



St. Bernard Parish 4-H  
8201 West Judge Perez Drive  
Chalmette, LA 70043

# Jr. Leader Newsletter

## Cookery Contest

**Try out your cooking skills by entering a dish in the 4-H Cookery Contest or help teach an educational session.**

Saturday, January 21, 2012  
11:00 A.M. till 1:00 P.M.

Davies Elementary School Cafeteria  
4101 Mistrot, Meraux, LA



Categories will include Seafood, Egg, Chicken, and Sugar. Winners in each category will be invited to participate in an educational field trip. The highest scoring dish in each category will be given the opportunity to participate in the Area Cookery Contest in

Houma, Louisiana in April. Please see the Rules and Regulations sheet for more information.

Jr. Leaders are also needed to teach hands on "Fun Food" Workshops to younger 4-H Club Members while the dishes are being judged. Workshops include Ice Cream in a Bag, Fruit Shish-kabobs, Turkey Roll-ups and other healthy snacks.



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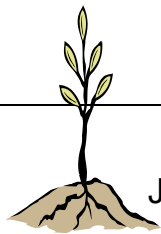
January 2012

### Special Events

- ☺ Cookery Contest  
Saturday, January 21st  
11:00-1:00, Davies  
Elementary Cafeteria
- ☺ Jr. Leader Meeting  
Thursday, February 9th,  
5:30p.m.-6:30 p.m.
- ☺ Hornets Game Friday,  
February 10th, 7:00 P.M.,  
New Orleans Arena



## Cypress Planting Field Trips



Jr. Leaders at Chalmette High School will be participating in field trips through their science classes to plant Cypress Seedlings in lower St. Bernard Parish. These field trips will take place throughout the month of January, February and March.



## Contact us

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Mr. Wayne's Cell Phone: 908-9709



## State Board Opportunities

If you are interested in taking your 4-H experience to the next level you may be interested in serving on one of the state boards listed below. Applications are due in May and interviews take place at 4-H University. Please let Ms. Lauren know if you are interested.

State Executive Board      Tech Board

Food & Fitness Board Fashion Board

Citizenship Board

4-H University Event Production Team (U-Krew)

### 4-H Scholarships

4-H Scholarship Applications are available for Seniors.

Applications are due to

Ms. Lauren by March 1, 2012.

Forms are available from Ms.

Lauren at 908-9711.



### 4-H University

4-H University will be held June 19-22, 2012



### 4-H Summer Camp

Jr. Leaders who are interested in serving as Camp Counselors must complete a mandatory 6 hour training. If you want to apply to be a camp counselor please let Ms. Lauren know so you can get trained. Summer Camp Dates are June 11-June 15, 2012.

## Jr. Leader Conference

Jr. Leader Conference will be held Friday, March 9—Sunday, March 11, 2012 at Camp Grant Walker in Pollock, Louisiana. There will be an opportunity for 4 delegates from St. Bernard Parish to attend. Jr. Leaders must be at least 14 years old. The conference offers a variety of workshops focused

on leadership development, communication, teamwork, service learning, and youth-adult partnerships. 4-H'ers will be selected based on seniority. Applications are due to Ms. Lauren by Friday, January 19, 2012. If you are chosen you will then receive a registration packet. The cost to attend is \$75.00.

*It is the policy of the Louisiana Cooperative Extension Service that no person shall be subjected to discrimination on the grounds of race, color, national origin, religion, age or disability.*