



East Baton Rouge Parish FCS Advisory Leadership Council Meeting Minutes

Meeting Date: Tuesday, April 27, 2010
 Time: 10:00 – 11:30 am
 Location: East Baton Rouge Parish Bluebonnet Branch Library
 Facilitators: Dr. Sally Soileau Lindquist and Sharman Charles
 Minutes Recorded/Prepared: Dr. Sally Soileau Lindquist,
 Kynisha Francois & Sharman Charles
 Meeting Agenda Attached

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Members in attendance were as follows:

Dr. Beth Reames	Doris Alexander	Michael Stewart
Dr. Heli Roy	Sharon Knighten	Kynisha Francois
Valerie Vincent	Gisele Haralson	Gloria Gilmore
April Hawthorne	Marcus Lemon	
Sharman Charles	Dr. Sally Soileau Lindquist	

Research and Extension Programs
 Agriculture
 Economic/Community Development
 Environment/Natural Resources
 Family/Nutrition/Health
 4-H Youth Programs

Sharman Charles and Dr. Sally Soileau Lindquist opened the meeting and welcomed council members to the 2010 East Baton Rouge Parish FCS Advisory meeting. Individuals introduced themselves and the agencies they represented to the group. Each member received a packet of FCS materials upon entering the meeting which included the meeting agenda, minutes, roles of advisory members, reports from previous year's programming reports, and nutrition education materials.

Sharman Charles reviewed the roles, structure, and responsibilities of the advisory council with the members. Members reviewed the minutes with Dr. Lindquist, which had also been provided through mail and email prior to the council meeting.

Summary documents of FCS programming in East Baton Rouge Parish were provided to the council members which highlighted the ongoing family consumer science programs conducted in the parish. Sharman Charles and Dr. Lindquist reviewed these outreach educational program efforts with the council members at the meeting. These programs included FCS nutrition education, FNP, and EFNEP youth and adult programs. Gisele Haralson contributed information related to the 4-H programming efforts within the parish. Also, a Power Point slideshow of outreach photos were shown to the group during the meeting.

Documentation on statistical information related to health issues and situational statements for East Baton Rouge Parish were included in the educational packet of information provided to the council participants. Statistical health data was summarized by Dr. Lindquist.

The path forward agenda for council members and Extension faculty was facilitated by Sharman Charles, with notes summarized on a flip chart for the group by Kynisha Francois and Dr. Lindquist.

These issues were shared to assist in directing the FCS programming planning in East Baton Rouge Parish:

Obesity in children and Adults:

- Continue ongoing FCS educational programming with suggestion to increase outreach to faith-based community perhaps through contacts with the Interfaith Council, Istrouma Baptist Church and other faith-based organizations.

- More ties with nutrition and literacy can be incorporated. Children's books on nutrition could also work on literacy goals and sharing nutrition message at home; books would be given to students at the end of school year. Possible partners for these projects include the Baton Rouge Area Foundation, BREC or the Children's Trust Fund.
- Introducing foods and food identification could be emphasized in education classes with youth and added as a component, especially when teaching the portions education lessons.
- Seeking additional funding sources for educational programs such as AFRI, Children's Trust Fund; partnering with other agencies would enhance the nutrition educational program outreach program.
- Committee members expressed concern about the quality of the school lunches in the parish schools and that school children were often not eating lunches, but opting for snack foods that may not be nutritious choices. Suggestion was made to develop partnership with parish school food service; to add school service personnel to advisory (such as Dr. Nadine Mann or Alice Carroll); also, work on better snack choices for snacks available in schools with those responsible for decision making; good example cited was University Terrace garden project and garden party; also, Park Ridge garden.
- Suggestion for middle/high school FCS teacher partnership cooking experience; and BREC cooking classes partnership with kids chef program, example: BREC Kid's Boot Camp Health & Fitness.
- LSU AgCenter specialists Dr. Beth Reames and Dr. Heli Roy suggested that heart issues be promoted, especially in the month of February, which is heart month, and that diabetes awareness education continues. Statistics in Louisiana, for both types of education, indicate a need for education in these areas.

Diversity:

- Continue to work with the range of groups being served with educational programs, and to continue to provide programs for adults and seniors, including East Baton Rouge Council on Aging participants, on wellness and food safety.
- A Spanish speaking educator will join the East Baton Rouge Extension staff, which has been a long term plan for outreach with nutrition information with the EFNEP.
- Suggestion was made to consider outreach to Asian/Vietnamese audiences where possible, perhaps through an advocate within that community.

Healthy Lifestyles with Youth:

- Current programs have focus on nutrition with a teen component. Committee members discussed healthy lifestyle choices could be part of the 4-H youth program. The 4-H Health Rocks curriculum has great information to promote a health message & education. Sharing survey statistics, on teen choices and health issues, was also discussed by committee.

Continued Programming with Limited-Resource Audiences:

- Continue outreach that is currently being provided to limited-resource audiences. Challenge with audience retention was discussed with committee. Recruitment process was also reviewed. A goal of more parent groups in schools was expressed. In order to facilitate graduation from EFNEP program, a suggestion of mini-workshops with multiple lessons in one session and for a longer time frame was discussed.

Minutes will continue to be sent to members via email. Sharman Charles and Dr. Sally Lindquist thanked members for their participation and the meeting was adjourned.