etc.)

**Record Book** – a summary of learning situations and activities that a 4-H member has participated in for the year. It is kept from a year and includes written reports, photographs, news clippings, etc. It is not a scrapbook, however.

**State Office** – the headquarters for the Cooperative Extension Service and 4-H; it is located on the LSU – Baton Rouge campus.

**Adult Leader** – **an adult who volunteers to assist with some aspect of the 4-H program; may be a club leader, or project leader.**

**Club Leader** – an adult volunteer who organizes and supervises the operation of a 4-H Club. They assist in planning club meetings and activities, and they provide leadership for the club’s members.

**Activity Leader** – a volunteer who helps with a specific club activity, such as a field trip, community service project, or club social.

**Junior Leader** – a teenage 4-H member who volunteers to assist younger 4-H members in certain aspects of their 4-H Club work.

**Project Leader** – a volunteer who agrees to work with a small group of 4-H members to help them complete one project.

**Slogan** – “Learn By Doing”

**Motto** – “To Make the Best Better”

**Symbol** – a green four-leaf clover with a white “H” in each leaf.



COOPERATIVE EXTENSION SERVICE  
Livingston Parish  
20180 Iowa Street, Room 106  
Post Office Box 158  
Livingston, Louisiana 70754  
(225)686-3020  
Fax: (225)686-3019  
Website: www.lsuagcenter.com

## LEADER RECOGNITION

Research and Extension Programs  
Agriculture  
Economic/Community Development  
Environment/Natural Resources  
Families/Nutrition/Health  
4-H Youth Programs

### I. Parish Awards

- A. Form (enclosed in packet) due with 4-H Record Books in March. .Announced at Achievement Day.

### II. State Awards and Trips

- A. Alumni Recognition – Form 10 submitted in July. Announced at 4-H University.
- B. 4-H Southern Region Congress – Trip in December. Submit Form 7 in July. Two leaders selected statewide to accompany La 4-H members to Regional Club Congress.
- C. Southern Regional Leader Forum at Rock Eagle, GA – 40 leaders from La. attend in October. Application is due in early August. Pay your own expense.

### III. Specialty Leader Awards

- A. Wildlife Leader due in July.
- B. Good Provider Leader due in July.
- C. Livestock Leader due in July.



This form must be used to apply for Leader Awards. Two awards will be given – one for 5 years or less experience, and one for 6 years or more experience. The years are based on total years as a 4-H Leader not necessarily consecutive years. This form can be handwritten or typed.

A. School \_\_\_\_\_

B. Name of Leader \_\_\_\_\_

C. Address of Leader \_\_\_\_\_

\_\_\_\_\_

D. Total Number of Years as a 4-H Leader \_\_\_\_\_

E. E-mail address of Leader \_\_\_\_\_

1. Summary of Previous Year's Activities & Accomplishments as a 4-H Leader.

2. Summary of Current Year's Activities and Accomplishments as a 4-H Leader.

3. Attach a Short Story about your experiences as a 4-H Leader.

4. Supporting Material (optional) – You may include any pictures, news clippings or letters supporting your leadership abilities.

# **Contests**

## 4-H POSTER CONTESTS 2009-2010

### FOR ALL POSTER CONTESTS: PLEASE NOTE!!

1. Any 4-H member may participate.
2. Only the top poster from each club in each contest and age division needs to be turned in to the parish by **March 12, 2010**.
3. Leaders must give agents the number of posters entered to receive club points.

### **BEEF POSTER**

1. Every 4-H club member may enter.
2. Make a poster telling a story of beef and/or beef products.
3. Poster must be made on **11 X 14" ONLY**.
4. **Do not attach anything to poster.** Draw, paint, sketch, or color.
5. **BE SURE** to place your name, address, age, grade, school, parish, and social security number on back of the poster in the upper right-hand corner.
6. Posters will be judged in three divisions:  
Div. 1 - 4th - 6th grades, Div. II - 7th - 8th grades., Div. III - 9th-12th grades.
7. State Contest winners - \$100.00.

### **DAIRY POSTER - "DRAW A DAIRY BILLBOARD"**

1. Any 4-H member may enter.
2. Billboard designs or ideas are recommended; short, concise message.
3. Poster must be uniform size **22" x 28"** (poster board).
4. **Do not attach anything to poster.** Draw, paint, sketch, or color.
5. Label poster on back - Name, Address, Age, Grade, School, Parish, and Social Security number.
6. Posters will be judged in grade divisions: 4th-6th, 7th-8th, & 9th-12th.
7. State Winners - \$100.00

### **DRUG PREVENTION/PEER PRESSURE POSTER**

1. Any 4-H member may enter.
2. Poster must be uniform size **22" x 28"**.
3. Label poster on back - Name, Address, Age, Grade, School, and Parish.
4. Divisions: 4<sup>th</sup> - 6<sup>th</sup>, 7<sup>th</sup> - 8<sup>th</sup>, and 9th - 12th.
5. No State contest.

# **Livingston Parish Fair 4-H Pet and Dog Shows**

**Saturday, October 10, 2009**

## **\*\*PET SHOW\*\***

PET SHOW REGISTRATION - 8:30 a.m.

-Pet Show begins at 9:00 a.m.

-Pet Show will have preschool & school age divisions.

## **\*\*DOG SHOW\*\***

DOG SHOW REGISTRATION - 9:30 a.m.

-Dog Show will follow the Pet Show

\*Dog Show will not have preschool or adult divisions - only school age youth division.

**All pure-bred dogs will be shown in Dog Show.**

\*\*Please have 4-Her's fill out the Dog & Pet Show Entry Forms located in your Leader Handbook if they plan to participate and either FAX, e-mail, or mail the forms to the 4-H Office by **October 2, 2009.**





## **Livingston Parish 4-H Project Training Days:**

### **\*\*Attention 4-H Leaders\*\***

**-There will be TWO separate Project Training Days this year.**

**-The Family Life Project Training Day will be November 5, 2009 at 4:00 p.m. at North Corbin Elementary School. The project areas included at this training will be: *Fashion & Textiles, Childcare, Food & Nutrition, and Wildlife/Environment.***

**-The Agriculture & Natural Resources Project Training Day will be November 19, 2009 at 4:00 p.m. at the Livingston Parish Fairgrounds. The project areas include at this training will be: *Plants/Gardening, Pet Care (Dogs), Pet Care (other pets, not dogs), and Aerospace.***

**- 4<sup>th</sup>, 5<sup>th</sup>, & 6<sup>th</sup> graders may attend only one of the Project Training Days, not both.**

**-Please complete the Project Training Day Form found in your Leader Handbook listing your club members planning to attend the training and either FAX, email, or mail the completed form to the 4-H Office by the following deadlines:**

**Family Life Project deadline October 28, 2009.**

**Agriculture & Natural Resources deadline November 12, 2009.**







# Livingston Parish 4-H Food Festival

## Lewis Vincent Elementary

### January 12, 2010

Registration: 6:00 p.m. – 6:15 p.m.  
Judging: 6:15 p.m.  
Special Program/Activities: 6:15 p.m.

