



Human Resource Management
 Physical Address: 103 J.N. Efferson Hall – LSU
 Mailing Address: P.O. Box 25203
 Baton Rouge, LA 70894
 Phone: (225) 578-2258
 Fax: (225) 578-8284
 www.lsuagcenter.edu

Tax Saver Flexible Benefits Plan - Spending Accounts
Over-The-Counter (OTC) Drugs

The Louisiana State University Agricultural Center Flexible Benefits Plan will allow employees who contribute to a Health Care Spending Account to be reimbursed for Over-The-Counter (OTC) drugs purchased for the purpose of “medical care.” The IRS ruling which allows OTC reimbursements under a FSA only applies to “medicines and drugs purchased by the employee without a physician’s prescription” to treat or alleviate an illness or injury of the employee, employee’s spouse, or dependents of the employee.

Participants will be required to provide a dated receipt, complete with store/pharmacy name, name of the drug, and price of the drug. For stores/pharmacies that do not include full drug names on their receipts, the drug box with the name of the drug and the UPC Code that matches the UPC code on the receipt will suffice. Actual store receipts will be required; credit card statements will not be sufficient documentation.

Please contact the AgCenter HRM office should you have specific questions regarding an OTC drug that is not listed.

1). Examples of OTC Drugs Used Primarily for Medical Care

Reimbursable only with a proper receipt. No recommendation is needed from a Health Care Provider.	
Type of Drug:	Examples:
Allergy Prevention & Treatment	Benadryl, Sudafed, Actifed, Chlora Trimeton, & Nescalcrom
Antacids & Acid Reducers	Gas-X, Maalox, Mylanta, Tums, AXID AR, Pepcid AC, Prilosec OTC, Tagamet HB, & Zantac 75
Anticandial	Femstat 3, Gyne-Lotrimin, Mycelrx-7, Monistat, Vagistat
Antihistamines	Actidil Syrup & Capsules, Actifed, Allerest, Benadryle, Claritin, Chlor-Trimeton, Conta Drixoral, Nyquil, Sudafed, Tavis-1, & Triaminic
Anti-Diarrhea & Laxatives	Ex-Lax, Pepto Bismol, Imodium A.D. & Kaopectate
Anti-Fungal	Lamisil AT, Lotramin AF, & Micatin
Anti-Itch Lotions & Creams (e.g., for athletes foot, jock itch, bug bites, poison ivy)	Bactin, Caldecort, Cortaid, Hydrocortisone, Lanacort, Calamine Lotion, Benadryl, Caladryl, Cortaid, Lamisil AT, Lotramin AF, & Micatin
Cold Sore / Fever Blister	Abreva Crème
Cough Suppressants	Robitussin, Vicks 44, Chloraseptic
Decongestant / Nasal Decongestant & Cold Remedies	Advil Cold & Sinus, Afrin, Afrinol, Aleve Cold & Sinus, Children’s Advil Cold, Neo-Synephrin-12hour, Orrivin, Sudafed, Tavist-D, Tylenol Cold, Alkaseltzer cold and flu, Nyquil, Actidil, Actifed, Allerest, Benadryl, Chlor-Trimeton, Contac, Dimetane, Drixoral, Sudafed, Tavist-1, Triaminic
Diaper Rash Ointments	Balmas, Desitin
Eye Drops for Allergy / Cold Relief	Ocu Hist
Hemorrhoid Treatments	Preparation H, Hemorid, & Tronolane
Internal Analgesic / Antipyretic	Advil, Aleve, Children’s Motrin, Nuprin, Excedrin, Tylenol, Bayer
Menstrual Cycle Medications	Midol, Pamprin, & Premsyn PMS
Migraine	Advil Migraine, Excedrin Migraine, Motrin Migraine
Motion Sickness Medication	Dramamine & Marizine
Nicotine Gum or Patches & Smoking Cessation Aids	Nicorette, Nicotrol, Nicodin
Pediculicide (Head Lice)	Nix
Poison Ivy Protection	Ivy Block
Smoking Cessation	Commit, Nicoderm CQ, Nicorette, Nicotrol
Toothache & Teething Pain Relievers	Orajel

2). Examples of Dual Purpose OTC Drugs

Permissible only with a Physician's Note Listing Diagnosis of a Medical Condition & Recommendation of Drug.
Anti-baldness/hair loss/hair replacement; such as Rogaine, but only if to replace hair loss due to a medical condition and not due to age.
Dandruff shampoo or other medicated shampoo such as Denorex, Head and Shoulders, to treat a specific medical condition and only the amount in excess of the cost of normal shampoo. Many plan sponsors may exclude completely to avoid having whether the cost of the dandruff shampoo exceeds the cost of regular shampoo.
Dental fluoride treatments, special mouthwashes, or treatments for gingivitis
Fiber supplements such as Benefiber & Metamucil
Glucosamine/Chondrotin for arthritis or other medical condition (not reimbursable if taken for overall joint health)
Herbal supplements used to treat a specific disease such as St. John's Wart for depression
Nose strips for proper breathing or other medical conditions
Retin-A and other acne medicines (not reimbursable if used for cosmetic purposes such as wrinkle reduction)
Snoring cessation aids and medications such as Breathe Right Spray & Snorezz
Weight loss/dietary supplements must be for a specific medical condition such as obesity

3). Examples of OTC Drugs Primarily Not Reimbursable

OTC Drugs or other products that are not for Medical Care
Aromatherapy
Deodorants
Face creams, moisturizers, eye creams, & wrinkle creams
Hair removal treatments & waxes
Mouth washes, antiseptics & oral anesthetics
Teeth whitening kits & powders
Toothpaste
Vitamins taken to improve overall health