#### General Rules:

- \*Each 4-H member may enter only **one (1) dish in each contest**. (Example: 1 Seafood, 1 Egg, 1 Beef, & 1 Poultry.)
- \*Members may submit **one serving** of their dish for judging. However, the **whole dish** may also be entered.
- \*Parish winners will go on to area competition. No one except contest officials will be allowed in contest area while judging is in progress.
- \*All dishes must be prepared at home and brought to the contest ready for the judges to taste. Microwaves will be available for judges to reheat if necessary.
- \*All contestants must have **2** copies of their recipes (use the form provided); **one with name and one without name**.
- \*Recipe must include an estimate of calories per serving and cost per serving. Calories per serving should be 500 calories or less.
- \*Please follow the food safety guidelines as listed in this packet. **Dishes will be disqualified if they do not arrive at the contest completely cold and packed in ice or an insulated ice chest. This is necessary for food safety.**

- Special note about food transport items such as ice chests: Insulated pharmaceutical and floral boxes, etc. are not considered acceptable for transportation of food. Any insulated container not designed to transport food for human consumption will be disqualified.
- Anything used to enhance the appearance of the dish must be in or on the serving container. Example of items not allowed: placemats, flowers and table arrangements, figurines, etc.
- Follow the guidelines for the correct recipe format.
- The highest scoring dish in each division exhibited by a Livingston Parish 4-H member will compete in the Area Cookery Contest in the spring.

## Dietary Guidelines:

Care should be taken that added ingredients and preparation methods do not contribute excessive amounts of fat and sodium. Consider the nutritional aspects of all the ingredients in your recipe. Explain in your recipe any changes you make in your ingredients or preparation methods to modify fat or sodium.

- Tips you might try to lower fat:

- Make lower fat food or ingredient choices. For example, you might...

Choose:

Low-fat or skim milk

Low-fat or nonfat yogurt

Reduced calorie margarine

Oil

Lean ground beef

Reduced calorie mayonnaise

Instead of:

whole milk

regular yogurt or sour cream

butter or regular margarine

Solid shortening

regular ground beef

regular mayonnaise

\*Reduce the oil in recipes. Start by reducing it by 1/4. For example, if the recipe calls for 1 cup of oil, use 3/4 cup.

\*Frying adds extra fat. It is best to choose another method of preparation such as baking, broiling, grilling or steaming.

- Tips you might try to lower sodium:

\*Salt is our major source of sodium which is needed for healthy bodies. Too much salt can be harmful. Salt in recipes can be reduced by one-half without affecting the taste. Try reducing the salt in your recipe.

\*Canned vegetables and soups are high in sodium. Choose canned soups labeled "1/3 less salt" or "no salt added." Choose fresh or frozen vegetables or canned vegetables with reduced salt or sodium.

## Food Safety:

Food safety is an important consideration. The risk of food-borne illness greatly increases when foods are held at room temperature for extended periods. Therefore, the dish should be prepared and chilled in the refrigerator temperature and transported on ice in an ice chest to the contest. DISHES NOT CHILLED AND TRANSPORTED IN THIS WAY WILL BE DISQUALIFIED BY CONTEST OFFICIALS. Entries that need to be heated to taste their best will be heated at the time of judging.

## Recipe Format:

Be sure your recipe is written correctly. The recipe should include the following parts:

- Name of recipe given
- Ingredients listed in order used in instructions – No brand names used
- Clear instruction for combining ingredients given
- Size of pan stated
- Temperature and cooking time stated
- Number of servings given
- Dish meets contest and division requirements
  - \*Special recipe format requirements for contestants entering one of the Beef Cookery Contest. In the Beef Cookery Contest, each category requires special items listed on the recipe, i.e. Low-Calorie Main Dish requires special items listed for each ingredient and calories per serving listed.
- Place your name, grade and school on back of your recipe form.

## Scoring Factors: (100 points total)

1. Recipe – 20 points (Recipe form is on back page)
    - \*Does the recipe state the name of the dish?
    - \*Does the recipe meet the contest and division requirements?
    - \*Does the recipe contain clear instructions?
  2. Taste – 50 points
    - \*Does the finished dish have flavor that appeals to most people?
    - \*Do the flavors blend together?
  3. Appearance – 15 points
    - \*Does the finished dish look appetizing?
    - \*Garnishes and accompaniments will not be considered in scoring.
  4. Ease of Preparation – 15 points
    - \*Procedure is relatively uncomplicated.
- Place your name, grade, and school on back of your recipe.



## Egg Cookery Contest:

### Categories:

1. Appetizer/Salad
  2. Main Dish
  3. Dessert
- Ideas for Egg Division entries:
    - \*Appetizers – egg dip, deviled eggs, bacon stuffed eggs, egg ball.
    - \*Salad – seafood salad, meat salad, chef salad, potato salad, egg salad, macaroni salad.
    - \*Main Dishes – casseroles, eggs and meat, eggs and seafood, eggs and cheese, omelet, quiche.
    - \*Desserts – cakes, custards, tarts, ice cream, bread pudding, pie.

### General Requirements:

Each dish must contain a minimum of four (4) eggs. This can be four egg whites, four egg yolks, four whole eggs, or any combination, as long as four (4) eggs are broken. The recipe with four eggs must make only one standard size dish. For example, a recipe with four eggs that makes two pies of standard size will not qualify. No raw eggs will be allowed in the final product. The recipe should include an estimate of calories per serving and cost per serving.

## Poultry Cookery Contest:

### Categories/General Requirements:

1. *Chicken* – a dish which contains a minimum of two pounds bone-in chicken or one pound de-boned chicken meat. Chicken includes any of the following: fryer, capon, roaster, broiler, baking hen, or Cornish hen.
2. *Process Poultry Products* – a dish which includes a minimum of 12 oz. of processed poultry products. Examples include: ground turkey, turkey bacon, turkey sausage, smoked turkey, turkey ham, turkey rolls, ground chicken, chicken nugget, chicken franks, smoked chicken, chicken strips, and canned chicken. All dishes containing any turkey item, (whole, part or processed) should be entered in this division.
3. *Other Poultry Meats* – a dish which contains a minimum of 2 pounds bone-in or 1 pound de-boned poultry meat from a bird other than chicken or turkeys. You may choose poultry meat from any of the following: duck, quail, pheasant, pigeon, guinea, goose, grouse, ostrich, emu or dove.
  - \*The recipe should include an estimate of calories per serving and cost per serving.

## Seafood Cookery Contest:

### Categories:

1. Oyster
2. Crab
3. Shrimp
4. Fish or Other Seafood
5. Crawfish

### General Requirements:

1. Bring a prepared seafood dish to the contest. The dish must use at least one (1) cup of seafood. The seafood must be fresh, frozen, pasteurized or dried. Canned seafood is not acceptable. Surimi, an artificial crab made from fish, cannot be used. **There can be no raw seafood in the final dish.** Entries in divisions 1 and 5 may contain a small amount of a second seafood but not more than ½ of the amount of the primary seafood. For example, a recipe could contain one cup of crab as the primary seafood and ½ cup of shrimp as the secondary seafood. **All seafood used in the contest must be listed on the attached Louisiana Seafood List.**
2. \*The recipe should include an estimate of calories per serving and cost per serving.

## Beef Cookery Contest:

### Categories:

1. *Low-Calorie Main Dish* – a dish which provides less than 300 calories per serving. Calculation of calories must be stated on recipe. Use “Calories and Weight, the USDA Pocket Guide”. Calculate also the number of calories per serving. Use 1000 calories per pound of beef if raw beef is used. Use 850 calories per pound if beef is browned and drained before adding to dish.
  2. *Quick and Easy Main Dish* – a dish that is ready to serve in less than one hour. Simplicity of steps is very important. The time for each step and for cooking or baking must be stated on recipe.
  3. *One-Dish Meal* – a dish that provides foods from at least three of the main food groups from “My Pyramid”. Foods and food groups will be stated on recipe.
- \*The recipe should include an estimate of calories per serving and cost per serving.

### General Requirements:

1. Bring to the contest a prepared ground meat dish. A minimum of one pound of ground beef must be used.
- \*The recipe should include an estimate of calories per serving and cost per serving.

## “Just For Fun” Categories:

\*There will be no area or state competition for the “Just for Fun” categories.

Categories:

My Favorite Dish

1. Dessert
  2. Game
  3. Other
- 

Recipe Evaluation:

1. Name of Recipe stated
2. Ingredients listed in order used in the instructions
3. Include size and weight of cans, packages, etc. (Examples: 10 ¾ ounce can of cream of mushroom soup, 2 ounce package of chili seasoning)
4. Clear instructions
  - a. Do not use abbreviations; spell out measurements (i.e. use “teaspoon” instead of “tsp.”)
  - b. Use generic names for ingredients rather than name brands (i.e. “creole seasoning” instead of “Tony Chachere’s”, “can of diced tomatoes and green chilies” instead of “Rotel”.)
5. Size of pan stated (i.e. 12-inch skillet, 5 quart pot, 9X13 inch baking pan, large mixing bowl.)
6. Temperature and cooking time stated (i.e. “350 degrees for 45 minutes” – if using the oven or “medium heat for 10 minutes” if cooking on stove burner)
7. Number of servings given (i.e. 6-8)
8. Dish meets contest and division requirements





# 2009 Louisiana 4-H Honey Bee Essay Contest

## Awards Sponsors:

**State:** Louisiana Beekeepers Association

**National:** Foundation for the Preservation of Honey Bees, Inc.

**Awards:** Plaques to top three and certificates to participants

**National:** Foundation for the Preservation of Honey Bees, Inc.

**Awards:** Cash Prizes to 3 Top Winners: 1<sup>st</sup> Place National Winner-- \$750, 2<sup>nd</sup> Place National Winner-- \$500.00, 3<sup>rd</sup> Place National Winner--\$250.00. National winners receive an appropriate book about honey bees, beekeeping, or honey.

**Topic: For the 2009 Essay Contest, the Essay topic is:**

## **"The Dance Language of Bees"**

Essayists are invited to learn about the honey bee's dance language, how it was discovered, how it works and how it provides colonies the ability to find and exploit floral resources. The results of scout bees leading nest-mates back to a new food source can be demonstrated easily by a beekeeper.

**Sources:** Karl Von Frisch was awarded the Nobel Prize in 1973 for his work with insect communication. His classic text is *The Dance Language and Orientation of Bees*, (1967), *Harvard University Press*. There are dissenters to Von Frisch's findings. See "*Anatomy of a Controversy: The Question of a Language Among Bees*, (1990), *Columbia University Press*.

The scope of the research is an essential judging criterion, accounting for 40% of your score. The number of sources consulted, the authority of the sources, and the variety of the sources are all evaluated.

Personal interviews with beekeepers and others familiar with the subject are valued sources of information and should be documented. Sources, which are not cited in the endnotes, should be listed in a "Resources" or "Bibliography" list.

Note that "honey bee" is properly spelled as two words, even though many otherwise authoritative references spell it as one word.

The ABF website: [www.ABFnet.org](http://www.ABFnet.org) has links to other beekeeping sites.



**TIPS:** All factual statements must be referenced with bibliographical-style endnotes/footnotes. A brief biographical sketch of the essayist, including date of birth, gender, complete mailing address, and telephone number, must accompany the essay. Note that “honey bee” is properly spelled as two words, even though many otherwise authoritative references spell it as one word.

**RULES:** 1. The Contest is open to 4-H’ers who have not placed 1<sup>st</sup>, 2<sup>nd</sup>, or 3<sup>rd</sup> at the national level, or 1<sup>st</sup> place in Louisiana’s Honey Bee Essay Contest.

2. Typed or computer-generated, double-spaced, 12pt. (Times or similar type style), on one side of white paper following standard manuscript format.

3. Write on the designated subject only: "The Dance Language of Bees"

4. All factual statements must be referenced with bibliographical-style endnotes.

5. A **HONEY BEE ESSAY COVER SHEET** and a brief biographical sketch of the essayist, including date of birth, gender, complete mailing address, and telephone number, must accompany the essay.

6. Length – The essay should be 750 to 1000 words. The word count does not include the endnotes, the bibliography or references, or the essayist’s biographical sketch.

7. Essays will be judged on: (A) scope of research, 40%; (B) accuracy, 30%; (C) creativity, 10%; (D) conciseness, 10%, and (E) logical development of the topic, 10%.

# Livingston Parish 4-H Fashion Revue

Construction Judging – All Garments due in 4-H Office **January 15, 2010**

Appearance Judging – **February 9, 2010**

**Southside Elementary in Denham Springs**

- ❖ Appearance judging will begin at 5:30 p.m. Family and friends are invited to attend the Fashion Show.
- ❖ Garments should be modeled with appropriate accessories. Contestants will be judged for total appearance as well as construction.
- ❖ Please make the garment recommended for your age.
- ❖ **All garments must be on a hanger and labeled with name, age, grade, school and category.**
- ❖ Contestants must complete Garment Data Sheet.

## **JUNIOR CLOTHING**

### **4<sup>th</sup> & 5<sup>th</sup> Grade –**

1. Open to any 4<sup>th</sup> – 5<sup>th</sup> grade 4-H member.
2. May enter one of these three categories:

**Apron**

**Skirt**

**Shorts and Pants**

- Apron can be made according to the instructions on hand-out sheets which are available from the 4-H Office or any other pattern of your choice.
- Any style skirt of any length can be made.

**Due to 4-H Office – January 15, 2010.**

### **6<sup>th</sup> – 8<sup>th</sup> Grade –**

1. Open to any 6<sup>th</sup> – 8<sup>th</sup> grade 4-H member.
2. May enter one of these three categories:

**Skirt and Blouse – any type skirt – no sleeves or collar required on blouse.**

**School Dress – may be a one piece dress or a jumper and blouse.**

**Sportswear- must make complete outfit. Ex. Pants (or shorts) and blouse; pants (or skirt) and blouse, and/or jacket; pantsuit; jumpsuit.**

**Due to 4-H Office – January 15, 2010.**

Scores will be given as follows:

	<b>POINTS</b>
<b>Construction</b>	<b>50</b>
<b>Appearance</b>	<b>40</b>
<b>Completeness of Data Sheet</b>	<b><u>10</u></b>
	<b>100</b>

**Label all garments with: Name, Category, School, and Grade.**

**ALL CONTESTANTS** must complete a garment data sheet. This sheet will be worth 10 points of your total score. Please answer these questions as completely as possible. This sheet will help the judges to know more about your garment. Data sheets may be typed or handwritten and turned in with your garment.

---

**IMPORTANT – To Qualify for “SEW WITH COTTON” Category:**

- Garments must be 100% cotton. Lining, interfacing, and trim, etc. may be any compatible fabric.
  - A statement signed by contestant indicating that fabric was purchased as 100% cotton will be on the Personal Data Form (see attached form). Please check all information on the bolt of fabric when you make the purchase. **This form must be turned in with your garment on January 15, 2010.**
- 

**“Just for Fun” Category**

The “Just for Fun” Category will include any accessories you construct that match your outfit. These can include tote bags, oven mits, scrunchies, bows, purses, hats, etc. These items will be judged on construction but, will not be added to your score. Items being entered in this category will need to be turned in with your garments on January 15, 2010.



# Livingston Parish 4-H Fashion Revue

## Garment Data Sheet

**Note: Everyone entering the Fashion Revue must complete this form.**  
**Data Sheet Due: January 15, 2010.**

Name \_\_\_\_\_ Grade \_\_\_\_\_

Category \_\_\_\_\_ School Name \_\_\_\_\_

Type of Garment (ex. Blouse, Skirt) \_\_\_\_\_

Briefly describe your garment: \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Name & Number of Pattern(s) used (ex. McCalls1245) \_\_\_\_\_

Type(s) of fabric used for garment \_\_\_\_\_

\_\_\_\_\_

Fiber Content of fabric(s) (ex. 50% Cotton 50% Polyester) \_\_\_\_\_

\_\_\_\_\_

Types of Notions used for garment (ex. Zipper, buttons) \_\_\_\_\_

\_\_\_\_\_

Write the care instructions for your garment on the lines provided:

\_\_\_\_\_  
\_\_\_\_\_

Write 30 to 60 word script about your garment. This will be read while you are modeling during the Fashion Show. It should be short and snappy.

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**“Sew with Cotton”  
Personal Data Sheet**

Complete ONLY if entering “Sew with Cotton” category  
Bring with Garment to 4-H Office on **January 15, 2010.**

Contestant’s Name \_\_\_\_\_ Type of Garment \_\_\_\_\_

Address \_\_\_\_\_ Phone \_\_\_\_\_

Age \_\_\_\_\_ Date of Birth \_\_\_\_\_  
(month) (day) (year)

Club \_\_\_\_\_ Number of years in clothing project \_\_\_\_\_

Sr. \_\_\_\_\_ Jr. \_\_\_\_\_ (check one)

**Samples of Fabrics Used**

Attach sample for every different kind used in a garment. (Attach extra sheet if needed.)

Swatch Of Fabric	Swatch Of Fabric	Swatch Of Fabric
Garment	Interfacing	

\_\_\_\_\_  
(list where used)

**Information Given on Fabric Labels:**

_____	_____	_____
_____	_____	_____
_____	_____	_____

**\*Statement\***

1. Fabric of outer garment is 100% cotton.
2. Lining, interfacing and trim are of any compatible fabric.

Thread used was: 100% cotton \_\_\_\_\_ Cotton-covered polyester \_\_\_\_\_

Total Cost \$ \_\_\_\_\_ Estimate Ready-to-Wear Cost \$ \_\_\_\_\_

\_\_\_\_\_  
**Signature of contestant**

# Livingston Parish 4-H Fashion Revue

Construction Judging – All Garments due in 4-H Office **January 15, 2010.**

Appearance Judging – **February 9, 2010.**

**Southside Elementary in Denham Springs**

- ❖ Appearance judging will begin at 5:30 p.m. Family and friends are invited to attend the Fashion Show.
- ❖ Garments should be modeled with appropriate accessories. Contestants will be judged for total appearance as well as construction.
- ❖ Members may enter one garment in each category
- ❖ All garments must be on a hanger and labeled with NAME, AGE, GRADE, SCHOOL, and CATEGORY.
- ❖ Contestants must complete data sheet.

## SENIOR CLOTHING

### Categories & Regulations: (9<sup>th</sup> – 12<sup>th</sup>)

- A. **School or Casual Dress** – This includes one or two piece dresses suitable for school, sports activities, or casual wear.
- B. **Pants Outfit – Sportswear** – Suitable for school, sports, or casual wear. It includes pantsuits, jumpsuits, short sets, tennis outfits, western clothes, capri/cropped pants, and swimwear (which must have a cover-up).
- C. **Special Occasion Wear** – Must be suitable for a dressy occasion (party, formal dances, tea, hostess for party, etc.).
- D. **Creative Choice** – May be any type and for any occasion. Should be a selection that is especially suitable to the needs and personality of the 4-H'er and show some growth in construction techniques. Contestants should be encouraged to experiment with different or unusual fabrics and multiple construction skills.

Scores will be given as follows:	POINTS
Construction	50
Appearance	40
Completeness of Data Sheet	<u>10</u>
<b>TOTAL</b>	<b>100</b>

**Label all garments with: Name, Age, Category, School, and Grade.**

- E. **Ready-to-Wear** – Outfit suitable for any occasion selected for **\$100.00** or less. The outfit pieces may be all Ready-to-Wear or a combination of home sewn and Ready-to-Wear. Personal Data Form must be completed and turned in to 4-H Office by **January 15, 2010.** Garments should not be turned in at that time.

**READY-TO-WEAR cont.**

<b>Scores will be given as follows:</b>		<b>POINTS</b>
<b>Garment Selection</b>		<b>40</b>
<b>Appearance</b>		<b>40</b>
<b>Completeness of Form</b>		<b>20</b>
	<b>TOTAL</b>	<b>100</b>

**ALL CONTESTANTS** must complete a garment data sheet. This sheet will be worth 10 points of your total score. Please answer these questions as completely as possible. This sheet will help the judges to know more about your garment. Data sheets may be typed or handwritten and turned in with your garment.

.....

**Important – To Qualify for “Sew with Cotton” Category:**

- ❖ Garments must be in Categories A, B, C, or D.
- ❖ Garments must be 100% cotton. Lining, interfacing, and trim, etc., may be any compatible fabric.
- ❖ A statement signed by contestant indicating that fabric was purchased as 100% cotton will be on the Personal Data Form (see attached form). Please check all information on the bolt of fabric when you make your purchase. **This form must be turned in with your garment on January 15, 2010.**

**“Just for Fun” Category**

The “Just for Fun” Category will include any accessories you construct that match your outfit. These can include tote bags, oven mits, scrunchies, bows, purses, hats, etc. These items will be judged on construction but, will not be added to your score. Items being entered in this category will need to be turned in with your garments on January 15, 2010.



**Do Not Send Garment**

\_\_\_\_\_  
**Number**

**Print or Type**

**Ready-to-Wear Selection**

**Personal Data Sheet**

Name \_\_\_\_\_ Parish \_\_\_\_\_

Address \_\_\_\_\_ Zip Code \_\_\_\_\_

Telephone # (\_\_\_\_) \_\_\_\_\_

Date of Birth \_\_\_\_\_ Age \_\_\_\_\_  
                  Month                   Day                   Year

Number of years as 4-H member (include present yr.) \_\_\_\_\_

Number years in clothing \_\_\_\_\_

During the next year, which direction do you think you'll go...

	<u>More</u>	<u>Less</u>	<u>About the Same</u>
1. Buying clothes?	_____	_____	_____
2. Making clothes?	_____	_____	_____
3. Spend money on accessories?	_____	_____	_____
4. Having free time?	_____	_____	_____
5. Helping others with 4-H Clothing?	_____	_____	_____
6. What are you doing with free time? (List one thing _____)			

Write a description of the outfit you have selected to wear in the fashion revue (include accessories). Approximately 50 words.

I selected this outfit (do not include accessories) for: (occasion(s) and amount). (Use B and C if outfit is made up of more than one garment).

Garment A

Garment B

Garment C

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\$\_\_\_\_\_

\$\_\_\_\_\_

\$\_\_\_\_\_

Where purchased or how obtained

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Why I selected

A

B

C

Color

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Style

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

For Wardrobe Plan

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

For my body

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Fabric

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Care

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Expected times to  
Wear per year/  
No. of years

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Cost per wearing  
(approx.)

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Formula for estimating cost per wearing: 
$$\text{CPW} = \frac{\text{Cost of garment} + \text{Cleaning costs}}{\text{\# of times to be worn}}$$

Example: 
$$\text{CPW} = \frac{\$100.00 + \$12.00}{4} = \frac{\$112.00}{4} = \$28.00$$

Use these amounts or get actual cost from Dry Cleaners:

Dry Cleaning- \$4.50

Wash/Dry - \$.6

I like this outfit because:

List the following concerning sewn in label(s). List each garment of outfit separately.  
(Include extra sheet, if necessary, for 3<sup>rd</sup> garment ---C.)

Garment A\_\_\_\_\_ Garment B\_\_\_\_\_

Where is label found

Made in what country

Brand name

Size

R N number (Mfg.#)

Fiber Content

Care

Additional information

4-Her's Signature \_\_\_\_\_

**DO NOT WRITE BELOW THIS LINE**

Evaluation	Comments	Possible Points	Your Points
Knowledge exhibited (overall)		5	
Reason for selection		5	
Label/Care information		5	
Use/Cost		<u>5</u>	
	Possible Score	20	
	Minus		
	Your score		

# **Livingston Parish 4-H Talent Show**

**Tuesday, March 16, 2010**

**6:00 p.m.**

**North Live Oak Elementary - Cafeteria**

\* Each club may select only one act to represent their school/club.

\* The acts will be divided into three groups: Elementary (4-6), Junior (7-8), and Senior (9-12).

\* Please complete the Talent Show Entry Form found in your Leader Handbook and submit it to the 4-H Office by **March 5, 2010.**

**NO PIANO OR OTHER MUSICAL INSTRUMENTS  
WILL BE PROVIDED!**



## **4-H Demonstrations**

Demonstrations are a great way for you to teach someone how to do a particular task. A demonstration is showing and telling someone how to do something. A demonstration is different from a speech because you show what to do as well as tell what to do.

A good demonstration will have three parts to it. The first part is the introduction. You should tell the audience why the demonstration is important to them. In other words, capture the audience's attention. The second part is the body. The body is where you actually show and tell how to do it. Make sure you tell and show the audience all the tools and materials needed. Then show step by step how to do or make whatever it is you want to demonstrate. Try to have a finished product at the end. The third part is the conclusion. Highlight the most important steps again in the conclusion. Also tell where you got your information from.

A team demonstration has two people working together. Make sure that you and your partner share the working and the talking. Smooth teamwork is important in a team demonstration.

Practice, Practice, Practice! One of the most important things you can do to have a good demonstration is to practice.

Posters or other visual aids can help make your demonstration presentation more effective. You might choose to have a title poster, a poster to list your tools and supplies and a third poster to list in order the steps you have to do.

Good Luck!



COOPERATIVE EXTENSION SERVICE  
Livingston Parish  
20180 Iowa Street, Room 106  
Post Office Box 158  
Livingston, Louisiana 70754  
(225)686-3020  
Fax: (225)686-3019  
Website: www.lsuagcenter.com

## ELEMENTARY 4-H DEMONSTRATION DAY PUBLIC SPEAKING DAY

February 25, 2010  
4:00 P.M. Doyle High School

Research and Extension Programs  
Agriculture  
Economic/Community Development  
Environment/Natural Resource  
Families/Nutrition/Health  
4-H Youth Programs

**Elementary members are limited to 1 demonstration or 1 speech  
Only 4<sup>th</sup> grade and 5<sup>th</sup> grade 4-H members will compete  
The demonstrations will be team demonstrations (2 members per team).**

- 4-H members bring all equipment needed. No stoves available.
- 4-H members provide own transportation.
- There will be no general assembly. When members arrive, go to room marked with demonstration name, register and get a number. Demonstrations will be given in number order.
- Winners will be announced at Achievement Day
- Elementary members may only enroll in the Elementary Demonstration Division.
- Leaders, please turn in to the 4-H Office the form from the Leader Handbook with the names and categories of contestants from your club by **February 12, 2010**. We will accept changes until **4:00 p.m. on February 15, 2010**. After **February 15, 2010**, we will not make changes except drops (scratches).
- **Team members must be from the same club.**
- **Team demonstrations will be two people. Points will be subtracted from score if individual demonstration is presented.**
- **Ten minutes maximum time on all demonstrations.**

## THE FOLLOWING CONTESTS WILL BE HELD AT DEMONSTRATION DAY

### Elementary Demonstrations

1. Must be 4<sup>th</sup> or 5<sup>th</sup> grader.
2. Must be a **team of 2**
3. Divisions are: a. **Animals**; b. **Plants**; c. **Foods**; d. **Agriculture and Natural Resources** (not plants or animals); e. **Home Economics** (not foods).

### Public Speaking

1. Any 4-H member can compete
2. This is an **individual contest**
3. Any topic you choose is allowed
4. The speech must be original and composed by the 4-H member.
5. Time limit should be at least 3 minutes long and no more than 7 minutes.



A State Partner in the Cooperative Extension System

The LSU Agricultural Center is a statewide campus of the LSU System and provides equal opportunities in programs and employment. Louisiana State University and A. & M. College, Louisiana parish governing bodies, Southern University, and United States Department of Agriculture cooperating.

## JR./SR. DEMONSTRATION/PUBLIC SPEAKING DAY

March 4, 2010

4:00 P.M.

Research and Extension Programs  
Agriculture  
Economic/Community Development  
Environment/Natural Resources  
Families/Nutrition/Health  
4-H Youth Programs

**Members are limited to 2 demonstrations or 1 speech and 1 demonstration Only 6<sup>th</sup> B 12<sup>th</sup> grade 4-H members will compete.**

**The demonstrations will be team demonstrations (2 members per team).**

- \$ 4-H members bring all equipment needed. No stoves available.
- \$ 4-H members provide own transportation.
- \$ There will be no general assembly. When members arrive, go to room marked with demonstration name, register and get a number. Demonstrations will be given in number order. If members are presenting more than one demonstration, inform the Judge.
- \$ Each 4-H member can compete in each contest only once.
- \$ **Winners will be announced at Achievement Day.**
- \$ Leaders, please turn in to the 4-H Office the form from the Leader Handbook with the names and categories of contestants from your club by **February 19, 2010**. We will accept changes until **February 22, 2010**. After **February 22, 2010** we will not make changes except drops (scratches).
- \$ Team members must be from the same club.
- \$ Team demonstrations will be **two people**.
- \$ Ten minutes maximum time on all demonstrations.
- \$ **Divisions are as follows:**
  - I 6<sup>th</sup> grade B 8<sup>th</sup> grade
  - II 9<sup>th</sup> grade - 12<sup>th</sup> grade

If a team overlaps two divisions, the team will be registered in the older division.

**Example:** A team made up of a 5<sup>th</sup> and 6<sup>th</sup> grader will be entered in Division II.

Please avoid this if possible.

### THE FOLLOWING CONTESTS WILL BE HELD AT DEMONSTRATION DAY

1. **AGRICULTURE DEMONSTRATION TEAM** - Animal Science, Birds, Forestry, Fur, Wildlife, Livestock, Veterinary Science.
2. **CONSERVATION DEMONSTRATION** - Plant Science (Soil & Water), Wildlife
3. **ELECTRIC ENERGY MANAGEMENT/SMALL ENGINES** - Electricity and Energy Conservation; Small Engines
4. **ENTOMOLOGY DEMONSTRATION TEAM** - Insects
5. **GENERAL DEMONSTRATION TEAM** - Bicycle, Citizenship, Dog, Pet Care, Photography, Safety, Woodworking, (not foods)
6. **GENERAL FOODS DEMONSTRATION** - Foods-Nutrition, Food Preservation,
7. **HOME ECONOMICS DEMONSTRATION TEAM** - Clothing, Consumer Ed., Family Life, Good Grooming, Health, Home Environment, Management. (Not foods)
8. **HORTICULTURE DEMONSTRATION**



## 9. PUBLIC SPEAKING CONTEST

### AGRICULTURE DEMONSTRATION TEAM

1. Any 4-H member except 4th or 5th grader.
2. Must have a team composed of 2 persons.
3. Areas in Livestock & Crop Production, Wildlife Management, Marine Science, Poultry Science, Forestry, Horticulture, Agriculture Engineering, etc... may be demonstrated.

### CONSERVATION DEMONSTRATION

1. Any club member except 4th or 5th graders regardless of project enrolled in.
2. Must have a team composed of 2 persons.
3. Any topic relating to soil and water conservation or conservation of natural resources.

### ELECTRIC ENERGY MANAGEMENT/SMALL ENGINES

1. Any 4-H member except 4th or 5th graders regardless of project enrolled in.
2. Must compete as individual.
  - A. Electric Energy - individual must present a demonstration, illustrated talk, or
  - B. Small Engines - must be individual demonstration on any topic relating to small engines and its many uses. **NOTE: Engine cannot be started.**

### ENTOMOLOGY DEMONSTRATION TEAM

1. Any club member except 4th or 5th grader regardless of project enrolled in.
2. Must have a team composed of 2 persons.
3. Any topic relating to Entomology can be demonstrated. This would include insect control, rodent control, mite control, millipede control, insecticide mixing, pesticide safety, etc. The 4-H project books have ideas.

### GENERAL DEMONSTRATION

1. Any 4-H member except 4th or 5th graders regardless of project enrolled in.
2. Present a demonstration on any project not covered under any other category at
3. Must have a team composed of 2 persons.

## GENERAL FOODS DEMONSTRATION

1. Any 4-H member except 4th or 5th grader regardless of project enrolled in.
2. Present a foods demonstration on any topic.
3. Must have a team composed of 2 persons.

## HOME ECONOMICS DEMONSTRATION TEAM

1. Any 4-H member except 4<sup>th</sup> or 5<sup>th</sup> graders.
2. The demonstration must be given on any educational practice or information other than foods and cooking. Home Economics areas such as Clothing, Family life, Family Resource Management, Health and Safety, Housing & House Furnishings, Child Development, etc.... may be demonstrated.
3. Must have a team composed of 2 persons.

## HORTICULTURE DEMONSTRATION

1. Any 4-H member except 4th or 5th graders may participate.
  2. May be a team of two, or may be an individual demonstration.
  3. Demonstrations must relate to one of the following topics.
    - A. **GENERAL:**
      1. **ARTISTIC ARRANGEMENT** - Demonstration of techniques and
      2. **MARKETING** - Operations in preparing vegetables, fruit, flowers for market, offering for sale to a buyer, or for storage.
    3. **PRODUCTION, SOIL FERTILITY AND IMPROVEMENT** - Any turf or having to do with maintaining, replenishing or increasing the productive capacity of the soil.
- B. **USE** - Preparing vegetables or fruit for table use, cooked or raw or for canning, freezing, or dehydration.

## PUBLIC SPEAKING

1. Any 4-H member can compete.
2. This is an individual contest.
3. Any topic you choose is allowed.
4. The speech must be original and composed by the 4-H member.
5. Time limit should be at least 3 minutes long and no more than 7 minutes.

# 4-H Key Club Award

## KEY CLUB SCORE CARD AND APPLICATION

The basis of award will be the following scorecard. The applicant must score at least 140 points to be eligible for consideration and be 16 years of age by January 1 of the current year.

### SCORE CARD

		<u>Maximum Points</u>
1.	Three years of 4-H Club work including this year, 2 pts. for each additional year -----	25
2.	One year of Junior Leadership completed, 5 pts. extra for each additional year -----	40
3.	Held an office in local 4-H club for at least one year (includes President, Vice President, Secretary, Treasurer, and Reporter)-----	5
4.	Completed 4-H projects in at least three project fields in addition to Junior Leadership (example: Dairy, Foods-Nutrition, Citizenship)-----	10
5.	Followed through with at least one project for three or more years. Member must have shown substantial growth in scope and quality in this project (in addition to Junior Leadership).-----	15
6.	Participated in Parish 4-H Achievement Day and attended 4-H Camp-----	10
7.	Attended at least 4 Parish Junior Leader Training Meetings in past two years-----	10
8.	Served on Parish 4-H Executive Committee or helped with parish-wide events-----	10
9.	Participated in two different out-of-parish events such as Short Course, Junior Leadership Conference, State Livestock Show, out-of-state trips, etc.-----	15
10.	Showed evidence of ability to work with others and assisted other 4-H members as Junior Leader-----	15
11.	Entered exhibits in 4-H competition for at least three different years. Must show evidence of quality work with some placings in the blue ribbon group -----	10
12.	Participated in one or more club activities, such as Health Improvement, Safety, Wildlife Conservation, different drives, etc. for a total of at least two years.-----	10

# KEY CLUB APPLICATION

DATE \_\_\_\_\_

NAME (Please Print) \_\_\_\_\_ BOY \_\_\_ GIRL \_\_\_ AGE \_\_\_  
(First) (Middle) (Last)

PARISH \_\_\_\_\_ SCHOOL \_\_\_\_\_

PARENT(S) NAME \_\_\_\_\_ ADDRESS \_\_\_\_\_  
(Route, Box, Street No., etc) (City/State/Zip)

- |  | <u>Points</u> |
|--|---------------|
| 1. Number of years as 4-H Club member - including this year (15 points for 3 years and 2 extra points for each additional year - maximum points - 25). | _____         |
| 2. Number of years Junior Leadership work completed (20 points for one year completed, 5 extra points for each additional year - maximum points - 40). | _____         |
| 3. List offices held in local 4-H Club and number of years held.   |               |

<u>Office</u>	<u>Year</u>	
_____	_____	_____
_____	_____	
_____	_____	

(5 Points if you held an office for at least one year in local club-maximum points - 5)

4. List projects completed (other than Junior Leadership)

<u>Projects</u>	<u>Number of years</u>	
_____	_____	_____
_____	_____	
_____	_____	

(10 points for completing projects in at least 3 fields other than Junior Leadership) - maximum points - 10)

- |   |       |
|---|-------|
| 5. Followed through with at least one project for three or more years. Members must have shown substantial growth in scope and quality in this project. (This project in addition to Junior Leadership - total points possible - 15). | _____ |
| 6. Number of years participated in parish Achievement Day or Contest Day ____ Number of years attended 4-H Camp ____ (a total of 5 points are allowed for participation in each event - (maximum points - 10).                        | _____ |
| 7. Number of parish Junior Leader Training Meetings attended in last two years ____ (For at least four meetings in the past two years, a total of 10 points can be earned).   | _____ |
| 8. Number of years on parish Executive Committee ____ Number of parish events assisted with ____ (A total of 5 points can be earned for participation in each type of event. Total possible points - 10).                             | _____ |
| 9. Number of out-of parish events participated in : such as Short Course, Junior Leadership Conference out-of-state trips, etc. ____ (Maximum of 15 points for participation in three).   | _____ |

---

---

---

10. Number of 4-H members assisted as a Junior Leader \_\_\_\_\_. List below what assistance was given.  
(A total of 15 points allowed). \_\_\_\_\_

---

---

---

11. Listing of 4-H exhibits in competition: (Must show evidence of quality work with some placings in the blue ribbon group. (Total of 10 points allowed). \_\_\_\_\_

---

---

---

12. List local club group activities participated in: such as Safety, Health Improvement, Drives, etc.  
(A total of 10 points allowed for this item for 2 years participation in any). \_\_\_\_\_

<u>Activity</u>	<u>Year</u>	<u>Activity</u>	<u>Year</u>
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____

**PLEASE ADD TOTAL POINTS**  
(Must score 140 points to qualify for award)

**TOTAL =** \_\_\_\_\_

-----  
---  
I have personally prepared this report and believe it to be correct.

\_\_\_\_\_  
Signature of Club Member

I have reviewed this report and believe it to be correct.

\_\_\_\_\_  
Signature of Parent



\_\_\_\_\_  
\_\_\_\_\_  
(5 points for each 1<sup>st</sup> - 3<sup>rd</sup> place won) 10 \_\_\_\_\_

7. Help given others and general leadership in 4-H.  
Year            What            For Whom    How Many \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
(3 points for each activity) 15 \_\_\_\_\_

8. Participated in local 4-H club activities such as CRD, Safety,  
Community Drives, Citizenship activities, etc.  
Year            Activity

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
(3 points for each activity) 15 \_\_\_\_\_

**PLEASE ADD TOTAL POINTS                      (Possible 130 pts.)                      TOTAL** \_\_\_\_\_

Applicants must score at least 100 points to be eligible for consideration and be under 14 years of age on January 1 of the current year.

**I have personally prepared this report and believe it to be correct.**

\_\_\_\_\_  
(Signature of Club Member)

I have reviewed this report and believe it to be correct.

\_\_\_\_\_  
(Signature of Parent or Guardian)



## 4-H Club Reporter's Scrapbook Contest Rules

- Open to all Livingston Parish 4-H Clubs.
- Each club may enter one scrapbook. Scrapbook will compete against other scrapbooks within the club's division.
- The scrapbook should be created by club reporter. If there is more than one club reporter, each reporter must contribute to the scrapbook to be eligible for the reporters contest.
- Your club is responsible for getting publicity about your club activities in the newspaper and also report all community service and other activities your club participated in throughout the year in your club's scrapbook.
- The club scrapbook will be comprised of two parts:
  - a) Reporters' articles – it should contain news clippings that the reporter wrote and submitted to local newspapers, school newspapers, and newsletters about the club or articles written to be submitted. Also include the record sheet from the 4-H Reporter's Handbook #1 or #2.
  - b) Scrapbook of all community service and other activities performed by club from the past year.
- Scoring: Scrapbooks will be judged according to the following criteria. Total Points Possible=25 pts.
  1. Quality of articles written by Club Reporter = 5 pts.
  2. Number and quality of community service activities = 5 pts.
  3. Number and quality of other 4-H Activities = 5 pts.
  4. Scrapbook neatness = 5 pts.
  5. Creativity of Scrapbook = 5 pts.
    - a) Clubs will be able to list all activities participated in throughout the past year.
    - b) Scrapbooks can be turned in on a traditional scrapbook, but the maximum page size is 12" X 14".

**Livingston Parish 4-H  
2009-2010 Calendar of Events**

**August**

27 4-H Leader Training–Livingston Parish Literacy & Technology Center – Walker-12:00

**September**

22 Jr. Leader Club Meeting, Livingston Parish Fairgrounds – 6:30-8:00 p.m.  
Fashion Board Meeting 6:00 p.m.

TBA Dairy Educational Awards Trip – Jackson, Mississippi.

30 Area 4-H Leader Training – 9:00 a.m. - 2:30 p.m. – Lamar Dixon Expo Center

**October**

TBA Jr. Leader Club Meeting, Livingston Parish Courthouse  
Fashion Board Meeting to follow Jr. Leader Club Meeting

5 Pet & Dog Show Forms due to the 4-H Office

4-10 National 4-H Week

5-11 Livingston Parish Fair

22-Nov. 8 State Fair – Shreveport

20 Officer Training Day, 4:00 p.m.- Livingston Parish Literacy & Technology Center

28 Project Training Day #1 – Family Life Subjects – form due to 4-H Office

30 Deadline to turn in 4-H Enrollment Cards

**November**

2 Deadline to turn in 4-H Dues

5 Project Training Day #1 – Family Life Subjects – N. Corbin Elementary - 4:00 p.m.

TBA Jr. Leader Club Meeting, Livingston Parish Courthouse  
Fashion Board Meeting to follow Jr. Leader Club Meeting

12 Project Training Day #2 – Ag & Natural Resources – form due to 4-H Office

19 Project Training Day #2 – Ag & Natural Resources –Fairgrounds - 4:00 p.m.

**December**

1-15 Beef Grazing Project

TBA Jr. Leader Club Christmas Party

TBA Jr. Leader Citrus Sale



## January

TBA Jr. Leader Club Meeting  
Fashion Board to follow Jr. Leader Meeting  
12 Food Festival – Lewis Vincent Elementary, Denham Springs, 6:00 p.m.  
15 Fashion Revue Garments due to 4-H Office  
22-23 Parish 4-H & FFA Livestock Show – Livingston Parish Fairgrounds

## February

**Heart Fund & 4-H Foundation Drive**  
1 Honey Bee Essays due to 4-H Office  
2-5 District 4-H & FFA Livestock Show – Covington, LA.  
8 Fashion Board – Decorate for Fashion Revue, 4:00 p.m.  
9 Fashion Revue – Southside Elementary, Denham Springs - 5:30 p.m.  
12 Elementary Demonstration & Public Speaking Day Entries due to 4-H Office  
13-20 State 4-H & FFA Livestock Show – Lamar Dixon- Gonzales, LA.  
TBA Jr. Leader Club Meeting, Livingston Parish Courthouse  
19 Jr./Sr. Demonstration & Public Speaking Day entries due to 4-H Office  
25 Elementary Demonstration & Public Speaking Day, Doyle High - 4:00 p.m.

## March

TBA Jr. Leader Club Meeting, Livingston Parish Courthouse  
Fashion Board Meeting to follow Jr. Leader Club Meeting  
4 Jr./Sr. Demonstration & Public Speaking Day, 4:00 p.m. Livingston Parish Fairgrounds  
TBA 4-H Leadership Conference  
12 **Record Books, Posters, Heart Fund & 4-H Foundation Money Due to 4-H Office**  
16 4-H Talent Show, N. Live Oak Elementary - 6:00 p.m.  
TBA 4-H Scholarships, National 4-H Conference Applications, and Jr. Wildlife Tour Records due to 4-H Office.  
TBA Challenge Camp

## April

TBA Jr. Leader Club Meeting, Livingston Parish Courthouse  
19-23 Youth Wetlands Week  
19-23 AgMagic – Parker Coliseum – LSU  
23 **4-H Achievement Day – Walker High School**  
TBA State Commodity Ambassador Contest

## May

3 Organizational Leader Report due to 4-H Office

## June

TBA 4-H University - Records, Garments, & Forms due to State 4-H Office  
22-25 4-H University – LSU Campus

## July

TBA Records Only Contest  
TBA LSU State Horse Show

